

SECURITY CLEARANCES AND SEEKING HELP



WHAT IS SF-86 QUESTION 21?

Standard Form 86 [SF86] "Questionnaire for National Security Positions" Question 21 asks about seeking professional help for psychological health.

WHAT DOES IT MEAN FOR YOU?

One of the many reasons service members choose not to seek help for psychological health concerns is fear that doing so will jeopardize their clearance eligibility and careers.



KNOW THE FACTS:

Less than 1% of security clearance denials and revocations involve psychological health concerns.



Seeking help to promote personal wellness and recovery may positively impact security clearance eligibility.



WHAT DOES NOT NEED TO BE REPORTED?

- ✘
 Counseling related to adjustments from service in a military combat environment
- ✘
 Marital or family concerns [not related to violence by the service member]
- ✘
 Grief counseling
- ✘
 Counseling related to being a victim of sexual assault



#BeThere for Every Sailor, Every Day.

SEEKING HELP IS A SIGN OF STRENGTH.



Navy Suicide Prevention Branch
suicide.navy.mil



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1-800-273-8255 PRESS 1
veteranscrisisline.net
800-273-8255



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