

USS ANTIETAM (CG 54) HANDBOOK



- Commanding Officer (CO): CAPT George A. Kessler, Jr.
- Executive Officer (XO): CDR Matthew Krauz
- Command Master Chief (CMC): CDMCM Jeffrey Hineman

Command Support Team

- Ombudsman: **(090) 9391-1882**
 - ombudsmancg54@gmail.com
- A family member's first point of contact should be the Ombudsman. If there is a situation that requires immediate attention and you cannot reach the Ombudsman, you should ***US 7th Fleet Ombudsman at 080-2184-5182***. If it is urgent, contact the American Red Cross to get an emergent message out to the ANTIETAM.
- To call a base number from a Japanese cell phone, dial 046-816- XXXX (the last four of the original number)

Ombudsman's Role

USS ANTIETAM (CG 54) OMBUDSMAN

- The Ombudsman is the primary link between the families and the Command. He or she is a reliable source of information and can be assisted by other members of the CST. The Ombudsman abides by the established policies of the Navy Family Ombudsman Program.

The Ombudsman is a mandated reporter for:

- All suspected child abuse/neglect
- Alleged spouse abuse
- Suspected/potential homicides, violence, or life endangering situations
- All suspected/potential suicide risks
- Issues identified by the Commanding Officer as reportable: Drug and/or Alcohol abuse

Ombudsman's Role (continued)

The Ombudsman is authorized to:

- Maintain the highest degree of confidentiality
- Serve as a reliable source of information
- Pass information between the families and the Command
- Help cut through “red tape” to resolve issues
- Advocate for families
- Bring items to the Command's attention when necessary
- Refer people in need of assistance to various helping agencies such as Red Cross, Navy Marine Corps Relief Society, Fleet and Family Support Center, and civilian agencies

Ombudsman's Role (continued)

The Ombudsman is not authorized to

- Assume ownership of “problems”
- Provide or recommend baby-sitting services
- Provide transportation of any sort
- Approve emergency leave or bring service members home (see Emergency Leave)
- Move anyone into or out of housing

Rumor Control

- Rumors are one of the most destructive things that can happen within a Command. Rumors can lower morale and create tension among service members and their families. We can all help control rumors by squelching them when we can, and by encouraging others not to pass them along. Always contact the Ombudsman to get the latest **official information**.
- **The E-mail/Phone Tree is activated by the Ombudsman. It is used to quickly disseminate:**
 - important news such as the ship's arrival time/date (when unclassified), official ship information, mail drops, etc...
- It is **VERY IMPORTANT to keep the Ombudsman and your phone tree caller informed of any changes to your phone number in addition to any out of area trips.**
- Phone tree messages WILL NOT be left on an answering machine-you MUST call back your phone tree caller
- Remember that all phone tree callers are spouses who volunteer their time so please be courteous and return their calls.

OPERATIONAL SECURITY (OPSEC)

- As we conduct the business of training, equipping and deploying naval forces around the world to combat terrorism, a review of classification and disclosure policies is warranted to ensure we properly safeguard the information that supports these critical operations.
- The proper disclosure of both **classified** and **sensitive unclassified** information to only those individuals with appropriate clearance and/or a need to know is the strongest protection available.
- The following are examples of information which is classified at least **confidential** and should be disclosed to only authorized individuals:
 - Discussion of any ongoing or future operations to include details of specific combat missions, force movements, and deployment schedules
 - Disclosure of ship's departure/arrival dates to/from U.S. ports greater than 48 hours prior to arrival/departure
 - Precise, current location of the ship while at sea
 - Ship schedules

OPSEC (continued)

- The following are examples of **sensitive, unclassified information that can be** discussed with civilians:
 - Disclosure of the ship's departure/arrival to/from deployment within 7 days
 - Disclosure of ship's departure/arrival date in foreign ports may only be disclosed on the actual day of departure/arrival
 - Disclosure of theater of operations such as South Pacific, Arabian Gulf, etc...

