U.S. Navy Uniform Regulations
Summary of Changes (July 2018)

This Summary of Changes provides a brief description of changes made to Navy Uniform Regulations (NAVPERS 15665I) since the last update of 6 April 2018. The changes identified in this summary reflect the approved uniform policy changes announced in NAVADMIN XXX/18, and the correction of noted policy discrepancies found within NAVPERS 15665I. For specific details of changes, please refer to the noted chapters, sections and articles below.

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1. Chapter 2, Section 2, Personal Appearance, Grooming Standards, Tattoos, Navy Personnel with Waiverable Pre-Existing Conditions, Article 2201.10.

Deleted:
“10. NAVY PERSONNEL WITH WAIVERABLE PRE-EXISTING CONDITIONS. Tattoos/body art/brands/mutilation/dental ornamentation may be waived if they existed prior to 24 January 2003 and are not prejudicial to good order, discipline, and morale or are of a nature to bring discredit upon the naval service."

Added:
“10. NAVY PERSONNEL WITH WAIVERABLE PRE-EXISTING CONDITIONS. Tattoos/body art/brands/mutilation/dental ornamentation may be waived if they existed prior to 24 January 2003 and are not prejudicial to good order, discipline, and morale or are of a nature to bring discredit upon the naval service. Officer and enlisted accessions who meet eligibility requirements may only be granted a tattoo waiver by Commander, Navy Recruiting Command. Waivers with a description and photo of the tattoo being waived will be documented on DD FORM 1966/4 or Administrative Remarks (NAVPERS 1070/613) and entered into the member’s service record.”

2. Chapter 3, Uniform Components, Section 5, Description & Wear of Uniform Components, Jacket, Black, Article 3501.30.

Deleted:
“Description
Black (All). A black jacket, 55/45% poly/wool with a stand-up knit collar and knit cuffs and bottom. Jacket is single-breasted with a zipper front closer, two inverted slant pockets, and shoulder epaulets.

Correct Wear
Close zipper at least 3/4 of the way. Button collar button back when not in use. May be worn with liner. For insignia, officers see article 4103, CPOs see article 4213 and E6 and below see article 4227. Patches and name tags are not authorized for wear on jackets.

Ownership Markings
Inside of the hem at the right on the center line on the back.”

Added:
“Description

A black single-breasted jacket with a zipper front closure, two inverted slant pockets, and shoulder epaulets jacket made of 55/45% poly/wool. Its design also includes a stand-up knit collar, knit cuffs and bottom. The Black Relax Fit Jacket is a UNISEX sizing component authorized for wear by male and female Sailors.

Correct Wear

Close zipper at least 3/4 of the way. Button collar button back when not in use. May be worn with inner liner. Rank insignia is worn ¼ of an inch from the end of the left and right epaulet. For specific placement of officer insignia refer to article 4103, CPOs refer to article 4213 and E6 and below refer to article 4227. Patches and name tags are not authorized for wear.

Ownership Markings

Inside of the hem at the right on the center line on the back.”

3. Chapter 5, Section 1, Eligibility and Description of Authorized Identification Badges, Eligibility and Description of Authorized Identification Badges, Joint/Unified Command Identification Badges, Article 5101.3k(2).

Deleted:

Added:

4. Chapter 5, Identification Badges/Awards/Insignia/, Section 1, Identification Badges, Article 5101.3.h.(3).b.

Deleted.

“(b) Women

- Centered 1/4 inch above the left coat or shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>. On the NWU's, center the identification badge on the left pocket flap.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt centered 1/4 inch above the name tag.”

Added.

“(b) Women

- Center 1/4 inch above the left coat/shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>. On the NWU's, center the identification badge on the left pocket flap.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt and centered 1/4 inch above the name tag, ¼ inch above the pocket if no name tag and adjacent to the lower row of ribbons if no name tag and no pocket.”

5. Chapter 5, Identification Badges/Awards/Insignia/, Section 1, Identification Badges, Presidential Service Badge, Article 5101.3. a (3(b)).

Deleted.

“Women

- Centered 1/4 inch above the left coat or shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt centered 1/4 inch above the name tag.”
**Added.**

“Women

- Center 1/4 inch above the left coat/shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt and centered 1/4 inch above the name tag, ¼ inch above the pocket if no name tag and adjacent to the lower row of ribbons if no name tag and no pocket.”

