

Welcome to Japan!



USS CURTIS WILBUR (DDG-54)



Tokyo at Dusk

Dear Newcomer,

Welcome to Japan! We sincerely hope you will enjoy your experiences in Japan and explore the culture. As you have probably already noticed, life overseas can be challenging and full of adventure.

USS CURTIS WILBUR would like to make you feel welcome right away and help you with these challenges. This booklet will give you the information you need to help make decisions about housing, buying a car, and finding whatever you need throughout the community.

Please feel free to contact anyone on the “Command Contacts” to ask any questions. It really is that easy- just call! (Of course, you may want to refer to the telephone section to figure out how to dial in Japan first!)

Best wishes,

USS CURTIS WILBUR Family

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Overseas Transfer Checklist for Japan

When you receive orders to transfer overseas, there are many things you may wish to take care of before your departure and after your arrival. If you are at a major CONUS location now, you can check your Fleet and Family Support Center for classes specifically tailored to help with overseas moves. In the meantime, this checklist should help you and your family get organized.

Medical/Health

- Schedule all necessary appointments with your present command's medical and dental officers. You and your family will be required to complete a medical examination for clearance before going to your overseas assignment. This "Overseas Screening" is required prior to the service member being issued a Family Entry Approval document.
- Schedule eye examinations for all members of the family, particularly children.
- Arrange for duplicates of eyeglass prescriptions for any member of the family using glasses, as well as an extra pair of glasses for each.
- Check with the Medical Officer to ensure that your health record is up-to-date.

Passports

Obtain individual No-Fee military passports for each command-sponsored family member.

(*Note: No-Fee passports are issued for use between the U.S. and the overseas duty location only. If tourist travel to other countries is in your plans, a regular, fee-based, tourist passport may be required. You should apply for a tourist passport before you leave the U.S., or you can apply for one by mail after you arrive at your overseas duty location.)

Legal

- Schedule an appointment with the Legal Assistance Officer serving your present command. Take copies of current wills, Powers of Attorney, insurance policies and other legal documents.
- Discuss legal needs pertinent to overseas transfer, including storage of and access to the following important documents:
 - Birth certificate of each family member.
 - Proof of marriage; proof of termination of previous marriage.
 - List of all bank accounts (with addresses and account numbers) including names of persons authorized to make withdrawals and sign checks.
 - Inventories of stored and shipped household goods.
 - Real estate records – deed, mortgage papers, title abstract, title insurance policy, closing statement, insurance policy on house, survey of property, tax receipts, leases, building cost figures, receipts for any improvements, cemetery deed.
 - Insurance policy on household effects.
 - Policies on separately insured valuables such as furs, antiques, jewelry, and paintings, with written appraisals of their assessed value(s).
 - Social Security card for each family member, where applicable.
 - List of instructions for survivors.
 - Employment records for each adult – names, places, dates, copies of any instrument entitling employee or survivors to special benefits such as insurance, pensions, stock options, etc.
 - Medical history of each family member; this might be difficult to collect overseas if parents are deceased or if necessary for insurance purposes.
 - Income tax papers and significant tax returns. (Statute of limitations is 3-6 yrs.)

- Life, medical, disability, group insurance policies – amount and beneficiary of each policy with names and addresses. (Insurance companies generally require certified notification of death within 30 days, together with proof of birth and citizenship.)
- Stocks, bonds and other securities, date and cost of purchase, who purchased them and in whose names they are registered, list of stocks pledged as security for a loan, name of stockbroker, serial numbers.
- Proof of membership in any professional, fraternal or union organization that entitles estate to any benefits.
- List of charge accounts and credit cards with numbers.
- List of all assets and liabilities, including personal valuables, etc., with date of any insurance coverage (policy numbers, location of policies, etc.).

Schools

- Notify your children's schools of impending travel plans in case special examinations must be scheduled to allow completion of term work. Request grade reports, test results, teacher evaluations, samples of work, etc., to facilitate grade placement at your new command.
- Collect copies of college/university transcripts.

Travel Arrangements

- Coordinate travel plans with your PSD office in accordance with orders (e.g., report no later than, report no earlier than, leave authorized, concurrent/non-concurrent travel).
- If shipping a pet, call your airline(s) and get complete information including layovers, pet care facilities, and costs. The cost of pet importation may be a deductible item for income tax purposes, but in all cases the cost of pet shipment is the owner's responsibility. (See "Pet Importation Requirements for Japan")

Obtaining a Japanese Mailing Address

Request a Post Office box in Yokosuka prior to arrival. Complete a change of address form from USPS (the form can be completed online). Once a forwarding address is gained, call to notify credit card companies, mortgage company, auto title company, etc. of new address.

Shopping

- Notify all stores of charge accounts you wish to terminate.
- Collect mail order catalogs you might be interested in ordering from.
- Check with your sponsor for any essential items that may be unavailable or prohibitively expensive at your new command.

Utilities

Cancel all utilities and provide a forwarding address for final bills.

Cell Phones

- Before canceling the cell phone you've had for years, consider getting a Vonage box and have your "old" phone number transferred to a Vonage account. Once you get Internet access your Vonage number will essentially be free (minus the Vonage monthly fee) for your friends and family in the states to call you just like making a local call. Also contact your cell phone provider as many companies offer a Military Deployment "suspension" program or may even unlock your phone for use with a Japanese carrier.

Privately Owned Vehicles (POV)

- You are entitled to store one car on the government's dime while in Japan. There are multiple government storage facilities in the U.S. If you choose to store your car at a family member's or friend's house and not one of the government facilities, then the Navy won't pay to route you through that location to pick up your car when your tour in Japan ends. If you use the government system, they will either PCS you to the location where your car is stored or transport your car to the facility nearest your next duty station in the U.S.
- To obtain additional information regarding shipping and/or storing your POV, please visit the Defense Transportation Regulation Web Page "Shipping Your POV" at <http://www.sddc.army.mil/PP/default.aspx> and select "Shipping Your POV and Storing Your POV" at <http://www.sddc.army.mil/PP/default.aspx> and select "Storing Your POV".

