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# NAVAL MOBILE CONSTRUCTION BATTALION ONE "THE FIRST AND THE FINEST"



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# HISTORY OF NAVAL MOBILE CONSTRUCTION BATTALION ONE



***“The First and the Finest,” Naval Mobile Construction Battalion ONE, has a long, proud and distinguished history that reaches back to the early days of World War II. Commissioned on 15 March 1942 as Naval Construction Battalion (NCB) ONE, the Battalion was soon split into two detachments and sent into service in the South Pacific.***

***In 1949, the Navy began an intense reorganization that included the creation of a new type of construction unit – the Mobile Construction Battalion. On 8 August 1949, U.S. Naval Mobile Construction Battalion (NMCB) ONE was established at Naval Amphibious Base, Little Creek, Virginia and was formally commissioned on 28 October of that same year.***

***Homeport changed for the Battalion in 1951 when it moved from Little Creek to Davisville, Rhode Island.***

***NMCB ONE was the first Atlantic Fleet Battalion to take part in the Vietnam conflict. From 1966 to 1970, the Battalion made four consecutive deployments to Vietnam. During this time, four NMCB ONE members made the ultimate sacrifice in service to our country. Their names were Constructionman Starkey, Steelworker 3rd Class Williams, Chief Builder McGinn, and LTJG Moscrip.***

***Throughout its 75 proud years of service, NMCB ONE and its detachments have been awarded five Navy Unit Commendations, four Meritorious Unit Commendations, 10 Navy “E” Ribbons as the Atlantic Fleet Best of Type, and seven Peltier Awards as the best Seabee Battalion in the Naval Construction Force.***

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# NMCB ONE AT WORK





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# NMCB ONE IN THE FIELD



*Seabees*

*We build – We  
fight*



# COMMAND LEADERSHIP



**J. W. SEGALLA, CDR, CEC, USN**  
**EXECUTIVE OFFICER**

CDR Jacob Segalla is a Virginia native. He graduated from University of Florida in December 2002 earning a Bachelor of Science in Mechanical Engineering. He earned his commission through Officer Candidate School in Pensacola, Florida in April 2003. He has completed various tours with NAVFACs in Hawaii and Washington. He served with NMCB 74 as the Alfa Company Commander, OIC for Det Macedonia, and OIC of the Air Det. Most recently he held the position of Branch head for Enlisted Seabees, SEAL, SWCC, EOD, and Navy Diver assignments in Millington, TN.



**M. W. MENO, CDR, CEC, USN**  
**COMMANDING OFFICER**

CDR Michael Meno is from Orland Park, Illinois. He graduated from the University of Illinois with a Bachelor of Science in Civil Engineering (1995), and a Master of Science in Environmental Engineering (1998). He also received a Master of Business Administration from the University of Maryland (2009) attended OCS and was commissioned an Ensign in the United States Naval Reserve on October 9, 1998. He completed tours with Naval Air Station Keflavik in Iceland, Camp Lejeune, NMCB 133, NAVFAC HQ, NMCB 1 as Ops Officer, NAVFAC Southwest, OPNAV staff before reporting to NMCB 1.



**D. D. ARRINGTON, CMDCM (SCW/EXW), USN**  
**COMMAND MASTER CHIEF**

Command Master Chief Derrick Arrington enlisted in the Navy in June 1989, attended boot camp in Orlando, FL on October 1989, and later graduated from Equipment Operator "A" school in Gulfport, MS. His first duty station was with NMCB 24 in Bessemer, AL. In November 2017, he reported to NMCB 1 as the Command Master Chief and is a designated Seabee Combat Warfare Specialist, Expeditionary Warfare Specialist and Master Training Specialist.

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# COMMAND CHAPLAIN



**CHAPLAIN**  
**LT WILLIAM HALL**

Greetings,

Welcome to Naval Mobile Construction Battalion ONE, where we have a proud history of high standards and quality construction work. The Seabees are a hardworking, challenging community to join. It can seem a little overwhelming at times. Please remember that you can always talk to your battalion Chaplain about any life situations that come up. Maybe you're wondering what a Chaplain is? Chaplains are officers in the U.S. Navy who assist the Religious needs of Navy service personnel. We also offer counseling on a wide variety of issues.

The most important thing to remember is that Navy Chaplains have unrestricted confidentiality. You can bounce situations off of us and have it kept confidential, no matter what the information is. I would also add- don't wait to get counseling. Counseling should be for everyone, not just for those who "need it."

