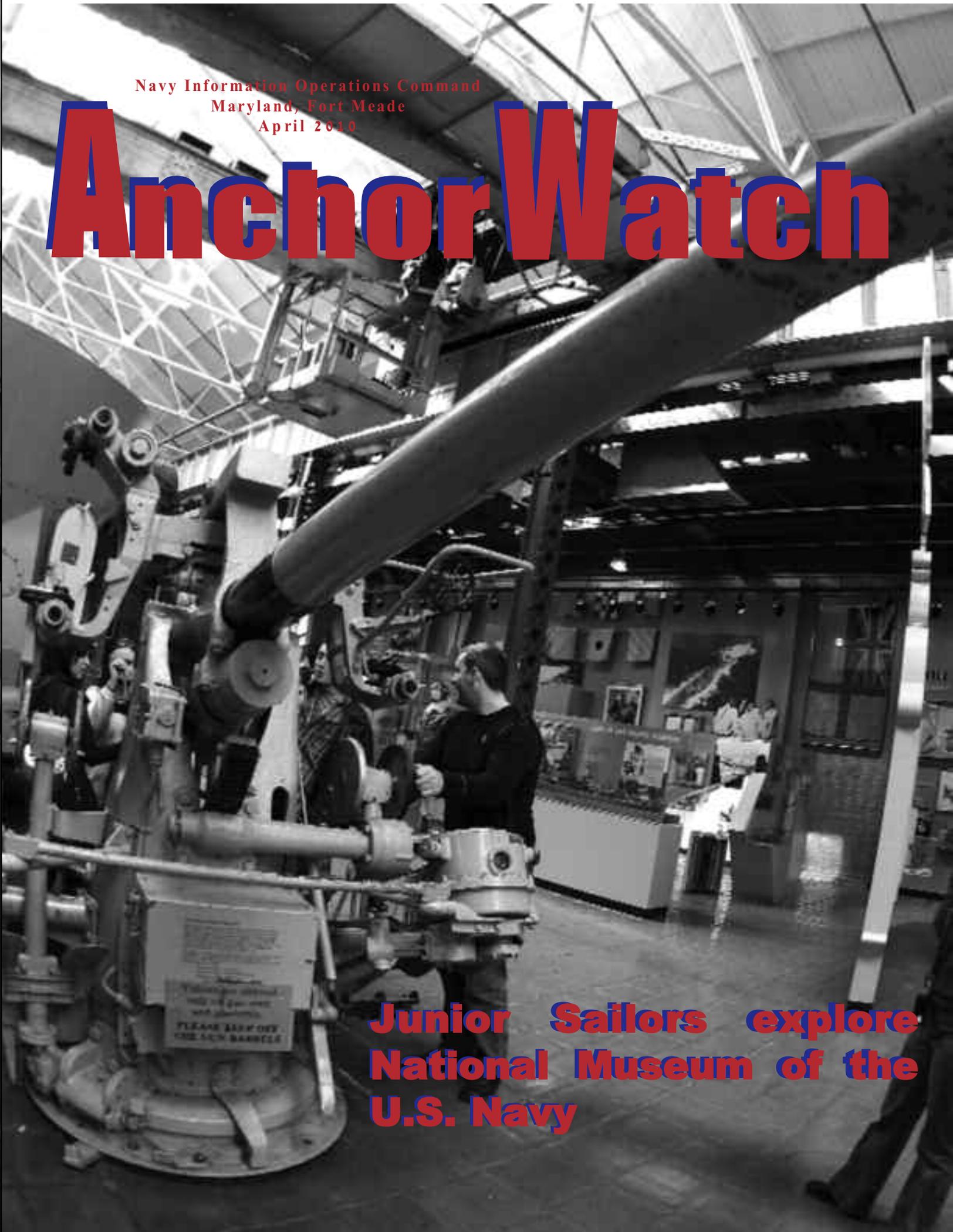


Navy Information Operations Command
Maryland, Fort Meade
April 2010

Anchor Watch



**Junior Sailors explore
National Museum of the
U.S. Navy**

Spring PFA Notice

The Spring 2010 (Cycle 1) Physical Fitness Assessment ends April 30. All personnel checked into the command on or before Jan. 25 are required to take the full PFA with body composition assessment and Physical Readiness Test. Regardless of PRT exemption due to Deployment/TAD or arrival after the 10 week notice, all Sailors are required to complete a BCA during each six-month cycle. Stop by or contact the Command Fitness office inside Eagle Fitness Center at 301-677-0737 to schedule your BCA and PFA.



