

SECURITY CLEARANCES AND SEEKING HELP



WHAT IS SF-86 QUESTION 21?

Standard Form 86 [SF86] "Questionnaire for National Security Positions"
Question 21 asks about seeking professional help for psychological health.

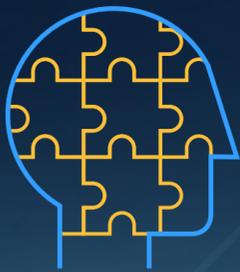
WHAT DOES IT MEAN FOR YOU?

One of the many reasons service members choose not to seek help for psychological health concerns is fear that doing so will jeopardize their clearance eligibility and careers.



KNOW THE FACTS:

Having a psychological health condition or seeking professional help **will not** automatically disqualify you for a security clearance.



Answer honestly! Seeking help demonstrates good decision-making, dependability, reliability and trustworthiness - characteristics that are needed for clearance eligibility.



WHAT DOES NOT NEED TO BE REPORTED?

✘ Counseling related to adjustments from service in a military combat environment

✘ Marital or family concerns [not related to violence by the service member]

✘ Grief counseling

✘ Counseling related to being a victim of sexual assault



#BeThere for Every Sailor, Every Day.

SEEKING HELP IS A SIGN OF STRENGTH.



Navy Suicide Prevention Branch
suicide.navy.mil



Veterans Crisis Line
veteranscrisisline.net
1-800-273-8255 PRESS 6



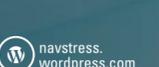
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