OPSEC (continued)

- You may believe that you and your family have a special “code” that no one else can figure out, but remember that it is a terrorist’s job to break that “code.” Please use extreme caution with any ship information that you are given. **The safety of the crew, the ship, and the United States is at risk. There is no single approach to protecting information. The fact remains that the vast majority of information we deal with on a daily basis is unclassified.**
- **The point is that much of this unclassified information should still be considered sensitive and for official use only. It is in these areas that personnel are being asked to be more vigilant in assessing their role in disclosure of such information**

Communication with the Ship

- **E-mail communication with the ship is a privilege we will enjoy during underway periods. It is helpful to number and date all e-mails in the body of your letter.**
- The purpose of e-mail is to improve crew morale. Please be aware that your e-mails will be screened and therefore read by more people than just the member you are writing. Please keep in mind the following items:
 - Reports of deaths, serious injuries, and illnesses should be sent via the Ombudsman and the American Red Cross
 - Attachments are allowed; however keep size to a minimum
 - All e-mail will be screened by the Command for security/welfare purposes
 - Profanity or code words are not allowed
 - **Never discuss dates, ports being visited, or ship operations; these items will prevent your e-mail from being transmitted as well as jeopardizing the safety of the crew and ship**
 - E-mail transmission requires special ship conditions and may not be operable for days at a time

Communication with the Ship

REGULAR MAIL (VIA FLEET POST OFFICE)

- During the deployment the ship will receive regular mail deliveries. Incoming and outgoing mail deliveries can be delayed due to ship operations, overseas mail service, and unexpected changes in the ship's schedule. Mail may follow the ship around for weeks. Please do not send time sensitive items via regular mail; contact the Ombudsman for assistance. Mail sent to the ship should be addressed as follows:

(Rate/Rank & Name)
USS ANTIETAM (CG 54)
Unit 100130 BX XXXX
FPO AP 96660

- Each Sailor is given their own individual box number. Contact your member for their number.
- Envelopes and packages require postage and must meet postal regulations. Packages should be well wrapped and the contents protected in a sturdy container. Mailing valuables should be avoided if at all possible.

OVERSEAS PHONE INFO

- It is strongly recommended that the service member and family members purchase international calling cards and/or check into international rates on their home telephone plan. The method in which to contact the ship overseas will change with each port of call.

Emergency Leave

WHAT IS EMERGENCY LEAVE?

- Emergency leave is time off granted when a verified personal or family emergency requires a member's immediate presence. Verification from American Red Cross *IS encouraged*.
- *Emergency leave is charged against a member's normal leave account.*

Emergency Leave (continued)

Emergency leave may be granted under the following circumstances:

- **CAUTION: Personnel transfers at sea can be very dangerous. Some must be conducted open ocean and weather conditions can make it difficult or impossible to accomplish. Personnel safety is always considered first when attempting personnel transfers at sea.**
- **1. When the return of a member will contribute to the welfare of an immediate family member (father, mother, siblings, wife, children) who is near death. It should be noted that this does not include grandparents, uncles, cousins, nieces, etc.**
- **2. Upon death in a member's immediate family.**
- **3. When an accident or serious illness within a service member's immediate family results in a serious problem and imposes important responsibilities on the service member which must be met immediately and cannot be accomplished without the service member's presence.**

*****Funded transportation is not by any means, a guarantee or a right*****

- Family members are encouraged to request assistance in emergency situations from American Red Cross.
- In an emergency, coordinate all requests for member's return through the Ombudsman

Fleet and Family Services

The Fleet and Family Service Center offers the following *free services and programs*:

- Child Development Program
- New Parent Support Team
- Counseling for individuals, couples and families
- Relocation Assistance
- Crisis Intervention Counseling
- Sexual Assault Prevention
- Deployment Assistance
- Exceptional Family Member Program
- Transition Assistance Management Program
- Employment Assistance Program
- Financial/Budget Planning
- Victim Services
- Family Advocacy
- Volunteer Opportunities

Fleet and Family Services (continued)

- The Fleet and Family Service Center serves as a source of information and assistance for military members and their families. FFSC is located across from the Commissary. Their hours of operation are Mon-Wed and Fri 0800-1630, Thu 0800-1500. For more information call 243-3372.
- Official website:
https://www.cnic.navy.mil/regions/cnrj/installations/cfa_yokosuka/ffr/support_services.html

Family Advocacy Program (FAP) Restricted Reporting

- A domestic abuse victim may access information, support, advocacy, and medical care without Command, law enforcement, or FAP notification. To keep your information confidential you may disclose the abuse to the following individuals:
 - FAP Victim Advocate
 - Fleet & Family Support Program Clinical Counselors
 - Military Medical Personnel