NIOC MD to host 2nd Annual Women's Leadership Symposium

NIOC MD will host its 2nd Annual Women's Leadership Symposium at McGill Training Center, Fort Meade, April 30, from 8 a.m. to 2:30 p.m. Guest speakers will present a broad range of topics, followed by a panel of experts to address specific issues. The symposium is open to all personnel, regardless of service or gender. Refreshments and lunch will be provided. For more information on the symposium please contact Chief Petty Officer Mary Warren at 240-373-8146 or mcwarre@nsa.gov



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NAVY INFORMATION OPERATIONS
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Petty Officer 3rd Class Trevor Cell reports to Chief Petty Officer Olga Levkovich before taking the advancement exam.

Photo by MC2(SW) Regina Wright

Anchor Watch

ANCHOR WATCH

In its 36th year of publication
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Story ideas are due the first working day of each month to the Public Affairs Office, Bldg. 9804, Rm. 110, Fort Meade, Md. 20755-5290. Phone: 301-677-0860 FAX: 301-677-0399.

Story ideas are also accepted electronically at regina.j.wright@navy.mil.



Capt. Steven Ashworth presents Chief Petty Officer Scott Driscoll with an Army Achievement medal at the awards ceremony, March 16.

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Read about the command's outstanding volunteer program.

8 Copernicus Award

Check out how one department head was recognized for his superior performance.

12 Day Trip to Lancaster

Read how post chapels are improving morale.

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The JSA promotes camaraderie and learning among NIOC MD's Junior Sailors by sponsoring trips to locations such as the Navy Museum in Washington, D.C.

Sailors' Pages

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Naval Heritage, page 15
Congress establishes the Department of the Navy

March Awards



Defense Meritorious Service Medal
Lt. Timothy Springer

Air Medal
Lt. j.g. Nicholas Walker

Joint Service Commendation Medal
Petty Officer 1st Class Stephen Lee

Navy and Marine Corps Commendation Medal
Senior Chief Petty Officer James Walker
Petty Officer 1st Class Max Narango

Joint Service Achievement Medal
Petty Officer 1st Class Benjamin Phillips

Navy and Marine Corps Achievement Medal
Petty Officer 2nd Class Jeffery Jeffcott

Army Achievement Medal
Chief Petty Officer Scott Driscoll

Junior Sailor of the Year
Seaman Weston Schmall

Senior Sea Sailor of the Year
Petty Officer 1st Class Alexander Thomas

Sea Sailor of the Year
Petty Officer 2nd Class Kyle Kane

Junior Sea Sailor of the Year
Petty Officer 2nd Class Justin Hoover

Deployer of the Year
Petty Officer 1st Class Justin Perdun

Sailor of the Quarter
Petty Officer 2nd Class David Jones



NIOC News Briefs

'DRUG EDUCATION FOR YOUTH'

DEFY is a program free for active duty military, retired, or DoD employee's children ages 9-12 years old. Registration is required. The program starts with an eight-day summer leadership camp July 13 to 22. The program is held at Fort Meade and includes educational field trips, bowling, skating and a ropes course. The current limit is 30 children and 15 adult mentors. The deadline for adults to volunteer as mentors is May 31. All volunteers are required to be TAD from July 12-23. Deadline for youth sign up is June 30, 2010.

For more information please contact PO1 Austin at (301) 437-5321 or PO2 Hoeffler at (443) 510-8031.

5th Military Spouse Career Expo

Join military spouses across the Northeast Region for a day of empowerment through information, motivation and skills development that leads to sound career choices! The expo will be held at McGill Training Center May 8 from 9 a.m. to 3:45 p.m. Topics will include spouse education, resume writing skills, spouse hiring initiatives, exploring entrepreneurship, interview to win, federal employment applications and stress management.

Three ways to register:

Fax: 703-805-2509

Call: 703-805-4277

E-mail: Lauren@usometro.org

Navy-Marine Corps Relief Society Fund Drive

The NMCRS fund drive kicked off March 15 and runs through April 23, 2010. Each year NMCRS provides aid to one in every six Sailors and Marines. In 2009, more than \$1 million was distributed in the form of loans, grants and services such as The Visiting Nurse and Layette programs. NIOC MD raised \$27,825.73 last year. This year the NIOC MD goal is \$30,000.00. It will take all hands donating for the command to reach its set goal for the year of 2010. Contact your department representative today to donate.

For more information on NMCRS and donations, please contact Lt. Jennifer Bouzigard at jlbouzi@nsa.gov.



Lt. Jennifer Bouzigard, Ensign Miles Bozarth and Chief Petty Officer Joseph Cantu fill bags to hand out to department representatives, March 10.

AROUND & ABOUT



During a recent trip to FIOC UK, Capt. Steven Ashworth receives a tour of the restored “Sector Operations” from the OIC of NIOD Digby, Lt. Cmdr. Norm Woodcock.