6. **Chapter 5, Identification Badges/Awards/Insignia/, Section 1, Identification Badges, Vice Presidential Service Badge, Article 5101.3. b (3(b)).**

**Deleted.**

“Women

- Centered 1/4 inch above the left coat or shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt centered 1/4 inch above the name tag.”

**Added.**

“Women

- Center 1/4 inch above the left coat/shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt and centered 1/4 inch above the name tag, ¼ inch above the pocket if no name tag and adjacent to the lower row of ribbons if no name tag and no pocket.”

7. **Chapter 5, Identification Badges/Awards/Insignia/, Section 1, Identification Badges, Office of Secretary of Defense Badge, Article 5101.3. c (3(b)).**

**Deleted.**

“(b) Women

- Wear the designated size badge. (See para.(d) in this section.)

- Centered 1/4 inch above the left coat or shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt centered 1/4 inch above the name tag.”

**Added.**

“(b) Women

- Wear the designated size badge. (See para.(d) in this section.)
- Center 1/4 inch above the left coat/shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt and centered 1/4 inch above the name tag, ¼ inch above the pocket if no name tag and adjacent to the lower row of ribbons if no name tag and no pocket."

8. Chapter 5, Identification Badges/Awards/Insignia/, Section 1, Identification Badges, Joint Chiefs of Staff Badge, Article 5101.3. d (3(b)).

Deleted.
“(b) Women

- Wear the designated size badge. (See para.(d) in this section.)

- Centered 1/4 inch above the left coat or shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt centered 1/4 inch above the name tag.”

Added.
“(b) Women

- Wear the designated size badge. (See para.(d) in this section.)

- Center 1/4 inch above the left coat/shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt and centered 1/4 inch above the name tag, ¼ inch above the pocket if no name tag and adjacent to the lower row of ribbons if no name tag and no pocket.”

9. Chapter 5, Identification Badges/Awards/Insignia/, Section 1, Identification Badges, Recruiting Command Badge, Article 5101.3. f (3(b)).

Deleted.
“(b) Women

- Centered 1/4 inch above the left coat or shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>. On the NWU's, center the identification badge on the left pocket flap.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt centered 1/4 inch above the name tag.”

Added.
“(b) Women
- Center 1/4 inch above the left coat/shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>. On the NWU's, center the identification badge on the left pocket flap.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt and centered 1/4 inch above the name tag, ¼ inch above the pocket if no name tag and adjacent to the lower row of ribbons if no name tag and no pocket.”

10. Chapter 5, Identification Badges/Awards/Insignia/, Section 1, Identification Badges, Career Counselor Command Badge, Article 5101.3. g (3(b)).

Deleted.

“(b) **Women**

- Centered 1/4 inch above the left coat or shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>. On the NWU's, center the identification badge on the left pocket flap.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt centered 1/4 inch above the name tag.”

Added.

“(b) **Women**

- Center 1/4 inch above the left coat/shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>. On the NWU's, center the identification badge on the left pocket flap.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt centered 1/4 inch above the name tag.”

11. Chapter 5, Identification Badges/Awards/Insignia/, Section 1, Identification Badges, Merchant Marine Service Emblem Badge, Article 5101.3. i (3(b)).

Deleted.

“(b) **Women**

- Centered 1/4 inch above the left coat or shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt centered 1/4 inch above the name tag.”

Added.

“(b) **Women**

- Center 1/4 inch above the left coat/shirt pocket or 1/4 inch above authorized ribbons/large medals/breast insignia <Figure 5-2-1>.

- Identification badges may optionally be worn on the corresponding right side of the coat or shirt and centered 1/4 inch above the name tag, ¼ inch above the pocket if no name tag and adjacent to the lower row of ribbons if no name tag and no pocket.”
12. Chapter 5, Identification Badges/Awards/Insignia/, Section 2, Warfare and other Qualification Insignia, Article 5201.2 (15 to 22).

Deleted.
“(15) Naval Reserve Merchant Marine

(16) Information Warfare
  Information Warfare Officer
  Enlisted Information Warfare Specialist

(17) Nuclear Weapons Security Insignia

(18) Navy Expeditionary Supply Corps Officer Insignia

(19) Enlisted Expeditionary Warfare (EXW) Specialist

(20) Strategic Sealift Officer Warfare (SSOW) Insignia

(21) Marine Corps Combatant Diver (MCD) Insignia

(22) Engineering Duty Officer (EDO) Insignia”

Added.