Fleet and Family Services (continued)

- Any verbal, written, or electronic communication disclosed to one of these individual is protected information and may not be disclosed to anyone else without victim authorization or if one of the following exceptions applies:
 - When there is imminent threat to health or safety of the victim or another person
 - When child abuse is suspected
 - When required for fitness for duty in disability retirement boards
 - For supervision of direct victim treatment or services
 - When a military, federal, or state judge issues a subpoena
 - When required by federal or state statute or applicable international agreement
- To report abuse call the Fleet and Family Support Center at DSN: 315-243-3372, or phone: 011-81-6160-43-3372 and ask to speak to a Victim Advocate
- Or call the National Domestic Violence Hotline at 1-800-799-SAFE (7233)

Fleet and Family Services (continued)

- Navy Chaplains represent a number of faith groups. Chaplains conduct religious services, administer the rites and sacraments of their respective faith groups, and are available for pastoral counseling related to marital, personal, substance abuse, growth and adjustment issues.
- To contact the Chaplain that provides support for USS ANTIETAM, please call (070) 1577-7227; after hours please call the Ombudsman at (090) 9391-1882.

The Navy and Marine Corps Relief Society

- **The Navy-Marine Corps Relief Society assists Navy-Marine Corps personnel and their families with financial emergencies. Assistance may be in the form of interest free loans, grants or a combination of both. Contact the American Red Cross for after hours emergency financial assistance at 1-800-733-2767 or the local chapter of the American Red Cross if you are not on or near a military installation.**

- **Location:**

Naval Base Bldg 3365, Suite 312

Yokosuka-Shi, Japan

011-81-46-816-7905

243-7905

- Financial assistance may include:
 - Funds for transportation in case of critical illness or death in the immediate family
 - Basic living expenses due to temporary lack of funds
 - Essential emergency car repairs
 - Medical and dental expenses in excess of TRICARE coverage
 - Some funeral expenses
 - Educational assistance

The Navy and Marine Corps Relief Society (continued)

Other services offered:

- Budget Counseling
 - Layettes for newborn babies
 - A thrift shop. Phone: 243-4178
 Hours: Mon. 0930-1300 Donations
 Tue. 0930-1300 Shopping
 Location: Yokosuka Thrift Shop
 Building G59
 Clement Blvd
 Yokosuka-Shi, Japan
 - A food locker to assist families with emergency needs (baby formula, baby food and diapers are also available).
 - Visiting nurse services free of charge
 - Volunteer opportunities with childcare and mileage reimbursement.
- **A signed Preauthorization Form is required for assistance to be provided to families during deployments. The service member is encouraged to complete this form prior to deployment so it may be retained on file at the Navy-Marine Corps Relief Society's office.**

Legal Services

- Naval Legal Services Office is located in onboard Fleet Activities Yokosuka, Building 1555 (PSD Building), 3rd deck. Their hours are 0830-1700 Monday through Friday. Free legal services are offered to active duty personnel and their families. Address:

PSC 473, Box 122

FPO AP 96349

- Copy and paste their link into your web browser:
 - www.jag.navy.mil/legal_services/rlso/rlso_japan.htm
- Phone numbers:
 - Comm: 011-81-468-16-8901
 - DSN: 243-8901 (DSN prefix 315)
- The following walk-in services are available (no appointment necessary):
 - Power of attorney; general and special.
 - Notarizations.
 - Personal Property Tax Exception Forms.
 - VITA (Income Tax Assistance by Volunteers); Form 1040 EZ

Legal (continued)

- Services that require an appointment:
 - Drafting of wills
 - Durable Powers of Attorney for Health Care.
 - Mediation Service (Dispute Resolution).
 - Landlord/Tenant Issues.
 - Debtor/Creditor Matters.
 - Military Rights and Benefits.
 - Bankruptcy.
 - Soldiers' and Sailors' Civil Relief Act.
 - Sales Contract Problems.
 - Consumer Law.
 - Repair Work Disputes.
 - Family Law (Divorce, Legal Separations, Spousal and Child Support, Paternity).
 - Income Tax Forms 1040 and 1040A. Call to schedule and appointment for this service.
- Legal emergencies can be seen without an appointment. Call or stop by to have your case screened.