Official Navy Photo



Air Force Master Sgt. Anderson Hamlin tests out the Honda SMART bike during the motorcycle safety brief at McGill training center, March 16.

Photo by MC2(SW) Regina Wright



Sailors and Airman view a video of motorcycle training at McGill training center, March 16.

Photo by MC2(SW) Regina Wright



Seaman Robert Rohm stands safety watch while supplies and goods are loaded on to the Army tug boat the Colonel Seth Warner (LT-806) in preparation for its departure, mid April.

Photo by MC3 Matthew Jordan

Third Class Petty Officers are all smiles before they take the E5 advancement exam, March 11.

Photo by MC2(SW) Regina Wright



Master Chief J. Scott Drenning presents MCPON Rick West with the NIOC MD magazine, Anchor Watch, during a trip to Norfolk, Va. Feb. 24, 2010.

Official Navy photo

“Mail call! Mail call!”

NIOC MD deployed Sailors are not forgotten with C.A.R.E. program

Story by MC2(SW) Regina Wright

Photos by MC3 Matthew Jordan

Whether you are on deployment in the middle of the ocean or in the middle of the desert, the “mail call” is music to any Sailor’s ears.

Now imagine all of your shipmates opening boxes and letters from family and friends back at home, and you are just standing there watching them, wishing you had something to open.

There is a new volunteer program at NIOC MD to combat the above situation.

Connection and Resources Evolution is a program that will help provide care packages containing toiletries, snacks, and other resources that personnel who are deployed don’t have available to them.

Petty Officer 1st Class Gayzella White has accrued 390 days of sea time over the past three years. When she transferred to NIOC MD from her last command, she brought the program with her.

“We want to show that we care for our personnel and that they are anything but forgotten while deployed,” said White.

Although the program could eventually evolve into a joint service operation, for now it is Sailors who are starting it up.

Petty Officer 1st Class Jessica Arnold volunteered her time to help put together the care packages for NIOC MD Sailors who are currently deployed, remembering the boost in morale when she received a care package in the mail.

“When I was deployed for nine months to Afghanistan, I was able to see firsthand the difference that a simple care package can make in an otherwise dreary environment,” said Arnold.

Arnold has been volunteering with the USO at Fort Belvoir, Va. since October 2009, and she is looking forward to being able to do the same work closer to home.

She believes in all efforts to boost morale of Sailors, especially those deployed.

Her last command, NIOC Misawa, Japan, did not have a program like C.A.R.E.

“I really enjoy making care packages. Every time I volunteer I can picture the smile on the recipients’ faces and I know I am making a difference by making someone else’s day,” Arnold said.

The first evolution was held in building 9804 in room 101A, March 25. For more information on when and where the next C.A.R.E. event will be scheduled, please contact PO1 Gayzella White at 443-479-9975.



Left: Petty Officer 1st Classes Heather Fay, Gazella White and Theresa Verity fill USO care packages to send to deployed troops.

Below: Petty Officer 1st Class Gayzella White fills the boxes that Petty Officer 1st class Heather Fay and Army Capt. Tiffany Harris put together.



SHARE!

It's what your mother taught you to do

Story by
MC2(SW) Regina Wright

The Self Help And Resource Exchange Food Network was formed in 1983 in San Diego by Deacon Carl Shelton and the Catholic Diocese. Shelton believed it was possible to implement a self-help approach to meeting the food needs in the communities.

SHARE-DC was launched in April 1990, and serves the communities in Washington DC, Maryland and Virginia. The program provides approximately 13,500 food packages each month. By combining buying power and volunteerism, SHARE is able to offer quality foods and substantial savings to its participants.

Volunteer service is at the heart of SHARE's work. Participants perform at least two hours of community service per month to receive \$40 in groceries for only half the price. Every person who participates with SHARE is a volunteer.

Chief Petty Officer Kevin Olmstead leads the program for the Fort Meade area. Recently transferring here from Menwith Hill, England, Olmstead said he had never heard of the SHARE program. Now, he is very excited to be a part of something so beneficial both to Sailors and the community.

"Whether you would like to save money on groceries, volunteer in the community, or promote health and wellness, it's worth getting involved with SHARE," said Olmstead.

Each month, the SHARE organizers post a list of what will be in the grocery bags. The only requirement to join the program is that you spend two hours volunteering for programs such as Scouting, Partners in Education, Monthly Reading Program, Goodwill, Salvation Army and Red Cross. Anywhere you can volunteer, it all counts.

SHARE volunteers take orders along with payments, money orders or certified checks by the month's deadline, and will

go pick up the food on bagging day.

Olmstead said that the food is packaged in bulk. Once the SHARE volunteer comes back to Fort Meade, volunteers are needed to pack the individual bags. SHARE doesn't provide grocery bags, so Olmstead asks the community to donate paper bags. Once the bags are packed, everyone who placed an order can pick them up.

