

Spouse Employment Assistance Program

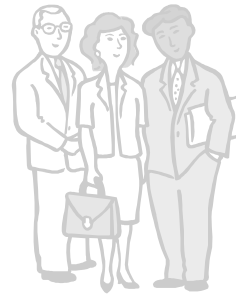
If you will be looking for a job or considering a career change while in Japan, the **FFSC Family Employment Readiness Program (SEAP) Manager** is the person to talk to.

SEAP Services and Workshops

The SEAP Program offers a wide range of services and is focused on assisting SOFA sponsored spouses to find employment, volunteer, and job-base training opportunities in the Yokosuka area.

The SEAP Manager provides:

- Individual career counseling
- Informational counseling
- Resume critiques
- Job application reviews
- Job Referrals



Workshops & Classes

- Resume Writing – Learn tips on how to write an effective, marketable resume.
- Teaching English – How to get started teaching English to Japanese nationals.
- Employment Overview – Information on local employment opportunities and application processes.
- Government Application Tips – Step by step approach to correctly completing government applications.

Computer Support

- Quick and Easy SF-171 and OF-612 Civil Service application.
- Instant Resume Program – computer-based resume generator.
- Computer Tutorial – Self-paced tutorial for the Microsoft Office 2000 suite (Word, Excel, PowerPoint, Access, Outlook)

Spouse Preference

Spouses of active duty military, who were married before the beginning of this overseas tour, receive a one-time hiring preference. This preference is good for the three main employing agencies (HRO, NEX & MWR) at Yokosuka. Spouse preference is used after accepting or declining a permanent or temporary position lasting over one year. Please contact your SEAP manager for more information about Military Spouse Preference.

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