Family Readiness Group (FRG)

- The USS ANTIETAM Family Readiness Group (FRG) is dedicated to supporting spouses, families and crew members of USS ANTIETAM, especially during times of separation and deployments. We provide resources, social activities, outreach programs, and a warm, inviting environment for fun, friendship, and coping while separated from loved ones. The USS ANTIETAM Family Readiness Group's schedule of monthly meeting, projects & activities will be available in the Ombudsman's monthly newsletter.
- USS ANTIETAM FRG INFORMATION:
 - Email: antietamfrgpresident@gmail.com

Navy Family Accountability and Assessment System (NFAAS)

- **NFAAS standardizes a method for the Navy to account, assess, manage, and monitor the recovery process for personnel and their families affected and/or scattered by a wide-spread catastrophic event. NFAAS provides valuable information to all levels of the Navy chain of command, allowing commanders to make strategic decisions which facilitate a return to stability.**
- **NFAAS allows Navy Personnel to do the following:**
 - Report Accounting Status
 - Update Contact/Location Information
 - Complete Needs Assessment
 - View Reference Information
- Log on to: <https://www.navyfamily.navy.mil/> and complete your family profile

Dental and Medical Information

Emergency Contacts

- **Eligible family members must be enrolled in DEERS (Defense Eligibility Enrollment System) to receive medical and dental benefits.**
- **Active Duty Family Member Dental Plan is a voluntary program and the active duty member must enroll his family members. Premiums are deducted from the active duty member's payroll.**
- For information/inquiries: Complete the OCONUS Claim Submission Document found at

www.tricare.mil/coveredservices/dental/tdp.aspx

TRICARE Dental Program

P.O. Box 14182

Lexington, KY 40512

TRICARE

- Active duty family members, enrolled in DEERS are eligible for TRICARE Standards, TRICARE Extra or TRICARE Prime for medical benefits. For an explanation of benefits, registration in the appropriate program, and travel questions contact the TRICARE Health Benefits Advisor toll-free at 1-888-874-9278 or visit their website at www.triwest.com.
- There are many health care options available to you so please take a moment to not the name, location and telephone number of your Primary Care Manager (PCM) for easy reference during deployment. If you have more than one PCM due to multiple family members, please note each member's PCM on the back of this sheet.

Name: _____

Location: _____

Telephone: _____

EMERGENCIES: Go to the Emergency Room at the nearest hospital or dial 911 on base. Call TRICARE +(65)6339-2676 or 0120-983990 within 24 hours after arriving at the hospital for an authorization number.

Travel

Traveling During the Deployment

- If you plan to travel out of your geographical area while the ship is
- deployed, contact the Ombudsman and provide a contact address and phone number. **It is very important that we are able to locate the next of kin for all service members in case of emergency. Also, this ensures that you are provided prompt information regarding the ship.**
- **Overseas Port Visits to Meet the Ship**
 - You will need a passport and possibly a visa
 - Are these documents still current if you already have them
 - You will need certified birth certificates-copies WILL NOT work – it may take some time to get these
 - Do you know the process involved to receive these?
 - There may be immunization requirements
 - When is the last time that you had a complete physical?
 - Bureau of Consular Affairs website: www.travel.state.gov
 - Have you checked the requirements for your destination?
 - Ship schedule often change traveling

Travel (continued)

- Do you have a back-up plan?
 - Security and safety measures change throughout the world
 - Are you aware of security issues that may occur during your travel and at your destination?
 - Highly recommend traveling with a group and make all arrangements for accommodations before arrival
 - Do you know what to do when you arrive at your destination?
 - Plan in advance
 - Have you asked about package deals (airfare, hotel & car rental all in one)?
 - Try to purchase refundable tickets if at all possible and have a back-up plan
 - Are you willing to lose money paid for tickets if plans change?
 - Communication with the Ombudsman will keep you abreast of last minute changes
 - Do you know the Ombudsman and how to contact her?
-
- *Stay flexible -the ship may not be where we expect it due to last minute schedule changes.*
 - Are you willing to travel there alone?