The program runs each month and the deadline for April's orders is the 12th.

For more information on how to volunteer for the SHARE program or where to place your orders, contact Chief Petty Officer Kevin Olmstead at kevin.olmstead@navy.mil.



Volunteering for programs like DEFY (above) or Sarah's House (below) for at least two hours a month, makes Sailors eligible to participate in the SHARE program.



N5 department head wins *Copernicus Award*

Story by
Petty Officer 1st Class
David Hu

Lt. Brian P. Walsh was recently awarded the prestigious 2010 Copernicus Award for his superior service in Afghanistan.

The Copernicus Award was instituted in 1997 by the AFCEA (Armed Forces Communications and Electronics Association). The name of the award derives from the term “Copernicus Architecture” (meaning ‘shifting the center of the universe’) which was a fundamental shift from post-Cold War Navy C3 (Command, Control, and Communications) thinking to the Navy’s current C4I (Command, Control, Communications, Computers, and Intelligence) structure. Relevant to the conflicts of today, Copernicus Architecture emphasizes the need for intelligence collection, C4I systems, and joint interoperability to function effectively within low intensity regional conflicts, where a joint task force commander is likely to be the tactical on-scene commander as well.

Copernicus Award recipients are selected based on their sustained superior performance in a C4I/IT related job having demonstrated exceptional initiative, leadership and insight to the overall advancement of C4I, information systems, and/or information warfare.

Raised in Fort Lauderdale, Fla, Walsh is a Naval Academy graduate who earned his Naval Flight Officer Wings in 2004 and was later assigned to S-3 Viking squadron, VS-41. His joint service tours include CJTF HOA, NAVCENT, and CTF 150. Walsh checked onboard NIOC MD, July, 2007, serving in Naval Operational Support Center as the Expeditionary Support Team Officer in Charge and Meade Operations Center deployer for a Cryptologic Support Team (CST) in eastern Afghanistan. He is currently the N5 Department Head, performing a position traditionally held by a seasoned Lt. Cmdr., supervising a department of more than 150 officers and enlisted personnel.

“I was honored to be nominated by the Command, as there are so many highly



Photo provided by Lt. Brian Walsh

Walsh remembers Afghanistan as a land of extremes, from his first day seeing the landscape covered by 6 feet of snow, to temperatures rising above 134.7 degrees the day he left.

talented and capable officers and enlisted personnel here. Seeing and reading about the accomplishments of the other awardees was truly humbling and eye opening.” said Walsh.

Walsh remembers Afghanistan as a land of extremes, from his first day seeing the landscape covered by 6 feet of snow, to temperatures rising above 134.7 degrees the day he left. From one small valley to the next, he recalls how the language, culture, and level of hospitality differed dramatically. His more pleasant memories include witnessing the solar eclipse over the Himalayas while convoying towards the Afghan-Pakistani border

through the Khyber Pass.

He also remembers the challenges and difficulties his unit faced, where operations were hindered by extreme climate, terrain, cultural dynamics, and where the cumbersome aspects of the rules of engagement impeded mission accomplishment.

Overall, Walsh considered Afghanistan to be a fantastic experience as he led his team in successfully employing Signals Intelligence to support the brigade by protecting and empowering the war fighters.

Walsh served as the forward OIC of his CST, directly supporting the Combined Joint Task Force 101, the 3rd Brigade of

the 1st Infantry Division, and the 4th Brigade of the 4th Infantry Division. His theater of responsibility included a multitude of Eastern Afghanistan provinces. He is fully aware of Afghanistan's long history of past conflicts and the importance of the coalition's mission.

In accomplishing the mission, what distinguishes Walsh from previous OICs was his willingness to go to the front line to personally witness conditions, terrain, and troop capabilities.

"It's impossible to employ your training or capability to a problem-set you haven't experienced first hand. I felt it was necessary to see the situation and meet the men and women to whom I might later have to explain why we could or could not provide intelligence," said Walsh.

The results of his efforts speak for themselves. During his tour as CST OIC, Walsh's innovative processes produced the following mission accomplishments for his CST:

- Capture/kill operations increased substantially over the previous years
- A high number of priority targets were captured or killed within a brief time frame
- A dramatic increase in Signals Intelligence collection
- The first CST to have operational control of low-level intelligence, surveillance and reconnaissance (ISR) assets
- Battlefield philosophy and actions of fusing real-time intelligence collection with operations led to unprecedented success in find, fix, and finish operations

Walsh's creative pre-deployment training techniques and mentoring of first-time OICs set the standard for preparing teams for combat conditions. Walsh said he attributes the mission effectiveness to his team members because the analysts on his team were incredibly professional and dedicated personnel. Also stating that their training from the MOC was top-

notch, and they employed their skills flawlessly.

