



YOU ARE CORDIALLY INVITED TO ATTEND
NAVY REGION SOUTHWEST
RESERVE COMPONENT COMMAND, SAN DIEGO



2016 RETURNING WARRIOR WORKSHOP (RWW)

WHAT IS RWW AND WHY IS IT NEEDED?

The Returning Warrior Workshop (RWW) is a weekend event available to Sailors who served as Individual Augmentees (IA). Warriors who attend the event are able to bring their spouse, or if unmarried, significant other or close family member. Here, they learn how to overcome the battles they face back home -- the struggles that come from the dramatic transition from combat life to civilian life.

RWW events are held nationwide. The upcoming Southwest Region dates and locations are listed below:

- **San Francisco, CA – NOV 6-8, 2015**
- **San Diego, CA – APR 1-3, 2016**
- **Palm Springs, CA – AUG 12-14, 2016**



Register at: www.yellowribbonevents.org

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For more info visit:
www.yellowribbonevents.org

TOPICS:

- A Warrior Story
- The Pursuit of Balance
- Military Families
- Dealing with Stress
- Combat Operational Stress
- Transformational Growth

BREAKOUT SESSIONS:

- Why I Want To Go Back
- Couples Reconnecting
- Family Communication
- My Money & Investing
- Female Warriors
- Anger Management
- Temperament & Parenting

VALUE OF RESERVE FORCES TO THE FLEET

Warriors (Service Member) who have recently returned from a mobilization or deployment as an Individual Augmentee (IA) are cordially invited to attend a Returning Warrior Workshop (RWW) with one adult guest of their choice. The guest may include a spouse, significant other, or family member. The definition of family member has been expanded to include: girlfriend, boyfriend, parent, brother or sister. No children under 18 will be allowed.

The Warrior will attend the RWW on ADT or DTS travel orders. The event is held at a 3- Star hotel away from military bases and every day distractions. Civilian business casual attire is required. The goal is to give loved ones a chance to reconnect. All lodging and meal expenses are covered at the RWW and include: dinner Friday night, three meals on Saturday, and breakfast and lunch on Sunday.

Warriors are reimbursed for POV travel expenses up to 400 miles from home of record. Exceptions to travel via commercial air with one guest will be granted on a case by case basis for those who do not live within 400 miles of an event.

The RWW focuses on three major goals:

- 1) *Honor returning warriors for their sacrifice, standing in harm's way to protect our country and its citizens. We also honor the Sailor's quest for supporting them and meeting the challenge of keeping the home and family strong in the Sailor's absence.*
- 2) *Facilitate personal and interpersonal growth through the reintegration process.*
- 3) *Educate returning warriors and their guests about the many resources and benefits available to them following deployment.*