

SHIFT COLORS

The
Newsletter
for Navy
Retirees

Volume 54 Issue #1

Navy Personnel Command

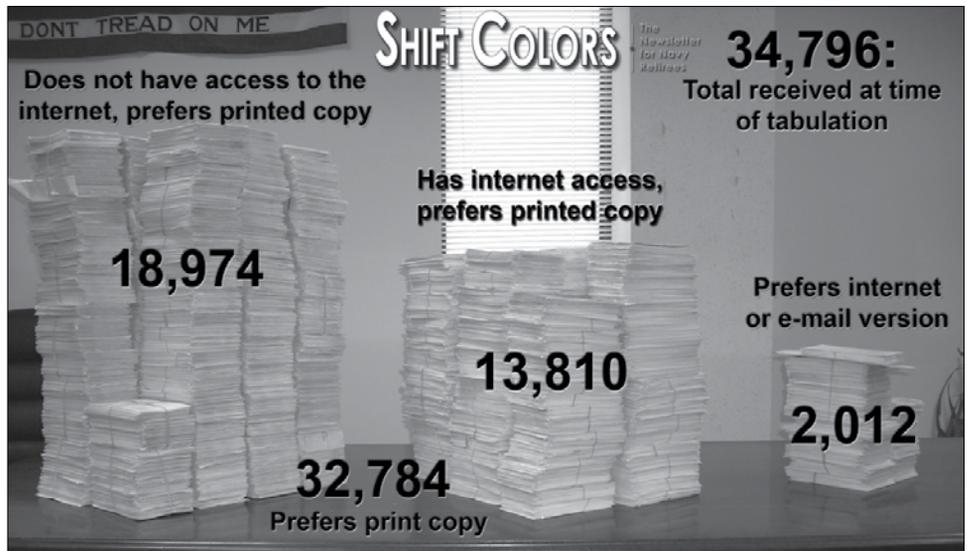
Spring 2009

Readers point out preferences in 2008 poll

By Shift Colors staff

As poll cards flooded the Shift Colors office, it was apparent that the questions being asked were important to the readership. This survey is a repeat of one conducted in 2003 and is an effort by the Navy Personnel Command leadership to understand the needs and desires of the Shift Colors audience.

After waiting months for as many polls to come in as possible, weeks were spent tabulating the data. Though five years separate polls, the end results are similar. More than 87 percent of respondents desire printed copy – this mirrors the original findings. Also, nearly 55 percent of respondents don't have access to electronic copies. The audience for Shift Colors is more than 650,000 retirees in



nearly 50 countries.

The staff and leadership of Shift Colors appreciates all those who took the time to respond to the poll. The reader feed-

back will help leaders make decisions about the future of Shift Colors.

The following are the poll results:

See POLL Page 11

VA expands healthcare eligibility

Courtesy Department of Veterans Affairs

The Department of Veterans Affairs (VA) announced today plans to re-open enrollment in its health care system by July 2009 to about 265,000 veterans whose incomes exceed current limits.

The change affects veterans whose incomes exceed the current VA and geographic income thresholds by 10 percent or less. Congress provided funds in VA's fiscal year 2009 budget to support the new enrollment.

In 1996, Congress established a priority-based enrollment system for VA and a uniform package of medical benefits for all enrollees. The legislation opened enrollment in VA's health care system to all eligible veterans and required that each year the Secretary of Veterans Affairs assess veterans' demand for services and determine if the necessary resources are available to provide timely,

See HEALTHCARE Page 11

First woman inducted into Conn. Veterans Hall of Fame

Compiled by Shift Colors staff

Connecticut Governor M. Jodi Rell approved 10 new veterans for induction into the Connecticut Veterans Hall of Fame Class of 2008. Rell, joined by leaders of the state's veterans' community, inducted the Class of 2008 in a public ceremony Dec. 9, last year, in the Legislative Office Building atrium in Hartford.

This year's class includes the Hall's first woman inductee – retired Cmdr. Barbara E. Miller of Gales Ferry. Miller served a 20-year active duty career as a Navy nurse with service during the Vietnam War.

"To be inducted as the first woman is a very great honor," said Miller, 74. "But as I maintain, it was a great honor for me to serve my country and I feel very blessed to have been

See HALL OF FAME Page 12

Inside this issue:

- 3 CNP Message
- 4 Paid-up SBP now active for eligible retirees
- 5 Survivor Benefit Plan coverage, remarriage options
- 6 New law authorizes Veterans' salutes during National Anthem
- 7 Extra Social Security benefits for some military
- 8 DIC offset annuitants see pay increase
- 9 Medicare-eligible TRICARE beneficiaries can 'go digital'
- 10 TRICARE for Life: Top 10 'need-to-knows'
- 12 Navy plans 2009 Navy Weeks nationwide
- 14 Reunions
- 18. Retired Activity Office listings
- 19 Contact Information

Shift Colors

VADM Mark E. Ferguson III
Chief of Naval Personnel
RADM Donald P. Quinn
Deputy Chief of Naval Personnel,
Commander, NPC
CDR Alvin A. Plexico Jr.
NPC Public Affairs Officer
Pam Warnken
Communications Manager
Wm. Cullen James
Editor

Shift Colors, the newsletter for Navy Retirees (NAVPERS 15886), is published in accordance with Department of the Navy Publication and Printing Regulations. The Secretary of the Navy has determined that this publication is necessary in the transaction of business required by law of the Department of the Navy.

Send correspondence to:
Navy Personnel Command
Shift Colors
5720 Integrity Drive
Millington, TN 38055
E-mail: MILL_ShiftColors@navy.mil
Phone: (866) 827-5672



Courtesy photo

San Diego Retired Activities Office ...

Back left to right: RAO Director Sgt. Maj. Annanias Rose, U.S. Marine Corps retired, Cmdr. Edward Brown, U.S. Navy retired, Master Sgt. Jesse L. Jones, U.S. Marine Corps retired, Cmdr. Harold A. Moody Jr., U.S. Navy retired, Lt. Cmdr. Jerry W. McNutt, U.S. Navy retired, Capt. Jerry M.S. Ginner, U.S. Navy retired.

Front left to right: Senior Chief Aviation Machinist Mate Albert A. Almazan U.S. Navy retired, Cmdr/ Joseph A. Corsi, U.S. Navy retired, Capt. Robert E. Sheridan, U.S. Navy retired, Capt. William H. Rogers, U.S. Army retired, Capt. William D. McClure, U.S. Navy retired

Editor's note:

This issue of *Shift Colors* may not be reaching you in print form. We received your polls. We know you prefer to receive printed copies of *Shift Colors*, but the economic and budgetary issues that have affected lives across the nation are affecting us as well.

While there are no funds to print *Shift Colors* at this time, we are still producing issues online. We know that this isn't the preferred method and some of our readers don't have internet access.

Please know that we're exploring options to print *Shift Colors* in the future. Our goal is to return *Shift Colors* to your mailbox, but until then, we'll continue providing information as best we can with limited funding.



From the Chief of Naval Personnel

Shipmates,

It's a pleasure to welcome you to another issue of *Shift Colors*. Since our last issue, there have been some significant changes that may affect many of you. We have some good news about some great changes to benefits and policies that might put some more money in your pockets or a smile on your face.

One of the biggest changes is the implementation of the new Survivor Benefit Plan (SBP) paid-up provision. On Oct. 1, 2008, retirees who reached 70 years of age and have paid SBP premiums for at least 360 months, will now have their monthly premiums suspended. This welcome change awaits all retirees who reach these milestones. Look at your Retiree Account Statements for a tally showing the number of months you've paid into SBP – a quick and easy way of keeping track. Read more about this change on Page 4.

While the SBP change is one that can affect your pocketbook, a recent change to federal law allows veterans and active-duty military not in uniform to render the hand salute during the playing of the National Anthem. This closes a policy gap that used to authorize the salute only during the raising, lowering or passing of the flag. It's further recognition of your service and the salute as a distinctive way of marking your service. Refer to Page 6 to find out more.

Something that hasn't changed is your preference in how you receive your copy of *Shift Colors*. As you can see in the cover story, we tabulated the responses to our readership poll and more than 87 percent of respondents desired printed copy. While this result is similar to our previous poll, this poll also incorporated age range demographics which added an interesting dimension to our responses. The youngest respondent tabulated recorded their age as 30. Our oldest respondent was 99. That's a lot of generations, a lot of different viewpoints and a whole lot of Navy pride out there. Keeping these statistics in mind, we're continually working to deliver the best product in the best format to you.

Thank you all for your service to our Navy and the nation. I hope you find this issue of *Shift Colors* packed with useful information and one way for us to show our gratitude to all of you.



All the best,

Mark E. Ferguson III
Vice Admiral, USN

ID card Web site woes

Several readers contacted *Shift Colors* about their inability to log on to the CAC scheduling system Web site that was mentioned in the story, "ID card schedule system can reduce wait times," on Page 6 of the Summer 2008 issue.

Their may be some technical issues getting to the site, but rest assured, you can access this page from a home computer.

- First, point your browser to <https://es.cac.navy.mil>. Ensure you use "https" vice "http" as this could cause problems bringing up the site.

- Second, different browsers have different issues. If you are using Internet Explorer version 6 or later, you might get a warning window when attempting to visit this site. You should be able to just click "Yes" to get to the site or you can click "View Certificate" to permanently accept the site. If you still can't access the site, try adjusting your security settings in the browser.
- In Firefox, you might get a "Page Load Error" that says that "es.cac.

navy.mil" uses and invalid security certificate. If you look at the bottom of that warning box, you'll see a link that says, "Or you can add an exception" Click the link, click "Add Exception." In the window that pops up, click "Get Certificate" and then click OK. You should now be able to access the site.

You can also visit The RAPIDS Site Locator Web site at <http://www.dmdc.osd.mil/rsl/owa/home> to find the CAC issuing facility nearest you.

Paid-up SBP now active for eligible retirees

By Navy Retired Activities Branch

The paid-up provision of the Survivor Benefit Plan (SBP) became effective Oct. 1, 2008. All retirees who are at least 70 years old and have paid SBP premiums for at least 360 months are now eligible to have their monthly premiums suspended. These individuals will have their premiums terminated when they meet both the age and 360-month premium payment requirement. No action is required by the member.