"We worked hard, and every day out there we learned from our mistakes and the challenges the mission presented. Ultimately though, we were one facet of a large force, and we were fortunate to have motivated operators who vigorously prosecuted the enemy with the information we provided," Walsh said.

As the global war on terrorism continues, many sailors at NIOC MD will find ourselves being sent to the Afghanistan theater. To help future officers and sailors deploying to the region, Walsh offers the following guidance:



“No matter where your service takes you, and regardless of the mission, what we do in the military is ultimately about the people and the professional relationships you forge. Despite the SOPs, instructions, and doctrine, it is our ability (or lack thereof) to effectively communicate that is the biggest factor in mission accomplishment or failure. Keep an open-mind and take the opportunity to meet and interact with the host-country nationals wherever you are deployed. Obviously mitigate risks by being smart and taking security precautions, but every American and Afghan that can make a connection on the human level is two more people convinced that we aren't as different as we think, and peace and stability are really attainable goals.”

- Lt. Brian P. Walsh

Trippin' with the JSA

My trip to the National Museum of the U.S. Navy



Jennifer Marland, U.S. Navy Museum assistant curator, explains to Sailors that the photo in front of them was taken from a Japanese aircraft during the attacks on Pearl Harbor.

Story and Photos by
MC2(SW) Regina Wright

The Junior Sailor Association at NIOC MD is an organization for E5s and junior Sailors. It was created for the purpose of fostering leadership and professionalism among its membership by promoting meetings and social activities.

In keeping with its mission statement, the JSA sponsored a trip to the U.S. Navy Museum in Washington, D.C., March 5, which I decided to attend to get a better feel of how the JSA works and how the members interact with each other.

As a fairly new Sailor to this command, I was a little leery about attending a day trip with people I had never spoken to or worked with before, but I thought, “Hey, what’s the worst that could happen?”

I arrived at 9 a.m. in the dayroom where I met four JSA members: Petty Officer 2nd Class Alexis Mayo, Petty Officers 3rd Class Joseph Dean, Alexa Whiteway and Brian Burrows, along with one prospective member, Petty Officer 3rd Class Matthew Jordan. I could tell it was going to be a good day by the way everyone talked freely to each other.

Burrows was at the helm of the duty van that was reserved for the trip. I have to say, considering the chatty people who were in the van, he did a great job of multitasking by keeping up his end of the conversation as well as his eyes on the road.

The conversation flowed back and forth between the passengers, all of us kidding around like we had known each other before the day started. This made me feel more at ease as each mile passed.

Once we arrived at the museum, we were met with a smile by our tour guide, Jennifer Marland, assistant curator.



Petty Officer 3rd Class Brian Burrows looks through the sight on a 20mm naval gun. The gun was used against Japanese aircraft from December 1941 to September 1944.



Marland shows the group what a World War II anti-gravity suit looked like.

After politely excusing ourselves through a retirement ceremony that was about to begin in the middle of the museum, we began our tour.

We started in the Pacific Theater during World War II, learning little-known facts about Pearl Harbor, and viewing a photo of the attack taken by a Japanese bomber where you can actually see the torpedoes slicing through the water, rapidly approaching American ships.

We made our way up one side of the exhibit and down the other, with Jennifer flexing her Naval knowledge muscle on us at every turn.

After an hour of touring, learning and grazing on the knowledge in the museum, we once again politely excused ourselves through the same retirement ceremony as we did earlier and made our way out the door.

When we were all settled back in the van, our stomachs were growling, and we decided that sushi and a hibachi grill were what we were craving.

On the way to our destination, Mayo was filling me in on some of the new things that the JSA is going to be hosting. Planned events include a trip to see the movie "Cop Out" and a new competition between Sailors, Game Night. Game Night is going to consist of competitions in Wii, spades and other games in which the winners can be dubbed "NIOC

Gamer of the Month," with prizes (non-monetary) to award each winner.

The members were also talking about the upcoming JSA elections, each putting their two cents in about who should run for what position. It seemed that a lot was about to change in the JSA as far as the board of governors was concerned.

After lunch, we headed back to post and dispersed.

Overall, the trip was fun, informative and enlightening. I now have a better grip on what the JSA does for the command. Between volunteering in the community and sponsoring trips and events that promote camaraderie among the junior Sailors at NIOC MD, they still have time to spend with their family and friends outside of work. An issue I think a lot of junior Sailors have with joining an organization like the JSA, is thinking it will interfere with off-duty hours too much.

The JSA can help create a good balance between work, volunteer and personal time to maximize your career. Meetings are scheduled bi-weekly on Thursdays in the dayroom of building 9803 at 2 p.m. For more information on meetings, events and volunteer programs, please contact PO3 Joseph Dean at jwdean@nsa.gov or PO2 Tabitha West at tawest@nsa.gov.



