

21 MAR 2020

SWO(N) Gram – COVID-19 Updates

Fellow SWO(N) Warriors –

It's been an unprecedented week in many ways as the Navy works to do our part to limit the spread of COVID-19. We greatly appreciate everyone's patience and understanding as we continue to prioritize those most immediately impacted by these policy changes. As you are undoubtedly aware, it is an evolving process. Rather than attach all COVID-19 related NAVADMINS, we've attached the most impacting, provided links to the all COVID-19 related NAVADMINS, and summarized the most significant changes/updates below. Below the cut line is some additional information regarding government credit cards and support services that may also be helpful.

If you have not yet been contacted by PERS 41 or the SWO(N) Community Management Team and believe you are impacted by COVID-19 policies, please email either the SWO(N) Management Team and use the subject line "COVID-19".

Please stay connected with the latest updates on Facebook – the SWO(N) Page, PERS-41, MyNavy HR, US Navy, and CNO webpages are posting frequently to keep you informed.

COVID-19 related NAVADMINS:

NAVADMIN 064-20 – Navy mitigation measures in response to COVID-19 outbreak for OCONUS Travel

(<https://www.public.navy.mil/bupers-npc/reference/messages/Documents/NAVADMINS/NAV2020/NAV20064.txt>)

NAVADMIN 065-20 – Navy mitigation measures in response to COVID-19 outbreak CONUS Travel

(<https://www.public.navy.mil/bupers-npc/reference/messages/Documents/NAVADMINS/NAV2020/NAV20065.txt>)

NAVADMIN 067-20 – Order to update Navy Family Accountability and Assessment System (NFAAS)

Personal Contact Information (<https://www.public.navy.mil/bupers-npc/reference/messages/Documents/NAVADMINS/NAV2020/NAV20067.txt>)

NAVADMIN 068-20 – Effective use of Remote Work Options (<https://www.public.navy.mil/bupers-npc/reference/messages/Documents/NAVADMINS/NAV2020/NAV20068.txt>)

NAVADMIN 069-20 – Navy-wide Advancement Exam Supplemental

(<https://www.public.navy.mil/bupers-npc/reference/messages/Documents/NAVADMINS/NAV2020/NAV20069.txt>)

NAVADMIN 071-20 – Physical Readiness Policy Update (<https://www.public.navy.mil/bupers-npc/reference/messages/Documents/NAVADMINS/NAV2020/NAV20071.txt>)

NAVADMIN 072-20 – Postponement of Navy Selection Board schedule

(<https://www.public.navy.mil/bupers-npc/reference/messages/Documents/NAVADMINS/NAV2020/NAV20072.txt>)

NAVADMIN 073-20 – Temporary Relaxation of Hair Grooming Standards

(<https://www.public.navy.mil/bupers-npc/reference/messages/Documents/NAVADMINS/NAV2020/NAV20073.txt>)

NAVADMIN 074-20 – Navy mitigation measures in response to COVID-19 UPDATE 2

(<https://www.public.navy.mil/bupers-npc/reference/messages/Documents/NAVADMINS/NAV2020/NAV20074.txt>)

NAVADMIN 075-20 – Maintaining and Protecting the Navy Accessions Supply Chain
(<https://www.public.navy.mil/bupers-npc/reference/messages/Documents/NAVADMINS/NAV2020/NAV20075.txt>)

Summary of COVID-19 related NAVADMINS:

Navy mitigation measures in response to COVID-19 outbreak (NAVADMINS 064-20, 065-20, 074-20). NAVADMINS 064-20 and 065-20 provided initial guidance for overseas and domestic travel, respectively. NAVADMIN 074-20 (attached) provides amplifying information, including updated Guidance for training tracks, personal leave and exceptions. Of note, for those executing training tracks, the following guidance applies:

Service Members and Navy civilians currently under PCS or TAD/TDY orders and attending training and/or schools will complete their current training and/or school. For those on TAD/TDY orders from their permanently-assigned command, Service Members and Navy civilians are directed to contact the command that issued the orders for returning instructions/guidance. Navy civilians executing PCS orders are directed to contact the command that issued the orders for further guidance. Service Members executing PCS orders are directed to contact Navy Personnel Command for guidance and potential orders modification. Once the current school/training is complete, Service Members should expect to take one of the following actions:

- (1) Return to their previous Permanent Duty Station (PDS)
- (2) Remain at the school/training site if prudent for health protection
- (3) If the next school/training is in the same location and the course is still being offered, continue training. Reevaluate after school/training completion.
- (4) Proceed to the ultimate PDS.

Decisions will be based on force health protection considerations. Throughout the process Service Members should consult with their affected command (current, losing or future) as well as their detailer where applicable. If warranted, a copy of the waiver request form can be downloaded from the MyNavy Portal (<https://my.navy.mil/files/COVID-19%20WAIVER%20REQUEST%20FORM.doc>).

Order to update NFAAS Personal Contact Information (NAVADMIN 067-20). Directs members to update/verify their personal information in the Navy Family Accountability and Assessment System (NFAAS) no later than 31 March 2020. If a record has been updated in the system between 1 October 2019 and 31 March 2020, that record is considered validated for the 31 March 2020 deadline. Although this is the standard semi-annual update, having access to current contact information is critical during the COVID-19 response.