A "premium counter" is now included on all Retiree Account Statements (RAS). The counter represents the total number of months of paid premiums a retiree has earned. The counter will help retirees monitor their eligibility status. A RAS is not issued monthly, rather whenever a pay change occurs.

Defense Finance and Accounting Service (DFAS) is working to ensure that everyone receives proper credit for all premiums paid. Retirees will be given the opportunity to dispute the premium counter if they feel it is inaccurate. Contact DFAS at 1-800-321-1080 and refer to frequently asked question #14 for more information.

Frequently asked questions

1. What is Paid-up SBP?

Paid-up SBP refers to a provision of the Survivor Benefit Plan (SBP) law which took effect in October 2008. This change in the law applies to qualified members who will no longer be required to pay SBP premiums once they satisfy certain age and premium payment requirements.

2. Who is eligible to have their SBP premiums stopped?

Any retiree who is 70 or older and has been paying SBP premiums for at least 360 months.

3. Are retirees with Reserve Component SBP (RC-SBP) coverage eligible?

Yes. However, credit for paid-up SBP applies only to months that retired pay

is reduced. No premiums are deducted until the RC member is eligible to receive retired pay (usually age 60). The 360-month requirement must be met.

4. Can a retiree who was recalled to active duty for more than 30 days count months while serving on active duty toward the 360-month requirement?

No. Retirees who are recalled to active duty for a period of more than 30 days receive free SBP coverage.

5. Is a retiree who has paid SBP premiums for 360 months or more but has not reached age 70 eligible to have premiums terminated?

No. In order to qualify for the termination of SBP premiums, a retiree must satisfy both requirements of the law.

6. Does the termination of premium payments also apply to retirees with Retired Servicemans' Family Protection Plan (RSFPP) coverage?

Yes. Congress amended the law in October 1999 to include RSFPP participants. Any retiree 70 or older currently enrolled in RSFPP is eligible to have their costs terminated.

7. May a retiree combine the number of months of paid RSFPP premiums with the number of months of SBP premium payments in order to meet the requirement for 360 months of paid-up coverage?

No. The two types of premium payments cannot be combined.

8. Will there be a refund if the retiree paid more than 360 months of premiums before Oct. 1, 2008?

No. There will be no refund of excess premiums paid.

9. The program started in October 2008, but when will SBP premiums stop for retirees who reach age 70 and have paid 360 months of premiums after that date?

Retirees will not be charged SBP premiums beginning with the month they reach age 70 and have paid 360 months of premiums.

10. How will the 360 months of paid-up premiums be determined?

The retiree will receive a one-month credit for each month retired pay was reduced. This will be determined by using both current election records and historical records of the initial SBP election.

11. What if the retiree does not have SBP costs deducted from retired pay but pays by direct remittance?

For computing purposes, direct remittance payments is calculated as if retired pay was being reduced.

12. Will all retirees be notified of their paid-up status?

Yes. In Oct. 2008 a paid-up SBP premium counter showing the months of SBP premiums was added to the Retiree Account Statement (RAS).

13. Will the paid-up SBP premium counter be displayed on any future RAS issued?

Yes. The SBP premium counter will be updated each month to show the current number of months a retiree has credited to their account. Any RAS received by the retiree will show the current number of months credited by DFAS.

14. I think my SBP Premium counter is wrong. Can I get it corrected?

Through June 30, 2009, you are eligible to dispute the number of months on your SBP premium counter. To begin the dispute process you must complete and submit a DD2656-11 form. Go to www.dfas.mil to get form or call 800-321-1080 to request a form. Complete all fields on the form that apply to you. Each retiree submitting the form should fill out section II. If you DID NOT serve any time on the Temporary Disability Retirement List (TDRL), leave Section II boxes 9 and 10 blank. If you DID, please provide information in blocks 9 and 10. The DD2656-11 will not be available by mail. Please note that all criteria necessary to meet paid-up status are still applicable and that the DD2656-11 is not a waiver of any criteria to reach eligibility.

Survivor Benefit Plan coverage, remarriage options

By Navy Retired Activities Branch

The Retired Activities Branch staff often receives calls from retired Sailors participating in the Survivor Benefit Plan (SBP) who are suffering through the loss of their spouse. The following are some steps to take to help make the official process a bit easier.

First, we recommend contacting the Defense Finance and Accounting Service-Cleveland Center (DFAS-CL) at 1-800-269-5170. It's not required, but it makes DFAS-CL aware.

Next, the retiree should write a brief letter, or complete a DD Form 2656-6 (SBP Election Change Certificate) and attach a copy of the death certificate and mail it to the DFAS-CL.

The DFAS-CL mailing address is:
DFAS, U.S. Military Retirement Pay
Post Office Box 7130
London, KY 40742-7130.

This will enable the finance center to suspend the Sailor's SBP premiums.

Additional SBP notes

If you are a participant in SBP with a service-connected disability rated with the Department of Veterans Affairs (VA) (for at least 10 consecutive years) as totally disabling (or, if for a lesser period, at least five years from date of discharge or release from active duty), you may request to discontinue participation in SBP. To do so, you must provide a written request accompanied by the written consent of the beneficiary or beneficiaries under the plan to the DFAS-CL. The initial date for determining the five or 10-year period is the effective date of the VA rating of total disability. Validation must be obtained from the VA if not available from the member.

Information about your SBP election appears on your Retiree Account Statement (RAS). DFAS-CL distributes the RAS annually, and any time there is a change in your pay. It is important that

you and your spouse be aware of your SBP election and the financial implications should you pass away before your spouse.

If you are an SBP participant (whether premiums are being deducted or are suspended), you have one year to enroll any new spouse or child. Be aware that if you have suspended spouse coverage that you must notify DFAS-CL of your decision to resume coverage otherwise your new spouse automatically becomes eligible for coverage on your one-year anniversary. Notification of your decision in writing is required.

If you divorce and are required to continue coverage for your former spouse, you or your spouse must provide a copy of your divorce decree and a cover letter specifically requesting SBP continuation within one-year to DFAS-CL. Your former spouse or their attorney may also do this and have the coverage "deemed" on their behalf.



U.S. Navy photo by Bill Couch

First DoD/VA health center groundbreaking ...

Representatives of the Department of Defense, Department of Veterans Affairs, U.S. Congress and Navy Medicine break ground on the final construction phase of the first completely integrated DoD/VA health care center. The center, named in honor of retired Navy captain and former astronaut Jim Lovell (center), will treat active-duty service members, recruits, retirees, veterans and their family members in the area of Naval Station Great Lakes.

Updating divorce status in DEERS

Many former spouses listed in the Defense Enrollment Eligibility Reporting System (DEERS) are not entitled to benefits. Last year over \$200,000 in fraudulent medical payments was paid to former spouses who were not eligible. After a divorce is finalized, a copy of the divorce decree must be provided to the nearest ID card issuing facility or to DEERS – call (800) 538-9552.

Former Spouses who meet the criteria under the Uniformed Service's Former Spouse Protection Act must have approval granted before entitlements are continued. Please contact the Benefits and Eligibility Section for additional information at (866) 827-5672 or visit <http://www.npc.navy.mil/Command-Support/PayPersSupport/IDCards/Benefits.htm>.

New law authorizes veterans' salutes during National Anthem

Courtesy Department of Veterans Affairs

Veterans and active-duty military not in uniform can now render the military-style hand salute during the playing of the national anthem, thanks to changes in federal law that took effect this month.

"The military salute is a unique gesture of respect that marks those who have served in our nation's armed forces," said former Secretary of Veterans Affairs Dr. James B. Peake. "This provision allows the application of that honor in all events involving our nation's flag."

The new provision improves upon a little known change in federal law last year that authorized veterans to render the military-style hand salute during the raising, lowering or passing of the flag, but it did not address salutes during the national anthem. Last year's provision also applied to members of the armed forces while not in uniform.

Traditionally, members of the nation's veterans service organizations have rendered the hand-salute during the national anthem and at events involving the national flag while wearing their organization's official head-gear.

The most recent change, authorizing



Photo by Mass Communication Specialist 1st Class Michael Hight

Pearl Harbor survivors render a hand salute for the playing of the National Anthem during a joint U.S. Navy/National Park Service ceremony commemorating the 67th anniversary of the attack on Pearl Harbor, Dec. 7, 2008.

hand-salutes during the national anthem by veterans and out-of-uniform military personnel, was sponsored by Sen. Jim Inhofe of Oklahoma, an Army veteran. It was included in the Defense Authorization Act of 2009, which President Bush signed on Oct. 14.

The earlier provision authorizing hand-salutes for veterans and out-of-uniform military personnel during the raising, lowering or passing of the flag, was contained in the National Defense Authorization Act of 2008, which took effect Jan. 28, 2008.

One million vets share \$320 million in VA insurance dividends

Courtesy Department of Veterans Affairs

One million veterans are in line to share \$319.8 million in annual insurance dividends during 2009, according to the Department of Veterans Affairs (VA).

The dividend payments are being sent to an estimated one million holders of VA insurance policies on the anniversary date of their policies. Sent automatically through different payment plans, the amounts vary based on the age of the veteran, the

type of insurance, and the length of time the policy has been in force.

The dividends come from the earnings of trust funds into which veterans have paid insurance premiums over the years.

Dividends are paid each year to veterans who served between 1917 and 1956 and who hold certain government life insurance policies. The policies are known by letters that appear at the beginning of each policy's identification number.

World War II veterans holding National Service Life Insurance "V" policies comprise the largest group receiving 2009 insurance dividend payments. They are expected to receive total payments of \$243.8 million.

An additional group of World War II-era veterans, those who have Veterans Reopened Insurance "J", "JR" and "JS" policies, will in total receive dividends of \$8.1 million.

Korean War-era veterans who have maintained Vet-

erans Special Life Insurance "RS" and "W" policies can expect to receive dividends totaling \$67.2 million.

Dividends totaling \$725,000 will be paid to veterans who served after World War I until 1940 who hold U.S. Government Life Insurance ("K") policies.