Marland shows Mayo and Dean an early nuclear weapon design.

Amish country-

Chaplain's office takes NIOC MD families to Lancaster, Pa.

Story by
Michelle Rudden
Photos by
MC3 Jesse Shuey

The generosity of the Fort Meade chapels funded NIOC MD servicemembers, their spouses and DoD employees to join together for a one day trip to Lancaster, Pa., March 12.

The event was organized by the NIOC MD Chaplain's office to show appreciation to the families in our command.

The first stop on the trip was Rockvale Square Outlets in Lancaster. The outlet mall had more than 100 stores to explore and five restaurants to choose from for lunch. Many attendees took advantage of the discounted prices and "power shopped" by taking the mini-bus around to all of the store locations.

The next stop was the Millennium Theatre in Ronks, Pa. to see a live production of "Joseph." This classic biblical story featured beautiful costumes, incredible music, and songs that stirred the emo-

tion in everyone.

The last stop on the trip was dinner. It was held at Miller's Restaurant, an Amish-style buffet. The list of food is simply too long to mention.

The event was a wonderful opportunity to be together and experience a fun-filled day with Sailors, their spouses and DoD employees.

Chaplain Springer was joined by his wife, Kathy and their four children who thoroughly enjoyed the colorful presentation and enjoyed the fellowship around the table at Miller's Restaurant with the NIOC MD family.

The next events being planned are a Dave Ramsey Financial Peace University Workshop and a couple's retreat to Turf Valley Country Club in June.

For more information on events offered by the Chaplain's office, please contact Michelle Rudden at 301-677-0306.



The group settles in for some dessert at Miller's Restaurant, March 12.



Attendees get close for a group picture before sitting down to have a nice dinner at Miller's Restaurant.

Chase away winter:

Spring cleaning and child safety

Story by
MC2(SW) Regina Wright

Spring officially kicked off March 20 and along with that came spring cleaning! It is time to get into all the nooks and crannies that have lain dormant (or you've just plain ignored), collecting dust for the past six months.

Spring cleaning doesn't have to be a chore. Parents should be motivated by knowing that the following spring cleaning activities will help keep them and their children safe:

Medicine cabinets

Parents may end up with half-used and leftover prescriptions and medicine hanging around their medicine cabinet. The medicine cabinet is not meant to be a storage facility for any medication the family has ever taken. Spring cleaning is a great time to get rid of any outdated or unused medication.

Smoke and carbon monoxide detectors

At the start or end of daylight saving time, replace the batteries in each smoke and carbon monoxide detector in the house. It is also a good time to go ahead and test the detectors to make sure they are in good working order. When testing and replacing the batteries, it is also an opportune time to sit down with the family and go over a fire escape plan.

Family fire escape plan

When making a fire escape plan for your family:

- Draw a floor plan of the house
- Show all doors and windows
- Mark two ways out of each room
- Mark all smoke alarms
- Pick a family meeting place outside where everyone can meet
- Practice at least twice a year

Broken toys

Many parents use spring cleaning as a good time to go through and throw out

their children's broken and unused toys. Broken toys present problems like splinters, choking hazards, leaking batteries and loose or exposed wires in electrical toys.

Use chemicals safely

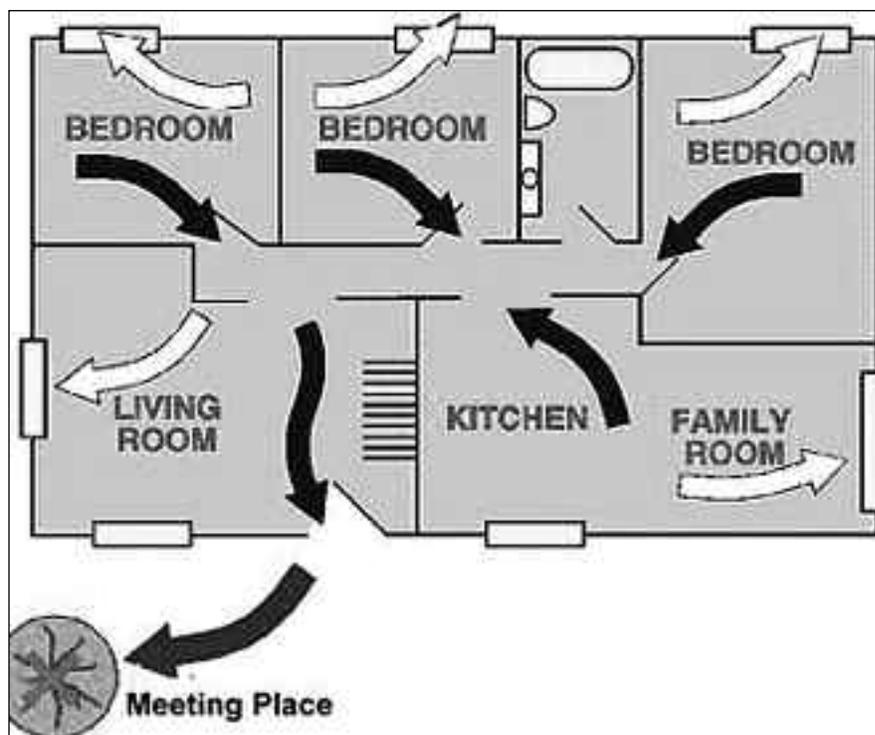
When cleaning surfaces that are best cleaned with strong chemicals, consider using non-toxic cleaners. For example, a mix of vinegar and water is a very effective window cleaner, toothpaste polishes, and lemon juice is a natural bleach. Remember to never mix chemicals when cleaning, and always make sure the room is well ventilated.

