

## Submarine Medical Guidance for Enlisted Women in Submarine Selectees

- ❖ Owing to the nature of Submarine service, medical fitness for duty standards are stringent. Selectees taking daily medications or with significant medical issues should familiarize themselves with disqualifying conditions for submarine service. These conditions can be found in the manual of the Medical Department, NAVMED P-117 Article 15-106. Questions regarding submarine duty fitness standards can be directed at any Undersea Medical Officer (UMO) or Independent Duty Corpsman (IDC) service in a Submarine Force billet. Contact numbers for all Submarine Medical Departments are listed below.
- ❖ Selectees must have a current Submarine Duty Physical approved by an UMO within 30 days of selection notification. The medical history form (DD Form 2807-1) and Physical Examination form (DD Form 2808) may be completed by an DOD privileged provider (MD, DO, PA, NP); however, a UMO is required to bottom line the overall Submarine Duty Physical on DD Form 2808 (Block 84.a). UMOs are located at all submarine homeport medical departments and contact numbers are listed below. For those selectees not in proximity to the below submarine homeports, contact the COMSUBLANT/COMSUBPAC FORCE IDC for further guidance on obtaining a submarine duty physical.
- ❖ Depending on the specific medical issue, a waiver of physical standards may be considered IAW NAVMED P-117 and COMSUBLANT/COMSUBPACTINST 6000.1. Should the selectee desire a waiver of physical standards, the respective submarine duty physical UMO shall submit an interim waiver request through the appropriate submarine force TYCOM medical officer to BUMED M3B3. Pending approval, a full waiver package must be completed within 6 months.

For questions regarding medical fitness for submarine duty:

- COMSUBLANT FORCE IDC (Norfolk, VA): 757-836-1351/1354
- COMSUBPAC FORCE IDC (Pearl Harbor, HI): 808-473-1479/5788

Contact numbers and locations of Submarine Force Homeport Medical Departments:

- Naval Submarine Support Center New London (Groton, CT): 860-694-2470/2795
- Commander Submarine Squadron 6 (Norfolk, VA): 757-967-6175
- Naval Branch Health Clinic Kings Bay (Kings Bay, GA): 912-573-2939/4245
- Naval Submarine Support Center Bangor, WA (Bangor, WA): 360-396-6789
- Commander Submarine Squadron 11 (San Diego, CA): 619-553-8719
- Naval Submarine Support Center Pearl Harbor (Pearl Harbor, HI): 808-473-2899/3771
- Commander Submarine Squadron 15 (Guam): 671-339-2156/671-343-2191