For more information call the VA insurance toll-free number at 1-800-669-8477 or send an e-mail to VAinsurance@va.gov visit the Web site at www.insurance.va.gov.

Extra Social Security earnings for some military service

Courtesy Social Security Administration

For military members who served between 1957 and 2001, Social Security taxes you paid on your active-duty earnings may entitle you to special extra earnings. The extra earnings may help you qualify for Social Security or increase the amount of your Social Security benefit.

Special extra earnings credits are granted for periods of active-duty or active-duty training only.

If your service occurred between 1957 – 1967 the Social Security Administration (SSA) will add the extra credits to your record when you apply for Social Security benefits. If you served between 1968 – 2001, you credits have already been added to your record. There is no extra special earnings for service after 2001.

How to get credit for special extra earnings

The information that follows applies only to active duty military service earnings from 1957 through 2001. Here's how the special extra earnings are credited on your record:

Service from 1957 -1977

You are credited with \$300 in additional earnings for each calendar quarter in which you received active duty basic pay.

Service from 1978 - 2001

For every \$300 in active duty basic pay, you are credited with an additional \$100 in earnings up to a maximum of \$1,200 a year. If you enlisted after Sept. 7, 1980, and didn't complete at least 24 months of active duty or your full tour, you may not be able to receive the additional earnings.

For more information, visit the SSA at www.ssa.gov or by phone at 1-800-772-1213.

VA suicide prevention hotline credited with 2,600 'saves'

Courtesy Department of Veterans Affairs

As the military deals with a record number of suicides among active-duty forces, Secretary of Veterans Affairs Eric K. Shinseki reminded veterans and their families that the Department of Veterans Affairs (VA) has an extensive array of services to help veterans in distress.

"I urge veterans and their loved ones to take advantage of our suicide-prevention program," said Shinseki. "Help for these heroes is a phone call away."

Since July 2007, VA has operated an around-the-clock suicide-prevention hotline that has received about 100,000 calls and has been credited with rescuing over 2,600 people. The number for VA's suicide prevention hotline is 1-800-273-TALK.

VA operates the largest mental health program in the country, with special efforts in each of the Department's 153 medical centers and more than 750 outpatient clinics to identify and treat at-risk patients.

In addition to operating the suicide-prevention hotline, VA has given all medical workers training in suicide prevention, created suicide prevention coordinators at each medical center, and given primary care clinics responsibility for mental health screening.

"We are reaching out to our newest generation of heroes – the veterans of Iraq and Afghanistan – to ensure they are aware of the services available to them," Shinseki added.

New requests or referrals for mental health appointments receive a preliminary evaluation within 24 hours and a comprehensive evaluation with 14 days. Emergency cases are dealt with immediately.

VA operates 232 Community Readjustment Counseling Centers, commonly called Vet Centers, where veterans can receive care for a wide variety of issues related to leaving the military. Vet Center personnel are trained to identify at-risk veterans and connect them to appropriate VA medical services.

VA identifies problem with a transcription services contract

Courtesy Department of Veterans Affairs

During a routine internal inspection, the Department of Veterans Affairs (VA) discovered a contractor providing medical transcription services who was not following the Department's rules for protecting medical information.

Although there is no evidence that any patient information was disclosed as a result of the violation, VA has suspended the contractor from receiving any sensitive information from the Department until the contractor guarantees compliance with VA's standards for information technology (IT) security.

"VA insists that contractors, as well as our own personnel, adhere to the highest standards for protecting personal information," said Secretary of Veterans Affairs Eric K. Shinseki. "When we detect a problem, as happened in this case, we will quickly fix it, and we will ensure such problems are not happening elsewhere."

The issue involves a contractor whose employees create written transcripts of recordings made by health care professionals while performing physical examinations, reporting on surgeries, and taking patients' histories. VA officials found the contractor's employees used computers that do not adhere to government policy on security.

Based on this incident, the Secretary has launched an intensive examination of all VA's contracts to ensure all contractors properly safeguard information about VA patients, Veterans and employees.

Annuitants with DIC offset see pay increase

Courtesy Defense Finance and Accounting Service

Annuitants whose annuity has been offset for receipt of Dependency and Indemnity Compensation (DIC) probably noticed a hike in their Survivor Benefit Plan payments in November 2008. This is due to the newly created Special Survivor Indemnity Allowance (SSIA).

Section 644 of the National Defense Authorization Act (NDAA) for Fiscal Year 2008 created SSIA. This allowance started as a monthly \$50 payment. This amount will be increased as per the following schedule:

October 2009 - \$60

October 2010 - \$70

October 2011 - \$80

October 2012 - \$90

October 2013 - \$100

The payment remains at \$100 from October 2013, until March 1, 2016, when this allowance is currently scheduled to terminate.

This allowance is taxable. Your DIC payment address will be used for your SSIA payment. If you are currently receiving your DIC payment from Veterans Affairs (VA) at your home address, your SSIA payment will also be sent there. If your DIC payment is paid via electronic funds transfer by the VA, your

DIC electronic payment address will be used for the SSIA payment.

If you have any questions concerning this allowance you may contact the Cleveland Center at 1-800-321-1080, between 7 a.m. and 7:30 p.m., Eastern Time, Monday through Friday, or write to Defense Finance and Accounting Service, U.S. Military Annuitant Pay, P.O. Box 7131, London, KY 40742-7131. You may also use our toll-free fax number of 1-800-982-8459. Please include the retired member's name and Social Security Number (SSN) as well as your name, address, and SSN on all correspondence.

Keep your pay account updated

Courtesy Defense Finance and Accounting Service

It is important for all retirees to periodically review their military retirement pay account status to ensure all information is up-to-date. The Defense Finance and Accounting Service (DFAS) relies on current personal information to be able to provide the highest level of customer service. Retirees should notify DFAS as soon as possible about any change in marital or family status, beneficiaries, mailing address and bank account information. This ensures that retirement pay and other important communications are received and provides for proper monthly premium deductions, if applicable. The new Beneficiary Card can be found at <http://www.dfas.mil>, click Retired Pay then Beneficiary Card in the drop-down menu.

Changes can be made in any category through myPay (<https://mypay.dfas.mil/>) or by calling the Customer Service Center at 1-800-321-1080. Other contact options are through e-mail via myPay, by toll free fax at 1-800-469-6559 or by regular mail at:

Defense Finance and Accounting Service
U. S. Military Retirement Pay
P. O. Box 7130
London, KY 40742-7130.



Photo by Mass Communication Specialist 1st Class Cynthia Clark

Standing ready...

A Sailor stands at parade rest as the fast-attack submarine USS Bremerton (SSN 698) is assisted to a pier at Naval Station Pearl Harbor. Bremerton is returning from a six-month deployment to the western Pacific Ocean.

Medicare-eligible TRICARE beneficiaries can 'go digital'

Courtesy TRICARE

Eligible TRICARE for Life beneficiaries can now participate in My Personal Health Record, South Carolina (MyPHRSC). The Centers for Medicare & Medicaid Services (CMS) pilot project allows Medicare beneficiaries to maintain their health records electronically at <https://www.myphrsc.com>.

An interagency agreement between CMS and the Department of Defense (DoD) gives Medicare-eligible beneficiaries in South Carolina the option of adding TRICARE health data to their Personal Health Records (PHRs) through a secure download from DoD systems. Initially, the TRICARE data available for the Pilot Project is limited to medica-

tions for the previous 24 months.

PHRs are tools that can help consumers manage their health and health care services.

"This partnership with CMS will give our beneficiaries access to promising technology," said Army Maj. Gen. Elder Granger, deputy director, TRICARE Management Activity. "The expansion of the pilot program should help us assess how well personal health records can meet the needs of beneficiaries, improve health outcomes and lower costs."

MyPHRSC gives beneficiaries access to their Medicare information from the past 24 months, including medical conditions, hospitalizations, and doctor visits. The tool also allows users to enter their own information such as

medications, allergies, and notes about the services they have received. Access to Medicare information is available 48 hours after registration and CMS ensures strict privacy and security safeguards to protect all beneficiary data.

"This exciting pilot expansion will be a major step forward for Medicare and DoD," said Health and Human Services Secretary Mike Leavitt. "We believe that collaborations of this sort will provide information and tools that will empower consumers to manage their health. Incorporating Medicare data with DoD data will only enhance the opportunities for the beneficiaries, and demonstrate that these tools can be repositories for data from multiple sources."

TRICARE implements new fee schedule in the Philippines

Courtesy TRICARE

A new TRICARE provider fee schedule for medical services and procedures is in effect in the Philippine Islands. TRICARE officials expect the new fee schedule to better reflect actual medical costs. There are no changes in payments for laboratory, radiology, pathology services and procedures.

TRICARE beneficiaries and providers in the Philippines who filed TRICARE claims during the past two years are receiving letters from TRICARE Management Activity

(TMA) notifying them of the fee schedule change, which went into effect November 1, 2008.

The new allowable charges and inpatient per diem rates are available on the TRICARE Web site at <http://www.tricare.mil/CMAC>.

TRICARE Standard deductibles and cost-shares will not change for beneficiaries in the Philippines under the new fee schedule. Annual out-of-pocket caps for active duty family member costs will continue at \$1,000 and \$3,000 for retirees and their eligible family members.

TRICARE beneficiaries living in, or traveling to, the Philippines should be aware that they must use TRICARE certified providers to receive claims reimbursement. A list of certified providers for the Philippines is available on the Pacific Area Office page in the TMA portal at <http://www.tricare.mil>.

About TRICARE Management Activity and the Military Health System TRICARE Management Activity, the Defense Department activity that administers the health care plan

for the uniformed services, retirees and their families, serves more than 9.2 million eligible beneficiaries worldwide in the Military Health System (MHS). The mission of the MHS is to enhance Department of Defense and national security by providing health support for the full range of military operations. The MHS provides quality medical care through a network of providers, military treatment facilities, medical clinics and dental clinics worldwide. For more about the MHS go to www.health.mil.

Federal guides available for free download

Free guides on a variety of government topics are available at www.govamerica.org for immediate downloading.