When storing chemicals, make sure they are out of reach of children and pets and try to always use some sort of child safety lock on the cabinets where chemicals are stored.

Also, when discarding hazardous and flammable chemicals that are no longer needed, contact the local solid waste authority to find out when they are having their next "Household Hazardous Waste Disposal Day."



“When storing chemicals, make sure they are out of reach of children and pets.”



Sexual Assault Awareness Month -- 'Hurts one. Affects all ... Preventing sexual assault is everyone's duty'

Story by
Elizabeth Russo

Sexual Assault is the most under-reported violent crime in America, with only approximately 30 percent of all victims ever reporting the crime to law enforcement. In an effort to 'break the silence' that surrounds this heinous crime, every year in the month of April we observe Sexual Assault Awareness Month nationwide.

During April, outreach and awareness events will be taking place all across Fort Meade to educate Sailors and servicemembers about sexual assault, resources that are available to them should a sexual assault occur, as well as their role and responsibility in preventing sexual assault.

To promote the Department of Defense's 'zero tolerance' policy on Sexual Assault, educate members about the negative impact of sexual assault, and to encourage servicemembers to intervene when they see a situation that could potentially lead to a sexual assault, the theme for 2010 is "Hurts one. Affects all... Preventing Sexual Assault is Everyone's Duty!" This underscores the fact that the scope and impact of a sexual assault extend far beyond just the primary victim and negatively impacts family members, friends, co-workers, spouses, and loved ones.

In the military, the effect is both immediate and long lasting for individuals, and has a devastating impact on a command. When a sexual assault occurs, it can impact the mission readiness of a command as well as create a negative and challenging command climate.

Because the cost of sexual assault is so high, it is imperative for each and every Sailor and servicemember to use their strength not only to defend their country, but also to protect their fellow sailors from a potential sexual assault. We all have the power to end sexual violence by treating everyone with dignity and respect and by taking care of each other.

While we certainly hope to never be in a situation of having to prevent or respond to a sexual assault, the unfortunate reality is that on average someone is sexually assaulted every two minutes

here in America, and members of the military are certainly not immune from this violent crime. In fact, in FY 2008 there were 2,908 reported sexual assaults in the military services. It is important to know that if you or someone you know has experienced a sexual assault, you are not alone. There are trained Sexual Assault Prevention Response Victim Advocates who can help you through the process and are available 24 hours, a day seven days a week, 365 days a year to offer emotional support, information, referrals and to explain options and resources. The advocate on call can be reached at 301-419-1936, and up-to date information is always available and posted in the Plan of the Week.

Active-duty victims of sexual assault have two reporting options available to them: restricted and unrestricted.

With a restricted report, the victim can receive medical care, counseling and SAPR support services without notifying the chain of command and law enforcement that a sexual assault has occurred. In order to ensure restricted reporting is an option, the victim may only contact a SARC, victim advocate, health care provider, or a chaplain to talk about the assault. If anyone else is notified or finds

out a sexual assault had occurred, restricted reporting may no longer be an option. A victim who initially chooses restricted reporting can later opt to make an unrestricted report and involve law enforcement and the command.

With an unrestricted report, a victim will still receive medical care, counseling and supportive services, but law enforcement will initiate a criminal investigation and the chain of command will be notified. Victims can receive the full range of command protective and support services, including a Military Protection Order (MPO) which prohibits the alleged offender from having any contact with the victim. No matter which option you choose, know that there is always a SAPR Victim Advocate available to listen and explain your rights to you.

For more information on Fort Meade's Sexual Assault Prevention and Response Program, Sexual Assault Awareness Month Events, or if you are interested in becoming a trained Victim Advocate, call Liz Russo, Sexual Assault Response Coordinator at 410-227-6235 or email russo@usna.edu.