Thank you for serving in the U.S. Navy Seabees!



# IMPORTANT AREA INFO



## Naval Construction Battalion Center Gulfport

[http://www.cnbc.navy.mil/regions/cnrse/installations/nbc\\_gulfport.html](http://www.cnbc.navy.mil/regions/cnrse/installations/nbc_gulfport.html)

NMCB ONE's homeport is in Gulfport, MS at NCBC Gulfport. It is located on the Mississippi Gulf Coast, 74 miles west of Mobile, Alabama, and 78 miles east of New Orleans, Louisiana. The base itself is located south of Interstate 10 (just south of 28<sup>th</sup> Street) and west of Route 49.

The Local airport in the area is the Gulfport/Biloxi Int'l Airport. Transportation from the airport can be gained by seeing a representative within the USO.



## COMMAND INFORMATION COMMAND CONTACTS

NMCB ONE  
5301 Bainbridge Ave Box # 61  
Gulfport, MS 39501

Battalion spaces located at Bldg. 60  
Quarterdeck hours during Deployment:  
0730 – 1700

Quarterdeck 228-871-4001

CDO 228-224-2471  
(After hours)

### Command Websites:

<http://www.public.navy.mil/seabee/nmcb1/Pages/default.aspx>

[NMCB ONE - The First and The Finest \(Facebook Page\)](#)

<https://www.facebook.com/NMCB-ONE-The-First-and-The-Finest-124282507598400>

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## HOMEPORT SUPPORT STAFF



# FAMILY READINESS OFFICER



Gustavo A. Ramirez

(228) 224-4164

[Gustavo.ramirez@navy.mil](mailto:Gustavo.ramirez@navy.mil)

The Family Readiness Officer (FRO) is the link between the command and families of the Battalion during deployment. The FRO is responsible for coordinating unit and personal requirements as Sailors transfer in and out of NMCB ONE. The FRO also serves as the Military Liaison for our families working in close partnership with the Ombudsman, providing administrative and logistic support.

**NOTE:** For members checking in after hours please contact the command duty person at the number listed above to arrange a time to get checked in.



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# COMMAND ASSISTANCE



## OMBUDSMAN TEAM



**Janelle McKissick**  
(228) 239-6110



**Hannah Vehrs**  
(228) 224-5419



**Heather Kresge**  
(228) 224-5022

### **I am a Navy Ombudsman**

I am not a crutch  
 But I can support you  
 I am not a counselor  
 But I know how to reach one  
 I am not a taxi driver  
 But I can steer you in the right direction  
 I am not a rescuer  
 But I can help save lives  
 I am not a baby sitter  
 But I can refer you to a caregiver  
 I am not a gossip  
 But I am a great listener  
 I am not an enabler  
 But I can provide tools to empower you  
 I am not a master of anything  
 But I know many experts who understand your needs  
 I am not a Recreation or Health Specialist  
 But I am concerned about your morale, well-being,  
 and health I am not a busybody as I've been called  
 But I am a Navy Ombudsman  
 I am a Navy Family Ombudsman  
 And I am of service to you-The Navy Family

Selected by the Commanding Officer (CO), your Family ombudsman is a spouse of a command member who voluntarily serves as the official liaison between the command and its families. This is especially true in deploying commands, where the ombudsman is the primary point of contact between the families at home and the command during deployment. The ombudsman is not a counselor or a social worker, but can show you a direct route to getting the assistance you need to find solutions and resources.

[ombudsmannmcb1@gmail.com](mailto:ombudsmannmcb1@gmail.com)

[www.facebook.com/nmcb1ombudsman](http://www.facebook.com/nmcb1ombudsman)

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# COMMAND INFORMATION (DEPLOYED)



## THE NMCB ONE FAMILY READINESS GROUP

*The NMCB ONE Family Readiness Group (FRG) plans and executes a select program of events, primarily during the deployment time frame. These events enhance communication between NMCB ONE and families and contribute to the unity of the Battalion and to the high morale of the deployed personnel, families, and friends. Please join us for fun, fellowship, and support. For Family Readiness Group meeting dates, times, and locations please use link below for the NMCBONEFRG.*

<https://www.facebook.com/NMCBONEFRG>



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# IMPORTANT INFO NCBC GULFPORT



