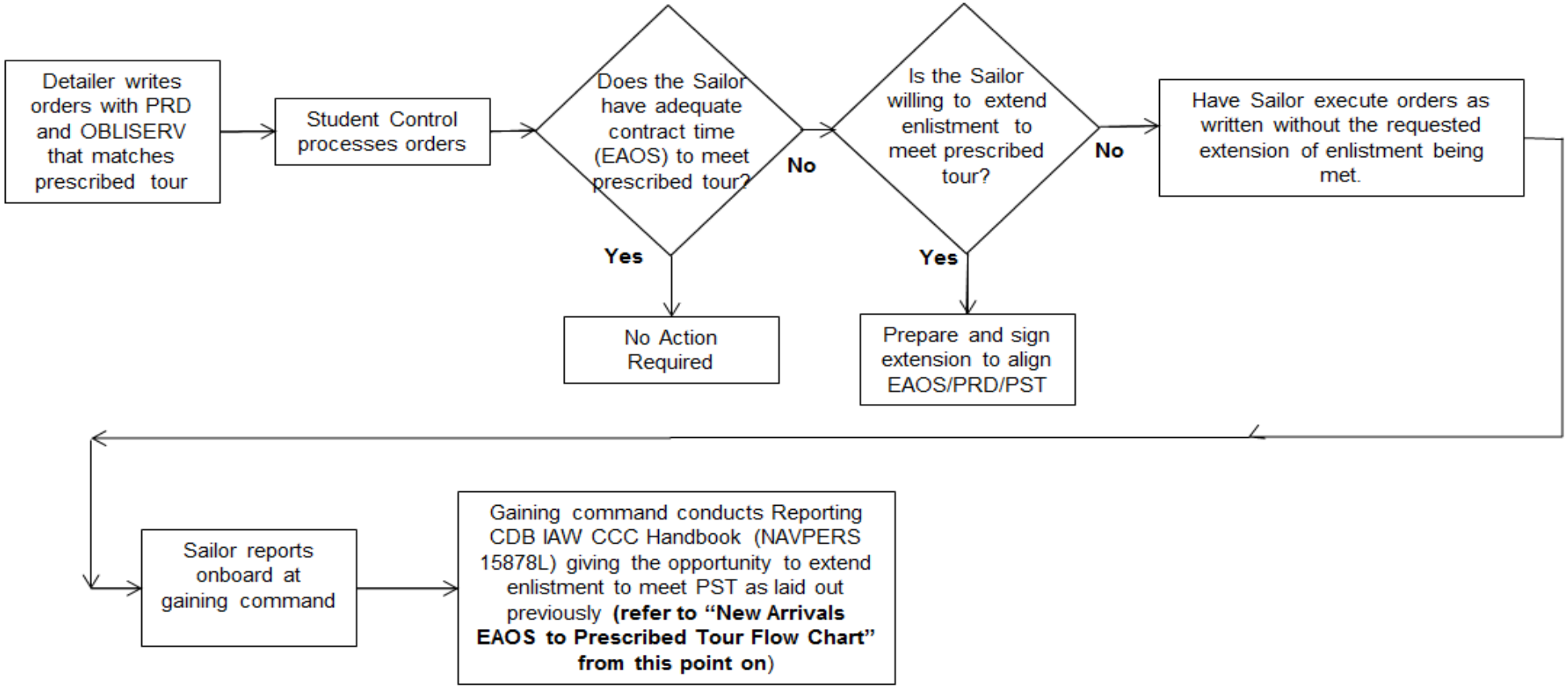First Term Sailor – EAOS to PST Alignment Flow Chart