Fort Meade's SAPR Victim Advocates are available 24 hours a day, 365 days a week.

The establishment of the Department of the Navy

(It took an act of Congress)



Benjamin Stoddert
First Secretary of the Navy
1798-1801.

Story by
MC2(SW) Regina Wright

The United States Navy can trace its roots to the Continental Navy, which was established Oct. 13, 1775 during the American Revolution. We observe that as the Navy's birthday. However, the Revolutionary War ended in 1783. The Navy's ships were sold and its seaman and officers released.

When the Constitution of the United States was ratified in 1789, it gave Congress the power to provide and maintain a Navy. Although it took Congress five years to act on that empowerment due to the building tensions between America and France, in

1794, they authorized the building and manning of six frigates.

The first four frigates were authorized in 1789 and were rushed to completion. The *Constellation*, *United States*, *Chesapeake* and the *President*, were designed by Joshua Humphreys, combining speed and firepower.

Before the Department of the Navy was officially established on April 30, 1798, all naval matters of the United States fell under the Department of War. The establishment of the Department of the Navy enabled the Navy to have a separate cabinet department.

The Secretary of the Navy was given the power to execute orders directly from the President of the United States related to the procurement of naval stores and materials, the construction, armament, equipment, and employment of vessels of war, as well as all other matters connected with the naval establishment of the United States.

The first Secretary of the Navy was Benjamin Stoddert. He was appointed by President Adams in 1798 to oversee the newly established Department of the Navy. Stoddert soon found himself in an undeclared war with France, later referenced as the Quasi-War. He realized that the newly formed navy did not have the numbers in their favor when it came to fighting ships and protecting the American coast. Therefore, he realized the best way to beat the French was to take the fight to their base in the Caribbean. The American Navy's success during these battles was a combination of Stoddert's vision and the initiative of the seagoing officers.

Stoddert's focus as the first Secretary of the Navy was not only in daily administration and operations, but with the Navy's future strength. He established the first six navy yards and authorized the building of 12 ships of the line, ensuring the Navy would be force to be reckoned with worldwide.

The current Secretary of the Navy is Ray Mabus. He was nominated by President Obama, March 27, 2009, and he was officially sworn in by Secretary

of Defense, Robert Gates, June 18, 2009. Mabus not only has the power that was assigned to the first Secretary of the Navy, but is also responsible for the formulation and implementation of policies and programs that are consistent with the policies and objectives established by the President and the Secretary of Defense. Mabus has been faced with such issues as the war in Iraq and Afghanistan, as well as the current debate on the "don't ask, don't tell" repeal.

The Department of the Navy houses two services, the U.S. Navy and the U.S. Marine Corps. When directed by the President, the Department of the Navy also houses the U.S. Coast Guard.



Ray Mabus
75th Secretary of the Navy
2009-present

Alice Springs

Welcomes new Senior Enlisted Advisor

Story by
Petty Officer 2nd Class
Matt Kilby

NAVIODET Alice Springs has a new Senior Enlisted Leader. Senior Chief Petty Officer Lauren Lynn has taken the place of Master Chief Lawrence Foys as the site Senior Enlisted Leader. She will primarily be responsible for liaising between joint military members and civilian leadership at Joint Defense Facility Pine Gap.

Lynn began her military career in March 1985, by enlisting in the Delayed Entry Program, followed by boot camp in October. She graduated from Recruit Training Command, Orlando, Fla., in

December. She then completed her "A" School in Pensacola, Fla., June 1986, and received orders to Torii Station, Hanza in Okinawa, Japan.

Over the next sixteen years, Lynn distinguished herself in a wide array of assignments with the Naval Security Group and National Security Agency to include: The White House, NSGA Fort Gordon, and NIOC MD. Her dedication to the mission and her Sailors ultimately drove her selection to Chief Petty Officer in 2002.

After Lynn's selection to Chief Petty Officer, she immediately assumed the duties of the largest division in the command at NSGA Fort Gordon, Ga., where she led 97 Sailors in the Surface Deployment Division. During this tour, Lynn deployed as well, setting the exam-

ple for the Sailors under her charge. She then took the position of Senior Enlisted Leader for the Joint COMSEC Monitoring Activity from 2005 to 2010, with a one year deployment in support of Operation Iraqi Freedom in 2007.

Lynn's awards include: The Defense Meritorious Service Medal, Joint Service Commendation Medal, Navy/Marine Corps Achievement Medals (four awards), as well as various personal, campaign, and unit awards.

Lynn's dedication to mission and Sailor success, as well as her extensive leadership experience should enhance both the operational and off-duty environment for all joint military personnel under her watch.

Welcome Aboard Senior Chief Lynn!