"Our publications offer free career, financial, consumer and family information written especially for the

federal and military communities," said Jacqueline Thomas, Executive Director of GovAmerica.org.

All guides are in PDF format and require the free Adobe Acrobat reader.

Editor's note: GovAmerica.org is a

private organization not affiliated with the federal government, Department of Defense or the U.S. Navy. These publications are presented for your information and do not represent the U.S. Navy or the DoD.

TRICARE for Life: Top 10 'need-to-knows'

*Courtesy of the Uniformed Services
Disabled Retirees*

As you're preparing to switch to TRICARE for Life (TFL), the following facts and tips will help you make a seamless transition to TRICARE for Life (TFL) coverage.

Enroll in Medicare Part B when first eligible.

TFL enrollment hinges on enrollment in Medicare Part B. You must remain enrolled in Medicare Part B (medical care) in order to maintain TRICARE eligibility.

Keep DEERS up to date.

Although Medicare provides data to DEERS, you must maintain your TRICARE eligibility by keeping DEERS up to date any time there is a life changing event, like becoming eligible for Medicare. Contact DEERS online at www.dmdc.osd.mil/rsl or call toll-free 1-800-538-9552.

Enrollment in TFL is seamless.

If you are receiving Social Security benefits, you will transition smoothly to TFL upon your 65th birthday; if you are not receiving Social Security benefits at the time of your 65th birthday, you will need to visit the nearest Social Security office and enroll in Medicare.

Medicare-authorized providers are also TRICARE authorized.

You can visit any Medicare provider for care since all Medicare providers are also TRICARE authorized. Simply show your Medicare card and Uniformed Services ID card at your appointment.

Claims are paid automatically between

Medicare and TFL.

As a TFL beneficiary, you will not need to submit a paper claim when you have a doctor's visit (in most cases). The provider will submit the claim to Medicare. Medicare will then submit the claim to TRICARE once the Medicare portion is paid.

TFL is considered a second payer to Medicare.

For services covered by Medicare and TRICARE, Medicare will pay its portion of the claim and TRICARE will pay the remainder. For services that are covered by Medicare and not by TRICARE (such as chiropractic care) TRICARE will not make a payment and the beneficiary will be responsible.

Services covered by TRICARE but not Medicare (such as overseas claims) may be billed directly to Wisconsin Physicians Services (WPS) and TRICARE will pay as primary insurer. You will be responsible for any cost shares. Payments for services that are not covered by either program remain your sole responsibility.

Other health insurance (OHI) coordinates differently with TFL and Medicare.

TFL beneficiaries who have OHI need to submit their Medicare Summary Notice with a paper claim and OHI explanation of benefits (EOB) to Wisconsin Physician Services. The paper claims may be sent to:

Wisconsin Physician Services
TRICARE for Life
P.O. Box 7890
Madison, WI 53707-7890

Medicare Part D enrollment isn't necessary.

The TRICARE pharmacy benefit is considered creditable coverage and pays equally to Medicare.

TFL beneficiaries may continue to use any of the TRICARE pharmacy programs.

You may fill prescriptions at any military treatment facility pharmacy, through the TRICARE Mail Order Pharmacy or through any TRICARE network or non-network pharmacy.

TRICARE coverage continues for eligible family members after the death of a sponsor.

Surviving spouses remain eligible for TRICARE unless they remarry. If they remarry, they lose TRICARE eligibility and cannot regain eligibility later, even in cases of divorce or death of the new spouse. Unmarried surviving children remain eligible for TRICARE until their 21st birthday (or 23rd birthday if enrolled in college full time and if at the time of the sponsor's death, the sponsor provided more than 50 percent of the child's financial support.) For more information on TRICARE for Life, please visit www.tricare4u.com or call Wisconsin Physicians Services toll-free at 1-866-773-0404.

Visit Uniformed Services Disabled Retirees (USDR) at www.usdr.org or <http://capwiz.com/usdr/home/>.

Editor's note: USDR is a private organization not affiliated with the U.S. Navy or Department of Defense. Use of their article is not an endorsement of their organization by the U.S. Navy nor the Department of Defense.

Retired Military Almanac now available

The 2009 Retired Military Almanac is now available. The almanac provides information to keep you current and up-to-date on many subjects of interest to military retirees. It also contains detailed information relating to recently passed legislation and updated information on TRICARE including a listing of more than 250 military treatment facilities.

Order directly from the publisher for \$15.50 (includes postage) by sending a check or money order to Uniformed Services Almanac, Inc., PO Box 4144-SC, Falls Church, VA 22044, or if ordering by credit card, call toll-free 1-888-872-9698. You can also order secure online: www.militaryalmanac.com.

quality care to all enrollees.

Enrollment for the lowest priority of the eight groups—veterans who are not being compensated for a military-related disability and who have incomes above a set threshold—was suspended on January 18, 2003, although veterans in that priority group who were already enrolled for care were permitted to remain enrolled.

VA originally suspended enrollment for Priority 8 veterans because it was unable to provide all enrolled veterans with timely access to its health care due to a tremendous growth in the number of veterans then seeking enrollment. VA now plans to reopen enrollment for a portion of these veterans without compromising the Department’s ability to provide high quality health care services to all enrolled veterans who are eligible for care.

VA’s computer systems are being modified to accommodate the changes, and the Department is preparing communication and education materials to ensure that Congress, veterans service organizations, and the public are aware of the coming changes.

The rule is scheduled to take effect by June 30, 2009. VA will continue to monitor wait times to ensure the quality of care is not adversely affected.”



Courtesy photo

With the policy change, more than 250,000 veterans may be eligible for health care in Veterans Affairs facilities like the Oscar C. Johnson VA Medical Center in Iron Mountain, Mich.

POLL *from Page 1*

- Total Polls sampled: 4,467
- Total Polls received at time of sample: 34,796

Age information:

- Youngest respondent: 30
- Oldest respondent: 99
- Age most respondents: 70 (4.03%)
- 78 percent of respondents between ages 60 – 85.
- 87 percent of respondents are retirees.
- 12 percent are surviving spouses.

Location:

- The greatest amount of responses came from California (9.49%).
- The states with the largest percents of responses are California, Virginia (9.25%) and Florida (8.26%) which account for 27% of the total responses.
- Less than one-half of one percent (.45%) were overseas responses with the Philippines having the most replies (5 total) and Japan being the next (4 total).

Questions:

The following were the questions asked on the 2008 and the results per question:

1. If *Shift Colors* was only available by email or via the internet ONLY, would you be able to access it (yes or no).

- Yes: 44.44%
- No: 54.53%

2. Would you prefer a printed copy of *Shift Colors* or a copy delivered via email or website?

- Print: 87.28%
- Email/web: 11.64%

3. On a scale of 1 to 5 (1 being the LEAST important, 5 being the MOST important) how important are the following types of articles to you:

- A. Navy/News you can use articles
 - 1: 3.49%
 - 2: 2.69%
 - 3: 12.72%
 - 4: 21.56%
 - 5: 59.08%
- B. Entitlement information
 - 1: 2.78%
 - 2: 1.61%

3: 5.28%

4: 13.34%

5: 75.64%

C. Recreation-focused articles

1: 10.43%

2: 15.20%

3: 29.95%

4: 19.72%

5: 21.49%

D. Health-focused articles

1: 3.38%

2: 4.70%

3: 14.30%

4: 21.89%

5: 54.85%

4. On a scale of 1 to 5, with higher numbers being better, how satisfied are you with *Shift Colors*?

1. Very dissatisfied 1.84%

2. Dissatisfied 0.43%

3. Neither satisfied nor dissatisfied 2.75%

4. Satisfied 31.36%

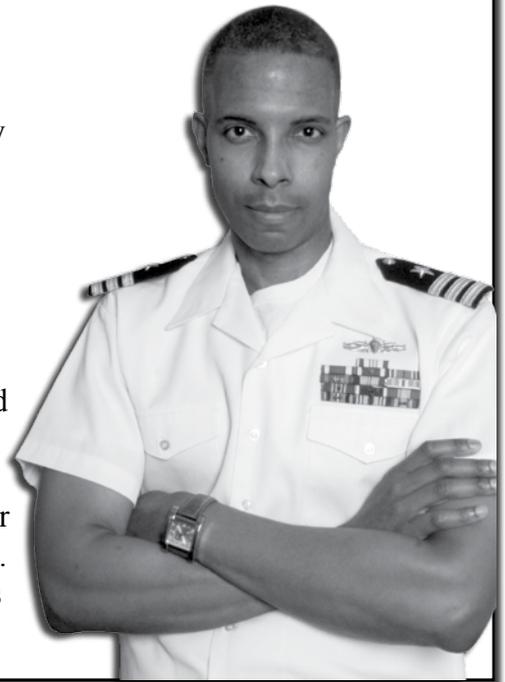
5. Very satisfied 54.24%

DON'T THROW OUT THAT UNIFORM



The Navy Junior Reserve Officers Training Corps program – a national high school citizenship program – is seeking retired members of the Navy who are interested in becoming qualified NJROTC instructors. Members in ranks E-6 to O-6 are eligible for these positions and personnel retired for disability may also be eligible to participate and are encouraged to apply. These positions guarantee you a salary that when combined with retirement

pay will equal your active-duty pay and allowances. Do you think you have what it takes to teach the next generation of Americans about their country and the military which protects it? Can you not only teach the Navy Core Values of Honor, Courage and Commitment, but exemplify them? If so, visit <https://www.njrotc.navy.mil> or call (850) 452-9510 for an application or more information. Positions are opening up at schools across the country.



HALL OF FAME *from Page 1*

able to do this,” she said.

Although retired, she continued to serve, working with veterans as president of the WAVES Unit #40, president of the Connecticut chapter of the Military Officers Association and director of the Retired Activities Office at Submarine Base New London. Additionally, she provided medical instruction, training and volunteer services for multiple organizations including the Department of Developmental Disabilities, Connecticut League for Nursing, the American Red Cross, the American Heart Association and the American Cancer Society.

Miller still volunteers with St. Mark's Episcopal Church in Mystic and is a member of the National Society of Daughters of the American Revolution's Beacon Chapter. “I'm not a one to sit down,” she said in an interview with the Norwich Bulletin. “I'm going to the day I drop.”