Household Effects

- If you receive a Welcome Aboard Package or CD, review all of the information thoroughly. It should help you to decide which items you will need to take with you and which you will place in storage. Bring only the items you'll need and try to avoid over-sized items.
- Make an appointment with the nearest Household Goods Office and set up an appointment for your pack out. A copy of your orders and Family Entry Approval message will be necessary to set a pack out date.
- Inspect your possessions so that you can have any items repaired and cleaned that you plan to put into storage or ship to your overseas location.
- Obtain a written appraisal for valuable items (i.e. antiques, jewelry, furs or paintings) from a licensed appraiser.
- Prepare a general inventory by room (including closet, attic, garage, etc.) of all household and personal possessions both for your own use and so that you will be able to make an accurate estimate of their value for insurance purposes.
- Decide and list what you will include in your express shipment.
- Plan an unaccompanied baggage shipment that will enable you to set up light housekeeping at once, since it might be 1-3 months before your surface shipment arrives.

Setting up On Base Housing

You can place yourself on the housing wait list once orders are available. This will give you an idea of wait times. Housing policy changes frequently though, so contact your sponsor often for updated information.

Notify Your Command

Contact your sponsor and/or command regarding your travel itinerary. Include information about: departure from U.S., enroute stops, arrival date and time, airline, number of family members who will be accompanying you, etc. Include pet information, if applicable.

Relatives

- Provide your relatives with specific information on how to mail letters and packages to you as soon as you know your forwarding address.
- Acquire a portable e-mail address (Hotmail, Yahoo!, G-mail, etc.) Provide it to your relatives (and others) so you can stay in touch electronically.
- Leave the local Red Cross telephone number with your relatives so they can notify you immediately in the case of a sudden illness or death in the family.

Important Papers You Should Hand-Carry With You

(Do Not Put In Shipments or Check Baggage!)

- Birth Certificates
- Passport for each family member
- Proof of citizenship for naturalized-citizen family members
- Marriage or divorce papers
- Immunization Record for each family member and pets
- PCS orders (multiple copies)
- Insurance policies (vehicle, life, health, umbrella liability)
- Military and Insurance ID Cards
- Social Security cards
- Driver's licenses
- School records
- Medical/Dental records for each family member
- Copy of any Powers of Attorney
- Copy of Will(s)
- Credit cards and Travelers checks
- Charge and credit card account information
- Expense Log Book
- Inventories of accompanied baggage, all shipments and stored possessions
- Copy of packer's inventory
- Receipt for baggage
- Inventory of safe deposit box contents
- Extra passport-size photos for each family member
- Car papers, including record of car/motor serial numbers and extra set of keys
- Two sets of keys to your baggage
- An address book or list, with names, addresses, phone numbers, e-mail addresses and important dates-to-remember, for everyone you intend to remain in contact with
- All transcripts (college/university), licenses or certificates for employment purposes
- Résumés (copies and on diskette) for spouse employment assistance. Include copies of all reference letters and points-of-contact list

Things to Do Upon Arrival

When you first arrive, things here can be overwhelming. You have to deal with jet lag and may move into temporary lodging for an unknown amount of time. Don't worry – it all gets organized soon.

- When you check into the Navy Lodge, you will be provided with paperwork from the desk staff. Pay attention to the dates for payment of Temporary Lodging Allowance (TLA).
- The checklist from the Navy Lodge is very helpful in completing your check in. Remember the times for the housing brief, AOB/ICR classes (Area Orientation Brief/Inter Cultural Relations Class) and the orientation for the Child Development Center (if you need child care during the AOB/ICR course).
- Make several copies of your orders and Family Entry Approval (FEA), Official Orders, and if applicable, a valid Power of Attorney (POA). Many services on base in Yokosuka, including setting up telephone, registering a vehicle, household goods delivery, and housing office business require a spouse to have a valid POA. Bring them with you wherever you go for at least 2 weeks.

Sponsor

The active duty member will be assisted with the ship check-in process by a CURTIS WILBUR sponsor. Spouses should register with the FAST office (located in the Community Readiness Building, 2nd Floor) and create a folder with valid forms...etc. The FAST office is your lifeline when the ship is underway. If you do not know who your command sponsor is, email sponsor@ddg54.navy.mil. Learn your sponsor's work phone number as soon as possible.

Check In With Tricare and Medical

If you have dependents, you'll need to start with getting your wife and kids updated with TRICARE. TRICARE is located in the building behind the branch medical clinic. Take school aged children's medical records to the Immunizations Clinic at the U.S. Naval Hospital to have shot records transferred to official DoDDS forms. Take family member medical/dental records to the USNH for check-in at the Medical Records Office and Dental Office. You will also need to bring your records to the ship to check in with the IDC.

Personal Property

Contact Personal Property Inbound regarding your Household Goods (HHG). This will allow Personal Property to advise you when your shipments are due to arrive. Contact 243-5426 for questions.

AOB/ ICR (Area Orientation Brief and Inter-Cultural Relations)

Participation is mandatory for all incoming active duty, civilian and adult family members. The course begins on Monday at 0845 at the Community Readiness Center (CRC), located across from the Commissary and lasts for one week. Your sponsor should enroll you before your arrival to ensure you are in the earliest available class. The course must be completed prior to driving in Japan.