Yokosuka Enhanced Spouse Sponsorship Program

- YESS is a brand new sponsorship program for spouses, by spouses.
- YESS strives to ease the transition of families arriving in the Yokosuka area by providing a friendly and personal connection for military and civilian spouses. This personal connection is achieved through our YESS Sponsors, ultimately enhancing the existing Command Sponsorship Program that serves the military and civilian employees.
- YESS volunteers share the common goal of providing to every newcomer a warm welcome, access to information, and a sense of belonging to the Yokosuka Naval Base community. As a sponsorship program created “for spouses, by spouses,” we value the importance of showing respect and compassion to newcomers as well as fellow volunteers.
- Website: <https://yessyokosuka.wordpress.com>
- Facebook: www.facebook.com/YESS.Yokosuka.Spouses
- Email: yess.yokosuka@gmail.com

Important Numbers

**FLEET & FAMILY
SUPPORT CENTER
YOKOSUKA, JAPAN
243-FFSC (3372)**



**TELEPHONE POCKET GUIDE
JUNE 2011**

REGIONAL (ALL JAPAN) OPERATOR..... 113

EMERGENCY NUMBERS: 911

FIRE – ON BASE 911
OFF BASE..... 046-816-0911
AMBULANCE – ON BASE 911
OFF BASE..... 046-816-0911
NAVAL HOSPITAL YOKOSUKA:
ON BASE 243-7141
OFF BASE..... 046-827-1040
MILITARY POLICE – ON BASE 911
TRAFFIC ACCIDENT (ON BASE) 243-2300/2301
DIRECT FROM OFF BASE... 046-816-2300/2301
RED CROSS **243-7490/5291**
FAX 243-7492
AFTER HOURS (YOKOTA) 225-2536/3740
OFF BASE..... (0425) 52-2511x2536/3740

FREQUENTLY CALLED NUMBERS

YOKOSUKA

ACTION LINE 243-2567
AMERICABLE (TV & INTERNET) 241-2288
AMERICAN EMBASSY 224-5000
AMERICAN RED CROSS 243-7490
AUTO HOBBY SHOP 243-5456
AUTO RENTAL 243-4456
AUTO PORT - SERVICE CENTER 243-5826
GAS & GARDEN SHOP 243-5013
BANK OF YOKOHAMA YEN RATE .046-824-3313
BARBER SHOPS – MAIN NEX 243-5384
FLEET REC CENTER 241-4168
NGIS BLDG. 1556 (former BOQ)..... 243-5871
BEAUTY SHOP 243-3680
BILLETING – BEH-CBQ 243-5569
NAVY GATEWAY INN (former BOQ) 243-7317
TPU..... 243-5162
BOWLING CENTER 243-5158
BUS DESK (NARITA & YOKOTA) .. 243-7777/2287
CFAY CHECK-OUT DESK 243-9606
CHAPEL OF HOPE 243-6773/6774
CHILD CARE – MAIN CDC 243-5964/3219
HOURLY CDC 241-4101
PART DAY PRE-SCHOOL 243-3219
HOME CARE CDH 243-5478
CLUBS – ENLISTED 243-5951/3415/3000
CPO CLUB 243-5506
OFFICER'S CLUB 243-5788/5624/7318
COMMAND DUTY OFFICER **243-2300**
COMMISSARY STORE 243-7628
DELI 243-5193
COMMUNITY CENTER 243-6713
HOBBY MART 243-5040
COMMUNITY BANK 243-4585/4586
DENTAL CLINICS – MAIN 243-8808
FLEET 243-7963