“It is most appropriate that we pause each year to recognize and honor the heroes of the past and present who have so vitally shaped our nation and way of life,” said Rell. “These individuals not only answered the call of their nation, they have



Courtesy photo

The 2008 Connecticut Veterans Hall of Fame included:

Back row: H. Richard Newell Jr.; Nikki O'Neill for William A. O'Neill; Air Force Maj. Gen. Thaddeus J. Martin, Connecticut Adjutant General and commander of the National Guard; Roger G. Paulmeno; Gov. Rell; Mrs. Sparack representing Army Lt. Gen. Frederick G. Reincke; Commissioner Linda S. Schwartz; Robert R. Ritz.

Seated: Scott Daniels for Dr. Evans H. Daniels Jr.; Dr. Valentine D. Galasyn; John Levitow II for John L. Levitow; Howard L. Luppi; Barbara E. Miller.

answered the call of their communities.

It is what they have done beyond their military service that truly sets them apart as individuals worthy of this special honor.” Thirty Connecticut veterans have

previously been inducted into the Connecticut Veterans Hall of Fame including former President George H.W. Bush and four Congressional Medal of Honor Recipients.

Navy plans 'Navy Weeks' nationwide in 2009

Listed here is the 2009 *Calendar for America* — the official schedule of Navy Weeks across America.

Multiple Navy demonstrations and displays are scheduled for each Navy Week including: the Blue Angels, Leap Frogs, ship visits (where possible), Navy bands, namesake ship crews, flag officer speakers, SEAL (Sea, Air and Land) and Explosive Ordnance Disposal displays, DoD's America Supports You grassroots organizations and premiere recruiting assets such as the F/A-18 flight simulator, and the Navy NASCAR show car.

The 2009 Weeks are:

- St. Louis, Earth Day Festival / Chinese Culture Days, April 18-26
- Des Moines, Iowa, Drake Relays, April 20-26
- Denver, Cinco de Mayo Festival, May 4-10
- Spokane, Wash., Lilic Festival, May 11-18
- Janesville, Wis., Blue Angels Air Show / Armed Forces Day, May 24-31
- Rochester, N.Y., Air Show, May 25-31
- Chattanooga, Tenn., Riverbend Festival, June 5-13

- Oklahoma City, Riverfest / Fitness Challenge, June 12-20
- Pittsburgh, Wings over Pittsburgh Air Show, June 14-21
- Boston, Harbor Festival, June 30 - July 6
- Salinas, Calif., Blue Angels Air Show, Aug. 2-9
- Omaha, Neb., Defenders of Freedom Air Show, Aug. 24-30
- Columbus, Ohio, Navy vs Ohio State Football game, Aug. 31 - Sept. 6
- Knoxville, Tenn., Boomsday, Sept. 1-7
- York, Penn., York Fair, Sept. 4-13
- Reno, Nev., Air Races, Sept. 14-20
- Albuquerque, N.M., International Balloon Festival, Oct. 3-11
- Greenville, S.C., Fall for Greenville Festival, Oct. 5-11
- Houston, Blue Angels Air Show, Oct. 24 - Nov. 1
- New Orleans, Crescent City Blues & BBQ Festival, Nov. 9-14

For more information visit the NAVCO Web site at www.navy.mil/navco/.

Retirement Seminars

Check the *Shift Colors* Web site (<http://www.npc.navy.mil/ReferenceLibrary/Publications/ShiftColors/>) for a full listing of Seminars

California

NAS Lemoore
Sept. 13
9 a.m. – 1 p.m.
Base Theatre
(559) 998-4042

Delaware

Dover Air Force Base
March 31
The Landings
RAO - (302) 998-5194
Dover AFB – (302) 677-4612

Florida

Pensacola
October 17
9 a.m. – Noon
Naval Air Station Pensacola
Bldg. 633
RAO - (850) 452-5990 ext.3111
retired.activities.nasp@mchsi.com

Minnesota

Prior Lake
Sept. 26
8:30 a.m. – 4:30 p.m.
Mystic Lake Casino-Hotel
POC: Cmdr. Cory Paulsen
RAO: (612) 726-9391
coryp@integra.net
Registration begins at 7:30 a.m.

Washington

Marysville
May 20
8 a.m. – 12:30 p.m.
Smokey Point Support Complex
FFSC Building, 12910 45th Ave.
POC: (425) 304-3775/3721

Naval Station Everett
May 23
8 a.m. – 3 p.m.
Bldg. 1950
(425) 304-3775

Retiree Appreciation Days

Texas

Retiree Appreciation Day
9 a.m. – Noon
Sept. 26
U.S. Army Sergeants Major Academy
Biggs Army Air Field
Fort Bliss, Texas 79916-6812
POC: (915) 569-6233
Joseluis.hernandez@conus.army.mil

Get your seminar, retired activity days or reunion information into *Shift Colors* calling the Navy Personnel Command Customer Service Center at 1-866-U-ASK-NPC (1-866-827-5672) or by sending your information via e-mail to MILL_ShiftColors@navy.mil

Reunions

Check the Shift Colors Web page (<http://www.npc.navy.mil/ReferenceLibrary/Publications/ShiftColors/>) for a full listing of Reunions

Reunion 2008	Date	Phone #	Web/E-mail/
Company 130, Great Lakes, 1946	July 4	(919) 787-0603	sjohnson@jhvgglaw.com
Destroyer Leader Assoc.	Oct. 26-31		destroyerleader1@cox.net
Fraternal Order of Underwater Swimmers (UWSS)	May 15-17	(850) 785-7215 (850) 785-6249 (850) 234-8755	gunnerww@comcast.net barth@mchsi.com wagretseal@comcast.net www.uwss.org
Guantanamo Bay, Cuba (all years)	Oct. 4-8	(717) 266-1102	johnkwolves@yahoo.com
MCB 11 & 11th NCB	Oct. 15-18	(512) 267-8873	MCB11reunion@earthlink.net
NARTU Lakehurst NJ (All Reserves & TARs)	June 6		williamohea@msn.com
NAS Chase Field	April 24-26	(951) 278-8812 (805) 368-3424	npc@jps.net naschasefield.com
NAS Sanford, all units and squadrons '42-'68	June 25-28	(386) 668-4851	dlfrsf@aol.com
National Association of Naval Photography East Coast Reunion	Oct. 26-29	(850) 455-5931	art.giberson@cox.net
Naval Weather Service Assoc.	May 20-24	(904) 777-4443	bcjohjax@aol.com www.nwsase.info
NMCB-128 Seabees (all eras)	April 14-17	(618) 259-4694	mcdanelgk@aol.com
Sailors from ACU 1, ACU 2, LCT, LSU, LCU, LCM, YFU and LCI crafts	June 11-14	(916) 669-9362	egst@comcast.net
U.S. Navy Cruiser Sailors Assoc.	May 17-22	(585) 365-2316	skica130@aol.com www.navycruisers.org
USS ALEXANDER HAMILTON (SSBN 617)	Sept. 2-6	(619) 306-0324	SSBN-617@hullnumber.com www.hullnumber.com/SSBN-617
USS ALTAIR (AKS 32)	Oct. 23-26	(262) 654-9202	dickandterry5@sbcglobal.net altairreunion2009@gmail.com
USS ARCHERFISH (AGSS 311)	Sept. 6 - 9	(619) 280-4053	dinkysan@yahoo.com
USS AUCILLA (AO 56)	April 30- May 4	(386) 671-1988	tyga141@aol.com
USS BAINBRIDGE (DDG 246)	April 24-26	(704) 892-0578	athompson35912@roadrunner.com
USS BAINBRIDGE (DLG/CLG (N) 25)	April 29 - May 3	(334) 821-2618	drobert561@aol.com
USS BERGALL (SS 320/SSN 667)	Sept. 10-14	(401) 789-7099	dixf@verizon.net www.bergall.org
USS BLUE (DD 744)	Sept. 24-27	(845) 565-4061	DD744blue@yahoo.com
USS BOSTON (CA 69/CAG 1/SSN 703)	July 9-12	(603) 672-8772	secretary@ussboston.org www.ussboston.org
USS BREMERTON (CA 130)	Sept. 13-18	(406) 837-4474 (585) 365-2316	jtbluff1@centurytel.net skica130@aol.com www.ussbremertonreunions.org
USS BROWNSON (DD 868/518)	May 3-7	(707) 571-0350	
USS BUSHNELL (AS 15)	May 3-6	(313) 562-4393 (610) 987-6641 (215) 676-3585	59jaydee@prodigy.net wenfab@1usa.com AS-15@hullnumber.com www.hullnumber.com/AS-15
USS CALIENTE (AO 53)	Oct. 1-4	(317) 260-9891	normstreet@sbcglobal.net www.usscalienteao-53.com/Reunion.html
USS CAPRICORNUS (AKA/LKA 57)	June 21-24	(410) 742-4380	dtlongo@aol.com www.usscapricornus.homestead.com
USS CARPENTER (DD 825)	April 30- May 4	(770) 476-9698	mared2@bellsouth.net
USS CARTER HALL (LSD 3)	Sept. 17-19	(928) 639-2167	schulz@commspeed.net
USS CHIKASKIA (AO 54)	April 30- May 4	(781) 249-5501	bobgran1942@gmail.com
USS CHILTON (APA 38)	Sept. 24-27	(215) 330-1802	jdubois42@msn.com
USS CHIVO (SS 341)	Oct. 14-18	(910) 352-2572	justan2@earthlink.net www.lusschivo.org
USS CLAUDE V RICKETTS (DDG 5) (formerly USS BIDDLE)	April 30 - May 3	(603) 986-4661	
USS COLUMBIA (CL 56)	Sept. 25-28	(610) 543-9073	usncl56@cs.com
USS CONY (DD/DDE 508)	June 24-28	(863) 307-3187	kcox@tampabay.rr.com
USS COOLBAUGH (DE 217)	Sept. 10-14	(330) 533-5753	