## NCBC SERVICES

NCBC Gulfport Quarterdeck	228-871-4001
Family Service Center	228-871-3000
Bachelor's Quarters	228-871-3844
Navy/Marine Corps Relief Society	228-871-2610
Child Development Center	228-871-2323
Navy Lodge	1-800-628-9466
MWR	228-871-4697

## MEDICAL CARE

Medical	228-871-2810
Dental	228-871-2606
Ambulance	228-871-2333
Mil Medical Support office	1-800-333-4040
Provider Locator Services	1-800-661-4325
TRICARE Service Center (Biloxi)	228-385-6650



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# GULFPORT INFORMATION WEBSITES



**Jackson County Chamber**

[www.jcchamber.com](http://www.jcchamber.com)

**WLOX 13 (TV)**

[www.wlox.com](http://www.wlox.com)

**The Sun Herald**

[www.sunherald.com](http://www.sunherald.com)

**Gulf Coast Info**

[www.gulfcoast.org](http://www.gulfcoast.org)

**Commercial relocation site**

[www.homestore.com](http://www.homestore.com)

**The Apartment Directory**

[www.aptdir.com](http://www.aptdir.com)

**Realtors**

[www.realtor.com](http://www.realtor.com)

**Home finder of Jackson County**

[www.yournewhome.com](http://www.yournewhome.com)

**City Search**

[www.usacitylink.com/citylink](http://www.usacitylink.com/citylink)

**MS School system**

[www.mde.k12.ms.us](http://www.mde.k12.ms.us)

**Schools**

[www.theschoolreport.com](http://www.theschoolreport.com)

**HUD**

[www.hud.gov/index.html](http://www.hud.gov/index.html)

**VA**

[www.vba.va.gov/ro/south/jacks/jackson.html](http://www.vba.va.gov/ro/south/jacks/jackson.html)

**Mortgage Calculator**

[www.homefair.com/usr/qualcalcform.html](http://www.homefair.com/usr/qualcalcform.html)

**Guide to the MS Gulf Coast**

[www.newcomersguide-ms.com](http://www.newcomersguide-ms.com)

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# GOVERNMENT RELOCATION DIRECTORY



*MilitaryHOMEFRONT:*

<http://www.militaryhomefront.dod.mil>

*Military ONEsource:*

<http://www.militaryonesource.com>

*Military Spouse Career Center*

<http://www.military.com/spouse>

*Navy Personnel Command*

<http://www.npc.navy.mil/channels>

*Worldwide Relocation Info*

[www.dmdc.osd.mil/sites](http://www.dmdc.osd.mil/sites)

*PCS Rules and Regulations/DLA/etc.*

[www.dtic.mil/perdiem/](http://www.dtic.mil/perdiem/)

*BAS/BAH and other Pay issues*

[www.dfas.mil/money/](http://www.dfas.mil/money/)

*PCS Housing*

[www.housing.navy.mil/pcshouse](http://www.housing.navy.mil/pcshouse)

*Fleet Family Support Center*

[www.dmdc.osd.mil/sites](http://www.dmdc.osd.mil/sites)





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# CBC GULFPORT FLEET AND FAMILY SUPPORT CENTER (FFSC)



The FFSC provides an assortment of free service to service members and their families. Located in bldg. 30, CBC Gulfport, the FFSC provides:

- *Information and Referral – Base information, civilian community information, and Welcome Aboard packages.*
- *Transition Assistance Management Program – Spouse employment assistance, relocation assistance, and transition assistance*
- *Short Term Counseling – Individualized, Marital, Family Counseling, referral to appropriate resources, Sexual Assault Victim Intervention (SAVI), and Family Advocacy*
- *Financial Guidance – Individualized financial planning, tax return preparation, and financial workshops*
- *Deployment Support – Good Neighbor Volunteer Program, pre-deployment and pre-homecoming seminars, return and reunion programs*
- *Miscellaneous Programs and Workshops – Current listing available on request*

**Contact Numbers: (228) 871-300 / DSN 312-832-3000 / Toll Free 1-800-342-3525**

Additional information about the Center's services can be found at:

<http://www.npc.navy.mil/commandsupport/spousesupport>

[https://cnic.navy.mil/regions/cnrse/installations/ncbc\\_gulfport/ffr.html](https://cnic.navy.mil/regions/cnrse/installations/ncbc_gulfport/ffr.html)