(15) Information Warfare
  Information Warfare Officer
  Enlisted Information Warfare Specialist

(16) Nuclear Weapons Security Insignia

(17) Navy Expeditionary Supply Corps Officer Insignia

(18) Enlisted Expeditionary Warfare (EXW) Specialist

(19) Strategic Sealift Officer Warfare (SSOW) Insignia

(20) Marine Corps Combatant Diver (MCD) Insignia

(21) Engineering Duty Officer (EDO) Insignia

12. Chapter 5, Identification Badges/Awards/Insignia/, Section 2, Description of Breast Insignia, Article 5201.3 (ww).

Deleted.
Naval Reserve Merchant Marine Insignia. Created in 1938 is based on the original eagle carved into the stern of the USS CONSTITUTION. A gold embroidered or metal spread eagle surcharged with crossed anchors behind a shield in the center. The letters "USNR" appear on the scroll at the bottom.

(1) The insignia may be worn by:
(a) An officer holding a valid U.S. Merchant Marine Officer License for vessels of unlimited ocean tonnage or horsepower.
(b) U.S. Merchant Marine officers who are also U.S. Naval Reserve officers while wearing a U.S. Merchant Marine or U.S. Maritime Service uniform.
(c) Merchant Marine Reserve, USNR Midshipmen.

Added:

ww. Navy Expeditionary Supply Corps Officer Insignia (NESCO). A gold embroidered or metal pin with a Supply Corps oak leaf centered, superimposed on a crossed sword and M16A1 rifle, on background of ocean swells.

xx. Information Warfare Officer Insignia. A gold embroidered or gold metal pin showing a background of ocean waves, a crossed Naval Officer's sword and lightning bolt, a fouled anchor, and a globe.

yy. Enlisted Information Warfare Specialist Insignia. A silver embroidered or silver metal pin showing a background of ocean waves, a crossed Naval Enlisted cutlass and lightning bolt, a fouled anchor, and a globe.

zz. Enlisted Expeditionary Warfare (EXW) Specialist Insignia. A silver embroidered or silver metal pin showing the bow and superstructure of a patrol boat superimposed over a crossed M-16 rifle and enlisted cutlass, on a background of ocean swells.

aaa. Strategic Sealift Officer Warfare (SSOW) Insignia. A gold embroidered or gold metal pin reflecting the background of an eagle from the USS Constitution's stern, crossed Naval Officer swords and a U.S. shield with a fouled anchor from the U.S. Merchant Marine flag.

bbb. Marine Corps Combatant Diver (MCD) Insignia. A gold embroidered or gold metal pin consisting of a wet suit headgear and low profile facemask with chest mounted breathing apparatus.
ccc. **Nuclear Weapons Security (NWS) Insignia.** A silver metal or embroidered shield showing a trident surrounded by an atom symbol. At the bottom of the shield, there is a scroll with five small openings. Gold or silver stars are mounted on the scroll of the metal version to indicate each additional year of creditable service in NWS mission.

ddd. **Explosive Ordnance Disposal Officer Insignia.** A gold plated metal pin with mirror-like finish and polished highlights. Same design as Master Explosive Ordnance Disposal Insignia.

eee. **Special Warfare Combatant-Craft Crewman (SWCC) Basic Insignia.** A 2 1/2 by 1 1/4 inch silver matte metal pin showing a background of a cocked flintlock pistol, a crossed naval enlisted cutlass, and a MK V Special Operations Craft atop a bow wave.

fff. **Special Warfare Combatant-Craft Crewman (SWCC) Senior Insignia.** A 2 1/2 by 1 3/8 inch silver matte metal pin showing a background of an anchor, cocked flintlock pistol, a crossed naval enlisted cutlass and a MK V Special Operations Craft atop a bow wave.

ggg. **Special Warfare Combatant-Craft Crewman (SWCC) Master Insignia.** A 2 1/2 by 1 3/8 inch silver matte metal pin showing a background of an anchor with a banner and three gold stars, cocked flintlock pistol, a crossed naval enlisted cutlass and a MK V Special Operations Craft atop a bow wave.

hhh. **Engineering Duty Officer (EDO) Insignia**

A gold metal pin with two oak leaf branches facing a silver circle centered on a gold fouled anchor inscribed with a silver three bladed propeller, on gold background overlaid on crossed U.S. Navy officer swords, rendered in gold. The tips of the propeller blades trisect the circle and the south facing blade is vertical.
13. Chapter 2, Grooming Standards, Section 2, Personal Appearance, Hair, Acceptable Hairstyle, Article 2201.1.b(1)

Deleted.