Reunion 2008	Date	Phone #	Web/E-mail/
USS CORRY (DD/DDR 817)	Nov. 11-15	(330) 544-3301	jimbo817@sbcglobal.net
USS DAHLGREN (DDG 43)	June 24-27	(610) 659-8824	DDG-43@hullnumber.com
USS DE KALB COUNTY (LST 715)	May 5-7	(702) 277-0974 (702) 277-0975	maryandronlew@live.com
USS DELTA (AR 9/AK 29)	Sept. 13-20	(810) 407-3881	mbell6380@aol.com
USS DOGFISH (SS 350)	Sept. 9-13	(843) 553-5593	www.usssdogfish.com
USS DONNER (LSD 20)	April 23-26	(610) 775-7539	dheimb@1usa.com
USS DYESS (DDR/DD 880)	May 13-17	(757) 548-2393	dsage101@verizon.net
USS ENTERPRISE (CVAN/CVN 65)	July 15-18	(208) 523-4893	bobseal@cableone.net www.cvan-cvn-65.org
USS ENTERPRISE FIRE REUNION	Aug. 14-16	(775) 331-1918	ichabod1969@charter.net
USS FORREST SHERMAN (DD 931)	April 26-29	(410) 836-9260	www.usforrestsherman.org
USS FRYBARGER (DE/DEC 705)	Sept. 16-19	(937) 773-5373 (937) 554-8626	
USS GALVESTON (CLG 3)	Sept. 30 - Oct. 4	(866) 398-2655	galveston@comcast.net
USS GEORGE BANCROFT (SSBN 643)	April 16-19		www.ssb643.org
USS GRAYBACK (LPSS/SSG/SS 574)	Sept. 8-12	(760) 758-2755	jdchamberlain1@cox.net www.geocities.com/ussgrayback2003
USS GUADALCANAL (LPH 7)	Sept. 16-20	(757) 723-0317	yujack@megalink.net
USS GUAM (LPH 9)	Sept. 16-20	(757) 723-0317	yujack@megalink.net
USS HAMUL (AD 20/AK 30)	Aug. 25-29	(763) 537-7592	garryagrimes@comcast.net
USS HAYNSWORTH (DD 700)	Oct. 15-18	(816) 690-8778	jsgr144@comcast.net
USS HERMITAGE (LSD 34)	June 4-6	(516) 978-1477	john333@optonline.net
USS HOLLAND (AS 32)	July 9-16	(956) 791-2039 (586) 336-9919 (630) 986-1314 (956) 725-2469 (573) 769-3996	jgarcia7469@hotmail.com delrodsn@hotmail.com ivanharrisonjr@hotmail.com grstowe@socket.net mariotopgun@yahoo.com
USS HORNET (CV 8/CV/CVA/CVS 12)	Sept. 16-20	(814) 224-5063	hornetcv8@aol.com
USS HUGH PURVIS (DD 709)	June 11-14	(262) 654-5100	paulpaul@aol.com www.dd709.com
USS INCHON (LPH 12/MCS 12)	April 22-26	(717) 203-4152	fixie5659@gmail.com www.ussinchon.com
USS INTREPID (CV/CVA/CVS 11)	April 22-26	(864) 998-4764	thomasbryantcv11@yahoo.com
USS IWO JIMA (LPH 2/LHD 7)	Sept. 16-20	(757) 723-0317	yujack@megalink.net
USS JAMES MADISON (SSBN 627)	July 8-12	(888) 890-0623	fchuwe@cheqnet.net www.usjamesmadison627.com
USS JOHN R. CRAIG (DD 885)	Sept. 9-13	(734) 525-1469	jermail@ameritech.net
USS JOHN R. PIERCE (DD 753)	Sept. 28 - Oct. 4	(337) 537-7533	cthomp9785@hughes.net www.ussjohnrpiercedd753.com
USS KAWISHIWI (AO 146)	Sept. 16-20	(603) 434-3010	rvkeating@comcast.net cwp.marriott.com/bospy/usskawishiwi
USS KENNETH WHITING (AV 14)	May 3-9	(404) 372-4708	AV-14@hullnumber.com www.hullnumber.com/AV-14
USS KING (DLG 10)	June (Dates TBD)	(619) 263-0788	DLG-10@hullnumber.com www.hullnumber.com/DLG-10
USS LAFAYETTE (SSBN 616)	Sept. 16-20	(904) 745-0741	dmcjaxfl@aol.com
USS LAPON (SSN 661/SS 260)	Sept. 24-27	(803) 324-1414	lapon.reunion@yahoo.com www.usslapon.com
USS LAWRENCE (DDG 4/DD 250)	June 21-26	(814) 322-4150	dguts@uslawrence.com www.uslawrence.com
USS LINDENWALD (LSD 6)	Sept. 24-27	(440) 543-0378	bbreitzig@adelphia.net www.militaryreunionplanners.com/lindenwald
USS LITCHFIELD COUNTY (LST 901)	July 10-12	(309) 928-3395	coale21@verizon.net
USS MADDOX (DD 168/DD 622/DD 731)	Sept. 9-13	(337) 616-8450	cwgilles45@aol.com
USS MANATEE (AO 58)	May 5-7	(361) 547-6938	wcross@stx.rr.com
USS MANLEY (DD 940)	April 23-27	(386) 767-8068	reunionplanner@ussmanleydd940.org
USS MAURY (AGS 16)	Oct. 8-12	(480) 696-3086	jmww03@earthlink.net
USS MISSISSIPPI (CGN 40)	June 18-21	(717) 278-0757	cg40@comcast.net

Reunion 2008	Date	Phone #	Web/E-mail/
USS MONTICELLO (LSD 35)	Sept. 16-19	(209) 772-0543	beamer@ussmonticello.com www.ussmonticello.com
USS MORTON (DD 948)	May 13-17	(541) 471-2777	kieftmorton66@aol.com
USS MULIPHEN (AKA 61)	April 26-29	(302) 737-1751	rwiant1@verizon.net
USS MULLINNIX (DD 944)	April 22-26	(302) 650-3042	muxassn@hotmail.com
USS NASSAU (LHA 4)	July 28		navlead@comcast.net www.lha4.com
USS NEW ORLEANS (LPH 11)	Sept. 16-20	(757) 723-0317	yujack@megalink.net
USS NICHOLOS (DD/DDE 449 & FFG 47)	April 19-24	(843) 821-9171	nancysallee@bellsouth.net
USS NORRIS (DD/DDE 859)	Aug. 27-30	(302) 541-0685	e.mehl@mchsi.com
USS OKINAWA (LPH 3)	Sept. 16-20	(757) 723-0317	yujack@megalink.net
USS OUELLET (FF 1077)	July 30 - Aug. 2	(561) 792-3827	mcass4435@aol.com FF-1077@hullnumber.com http://ussouellet.ning.com
USS OZBOURN (DD 846)	Sept. 23-27	(360) 835-0699 (814) 337-3197	
USS PALAU (CVE 122)	April 26-30	(410) 658-6043	hweldy@zoominternet.net
USS PITTSBURGH (CA 72)	Sept. 17-21	(412) 486-0206	linton0124@verizon.net
USS POLLUX (AKS 2/AKS 4)	Oct. 28 - Nov. 1	(850) 994-0416	glenbroxson@aol.com www.uspollux.com
USS POWER (DD 839)	June 27 - July 1	(352) 527-2352	DD-839@hullnumber.com
USS PRARIE (AD 15)	Sept. 27-30	(315) 676-3280 (315) 396-9702	mpelton613@atttel.net
USS RADFORD (DD/DDE 446)	Sept. 30 - Oct. 4	(304) 927-0094	kjp263@localnet.com
USS RANGER (CV 61)	June 17-21	(904) 997-2217 (203) 453-4279	lschmuhl@juno.com uss.ranger@yahoo.com
USS RATHBURNE (FF 1057)	Sept. 23-26	(901) 837-6106	fs5124@wildblue.net
USS RICH (DD 820)	April 22-25	(304) 562-3161 (608) 526-4097	shipsoffice@ussrich.org reunion2009@ussrich.org www.ussrich.org
USS RICHARD L PAGE (DEG/FFG 5)	June 25-28	(603) 986-4661	
USS RICHMOND K TURNER (DLG/G 20)	Oct. 15-18	(843) 569-0981	eric.miller@purina.nestle.com www.rkturner.com
USS ROANOKE (CL 145)	April 30 - May 3	(732) 929-0671	CL-145@hullnumber.com
USS ROARK (DE/GG 1053)	June 19-21	(707) 498-2582	daleoffshore@yahoo.com
USS ROBISON (DDG 12)	Sept. 10-13	(715) 787-4559	ddg12assn@frontiernet.net http://forums.delphiforums.com/ddg12
USS ROOKS (DD 804)	June 11-14	(252) 426-5448	thebillferguson@earthlink.net
USS RUSHMORE (LSD 14)	Sept. 23-27		LSD-14@hullnumber.com
USS SAM RAYBURN (SSBN 635)	April 26-30	(325) 468-2213	boatdock635@aol.com www.ssn635.org
USS SAN BERNARDINO (LST 1110/1189)	Sept. 4-7	(619) 862-4757	uss.san.bernardino@gmail.com myspace.com/lst1189
USS SAN MARCOS (LSD 25)	April 23-26	(215) 287-4311	jacklieberman8104@comcast.net james.harbaugh@netcare-il.com
USS SAN PABLO (AVP/AGS 30)	April 30 - May 3	(585) 223-2713	stuenormus@msn.com
USS SARGO (SS 188/SSN 583)	Oct. 1-4	(858) 495-0562	mrhacking@san.rr.com www.ssn583.com
USS SCHENECTADY (LST 1185)	Sept. 21-25	(804) 994-3938	cacs1@msn.com
USS SEMINOLE (AKA 104)	April 15-18	(847) 675-2086	clarencpeterson@sbcglobal.net
USS SENNET (SS 408)	Oct. 11-15	(843) 851-7064	rluther@bellsouth.net www.sennet.org
USS SNOHOMISH COUNTY (LST 1126)	May 15-18	(843) 449-7914	LST-1126@hullnumber.com
USS SOLEY (DD 707)	Oct. 8-12	(714) 527-4925	eblum3@juno.com www.usssoley.org
USS SOLOMONS (CVE 67 & DE escorts)	June 27-30	(207) 943-8856	comeaufa@ggcg.org www.ggcg.org/navy/cve27.html
USS SPANGLER (DE 696)	Sept. 13-15	(805) 642-2689	
USS SPIEGEL GROVE (LSD 32)	Oct. 15-18	(813) 672-0733 (715) 787-4559	lsd32@frontiernet.net www.kevinflatley.com