# HOUSING INFORMATION



## HOUSING

*All personnel are recommended to check into the Navy Housing Welcome Center prior to procuring off-base housing, which provides valuable assistance, whether you desire to rent or buy a home. This service provides a centralized source of information on available housing, schools, hospitals, shopping centers and other support services from the civilian community. Navy Housing Welcome Center will forward you a Welcome Aboard package. There is also a partnership program in place thru the Navy Housing Office, which will greatly benefit Military personnel who choose to rent in the local area. The phone number is (228) 871-2586.*

## HOUSEHOLD GOODS

*Household Goods services information can be provided by contacting the Personal Property Office at 228-871-2204.*

## BAH

*Members with dependents and members E-5 and above are eligible for BAH.*

## BARRACKS

*Single members E1-E4 are eligible to stay in the barracks. The barracks layout in Gulfport is one unit with two rooms and you share a common area with a bathroom and a kitchen. For more information on BEQ please see pg. 20.*





# VEHICLE INFORMATION



## VEHICLE REGISTRATION

*Minimum requirements to operate a motor vehicle onboard the base is as follows:*

- 1. Posses a valid state driver's license supported by an appropriate Military ID card.*
- 2. Posses a certificate of valid state registration.*
- 3. Posses valid proof of insurance with minimum required level of coverage.*

*Any other questions can be answered by calling the Pass and I.D. Office at (228) 871-4271.*

*Their hours of operation are Monday – Friday 0600 – 1600 and Saturday 0700 – 1400.*

## SOME MISSISSIPPI LAWS

*The driver and passengers must wear safety belts. An approved child or infant safety seat must be used. Use of headphones and cell phones are prohibited while operating any motor vehicle on base. The use and/or display of RADAR detectors on base are prohibited. Motorcycle, moped, or scooter operators must show proof of completion of a certified Motorcycle Operator Safety course. All required personal protective equipment must be worn.*

## MOTOR VEHICLE OPERATOR LICENSE AND PLATES

*Military personnel stationed in Mississippi are permitted to operate motor vehicles with a driver's license and license plate issued by their state of legal residence or Mississippi. Personnel who are legal residents of states other than Mississippi may obtain Mississippi license plates without paying the Mississippi personal property tax on their vehicles. Special forms permit a spouse of a deployed member to apply in his or her behalf. Personnel who have applied for homestead exemption must pay the Mississippi automobile personal tax and may not claim the military license tax exemption. DMV telephone number is 228-769-3266*





# VEHICLE INFORMATION CONT'D



- **Military Residents Stationed In State**
  - *Mississippi does not offer any vehicle registration exemptions or waivers for most resident military members residing in the state.*
- **Non-Resident Military in Mississippi**
  - *If you're an out-of-state military member stationed in Mississippi, you do not have to obtain Mississippi license plates. This also applies to your dependents.*
  - *If you decide to register your vehicle in Mississippi, you will be exempt from paying ad valorem taxes. To qualify:*
    - *Follow the same steps described in "New to Mississippi" above.*
    - *Provide an additional "Letter of Domicile" from your military base's legal office..*
- 
- **Vehicle Registration Fees**
  - *Passenger vehicle registration fee: \$14.*
  - *Before you register your vehicle make sure you go to the base legal office and get a tax exempt form which might exempt you from paying some fees.*
- **Mississippi Vehicle Inspections**
  - *Mississippi requires a **safety inspection** only on vehicles that have **tinted windows**. If your car has tinted windows, contact the Department of Public Safety (DPS) to find an inspection station near you:*
    - *(601) 987-1243.*
    - *(601) 987-1252.*
  - *After passing the inspection, you'll be given a certificate of inspection, which must be displayed on lower left-hand corner of your vehicle's windshield.*



# GULF COAST WEATHER



## COASTAL WEATHER

*During severe weather, the National Oceanographic and Atmospheric Association broadcast weather reports from Gulfport and Biloxi through local weather and news stations. The hottest month on the Mississippi coast is July, with an average maximum temperature of 98.7 degrees. The coolest month is February, with an average low of 49.3 degrees. Relative humidity ranges from an average of 52% in May to a maximum of 96% in July.*

***Tropical hurricane season*** occurs along the Gulf Coast during the months of **June through November**, with greatest frequency during August, September, and October. Less serious, but much more frequent, are thunderstorms accompanied by high velocity winds, hail and lightning. About 75% of all hurricanes that have struck the Mississippi Gulf Coast since the turn of century have been Category 3 or higher. Advance preparation on personal and family disaster plans along with a disaster survival kit will minimize the effects of such severe weather conditions.