DBIDS (Defense Biometric Identification System)

Yokosuka Naval Base requires mandatory enrollment for all sponsors and dependents. Bring orders, Family Entry Approval, and ID cards to CRC, 2nd Deck for enrollment. This should be done prior to attempting registration at the Vehicle Registration Office (VRO).

Multiple Entry/Exit Stamp for Passports

This service is located on the 3rd deck of PSD in the passport office. Make sure to bring your Family Entry Approval and orders with you. Call 243-8466 for more information.

Exchanging and Withdrawing Yen

It is advised to withdraw yen in case you need to take the train, buy food, or pay for a taxi once on base. There are currency exchange services on the first floor of Terminal One in the airport arrival lobby. There is another currency exchange in the departure area on the third floor. If you exchange money in a U.S. airport prior to your departure, you will probably not get a very good exchange rate.

Obtaining Cell Phones

Getting a cellphone is recommended as this is the easiest way for people to get in touch with you locally. Many personnel who decide to live off-base do not obtain a Japanese land line as it can be expensive. Softbank is offered at the NEX and AU is offered a short walk off base (on Blue Street).

Living Arrangements

There are two mandatory briefs the sponsor must attend to arrange housing (on or off base). The first brief is for off-base housing and is held at 0830 (arrive by 0815). You will need to bring your PCS orders, stamped by the receiving command, Family Entry Approval and a Detaching Endorsement/History of Assignment. You may fill out the DD1746 ahead of time, but be sure to complete only the

highlighted areas. The online link to the form is listed below:

http://auth.cnic.navy.mil/navycni/groups/public/documents/cdn/cnicp_a152811.pdf

Your sponsor should assist you with reservations at either the Navy Lodge or BEQ/BOQ. Plan on a room at the Navy Lodge if you have dependents or the BOQ/BEQ if you are an unaccompanied bachelor/bachelorette. If you have dependents but are traveling alone, you will live in the BOQ/BEQ until your dependent(s) arrive. You will then be able to relocate to the Navy Lodge.

If you have dependents you are entitled to 2 adjoining rooms in the Navy Lodge. If you intend to use your debit/ credit card to pay for your room(s), the Navy Lodge will charge the first 10 days to your card upon check-in (\$700.00), reimbursable after the 10th day of stay. You will be given a Temporary Lodging Allowance (TLA) that covers the expense.

Temporary Lodging Allowance (TLA) and Dislocation Allowance (DLA)

TLA partially reimburses a member for more than normal expenses incurred while occupying temporary lodgings and expenses for meals obtained as a direct result of using temporary lodgings OCONUS that don't have facilities for preparing and consuming meals. Frequently asked questions and a TLA calculator can be found at <http://www.defensetravel.dod.mil/site/faqvla.cfm>.

DLA partially reimburses a member for the expenses incurred in relocating the household on a PCS, is in addition to all other allowances authorized, and may be paid in advance. Current DLA rates can be found at <http://www.defensetravel.dod.mil/site/otherratesDLA.cfm>.

Child Care

On base child care facilities include the Main Child Development Center (CDC), the CDC Annex, School Age Care, and Family Home Care Providers (CDH). Each facility offers hourly care on a Space Available Basis. Reservations may be made up to one month in advance. To register you will need to bring an Immunization Record for each child. Orientations vary between facilities. Main CDC: 243-5964, School Age Care: 243-5492, CDH: 243-5478, CDC Annex: 241-4101.

Schools

On-base school websites can be accessed from the CNIC website, www.cnic.navy.mil/Yokosuka. This is the most accurate source of information for school requirements. Direct links to the schools and other sites can be found at <http://navyjapanschoolliaison.org/yokosuka/>.

The CFAY School Liaison Officer, Ms. Ruth Russell, can be reached for school transition support at:

Email: ruth.russell@fe.navy.mil

Office Location: PSD Bldg 1555, Room 300

DSN telephone: 243-2588

Commercial telephone: 046-816-2588 (Japan)

011-81-46-816-2588 (U.S.)

Post Office Box

To set up your mail box you will need Orders and Family Entry Approval.

- The main Post Office is located on Yokosuka Naval Base with mini branches located in Ikego and Negishi. It is best to pick the Post Office at the housing area you will live in.
- Many companies will ship to an FPO address.

Cable

If you live on base, you can use Americable for cable TV and Internet access (Phone: 241-2288). If you live off base, you will receive a free satellite so you can watch AFN on your television. You can use JCOMM for cable Internet access and may also want to get a cable TV plan to view Japanese television. It may take a week or more from the time you call JCOMM to set up your appointment, so call as soon as you determine your living arrangements.

- Netflix (mail order video rental) will work here and though mail may take longer, you can still enjoy “home” delivery of movies and TV shows here in Japan (please use your PSC address not Japan address (if off base) to avoid confusion).
- You can use a DVD recorder in Japan and one may come in handy if you watch sports. Many U.S. games are on TV during the night if they are live. (*Note that Tivo and ReplayTV devices and services do not work in Japan, even as a manual digital recorder.*)

Pets

Are you brining or planning to bring pets to Japan? Here is some important information you need to know beforehand.

- Pets cannot ride on the official Navy buses to Yokosuka, not even in the baggage compartment. Please ask your Sponsor for assistance or contact the Bus Transportation Liaison at cfaybus@cfay.navy.mil or by phone at 011-81-46-816-7777 (international) 315-243-7777 (DSN from the US). The bus liaison needs several days, and a copy of your orders, to facilitate a transportation assist for pets.
- Pets cannot stay at the Navy Lodge (this applies to all Navy Lodges worldwide). Contact the NEX Kennel for a reservation for pet boarding. The number is 011-81-46-816-4530 (from the US). The NEX Kennel is open 0900-1500, Monday – Friday. There is someone there on weekend to care for the pets. Also, contact the Navy Lodge to let them know about your arrival with a pet. If you will arrive after the NEX Kennel is closed, the Navy Lodge can direct you to temporary alternate pet shelter.
- Pet Import Regulations and Restrictions have changed for SOFA personnel, effective 06 June 2005. The ONLY official pet import information pertinent to SOFA personnel is provided online by US Army Japan District Veterinary Command at: <http://www.usarj.army.mil/organization/vet/import.aspx>. Click the top link titled “Pet Import” This website is up to date with the latest changes to US/Japan SOFA pet import requirements.