Reunion 2008	Date	Phone #	Web/E-mail/
USS SPIKEFISH (SS 404)	June 15-17	(843) 886-8447	iopfredpenny@aol.com
USS SPINAX (SSR/SS 489)	Sept. 14-17	(401) 849-7282	jhunter2007@cox.net
USS SPROSTON (DD/DDE 577)	Sept. 16-20	(920) 722-2414	ldoran@new.rr.com www.sproston.com
USS SYLVANIA (AKA 44/AFS 2)	Sept. 19-21	(616) 897-5178	
USS TARAWA (CV/CVA/CVS 40)	April 30 - May 3	(401) 539-1149 (765) 362-6937	cliffordgardner.1@verizon.net walsue@wico.net
USS TARAWA (LHA 1)	April 30 - May 3	(304) 965-5916	tarawalha1@aol.com
USS TERREBONNE PARISH (LST 1156)	May 13-16	(614) 436-8211	redab@columbus.rr.com
USS TIRU (SS416)	Aug. 13-16	(203) 464-8821	2009reunion@usstiru.org usstiru.org
USS TOWERS (DDG 9)	Sept. 16-19	(415) 566-7285	usstowersddg9@pacbell.net www.usstowersddg9.com
USS TRENTON	July 24-26	(334) 756-8278	captpicard30668@yahoo.com LPD-14@hullnumber.com www.hullnumber.com/LPD-14
USS TRIPOLI (LPH 10)	Sept. 16-20	(757) 723-0317	yujack@megalink.net
USS TRUMPETFISH (SS 425)	Oct. 8-12	(843) 873-9563	terminole@hotmail.com
USS TUSCON (CL 98/SSN 770)	April 22-26	(520) 825-7498 (520) 722-0503	snugharbor2@aol.com garybartlett@sprintmail.com
USS TUSK (SS 426)	Sept. 24-27	(860) 536-6586	dahmarine@aol.com www.usstusk.com
USS US GRANT (SSBN 631)	May 13-23	(580) 550-8270 (930) 569-81145 (407) 886-6422	LEJ_SS@sbcglobal.net elray01@embargmail.com www.usgrant.com
USS VOLADOR (SS 490)	Sept. 7 - 13	(928) 234-0858	SS-490@hullnumber.com www.hullnumber.com/ss-490
USS WAHOO (SS 565)	April 16-19	(603) 362-5781	www.usswahoo.com
USS WARRINGTON (DD 843)	April 29 - May 3	(916) 791-6700	stashuman843@msn.com
USS WHITEHURST (DE 634)	June 24-26	(843) 553-1908 (803) 276-2232	
USS WHITFIELD COUNTY (LST 1169)	Aug. 23-27	(304) 278-5722	LST-1169@hullnumber.com www.hullnumber.com/LST-1169
USS WILHOITE (DE/DER 397)	Sept. 30 - Oct. 3	(402) 483-6889	adtomorrissey@msn.com
USS WILLIAM R. RUSH (DD/DDR 714)	Aug. 30 - Sept. 3	(757) 427-6820	postmaster@williamrrush.org williamrrush.org
USS WINDHAM BAY (CVE 92)	Sept. 27-30	(210) 495-4845	windhambay@aol.com http://sites.google.com/site/windhambay/
USS YELLOWSTONE (AD 27)	May 14-17	(352) 854-1387	bowp@worldnet.att.net
USS YOSEMITE (AD 19)	April 29 - May 3		mcpo@earthlink.net
VAP 61/VAP 62	Oct. 28 - Nov. 1	(757) 721-3077	templej2@cox.net
VB/VPB 109 Bombing Squadron	Oct. 22-24	(814) 866-6683	
VF 194	April 30 - May 4		vf194_reunion@hotmail.com vf-194.synthasite.com
VP 44, VPB 204, BP 204, VPMS 4	April 16-20	(520) 495-4875	www.vp44goldenpelicans.com
VP 48	Sept. 23-27	(817) 304-3378	jimc1@hughes.net www.reunionproregistration.com/vp48.htm
VP 93	Nov. 7	(734) 658-7701	G5AV8OR@aol.com
VP22	April 4-10	(615) 207-9900	mvb_7@hotmail.com
VQ 1, 2, 5 & 6 and support groups (all eras)	Sept. 17-20	(805) 482-1204	pierreputt@earthlink.net
VS-21 (1955-1965)	Sept. 13-17	(603) 863-6098	HTAIT3@hotmail.com
WWII Black Navy Veterans of Great Lakes Illinois	Aug. 20-23	(847) 249-5510	
Youngstown Naval Reserve Center	Aug. 15	(330) 627-2918	rum@raex.com PAO@youngstown.af.mil

Retired Activities Office Phone Listing

Arizona

Phoenix, AZ (N&MCRESREDCEN)
(602) 353-3033
0830-1500(Mon-Fri)
Tucson, AZ (N&MCRESCEEN)
(520) 228-6277/89
0930-1500(Tue-Fri)

California

China Lake, CA (NAVAIRWPASTA)
(760) 939-0978
0900-1100 1300-1500(Mon-Fri)
Lemoore, CA (NAS)
(559) 998-4042
0800-1630 (Mon-Fri)
Monterey, CA (NAVSUPPACT)
(831) 656-3060
0800-1500(Wed)
Point Mugu, CA
(805) 982-1023
0800-1600 (Mon-Fri)
San Diego, CA (CORONADO - NAS)
(619) 437-2780
0900-1200 (Mon-Fri)
San Diego, CA (NAVSTA)
(619) 556-8987
0800-1600 (Mon-Fri)
Seal Beach, CA (NWS)
(562) 626-7152
0900-1500 (Mon-Fri)
Sunnyvale, CA (Onizuka Air
Station-formerly Moffett Field)
(650) 603-8047
0930-1530 (Mon-Fri)

Connecticut

Groton, CT (SUBASE)
(860) 694-3284
0900-1500 (Mon-Fri)

Delaware

Wilmington, DE (N&MCRESCEEN)
(302) 998-5194
0800-1630(Mon-Fri)

Florida

Jacksonville, FL (NAS)
(904) 542-2766 Ext 126
0900-1500 (Mon-Fri)
Mayport, FL (NAVSTA)
(904) 270-6600 Ext 122
0730-1600 (Mon-Fri)
Milton, FL (NAS WHITING FIELD)
(850) 623-7177
1000-1300(Wed/Thu)
Orlando, FL (DFAS BLDG)
(407) 646-4204/4262
1000-1400 (Mon-Fri)
Pensacola, FL (NAS)
(850) 452-5990 Ext 3111
0900-1300 (Mon-Thu)

Georgia

Atlanta, GA (NAS)
(678) 655-6699
1000-1200 (Tue/Thu)
Kings Bay, GA (SUBASE)
(912) 573-4512
0730-1630 (Mon/Tue/Wed/Fri)
0900-1630 (Thurs)

Hawaii

Pearl Harbor, HI (NAVSTA)
(808) 474-1999 Ext 6317
0800-1500 (Mon-Fri)

Illinois

Great Lakes, IL (NTC)
(847) 688-3603 Ext 118
0900-1500 (Mon-Fri)

Louisiana

New Orleans, LA (NAVSUPPACT)
(504) 678-2134
0900-1200 (Mon-Fri)

Massachusetts

Quincy, MA (NAVOPSUPPCTR)
(617) 753-4636/26
1200-1600 (Wed/Fri)

Maryland

Annapolis, MD (USNA)
(410) 293-2641
0900-1200 (Wed)
Bethesda, MD (NNMC)
(301) 295-4120
0930-1530 (Mon-Fri)

Maine

Brunswick, ME (NAS)
(207) 921-2609
0900-1200 (Mon-Fri)

Michigan

Mt. Clemens, MI (SEL ANGB)
(586) 307-5580
0900-1500 (Tue-Fri)

Minnesota

Minneapolis, MN (NAVAIRRESCEN)
(612) 727-2854
1000-1430 (Tue/Thu)

Missouri

St. Louis, MO (NAVOPSUPPCEN)
(314) 263-6443
0930-1330 (Tue/Thu)
1130-1330 Friday

Mississippi

Gulfport, MS (NCBC)
(228) 871-3000 Ext 35
0900-1200 (Mon-Fri)

New Hampshire

Portsmouth, NH
(207) 438-1868
1000-1400 (Tue-Thu)

New Jersey

Lakehurst, NJ (NAVAIRENGSTA)
(732) 323-5099
0900-1500 (Wed/Thu)

Nevada

Fallon, NV (NAS)
(775) 426-3333
0730-1600 (Mon-Fri)

New Mexico

Cannon AFB, NM
(578) 784-4679
0800-1600 (Mon/Wed/Fri)

New York

Amityville, NY (AFRESTRGCEN)
(631) 842-6620
0930-1500 (Tue/Thu)
0930-1200 (Wed)
0930-1400 (Fri)

Oregon

White City, OR (VA SORCC)
(541) 353-2111
ext. 3886

Pennsylvania

Willow Grove, PA (NAS JRB)
(215) 443-6033
1-800-773-1569
1000-1500 (Mon-Fri)

Rhode Island

Newport, RI (NAVSTAMPPT)
(401) 841-4089
0900-1200 (Mon-Fri)

S. Carolina

Charleston, SC (NAVWPNSTA)
(843) 764-7480
0800-1630 (Mon-Fri)
Greenville, SC (NAVOPSUPPCEN)
(864) 277-9775 opt 4
1-866-524-6585 Opt 4
0900-1100 1300-1500 (Mon-Fri)

Tennessee

Millington, TN (NAVSUPPACT)
(901) 874-5147
1000-1400 (Tues-Thurs)