“(1) Acceptable Hairstyle Criteria. Hairstyles and haircuts shall present a professional and balanced appearance. Appropriateness of a hairstyle shall be evaluated by its appearance when headgear is worn. All headgear shall fit snugly and comfortably around the largest part of the head without distortion or excessive gaps. Hairstyles will not interfere with the proper wearing of headgear, protective masks or equipment. When headgear is worn, hair shall not show from under the front of the headgear. Hair is not to protrude from the opening in the back of the ball cap, except when wearing a bun hairstyle. All buns shall be positioned on the back of the head to ensure the proper wearing of all headgear.

Lopsided and extremely asymmetrical hairstyles are not authorized. Angled hairstyles will have no more than a 1-1/2 inch difference between the front and the back length of hair. Layered hairstyles are authorized provided layers present a smooth and graduated appearance.

Hair length, when in uniform, may touch, but not fall below a horizontal line level with the lower edge of the back of the collar. With jumper uniforms, hair may extend a maximum of 1-1/2 inches below the top of the jumper collar. Long hair, including braids, shall be neatly fastened, pinned, or secured to the head. When bangs are worn, they shall not extend below the eyebrows. Hair length shall be sufficient to prevent the scalp from being readily visible (with the exception of documented medical conditions).

Hair bulk (minus the bun) as measured from the scalp will not exceed 2 inches. <Figure 2-2-2> refers. The bulk of the bun shall not exceed 3 inches when measured from the scalp and the diameter of the bun will not exceed 4 inches. Loose ends must be tucked in and secured.

Hair, wigs, or hair extensions/pieces must be of a natural hair color (i.e. blonde, brunette, brown, red, gray, or black). Hair extensions/pieces must match the current color of hair. Wigs, hairpieces and extensions shall be of such quality and fit so as to present a natural appearance and conform to the grooming guidelines listed herein. Tints and highlights shall result in natural hair colors and be similar to the current base color of the hair.”

Added:

“(1) Acceptable Hairstyle Criteria. Hairstyles and haircuts shall present a professional and balanced appearance. Appropriateness of a hairstyle shall be evaluated by its appearance when headgear is worn. All headgear shall fit snugly and comfortably around the largest part of the head without distortion or excessive gaps. Hairstyles will not interfere with the proper wearing of headgear, protective masks or equipment. When headgear is worn, hair shall not show from under the front of the headgear. Hair is not to protrude from the opening in the back of the ball cap, except when wearing a bun hairstyle. All buns shall be positioned on the back of the head to ensure the proper wearing of all headgear.
Lopsided and extremely asymmetrical hairstyles are not authorized. Angled hairstyles will have no more than a 1-1/2 inch difference between the front and the back length of hair. Layered hairstyles are authorized provided layers present a smooth and graduated appearance.

Hair length, when in uniform, may touch, but not fall below a horizontal line level with the lower edge of the back of the collar. With jumper uniforms, hair may extend a maximum of 1-1/2 inches below the top of the jumper collar. Long hair, including braids, shall be neatly fastened, pinned, or secured to the head. When bangs are worn, they shall not extend below the eyebrows. Hair length shall be sufficient to prevent the scalp from being readily visible (with the exception of documented medical conditions).

Hair bulk (minus the bun) as measured from the scalp will not exceed 2 inches. <Figure 2-2-2> refers. The bulk of the bun shall not exceed 3 inches when measured from the scalp and the diameter of the bun will not exceed or extend beyond the width of the back of the head. Loose ends must be tucked in and secured.

Hair, wigs, or hair extensions/pieces must be of a natural hair color (i.e. blonde, brunette, brown, red, gray, or black). Hair extensions/pieces must match the current color of hair. Wigs, hairpieces and extensions shall be of such quality and fit so as to present a natural appearance and conform to the grooming guidelines listed herein. Tints and highlights shall result in natural hair colors and be similar to the current base color of the hair.”

14. Chapter 2, Grooming Standards, Section 2, Personal Appearance, Hair, Acceptable Hairstyle, Article 2201.1.b(2).

Deleted.