Avoid Loss of Household Goods

Under certain circumstances, a company storing your household goods (HHG) has a right to charge you for storage services and may even have the right to sell your personal property.

You can avoid these problems by working with your Personal Property Shipping Office (PPSO). Always keep them informed of any changes to your orders, your address, or other information affecting your entitlement to ship or store HHG.

Above all, contact your PPSO ahead of time if you are unable to take delivery of your HHG as originally planned. The PPSO will provide guidance and assistance in making other arrangements for continued storage of your HHG. You may also seek guidance from the HHG Helpline at (800) 444-7789.

What Do I Do At The Airport?

Arriving at Yokota Air Force Base via an Air Mobility Command (AMC) flight:

AMC flights from the U.S. arrive at Yokota Air Force Base several days a week. When an inbound flight is scheduled, Navy buses are assigned to transport passengers to Yokosuka Navy Base. During peak PCS seasons additional bus transportation is provided.

Scheduled AMC flights typically arrive at Yokota AFB at about 0700. The actual arrival time of AMC flights is always subject to change. Navy buses usually depart for Yokosuka about two hours after the arrival of an AMC flight. The bus departure time will be adjusted if the flight arrives earlier or later than scheduled. Service members, either singles or with their families, traveling on PCS orders, have priority for seating on the bus. The bus ride From Yokota AFB to Yokosuka Navy Base is about 2-3 hours, longer if traffic is heavy.

At the present time there is no Navy liaison office in the Yokota AFB AMC passenger terminal. The Army/Air Force liaison or the Terminal Information Counter can provide information and assistance.

Arriving at Narita Airport/New Tokyo International Airport via Commercial Air:

These directions are based on arrival at Terminal One from which the Yokosuka-bound buses depart. If you arrive at Terminal Two, take the free Airport Shuttle Bus to Terminal One from bus stops # 8 or 18 in front of the terminal and follow the additional directions after the "Lost Luggage" section below.

From Terminal One: Follow the signs inside the terminal to the Arriving Passenger area. Walk past the Medical/Quarantine desk (if you have pets, stop here and ask for assistance). Continue around to the immigration desk. Stand behind one of the lines marked Foreign Passports (you may have to wait in a single line; if so, an agent will tell you which passport window to approach.) Be sure to complete the immigration paperwork that was given to you on the plane before getting into the passport line.

Present your passport and/or ID card, a copy of your orders, and your completed paperwork to the immigration officer behind the desk. Make sure the officer stamps your passport (and your family members' passports) with the correct entry stamp. This mark is then over-stamped with the immigration officer's date stamp. With your stamped paperwork, proceed through the gate and down the stairs to the baggage claim area. Pick up your luggage and proceed to one of the long counters marked "Non-Resident" for Customs inspection. After completing Japanese Immigration and Customs formalities, exit into the arrival lobby.

***** LOST LUGGAGE *****

If your luggage does not show up on the carousel at the baggage claim area, immediately contact one of the Baggage Claim Customer Service Representatives. At least one of the Representatives on duty will speak English. Provide your flight information and your baggage claim ticket stubs. You will then need to provide a local address for delivery of your luggage to the base (no charge to you.) The general address for the base is:

238-0001

Kanagawa-ken

Yokosuka-shi

Honcho 1-Banchi

Yokosuka US Navy Base*

(*in Japanese, this is Bei Kaigun Yokosuka Kichi)

Give the phone number for the base operator (046-816-1110) and identify a point of delivery and phone number within the base. This might be the name of your initial lodging or your duty station, but it should be a place that is accessible 24 hours a day. Some examples are:

- Navy Lodge (Bldg. J-200; base phone 243-6708; local 046-816-6708)
- BOQ (Bldg. 1556; base phone 243-7317; local 046-816-7317)
- Central Billeting Office (Bldg. 3333 Lobby; base phone 243-5569; local 046-816-5569)
- USS CURTIS WILBUR (*only if you know your ship is in port!)

After providing the above information to the Customer Service Representative, you will be given a receipt or card with contact phone numbers and instructions for you to call to check on your luggage after a specified time. When found, your luggage should arrive at the place you designated within a day or two. Most folks who have gone through this experience report that their luggage showed up well in advance of the suggested call-back time on the receipt/card.

To prepare for the unlikely situation described above, pack a carry-on bag for yourself and your family members with at least one change of seasonal clothing, two changes of socks, and underwear. Basic toiletries can be obtained on base at the main NEX Mini-Mart or Auto Port Mini-Mart.

DoD Transportation Liaison Desk

- If you have arrived at the South Wing of Terminal One (on United Airlines or other Star Alliance carrier), follow directional signs (or ask for directions) through the Central Wing and into the North Wing. The Official DoD Transportation Liaison Desk is at the far end of the North Wing next to a coffee/snack stand.
- If you have arrived at the North Wing of Terminal One, the Official DoD Transportation Liaison Desk is almost directly across from the LEFT-most exit into the arrival lobby.
- If you have arrived at Terminal Two, take the free Airport Shuttle Bus to Terminal One from bus stops number 8 or 18 in front of the terminal. Enter Terminal One and follow the directions above to the DoD Transportation Liaison Desk in the North Wing.