Important Numbers

DRIVER'S LICENSE OFFICE.....	243-5647	LEGAL OFFICE (NLSO)	243-5141
DRY CLEANING	243-5659	LIBRARY	243-5574/7249
EMPLOYMENT – HRO	243-5725	MAIN GATE – PASS& DBIDS OFFICE...	243-5125
MWR PERSONNEL	243-5446	MENTAL HEALTH CLINIC	243-5171
NEX PERSONNEL	243-5150	MOVIE INFO LINE	243-6703
FAMILY ASSISTANCE TEAM (FAST)....	243-5840	NAVY COLLEGE PROGRAM	243-8131
FLEET & FAMILY SUPPORT CENTER:		NAVY EXCHANGE MAIN STORE	243-4055
INFORMATION & REFERRAL	243-6716/3372	FLEET REC CENTER STORE	243-7426
COUNSELING SERVICES	243-9624	FLEET REC UNIFORM SHOP	243-5190
FAMILY ADVOCACY	243-7878	CUSTOMER SERVICE	243-5577/4055
NEW PARENT SUPPORT	243-7878	ELECTRONICS	241-6742
RELOCATION ASSISTANCE	243-7935	FLOWER SHOP	243-3900
TRANSITION ASSISTANCE	243-9630/9621	FURNITURE STORE	243-5347
FIRE DEPT (NON-EMERGENCY).....	243-5292	HOME ACCENTS	243-4132
FOOD SERVICES:		MINI-MART	243-4055
ANTHONY'S PIZZA (BAYSIDE CAFE) ..	243-4440	NEX DEPOT	243-2431
ANTHONY'S PIZZA (DELIVERY)	241-3663	OPTICAL SHOP	243-6732
ANTHONY'S PIZZA (NEX)	243-3464	PACK & WRAP	243-3096
BOWLING CENTER SNACK BAR	243-6802	PERSONALIZED SERVICES	243-5789
CHILI'S (TAKE OUT)	243-3843	TAILOR SHOP (MAIN NEX)	243-4620
FOOD COURT – MAIN NEX	243-3464	UNIFORM SHOP (FLEET REC)	243-5190
MAIN STREET USA	243-4772	NAVY FEDERAL CREDIT UNION	243-3333
FLEET REC CTR	243-6504	NAVY LODGE	243-6708
GALLEY – JEWEL OF THE EAST	243-5742	NAVY-MARINE CORPS RELIEF SOC ...	243-7905
SBARRO	241-2222	NEW SANNO HOTEL OPERATOR	229-8111
TACO BELL	241-4528	RESERVATIONS	229-7121
GYMS – PURDY GYM	243-5398/7264	COMMERCIAL	(03) 3440-7871
SEAHAWK NATATORIUM	243-5620	OUTDOOR RECREATION	243-5732
FLEET REC CENTER	243-5304	PASSPORT OFFICE (PSD)	243-8466
HOSTPITAL INFO	243-7144/5247	PERSONAL PROPERTY INBOUND	243-5426
CENTRAL APPOINTMENTS	243-5352	PERSONAL PROPERTY OUTBOUND... ..	243-7061
MILITARY SICK CALL	243-5352	PERSONNEL SUPPORT DET	243-6813/8457
TRICARE	243-9528/8992	POST OFFICE – MAIN	243-6711
HOUSING SERVICES CENTER	243-4663/9037	POST OFFICE – USNH	243-5536
INSURANCE OFFICE (NEX)	243-4950	PREVENT	243-5363
ITT (INFO TOURS & TICKETING) ..	241-5056/5057	PRINT SHOP (DAPS)	243-5642/8135
KENNEL	243-4530		

Important Numbers

PUBLIC AFFAIRS (CFAY)	243-3003
PUBLIC WORKS TROUBLE DESK	243-5555
SAFETY OFFICE	243-5519
SCHOOLS – KINNICK HS	243-7392
YOKOSUKA MS	243-5165
SULLIVANS ES	243-7336/7329
SCHOOL LIAISON OFFICER	243-2588
ASACS	243-3515
SEAHAWK (BASE NEWSPAPER)	243-3003
SECURITY (QD)	243-2300/2301
SECOND HAND ROSE	243-4090
SELF-HELP	243-7263
SHIPS INFORMATION (RECORDING)	118
SINGLE SAILOR LOUNGE	243-7346
STARS & STRIPES (OFFICE)	243-4771
TAKUSAN TREASURES GIFT SHOP	243-3357
TAXI – ON BASE	243-4444
TAXI – ON BASE (FROM CELL PH)	046-816-4444
TAXI-OFF BASE (COMMERCIAL)	046-825-4444
TEEN CLUB	241-2098
TELEPHONE (BASE COMM. OFFICE)	243-5847
THEATER – BENNY DECKER	243-5406
THEATER – FLEET	243-5443
TRAVEL OFFICE (IACE)	243-6629/6952
TRICARE SERVICE CENTER	243-9528
UNIVERSITIES – MARYLAND	243-4613
UNIVERSITY OF CENTRAL TEXAS	243-5126
UNIVERSITY OF PHOENIX	243-6985
USO	241-3030
VEHICLE REGISTRATION OFFICE	243-5011
VETERINARY CLINIC	243-6820
VIDEO RENTAL CENTER	243-4717
WEATHER, TIME & TEMP	243-5155/0112
WELLNESS CENTER (FLT REC)	241-4486
WIC-OVERSEAS	243-9426
YOUTH CENTER	243-3439/5492