“(2) Hairstyles. Hairstyles shall not detract from a professional appearance in uniform. Styles with shaved portions of the scalp (other than the neckline), those with designs cut, braided, or parted into the hair, as well as dyed using unnatural colors are not authorized. The unique quality and texture of curled, waved and straight hair are recognized. All hairstyles must minimize scalp exposure. While this list shall not be considered all inclusive, the following hairstyles are authorized.

a. Three strand braids and two strand braids (also referred to as twists) are authorized. Braided hairstyles shall be conservative and conform to the guidelines listed herein.

b. Multiple braids. Multiple braids consist of more than 2 braids and encompass the whole head. When a hairstyle of multiple braids is worn, each braid shall be of uniform dimension, small in diameter (no more than 1/4 inch), and tightly interwoven to present a neat, professional, well-groomed appearance. Foreign material (e.g., beads, decorative items) shall not be braided into the hair. Multiple braids may be worn loose, or may be pulled straight back into a bun, within the guidelines herein.

c. Two individual braids. One braid worn on each side of the head, uniform in dimension and no more than one inch in diameter. Each braid extends from the front to back of the head near the lower portion of the hair line (i.e., braids are closer to the top of the ear than the top of the head to prevent interference with wearing of
headgear). A single French braid may be worn starting near the top of the head and be braided to the end of the hair. The end of the braid must be secured to the head and braid placement shall be down the middle of the back of the head.

d. Corn rows. Must be in symmetrical fore and aft rows, and must be close to the head, leaving no hair unbraided. They must be no larger than 1/4 inch in diameter and show no more than approximately 1/8 inch of scalp between rows. Corn row ends shall not protrude from the head. Rows must end at the nape of the neck and shall be secured with rubber bands that match the color of the hair. Corn rows may end in a bun conforming to the guidelines listed herein, if hair length permits.

e. Rolls. Two individual rolls, one on each side of the head, must be near the lower portion of the hair line (i.e., rolls are closer to the top of the ear than the top of the head and will not interfere with wearing of headgear). Rolls must be of uniform dimension and no more than one inch in diameter.

(3) Hair Accessories. When hair accessories are worn, they must be consistent with the hair color. A maximum of two small barrettes, similar to hair color, may be used to secure the hair to the head. Bun accessories (used to form the bun), are authorized if completely concealed. Additional hairpins, bobby pins, small rubber bands, or small thin fabric elastic bands may be used to hold hair in place, if necessary. The intent is for pinned-up hair to be styled in a manner that prevents loose ends from extending upward or outward from the head. For example, when using barrettes or hairpins, hair will not extend loosely from the head; when hair is in a bun, all loose ends must be tucked in and secured. Hair accessories shall not present a safety or foreign object damage (FOD) hazard. Hair nets shall not be worn unless authorized for a specific type of duty. Headbands, scrunchies, combs, claws and butterfly clips, are examples of accessories that are not authorized; this list is not to be considered all inclusive.

(4) Unauthorized Hairstyles. While this list shall not be considered all inclusive, the following hairstyles are not authorized: ponytails, pigtails; braids that are widely spaced and/or protrude from the head, and locks. Locks, also called dreads, are fused or coiled strands of hair that cannot easily be combed out.

(5) Grooming Standards Exception. During group Command/Unit physical training, Commanding Officers are authorized to standardize unit policy for the relaxation of female hair grooming standards with regard to having hair secured to head (e.g., ponytails). Hair restraining devices, if worn, will be consistent with the current hair color.”

Added:

“(2) Hairstyles. Hairstyles shall not detract from a professional appearance in uniform. Styles with shaved portions of the scalp (other than the neckline), those with designs cut, braided, or parted into the hair, as well as dyed using unnatural colors are not authorized. The unique quality and texture of curled, waved and straight hair are recognized. All hairstyles must minimize scalp exposure. While this list shall not be considered all inclusive, the following hairstyles are authorized.

a. Three strand braids and two strand braids (also referred to as twists) are authorized. Braided hairstyles shall be conservative and conform to the guidelines listed herein.
b. Multiple braids. Multiple braids consist of more than 2 braids and encompass the whole head. When a hairstyle of multiple braids is worn, each braid shall be of uniform dimension, small in diameter (no more than 1/4 inch), and tightly interwoven to present a neat, professional, well-groomed appearance. Foreign material (e.g., beads, decorative items) shall not be braided into the hair. Multiple braids may be worn loose, or may be pulled straight back into a bun, within the guidelines herein.