A small sign identifies the transportation desk. The transportation liaison on duty periodically escorts groups to the military buses in the parking area, so don't worry if no one is there when you arrive. Signs at the desk will explain departure times to the various bases and the location of the parking area. A phone is available to contact your duty station or sponsor. A phone number list for each base/operator is also available.

If you have made arrangements to be met at the airport by your sponsor or a command representative, the DoD Transportation Liaison counter is a convenient place to meet. Exit doors to the street and buses are nearby. If no one is meeting you, make arrangements with the liaison (usually a US civilian) for bus transportation to Yokosuka Navy Base. The liaison will escort all passengers to the correct bus prior to departure. The liaison on duty represents all branches of the military services. You or your sponsor can also request the Narita shuttle prior to arrival.

NOTE: Regardless of what might be written in your orders, the military transportation liaison is not located at the Northwest Airlines information counter.

Navy Shuttle Buses from Narita to Yokosuka

Normally, the Navy buses to Yokosuka are scheduled to depart the parking area near Narita Terminal One at 1530, 1730 and 1900 daily. These are coach buses with a maximum seating capacity of 41 passengers. The Narita shuttle buses run 365 days a year.

In the event that Yokosuka Base is placed in a heightened force protection status, government transportation to Yokosuka may be limited to military personnel and family members of military personnel only.

Personnel (and family members) under PCS or other official orders have priority for seating on the buses. You or your sponsor can make advance reservations for the bus by calling locally 243-7777, DSN 315-243-7777, or Commercial 011-81-46-816-7777. Provide the number of people in your party, the flight number, and the date and time of your arrival. Be prepared to fax a clear copy of the following documents to the bus reservations clerk: PCS orders; Family Entry Approval letter; Travel document showing arrival date. The DSN fax number is 315-243-9594. The commercial number is 011-81-46-816-9594. If there are no reservations listed on the driver's manifest, seats will be given on a first-come-first-served basis. Passengers will need to provide two types of photo ID, one of which must be a military ID.

There is a charge to utilize government transportation from Narita to Yokosuka for personnel under orders that is charged against your orders. Make sure you have an extra copy of your orders to give to the transportation liaison on duty. Space available passengers do not have to pay the transportation charge out of pocket to ride the airport bus, but they are not guaranteed a seat.

Pets may not be brought aboard the Navy shuttle buses. If you are arriving with your pet(s), you will need to coordinate with your sponsor at your gaining command for alternate transportation. For more information, email cfay_bus@fe.navy.mil.

Trains from Narita to Yokosuka

A more exciting alternative is to take the train from Narita to Yokosuka, travel time being about 3 hours. Both the Keisei/Keihin Kyuko Line and the Yokosuka JR Line have trains leaving from the basement of both terminals. The cost varies between ¥2,000 - ¥4,000 Yen (approx. \$20-40) depending on the line and class of fare purchase.

Airport Amenities

Changing rooms and American style restrooms are available in the terminal. There is also an observation deck, a convenience store, a variety of Japanese fast food stands, and restrooms on the shopping mall levels of the Central Building in Terminal One. All shops and services in Narita Airport terminal buildings require payment in Japanese currency (Yen). It is advised to withdraw Yen in case you need to take the train, buy food, or pay for a taxi once on base. There are currency exchange services on the first floor of Terminal One in the arrival lobby. There is another currency exchange in the departure area on the third floor. If you exchange money in a U.S. airport prior to your departure, you will probably not get a very good exchange rate. There is no USO facility at Narita.

Living Arrangements

On-base Living Options:

- High-rise towers with 2 and 3 bedroom apartments (no dogs)
- Townhouses with 3 and 4 bedrooms
You must qualify by rank or number in family. It can take up to a year to move into a townhouse, it depends on availability, so check with the Housing Office.

Off-base Living Options:

- Individual houses
- Japanese mansions (apartments)

Whether you and your family choose to live on-base or off-base, both offer different opportunities and both are enjoyable living experiences. There are many people in the USS CURTIS WILBUR command who can answer questions you may have about either living arrangement. Just call someone on the list of contacts!

Initial Steps to Finding Off-base Housing:

- Once you have attended the housing brief, begin looking through the binders full of listings for available housing. The binders are located in the Housing Office and are separated by neighborhood.
- If you find some housing listings you'd like to see in person, the housing office will call the agent to arrange an appointment. Up to three appointments can be made at a time.
- Find a rental agent through your sponsor or the Housing Office. Japanese agents will only show you their own rental properties so using multiple agents is recommended.



--Example of an off-base house in Mabari Kaigan

Things to Determine Before Talking with a Realtor:

- Amount of Overseas Housing Allowance (OHA) you will receive.
- Do you want a Japanese-style or Western-style house? (Do you want an American oven or refrigerator in your house, tatami rooms, etc.?)
- How many bedrooms would work for your family?
- How close do you want to be to base?
- Transportation preferences such as:
 - What transportation will you use to get to base?
 - Do you want to be close to a train station?
 - Will you be getting 2 cars? Having two parking spaces/cars is not common in Japan. Most people use the train, scooter, or bike as a 2nd form of transportation. When living off-base, it is best not to buy a car until you see the parking space(s) you will have.
- Do you have a dog or cat? On-base, only townhouses allow dogs, and many houses off-base do not allow pets at all. But with a little time and luck, you should be able to find an off-base house that allows pets and even one that has a small fenced-in yard.

Obtaining Personal Transportation In Japan

Resources

- Driver's licensing information is available at <http://www.cfay.navy.mil/License.html>, including:
 - How to purchase and register a vehicle in Japan
 - How to obtain a driver's license
 - How to obtain a motorcycle license and registration
 - COMFLEACT Instruction 5800.2E: Registration and Inspection of Privately Owned Vehicles
 - Driver's License Study Materials
- The Driver's License test booklet is also available to study at https://www.cnmc.navy.mil/regions/cnri/installations/cfa_yokosuka/om/safety/driver_license.html
A great multiple-choice driving test is also available at www.japanbases.com.
- The Vehicle Registration Office (VRO) can be contacted at DSN: 243-5011 for any questions regarding the process to obtain a car.

