



MyNAVYHR

Serving Sailors 24/7

Active to Reserve: Continuing Success

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Navy Personnel Command

August 12-14, 2019





Navy Reserve Benefits

- **180 days of Tricare coverage through Transitional Assistance Management Program (TAMP)**
 - Optional low cost medical coverage for member/family after TAMP
 - Tricare Reserve Select & Family Dental available (180 days of TAMP coverage AC2RC with no break in service only*)
 - *Involuntary Separation Pay recipients are eligible for TAMP
- **Affiliation Bonuses-based on Rate and NEC, Up to \$20K**
- **2 Year Mobilization Deferment (NAVADMIN 007/07)**
- **Receive 4 days of pay for a typical drill weekend along with flexible drill opportunities**
- **SGLI \$400,000 (\$29/month)**
- **Reserve Retirement, including medical (after 20 qualifying years of service)**



Navy Reserve Benefits

- **MGIB-SR (6yr obligation, No out of pocket \$)**
- **MGIB-SR Kicker (Eligible with 6yr contract and bonus)**
- **POST 9/11 GI Bill and transferability**
- **Recall / Active Duty for Special Work (ADSW)/Full Time Support (FTS) opportunities**
- **Educational Benefits (Navy College, DANTES, CLEP, Tuition Assistance)**
- **Space “A” availability for air travel**
- **Full MWR privileges (golf, gym, & theater)**
- **Thrift Savings Plan**
- **Unlimited Navy Exchange & Commissary visits**



Paths to the Navy Reserve

- **CWAY Approved SELRES quota**
- **Approved E-PAR/1306 submitted to the SELRES ECM via MNCC**
 - If less than 90 days from SEAOS
- **Reserve Enlisted Manning Team (critical ratings only, quotas are provided to CTO via Recruiting)**
- **Delayed Affiliation Program (90 days prior)**
 - MILPERSMAN 1133-062
- **Seamless (4-5 Documents)**

Career Transition Office can help you!



Process for Application

- **Upon approval complete and submit affiliation documents prior to terminal leave (Reserve Affiliation Screening Checklist, Reserve Contract, Page 13's [as applicable])**
- **Select the NOSC closest to where you intend to reside (This is not always the NOSC in your state)**
- **Do not report to the NOSC until the date specified by your TA**
 - Once SELRES gain is complete, the TA will email the NOSC the gain package and email the member to let them know the package has been submitted. (Have member check spam folder if not received)
- **Contact your TA anytime if you have any questions or changes that occur**

Career Transition Office can help you!