c. Two individual braids. One braid worn on each side of the head, uniform in dimension and no more than one inch in diameter. Each braid extends from the front to back of the head near the lower portion of the hair line (i.e., braids are closer to the top of the ear than the top of the head to prevent interference with wearing of headgear).

d. Corn rows. Must be in symmetrical fore and aft rows, and must be close to the head, leaving no hair unbraided. They must be no larger than 1/4 inch in diameter and show no more than approximately 1/8 inch of scalp between rows. Corn row ends shall not protrude from the head. Rows must end at the nape of the neck and shall be secured with rubber bands that match the color of the hair. Corn rows may end in a bun conforming to the guidelines listed herein, if hair length permits.

e. Rolls. Two individual rolls, one on each side of the head, must be near the lower portion of the hair line (i.e., rolls are closer to the top of the ear than the top of the head and will not interfere with wearing of headgear). Rolls must be of uniform dimension and no more than one inch in diameter.

f. Locks. The Lock hairstyle (Locks) for the purpose of Navy Uniform Regulations grooming standards consists of one section of hair that twists from or near the root to the end of the hair and creates a uniform ringlet or cord-like appearance. Locks may be worn in short, medium, and long hair lengths in the following manner:

(1) Locks must continue from the root to the end of the hair in one direction (no zig-zagging, curving, or ending before the end of the lock to dangle as a wisp or loose hair) and should encompass the whole head. Locks partings must be square or rectangle in shape in order to maintain a neat and professional appearance.

(2) Locks can be loose (free-hanging where no hair is added to the lock once it is started other than hair extensions that are attached at the end of the natural hair). When worn loose, locks will be spaced no more than three-eighths of an inch apart, diameter/width will not exceed three-eighths of an inch, and locks will be tightly interlaced to present a neat and professional military appearance. Locks may also be worn in a bun provided all hair grooming requirements are met. Locks may not be worn in combination with other hair styles (e.g. twists, braids).

(3) New growth (defined as hair that naturally grows from the scalp and has not yet been locked) will not exceed one-half inch at any time.

(4) Locks that do not meet the above standards and do not present a neat and professional military appearance will not be worn in uniform. Commanding Officers have the ultimate responsibility for determining when hairstyles are eccentric, faddish, or out of standards.

g. Ponytails. The wear of a single braid, French braid, or a single ponytail in Service, Working, and PT uniforms is authorized. The initial accessory for the ponytail will not be visible when facing forward. Authorized accessory devices must be consistent
with the color of the hair. The end of the braid or ponytail may extend up to three inches below the lower edge of the collar of the shirt, jacket or coat. In spaces or environments where there are operational hazards such as rotating gear, etc., the hair may not be worn below the bottom of the collar.

(3) Hair Accessories. When hair accessories are worn, they must be consistent with the hair color. A maximum of two small barrettes, similar to hair color, may be used to secure the hair to the head. Bun accessories (used to form the bun), are authorized if completely concealed. Additional hairpins, bobby pins, small rubber bands, or small thin fabric elastic bands may be used to hold hair in place, if necessary. The intent is for pinned-up hair to be styled in a manner that prevents loose ends from extending upward or outward from the head. For example, when using barrettes or hairpins, hair will not extend loosely from the head; when hair is in a bun, all loose ends must be tucked in and secured. Hair accessories shall not present a safety or foreign object damage (FOD) hazard. Hair nets shall not be worn unless authorized for a specific type of duty. Headbands, scrunchies, combs, claws and butterfly clips, are examples of accessories that are not authorized; this list is not to be considered all inclusive.

(4) Unauthorized Hairstyles. While this list shall not be considered all inclusive, the following hairstyles are not authorized: Pigtailed; braids that are widely spaced and/or protrude from the head. and locks.

(5) Grooming Standards Exception.

a. During group Command/Unit physical training, Commanding Officers are authorized to standardize unit policy for the relaxation of female hair grooming standards with regard to having hair secured to head (e.g., ponytails). Hair restraining devices, if worn, will be consistent with the current hair color.

b. Relaxed Hair Requirement with Dinner Dress Uniforms. Female Sailors are authorized to wear their hair below the lower edge of the collar of the blouse, jacket, or coat of the Dinner Dress Uniform being worn. All other Navy grooming requirements will remain in effect per the guidance promulgated by this instruction.”