## DISASTER PREPAREDNESS KIT

***Water, one gallon of water per person per day for at least three days, for drinking and sanitation***

***Food, at least a three-day supply of non-perishable food***

***Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both***

***Flashlight and extra batteries***

***First aid kit***

***Whistle to signal for help***

***Dust mask to help filter contaminated air and plastic sheeting and duct tape***

***Moist towelettes, garbage bags and plastic ties for personal sanitation***

***Wrench or pliers to Turn off utilities***

***Manual can opener for food***

***Local maps***

***Cell phone with chargers, inverter or solar charger***





# BATTALION/BASE SERVICES



## SUPPLY

*You may have some questions regarding uniform and equipment issue when you report aboard. If you haven't received your initial issue of organizational clothing yet, you will receive the following:*

*NWU (TYPE III) Blouse (3 each)*

*NWU (TYPE III) Trousers (3 each)*

*NWU (TYPE III) Belt (1 each)*

*Boots (2 pair)*

*NWU (TYPE III) 8 Point Cover (2 each)*

*Gortex/ Fleece (TYPE III)*

*In addition, you will receive a one-time issue of:*

*Brown T-Shirts (6 each)*

*Black Socks (6 pair)*

*You will be notified via your chain of command when your uniforms are available for pick up in the Supply Office, located in Warehouse 225. In the event your uniform (blouse or trousers) become damaged or soiled beyond cleaning, or your boots are excessively worn or damaged, you may return them to the Supply Office located in Warehouse 225. The damaged items will be exchange on a one for one basis.*

*You will be issued your gas mask. PGI Gear (Alice pack, IMTV (Improved Modular Tactical Vest), Kevlar helmet, ammo pouches, Gear roller bags x2, CBR bag, camelbak, web belt, etc.) and foul weather gear .*



# BATTALION/BASE SERVICES



## POST OFFICE

We provide a full postal service while deployed. While in homeport, there is a full service post office located on base at Bldg. 393 Telephone number (228) 871-2259. Hours of operation: 0700-1500.

## NEX/COMMISSARY

NEX is located at Bldg. 448 and is open Monday – Saturday from 0900-2100 and Sundays from 1100 – 1900.

Commissary is located in Bldg. 32 and is open Tues. and Thurs. 0900 – 1900, Wed., Fri., and Sat. 0900 – 1800. Sundays from 1100 – 1800. Closed Mondays.

## BEQ

As a single Sailor, all new check-ins will be taken to Bldg. 309 for a room assignment. Bldg. 309 has a USO sponsored Single Sailor lounge for all residents to use. It features free Wifi, computers, and games available. Vending machines are located just outside in the main hallway. Residents are allowed internet services in individual rooms (paid by member) information is available in Bldg. 309.

## Liberty Center/MWR

NCBC Gulfport has a Liberty Center/MWR office available for use located near the Navy Exchange. Hours of operation: Monday – Friday 1030 – 1330 and 1430 – 2030 and weekends until 2100.

## Fitness Center

The NCBC Fitness Center has an Olympic weight room, a physical fitness room complete with life-fitness cardio machines and Life Fitness strength training equipment, and two basketball goals. There are steam rooms and saunas in both the men's and women's locker rooms.

Available for your enjoyment are two softball fields. Runners and joggers can utilize the 1/2-mile running track across from the gymnasium. Locate in Bldg. 445.

**Phone:** (228) 871-2668 Front Desk

**Hours:** Mon - Thur 0430 - 2000  
 Fri 0430 - 1900  
 Sat 0900 -1600  
 Sun 0900. -1600



# BATTALION/BASE SERVICES



## Galley

Colmer Dining Facility is a "Five Star" Navy Dining Facility. Located in BLDG. 367. Meal times and cost for 2017 is listed below.

<b>Meal</b>	<b>Mon thru Fri</b>	<b>Cost</b>
Breakfast	0545 – 0745	\$2.60
Lunch	1100 – 1230	\$4.20
Dinner	1630 – 1800	\$3.65
<b>Meal</b>	<b>Sat and Sun</b>	<b>Cost</b>
Brunch	0900 – 1200	\$4.70
Supper	1600 - 1730	\$5.75



*Seabees*



*We build – We fight*