YOKOHAMA/NEGISHI

EMERGENCY NUMBERS

FIRE – ON BASE	911
OFF BASE	045-281-4188
AMBULANCE – ON BASE	911
OFF BASE	045-281-4100
POLICE – ON BASE	911
OFF BASE	045-281-4270/4271

FREQUENTLY CALLED NUMBERS

BANK (MON-WED-THU 1200-1700)	242-4442
BARBER & BEAUTY SHOP	242-4149
BILLETING – BEH-CBQ-BOQ	242-4170
BOWLING CENTER	242-4123
CHAPEL OF THE RISING SUN	242-4183
CHILD CARE CENTER	242-4316
DENTAL/MEDICAL CLINIC	242-4162/4165
CLUB (ALL HANDS)	242-4151
FIRE DEPT (NON-EMERGENCY)	242-4188
GARAGE (NEX)	242-4148
HOUSING OFFICE	242-4250/4276
LIBRARY & FFSC ANNEX	242-4125
MILITARY POLICE – ON BASE	242-4111/4112
OFF BASE	045-281-4111/4112
MWR	242-4120
NAVY EXCHANGE & COMMISSARY	242-4155
OIC CFAY YOKOHAMA DET	242-4101
POST OFFICE	242-4114
FAX	242-4860
PUBLIC WORKS TROUBLE DESK	115
SCHOOL – BYRD ELEMENTARY	242-4815
YOUTH CENTER	242-4131

Important Numbers and Websites

IKEGO

FIRE-POLICE-AMBULANCE	911
ANTHONY'S PIZZA	246-8648
BARBER & BEAUTY SHOP	246-5950
CHILD DEVELOPMENT CENTER.....	246-8060
CLUB TAKEMIYA (ALL HANDS)....	246-8077/8075
FIRE DEPT. (NON-EMERGENCY).....	246-8011
FLEET & FAMILY SUPPORT CENTER..	246-8052
HOUSING OFFICE	246-8027
MILITARY POLICE – ON BASE	246-8367/8368
OFF BASE	046-806-8367/8368
MWR.....	246-8071
NEX MINI MART	246-7993
OIC CFAY IKEGO DET.....	246-8042
POST OFFICE	246-8051
PUBLIC WORKS TROUBLE DESK	115
SCHOOL – IKEGO ELEMENTARY	246-8320
YOUTH CENTER.....	246-8301

LOCAL AREA DIRECT DIAL ACCESS

YOKOSUKA (243 PREFIX).....	(046) 816-XXXX
YOKOSUKA (241 PREFIX).....	(046) 896-XXXX
NEGISHI	(045) 281-XXXX
IKEGO	(046) 806-XXXX
ATSUGI.....	(0467) 63-XXXX

DIRECT PHONE CALLS FROM THE U.S.

YOKOSUKA (243 PREFIX)..	011-81-46-816-XXXX
YOKOSUKA (241 PREFIX)..	011-81-46-896-XXXX
NEGISHI	011-81-45-281-XXXX
IKEGO	011-81-46-806-XXXX

**(XXXX = THE LAST FOUR DIGITS OF THE
PHONE NUMBER BEING CALLED)**

OFF-BASE NUMBERS FOR BASE OPERATOR

YOKOSUKA- IKEGO-NEGISHI.....	046-816-1110
ATSUGI.....	046-763-1110
CAMP FUJI	055-089-6102
CAMP ZAMA	046-251-1520
IWAKUNI.....	082-779-1110
MISAWA	017-653-5181
SASEBO	095-624-6111
YOKOTA	042-552-2511

PERSONAL NUMBERS

USEFUL WEB SITES

NAVY FAMILY ACCOUNTABILITY & ASSESSMENT SYSTEM (NFAAS) https://navyfamily.navy.mil
CFAY.....	www.cnic.navy.mil/yokosuka
FFSP	1.usa.gov/jUcA5y
FFSC YOKOSUKA FACEBOOK*.....	bit.ly/dyxJez
YOKOSUKA*	sukaichi-e.com/pc/
TRAIN DIRECTION* jorudan.co.jp/english/index.html www.hyperdia.com/en/

*LISTING OF COMMERCIAL WEB SITES DOES NOT CONSTITUTE ENDORSEMENT BY FFSC, CFAY OR THE DEPARTMENT OF THE NAVY.