

## **Purpose:**

- Fleet CPO Training is a one-day seminar designed to energize CPO Messes to become more effective leaders. The seminar focuses on CPO responsibilities, key Navy programs, and team building and leader development.

## **Mission Statement:**

- In order to lead others we must be able to lead ourselves first!
- Every encounter with a junior Sailor or junior Officer is a teachable moment!
- What are we doing to prepare ourselves for those opportunities?

## **Testimonials:**

*“Absolutely worthwhile, should be required annually by all CPO Messes” ~ CPO II-MEF*

*“Very worthwhile training, we need this as a Mess” ~ SCPO USS Lincoln*

*“I did not believe this course would be a good idea... Having said that, the Facilitators and the course were very good and changed my mind” ~ CPO USS Helena*

*“Yes, it was very important to my personal and professional development” ~ CPO USS Mason*

*“The best training I have had. Not “Death by PowerPoint” ~ CPO NSSF Dive Locker*

*“I don’t see how any Mess can do without this course” ~ CPO NSWG-4*

*“I didn’t think it would be, but the seminar was worth it. It reminded us of what our responsibilities are and what keeps us grounded” ~ CPO CFLSW*

## **Contact Information:**

To schedule training please email primary & secondary dates to [usff\\_fltcpotra@navy.mil](mailto:usff_fltcpotra@navy.mil)

**\*\*Please type\*\***

**“SCHED REQUEST” in the subject line.**

**Fleet CPO Training, “From the Fleet, for the Fleet**

## Fleet CPO Training FAQ's

- ❖ **Does it cost me anything for the team to provide training?**  
No.
- ❖ **How long is the training?** 8hrs, normally from 0800 - 1600.
- ❖ **Does my entire mess need to be present?** Yes, because the training is also designed for a CPO mess to identify strengths and areas for improvement the training focuses on CPO responsibilities, key Navy programs, team building and leader development. The training is interactive and geared towards group discussion; not death by power point. .
- ❖ **Does the COB/CMC and Dept CPO's need to be present?** Yes. They need to hear what the mess is saying and what they are identifying to be addressed.
- ❖ **Can more than one mess receive the training at one time?** Yes. However, all of the messes need to be present. The training is not designed to simply have personnel in attendance.
- ❖ **How many people can attend the training?** We have provided the training to groups as large as 200 and as small as 6.
- ❖ **Is this seminar CPO365 ?** No, this training is not CPO365 training nor is it related to CPO365.
- ❖ **What is the curriculum?** The curriculum is adapted from multiple sources; civilian leadership courses, TED talks, the SEA, the COB/CMC course and is designed to spur discussion and provide areas for continued improvement. The following topics are covered throughout the day: Ethics, Foundational Programs, Brilliant on the Basics (BoB), Generations, Sailorization, Good Order and Discipline (GOAD), Selection Board, Leadership=Relationships Building the Team, Leading Up-Down-Across, Leading Yourself.
- ❖ **Do you offer training for the First Class Mess?** Yes, we offer the same training and in the exact same format.
- ❖ **Do you offer training for the Ward Room or DLCPO's?** Yes, but only on a case by case basis upon request.
- ❖ **How do I schedule training?** To schedule training, please email [usff\\_fltcpotra@navy.mil](mailto:usff_fltcpotra@navy.mil); use "[CMD] SCHEDULE REQUEST" in the subject line.