How Do I get a Vehicle?

Obtaining a vehicle in Japan may seem like a lengthy and complicated process but with proper planning the process is simple to follow. A summary of the steps to obtaining a vehicle is included in this information sheet. For more details, see the official web page at (<http://www.cnmc.navy.mil/yokosuka/index.html>).

You will need to have a valid stateside driver's license and complete the driver's safety class and written test that is given on the last day of AOB/ICR class. If you are having difficulty arranging childcare for all of AOB/ICR try to at least get childcare during the written exam period so both you and your spouse can take the test. The Child Development Home Office has the names of hourly and drop-in providers. The driving portion of the test may be scheduled upon successful completion of the written test. After completing these requirements you will be issued a SOFA driver's license. If you have a teenager who will be of driving age while here, FFSC offers a driver's course through conjunction with the Kinnick High School.

Once you have a driver's license, you can begin the process of purchasing a car. E-4 and below must have approval from their CO and Commander Fleet Activities Yokosuka (CFAY) Security office to own a car. When purchasing a car, please take into consideration that many of the Japanese streets are narrow and parking spots are small. Yokosuka base offers a used car lot, or "lemon lot", which showcases reasonably priced cars. The "lemon lot" is located in the far left corner of the Commissary parking lot. Used car listings are also posted on bulletin boards around base and in the online base newspaper, Seahawk Umitaka. You may also buy a car out in town but this may mean a longer wait for the title. Acquiring a vehicle can take an average of 1 to 2 weeks. Cars must be registered in the sponsor's name. A Power of Attorney (POA) is required if anyone other than the sponsor is arranging the registration of vehicles. To obtain a POA, visit the Legal Office on the 2nd Floor of PSD. For more information about POA, please call DSN: 243-5141.

Before purchasing a car talk to your sponsor and learn about Japanese Compulsory Insurance (JCI), a bi-annual safety inspection/ mandatory insurance, and about obtaining additional insurance and the road tax. Cars driven on base and in Japan require base inspections and up to date JCI. Liability insurance for your car can be obtained at the VRO.

If you are an On-Base Resident, you will need to take your car information and Parking Certificate from Housing to the Vehicle Registration Office (VRO) in the NEX Auto Rental Building. They will give you forms to obtain Temporary Plates (T-plates) for your vehicle. While at the VRO you should also obtain an on-base Temporary Pass which will allow you drive and park on base. To obtain T- plates, you will need to take the VRO forms to City Hall, Yokosuka. Afterwards, go back to VRO to get paperwork to take to Yokohama Land Transportation Office (LTO). You can look in the back of the Base Paper to find people who will take care of the LTO process for a small fee. Take all information, forms (including temporary base pass), and car to LTO to register the vehicle and obtain plates. If necessary, return the T-plates to City Hall and obtain a receipt. Go back to VRO to finalize the registration and obtain your base decal.

If you are an Off-Base Resident, you will need to take a signed lease agreement to VRO. VRO will let you know which police station (Koban) to go to for a parking space inspection. They will give you forms to obtain Temporary Plates (T-plates) for your vehicle, if needed. While at VRO obtain a Temporary Pass that will allow you drive and park on base. To obtain T- plates, take the VRO forms to Yokosuka City Hall. Afterwards, go to the designated police station and apply to have your home parking space inspected. The inspection takes about 3-5 days to process. Your application may be denied if it is determined your car is too big for the designated space. Return to the police station on the appointed day to obtain your parking sticker (Y600). Afterwards, go back to VRO to get the paperwork to take to Yokohama Land Transportation Office (LTO) to register the vehicle and obtain plates. You can look in the back of the Base Paper to find people who will take care of the LTO process for a small fee. If necessary, return T-plates back to City Hall and obtain a receipt. Lastly, go back to VRO to finalize your car registration and obtain a base decal.

Auto Maintenance

If you are in need of auto maintenance, the Auto Port on base can do basic repairs, oil changes, and provide towing services. The Auto Port has maps to various off-base dealerships and will assist in making appointments and providing translation assistance over the telephone when you are at the dealership.

Motorcycles and Bicycles

Motorcycle endorsements do not transfer to Japan. If you, or a dependent, are planning on bringing a motorcycle, a specific course will need to be taken and a new endorsement obtained. Bicycles ridden on base will need to meet CFAY's requirements for headlight, front and rear reflectors, bell/horn, and helmet, before they can be registered at the VRO. Receipt of purchase or your Household Goods inventory with the bike listed on it will need to be brought to the VRO along with the bike for registration. Base security randomly checks bikes and confiscates ones that do not have the sticker provided by VRO upon registration.

Pet Importation Requirements for Japan

Responsibilities

Owners are responsible for the shipment of pets arriving, departing, and within Japan. Owners are responsible for all matters associated with travel arrangements, shipping requirements, and costs for their pets.

Japanese Animal Quarantine Service Regulations require that all animals entering Japan be examined to determine if they are free from communicable diseases. Animals found to be free from communicable diseases meeting entrance requirements may be released to the owner's custody.