Texas

Corpus Christi, TX (NAS)
(361) 961-3113/2372/3722
0800-1230 (Mon/Tue/Thu/Fri)
1300-1500 (Wed)
Ft. Worth, TX (NAS JRB)
(817) 782-5287
0800-1600 (Mon-Fri)
Houston, TX (NAVOPSUPPCEN)
(713) 795-4109/4068
0900-1200 (Tue-Fri)
Kingsville, TX (NAS)
(361) 516-6105/6333
1300-1500 (Mon/Wed/Fri)
San Antonio, TX (NAVOPSUPPCEN)
(210) 225-2997 Ext 119
1000-1400 (Mon-Fri)

Virginia

Dahlgren, VA (NSWC)
(540) 653-1839/3291
1-800-500-4947
0800-1530 (Mon-Fri)
Hampton Roads Regional Office
Norfolk, VA (NAVSTA)
(757) 322-9105
1-800-372-5463
1000-1400 (Mon-Fri)
Little Creek, VA (NAB)
(757) 462-8663
1000-1400 (Mon-Fri)
Norfolk, VA (NAVSTA)
(757) 322-9113
1-800-372-5463
1000-1400 (Mon-Fri)

Washington

Bremerton, WA (NavSta Bremerton)
(360) 476-5116
1-866-572-4341
0900-1330 (Mon-Fri)
Everett, WA (NAVSTA)
(425) 304-3775
1-888-463-6697 opt5 then opt
2 ask for RAO
1000-1300 (Mon-Fri)
Whidbey Island, WA (NAS)
(360) 257-8054/55
0900-1500 (Mon-Fri)

Wisconsin

Milwaukee, WI (NAVOPSUPPCEN)
(414) 744-9766
0900-1500(Mon-Fri)

Overseas Locations

Guam

NAVACTS
(671)339-7635/333-2056/7/8

Italy

La Maddalena, IT (NAVSUPPACT)
011-390-789-73-6161
DSN: (314) 623-8205
24HRS (Mon-Sun)
Naples, IT (NAVSUPPACT)
011-39-081-811-6550
DSN: (314) 629-6550
1000-1400 (Mon/Thurs/Fri)

Japan

Atsugi, JA (NAF)
Local: 0467-78-5015 Ext 264-4190
011-81-311-764-4190 (fm conus)
DSN: (315) 264-4190
0900-1200 (Tue/Fri)
Sasebo, JA (COMFLEACT)
011-81-611-752-3108 (fm conus)
DSN: (315) 252-3108
1300-1500 (Wed)
Yokosuka, JA (COMFLEACT)
Local: 046-816-9626
011-81-46-816-9626 (fm conus)
DSN: (315) 243-9626
0800-1630 (Mon-Wed/Fri)
0800-1500 (Thurs)

Spain

Rota (NAVSTA)
011-34-956-82-3232 (fm conus)
DSN: (314) 727-2850
1100-1700 (Mon/Wed/Fri)
1100-1500 (Tue/Thurs)

Thailand

JUSMAGTHAI
66-2-287-1036 / 1045 ext. 165
1000-1400 (Mon-Fri)

Updated Feb. 20, 2009

Ready Reference Contact Information

Air Force Retiree Services: (800) 531-7502; www.retirees.af.mil/
Arlington National Cemetery: (703) 607-8000; www.arlington-cemetery.org

Armed Forces Retirement Home: (800) 422-9988; www.afrh.gov
Army & Air Force Exchange Service: (214) 312-2011; www.aafes.com

Army Retired Services: (703)325-9158; www.armyg1.army.mil/retire

Burial at Sea Information: (866) 787-0081; www.npc.navy.mil

Combat Related Special Compensation:
www.donhq.navy.mil/corb/crscb/crscmainpage.htm

DEERS: (800)-538-9552, Fax: (831) 655-8317;
www.tricare.osd.mil/deers

Defense Commissary Agency: www.commissaries.com

DFAS Casualty Assistance Branch: (800) 269-5170; (For Reporting a Retiree's death, press 2)

Fleet Reserve Association: (703) 683-1400; www.fra.org

Gulf War homepage: www.gulflink.osd.mil

I.D. Cards Benefits and Eligibility: (866) 827-5672;
www.npc.navy.mil/commandsupport/PayPersSupport/IDcards

Internal Revenue Service: (800) 829-1040; www.irs.gov

Marine Corps Retired Affairs: (800) 336-4649; www.usmc.mil
(Hover over "Marine Services" then click on "Retired Services")

Medicare: (800) 633-4227. TTY: (877) 486-2048; www.medicare.gov

Military Officers Assoc. of America: (800) 234-6622; www.moaa.org

National Burial Services: (800) 697-6940

NPC Navy Reserve Personnel Management (PERS 9): (866) 827-5672,
www.npc.navy.mil/CareerInfo/ReservePersonnelManagement/

Navy Retired Activities Office: (866) U-ASK-NPC (866-827-5672);

MILL_RetiredActivities@navy.mil;

www.npc.navy.mil/CommandSupport/RetiredActivities

Navy Uniform Shop: (800) 368-4088; www.navy-nex.com/uniform

Navy Worldwide Locator: (901) 874-3388;

www.npc.navy.mil/CommandSupport/NavyWorldWideLocator

Reserve Component SBP: (877) 807-8199

Retiree Dental — Delta Dental: (888) 838-8737; www.trdp.org

Servicemembers Group Insurance (SGLI): (800) 419-1473;

www.insurance.va.gov

Naval Historical Center: (202) 433-2210; www.history.navy.mil

Social Security Administration: (800) 772-1213; www.ssa.gov

TRICARE: www.tricare.mil

TRICARE North: (877) TRICARE (874-2273); www.hnfs.net/:
CT, DC, DE, IL, IN, KY, MA, MD, ME, MI, NC, NH, NJ, NY, OH,
PA, RI, VT, VA, WI, WV, some zips in IA, MO, TN

TRICARE South: (800) 444-5445; www.humana-military.com:
AL, AR, FL, GA, LA, MS, OK, SC, TN (except 35 TN zips near
Fort Campbell), and TX (except the extreme SW El Paso area)

TRICARE West: (888) TRIWEST (874-9378); www.triwest.com:
AK, AZ, CA, CO, HI, ID, IA (except 82 zips near Rock Island),
KS, MO (except St. Louis area), MN, MT, ND, NE, NM, NV, OR,
DE, SW TX, UT, WA, WY

TRICARE Overseas: (888) 777-8343; www.tricare.mil

TRICARE For Life: (866) 773-0404; www.tricare.mil/tfl

TRICARE mail order pharmacy: (866) 363-8667;
www.tricare.mil/pharmacy

TRICARE retail pharmacy: (866) 363-8779;
www.express-scripts.com

VA: www.va.gov

Regional offices: (800) 827-1000 (overseas retirees should
contact the American Embassy/consulate), TDD (800) 829-4833

Insurance:

VA Regional Office and Insurance Center

PO Box 7208 (claims inquiries) -OR-

PO Box 7327 (loans) -OR-

PO Box 7787 (payments)

Philadelphia PA 19101

(800) 669-8477; www.insurance.va.gov

Burial information: (800) 827-1000; www.cem.va.gov

GI Bill: (888) 442-4551; www.gibill.va.gov/

Records:

**For replacement DD 214, service records, medical records,
award information:**

Retired prior to 1995: www.vetreccs.archives.gov

Retired after 1995:

Navy Personnel Command

PERS-312E

5720 Integrity Drive

Millington, Tn 38055-3120

Fax requests to: (901) 874-2664

Gray-area reservists: (866) 827-5672

Sister service retiree publications:

Air Force Afterburner: www.retirees.af.mil/afterburner

Army Echoes: www.armyg1.army.mil/rso/echoes.asp

Coast Guard Evening Colors: <http://www.uscg.mil/hq/cg1/psc/retnews/>

Marine Corps Semper Fidelis: www.usmc.mil (hover over
"Marine Services," click on "Retired Services," then hover over
"Retired Activities" in the left menu and click on "Semper Fidelis
Newsletter")

Navy recreation: www.mwr.navy.mil/

Navy Gateway Inns & Suites: <http://dodlodging.net>

ITT: http://www.mwr.navy.mil/mwrprgms/itt_military_special.htm

Pay/SBP Questions: www.dfas.mil

**Pay inquiries and update of pay or SBP records in case of
death, divorce or remarriage:**

Retiree:

Defense Finance and Accounting Service

U.S. Military Retirement Pay

PO Box 7130

London KY 40742-7130

(800) 321-1080, (216) 522-5955

SBP/RSFPP annuitant:

Defense Finance and Accounting Service

U.S. military Annuitant Pay

PO Box 7131

London KY 40742-7131

(800) 321-1080, (216) 522-5955



★
Don't let your questions go unanswered. If you're not sure who to contact,

Call 1-866-U-ASK-NPC (1-866-827-5672)

Let the Navy Personnel Command Customer Service Center help you!

www.npc.navy.mil

★
Printing options for *Shift Colors*

With budgets tight, one of the options we are exploring to deliver hard copies of *Shift Colors* to our readers' mailboxes is a Civilian Enterprise contract. This type of contract allows government publications to be printed by civilian contractors who sell advertising to cover the cost of printing the publication. There are many benefits to the government. First is that there are no printing costs to the government. Second, quality may be higher. Third, there will be a set schedule

of publications again. You are probably familiar with this type of publication. Any time you pick up a military base newspaper Stateside, you are holding a Civilian Enterprise publication.

The only difference you will see in content is that there will be advertising. The presence of advertising in *Shift Colors* does not imply endorsement by the Navy or the Department of Defense. It is a method by which we will be able to provide you with this publication.

The information compiled for **Shift Colors** comes from a variety of sources to include experts in their respective fields. The content was current at the time of publication. We appreciate your patience and continued readership. - Editor, **Shift Colors**

DEPARTMENT OF THE NAVY
NAVY PERSONNEL COMMAND
SHIFT COLORS (PERS-00R)
5720 INTEGRITY DRIVE
MILLINGTON TN 38055

OFFICIAL BUSINESS

<p>PRESORTED STANDARD U.S. POSTAGE PAID Louisville, KY Permit No. 59</p>
