

Lactation Room Requirements Checklist

Must Haves (by instruction):

- Separate room (not a restroom)
- Ready access to running water (hot and cold – in room OR nearby)
- Locking mechanism for door, with key or passcode available to approved users
- Lactation Room POC information posted outside room
- Electrical outlets
- Table or countertop
- Chairs

Should Haves (highly recommended):

- Clean refrigerator with freezer compartment and no food contents
- Soap and/or hand sanitizer and dispenser
- Sanitizing wipes and/or sprays
- Paper towels
- Trashcan

Nice to Haves:

- Hospital grade breast pumps
- Controls for temperature and lighting
- Power strips
- Cubed shelving
- Metal hooks
- Clock
- Mirror
- Fan
- Sign-in sheet with pen
- Bulletin board with tacks, or dry erase board with markers and magnets
- Magazines and/or books

Have Questions? Email ALTN_PregnancyandParenthood@Navy.mil