- Three copies of the rabies vaccination certificate (DD208, the original and two copies) must accompany the animal during transit. The rabies vaccination must have been administered more than 30 days but less than 365 days prior to the animal's entry into Japan.
- An animal that is less than 90 days old does not require a rabies vaccination, but will be placed in a Japanese or U.S. Forces quarantine facility. Upon reaching 90 days of age, the animal will be given a rabies vaccination and kept in a quarantine facility for a period of 30 days. After 30 days, the animal will be released to the owner for a required "home quarantine." Quarantine in Japanese facilities will be at the owner's expense. Please refer to the web site above or at the end of this section, for the latest information of pet quarantine periods.
- Three copies of the health certificate (DD2209, the original and two copies) must also accompany the animal during transit. The veterinarian who examines your pet issues this certificate, which must be dated within ten days before the animal's arrival into Japan.

Important! If the rabies vaccination and/or the health certificates are obtained from an off-base or civilian veterinarian, you must take the original rabies certificate/health certificate to a Field Office of the U.S. Department of Agriculture (USDA). A USDA veterinarian must sign both certificates and place the USDA stamp on the back of each copy. The signature without the stamp is not valid for entry into Japan. Failure to have certificates stamped will result in quarantine until the stamp is obtained via U.S. Mail. GOJ authorities will not recognize an individual (state) department of agriculture stamp. The stamp must be USDA!

- "Home Quarantine" allows service members to maintain their pets in their own custody within their assigned on-base quarters during the assessed quarantine period. Personnel who are most affected are SOFA members who are required to live in off-base housing. If a quarantine period is assessed, military members who live off-base will be required to pay for quarantine boarding expenses for their pets in on-base kenneling facilities or incur the significant expense of quarantining their pet at the Airport Animal Quarantine Station facility.
- Service members who may be required to kennel their pets for up to 180 days will incur a large cost. The JFTR and the JTR provide limited reimbursement for quarantine costs for service members.
- The quarantine periods for your pet will range up to 180 days. All quarantine guidelines, necessary import forms, and contact information may be found on the Japan District Veterinary Command website:
<http://www.usarj.army.mil/information/shipment/pets.aspx>

Do not hesitate to contact the installation veterinarians in Japan if you have any questions. All contact information may be found on the Public Health Command District – Japan website:

<http://www.usarj.army.mil/organization/vet/contacts.aspx>

Companion Animals Arriving in Japan Aboard Commercial Aircraft:

Companion animals that enter at a Japanese airport are to be picked up at the airport and processed through the Japanese Animal Quarantine Service at the airport.

- Before the animal can be processed by the Animal Quarantine Service Personnel, the owner or authorized representative (via Special Power of Attorney) must fill out a Form 380EJ “Customs Free Import and Export of Cargo” or “Customs Declaration of Personal Property.” This form is available at the Customs Check Point upon entry.
- Upon arrival at the Animal Quarantine Counter the Japanese personnel will initiate a Pet Quarantine and Examination Certificate (Form MDJ-270). Pet owners or their authorized representative (via Special Power of Attorney) must be able to provide the following information:
 - military address (duty station)
 - rank/rate
 - duty phone
 - temporary address
- You will be required to sign this form stating you will present your pet for quarantine examination following the required period of “Home Quarantine” at a U.S. Forces Veterinary Office. Failure to present the animal for quarantine release may result in a fine of up to 50,000 Japanese yen (at 115 yen to the U.S. dollar, this is approximately \$435.00).
- Japanese Animal Quarantine Service Officials are on duty whenever flights are scheduled to arrive.

Additional information may be obtained upon arrival from the Yokosuka Veterinary Clinic, 243-6820/7081, Bldg. H-1230, F Street.

- Pets are not allowed aboard the scheduled Navy shuttle buses. If you are arriving with your pet(s), you will need to arrange, perhaps with the assistance of your sponsor, alternate transportation to the base. For more information, email cfay_bus@fe.navy.mil
- Pets are not allowed in Temporary Lodging while military families are residing there. All kennel boarding fees, including the official assigned quarantine period, are the owner’s responsibility.
- Mandatory pet quarantine fees incurred by U.S. service members in connection with the mandatory quarantine of a household pet are reimbursable, not to exceed \$550 per PCS move for pets in, or entering into, quarantine on and after 28 DEC 2001. (Ref. JFTR, par. U5805.)
- Japanese veterinarians also board animals, but the cost is high.

You can make reservations at the Navy Exchange Kennel by calling (DSN) 243-4530. From the U.S. call 011-81-46-816-4530. The hours at the kennel are M-F 0900-1500, Sat. 1000-1100, closed on Sundays.

- Military veterinary general and surgical care is available on a limited basis by appointment only. Surgical services are primarily for the control of animal population (spay/neuter/declaw), but other services may be available.

NOTE: IAW COMFLEACTINST 6200.1N, cats and dogs at Yokosuka require microchip implants.

- Military veterinarians do not provide emergency care. You will be referred to an off-base veterinarian. Language barriers may present difficulties. The cost is also quite expensive. For the best and most up-to-date information on importing your pets into Japan, be sure to visit <http://www.usarj.army.mil/information/shipment/pets.aspx> or contact your local military veterinary clinic.
- The Navy Exchange operates a facility for the boarding and grooming of dogs and cats on base in Yokosuka. It is located adjacent to the veterinary clinic. Call DSN 243-4530 for business hours and reservations of Yokosuka Kennel.

Camp Zama Pet Kennel: Some people board their pets at the Army's pet kennel located on Camp Zama. Relatively close to the Navy's Atsugi base, Camp Zama is a 1.5 to 2 hour drive north of Yokosuka depending on traffic. The Camp Zama kennel is operated by MWR. Navy pets may stay there when their owners go on leave. Call DSN 263-5915 for information. Also see <http://www.mwrjapan.jp.pac.army.mil/crd/or/pet.aspx>.