“To update contact data, access the NFAAS website at <https://navyfamily.navy.mil>. Login and update member information under the "My Info" tab, "Contact Information" section, and update sponsor's work location information. Update family member information under the "My Info" tab, "Family Member Info" section. Edit member and family member information as necessary and verify as current. Personnel are required to input their physical address; PO/APO/FPO addresses are not authorized. Additionally, users must ensure a Cell Carrier is selected from the applicable drop-down list. All family members enrolled in the Exceptional Family Member Program must be identified as such.”

Effective Use of Remote Work Operations (NAVADMIN 068-20). OPNAV N2N6 and Fleet Cyber Command, and Commander TENTH Fleet issued a joint message outlining available programs and processes to work remotely.

E-4 Navy-wide Advancement Exams (NWAEE) Delayed (NAVADMIN 069-20). All enlisted advancement exams after 17 March 2020, active and reserve component makeup/late exams, are rescheduled with the following administration dates:

- a. 21 May 2020 Cycle 247 (E-4 only) Active Duty and Full-Time Support (FTS) regular NWAEEs.
- b. 22 May 2020 Cycle 106 (E-4 through E-7) Selective Reserve (SELRES) NWAEEs approved for late administration on the first available drill weekend after this date.
- c. 12 June 2020 Cycle 247 (E-4 through E-6) final date to administer substitute exams.

PFA Cycle Suspended (NAVADMIN 071-20). The spring cycle Physical Readiness Test (PRT) and Body Composition Assessment (BCA) has been suspended as well as all organized or group physical training. All personnel will be excused from participation in Cycle 1, 2020, including those who have already completed the PFA.

Boards Postponed (NAVADMIN 072-20). All promotion, advancement, milestone and other selection boards scheduled to convene on or after 24 March 2020 at Navy Personnel Command are postponed until further notice. Upon resumption, boards will likely follow the original selection board sequence. Letter to the Board (LTB) submission deadlines for officer promotion/continuation selections boards remain as previously announced (10 days prior to original board convening). As we did last year, the Surface Nuclear Officer Screening Boards (EDO(N) Reactor Officer, Assistant Reactor Officer, EDO(N) Continuation, and Principal Assistant Screening Boards) may be conducted virtually to alleviate the stress on the board spaces; the date for these board will be promulgated separately.

Relaxation of Grooming Standards (NAVADMIN 073-20). In order to minimize Sailors' exposure to COVID-19 and adhere to social distancing, the Navy relaxed hair grooming standards. All normal grooming standards for sideburns, hairstyles and shaving remain in effect.

Maintaining and Protecting the Navy Accessions Supply Chain (NAVADMIN 075-20). Directs the implementation of measures to maintain and protect the Navy Accessions Supply Chain, from recruiting, through initial military training and follow-on training, to a new Service Member's first duty station (i.e., Street to Fleet).

Supporting Information:

Government Credit Card. Members left in place on extended TDY beyond their credit card billing date will be placed in a "Mission Critical" status to delay the requirement to pay their bill for up to 120 days; additional extensions will be granted as necessary. Additionally, for those who reach their credit limit, NAVSUP will increase credit limits. Members who incur card limit problems should contact MNCC (833-330-MNCC) for assistance.

Individual and Family Support Resources.

- a. **Military Crisis Line.** 24/7 confidential and toll-free support for service members and veterans in crisis. Call 1-800-273-TALK (option 1), text 838255 or visit www.militarycrisisline.net.
- b. **Military OneSource.** Confidential non-medical counseling available to service members and families. Call 1-800-342-9647 or visit www.militaryonesource.mil.

c. **Navy Chaplain Care.** Communications are 100 percent confidential unless the service member decides otherwise. Call 1-855-NAVY-311 to request chaplain support or visit <http://www.navy.mil/local/chaplaincorps/>.

d. **Psychological Health Resource Center.** Free and confidential professional health resource for service members, families and clinicians. Call 1-866-966-1020 or visit <http://www.realwarriors.net/livechat> to speak with a consultant 24/7.

e. **Psychological Health Outreach Program (PHOP).** Provides Navy Reservists and their families' full access to appropriate psychological health care services. Contact your local PHOP region for assistance at 1-866-578-PHOP(7467).

f. **Navy and Marine Corps Public Health Center.** Committed to supporting Fleet and Marine Corps readiness and enhancing public health outcomes through products and services. <http://www.med.navy.mil/sites/nmcphc/health-promotion/Pages/default.aspx>

g. **Navy Marine Corps Relief Society.** Sailors and family members who experience financial hardship due to COVID-19, which the entitlements and GOVCC initiatives don't relieve, are highly encouraged to seek assistance from their local Navy and Marine Corps Relief Society office. A list of locations, points of contacts and amplifying information can be found at: <https://www.nmcrcs.org>.

We extend our thankfulness and best wishes for you and your family. Stay safe.

V/r,

Megan