- Housing applicants are advised via entry approval message and web sites (also housing office contact if able) not to bring their pet dog(s) until it is determined if the type of unit they will be assigned will allow the pet. Should an applicant disregard the advice and arrive at PCS with a dog, they are offered housing in the same manner as other applicants without a pet dog (the first housing unit in chronological order of the available date on the list of vacant units). If the unit by chance is a townhouse, then they will be assigned to it. However, if the unit is not a townhouse, then it will not be assigned unless applicant disposes of their pet dog. If they decline to give up their dog, then they will be required to find an off base house and be authorized housing allowances under the provision that "an undue hardship is required" if they were to be assigned MFH. Later applications for assignment to MFH will not be permitted unless applicant certifies they do not own a pet dog.
- Pet dogs acquired after a member's arrival are not considered under any circumstances when making MFH assignment. Should an applicant disregard advice and acquire a dog after their arrival, they will be assigned housing in the same manner as other applicants without a pet dog (the first housing unit in chronological order of the available date on the list of vacant units). If the unit by chance is a townhouse, then they will be assigned to it. However, if the unit is not a townhouse, then it will not be assigned unless applicant disposes of the pet dog. If applicant declines to give up the dog, then they will be required to find off base housing and will NOT be authorized housing allowances. Later applications for assignment to MFH will not be authorized unless applicant certifies they do not own a pet dog.

Family Assistance Support Team (FAST)

Family Assistance Support Team (FAST), Yokosuka was established to provide support, limited services and assistance during underway periods to personnel and family members of the Forward Deployed Naval Forces (FDFNF) permanently stationed in Yokosuka, Japan.

FAST Office is located at the Community Readiness Center (CRC), Bldg. 3365 across from the Commissary, on the 2nd Floor room 225.

FAST Office Operating Hours:

Monday, Wednesday, and Friday 0900-1630

Tuesday 0800-1630

Thursday 0800-1500

Emergencies are handled 24 hours a day by calling FAST Duty Officer at 090 8046 5541

Services Provided

- IDs for Active Duty Personnel, Government Employees, Contractors, and Dependents
- Defense Enrollment Eligibility Reporting System (DEERS) Updates
- Defense Biometrics Identification System (DBIDS) Registration
- Transportation Requests
- House Guest Passes (when sponsor ship is underway)
- When ship is underway, Command Pass Coordinators (CPC's) may assist as a liaison between PSD and the ship's CPC to help process the following:
 - TLA and TLA Extensions
 - OHA/MIHA/OHA Advances

FAST Office DSN: (315) 243-5770 / 7966 FAX: (315) 243-7671

4th Deck CFAY Base Check Out Counter DSN: (315) 243-9606

Family Employment Readiness Program

If you will be looking for a job or considering a career change while in Japan, the FFSC Family Employment Readiness Program (FERP) Manager is the person to talk to.

FERP Services and Workshops

The FERP Program offers a wide range of services and is focused on assisting SOFA sponsored spouses to find employment, volunteer, and job-based training opportunities in the Yokosuka area.

The FERP Manager provides:

- Individual career counseling
- Informational counseling
- Resume critiques
- Job application reviews
- Job referrals

Workshops & Classes

- Resume Writing- Learn tips on how to write an effective, marketable resume.
- Teaching English- How to get started teaching English to Japanese nationals.
- Employment Overview- Information on local employment opportunities and application processes.
- Government Application Tips- Step by step approach to correctly completing government applications.

Computer Support

- Quick and Easy SF-171 and OF-612 Civil Service application.
- Instant Resume Program- computer-based resume generator.
- Computer Tutorial- Self-paced tutorial for the Microsoft Office suite (Word, Excel, PowerPoint, Access, Outlook).

Spouse Preference

Spouses of active duty military who were married before the beginning of this overseas tour receive a one-time hiring preference. This preference is good for the three main employing agencies (HRO, NEX, & MWR) at Yokosuka. Spouse preference is considered used after accepting or declining a permanent or temporary position lasting over one year. Please contact the FFSC FERP manager for more information about Military Spouse Preference.

FERP MANAGER

DSN: 243-9632

COM: 046-816-9631

EMAIL: ffscinfo@fe.navy.mil

Navy College Program and Local Colleges & Universities

While you are in Japan you may want to consider taking college courses. Fleet Activities Yokosuka has plenty of educational opportunities for you. A list of the on-base colleges and universities follows as well as some of the programs and degrees that are offered through each. All institutions have an office located on the third deck of the Fleet Recreation Center.

Navy College Office

DSN: 243-8131

Website: <http://www.cfay.navy.mil/NavyCollegeOfficeYokosuka/welcome.htm>

Room 347 Fleet Recreation Center

Email: navycollege@cfay.navy.mil

The Navy College Program offers counseling; numerous education resources; information about SOC schools; the NCPACE program; tuition assistance; SAT, ACT, GED, PRAXIS, CLEP, DSST, & Excelsior testing; Navy College Partnership Program; United Services Military Apprenticeship Program (USMAP); Ratings Roadmaps; Sailor/Marine American Council on Education Registry Transcripts, MGIB; and Command briefings.

Central Texas College

DSN: 243-5126

Website: <http://www.pfec.ctcd.edu/>

Room 351A Fleet Recreation Center

Email: Yokosuka.jpn.pfec@ctcd.edu

Programs: Associate degree programs in Education, Criminal Justice, Business Management, Applied Management, Early Childhood Professions, Law Enforcement classes, ESL classes, and General Studies.

University of Maryland University College (UMUC)

DSN: 243-4613

Website: www.ad.umuc.edu

Room 331 Fleet Recreation Center

Email: fyokosuka@ad.umuc.edu

The University of Maryland University College Asian Division offers eight associates degree programs and eleven bachelor's degree programs in a wide variety of accredited curricula. Students may attain degrees from UMUC through both traditional face-to-face courses and internet-based distance education courses. UMUC offers in-house academic advising, computer lab facilities, and an extensive online research library. Find out more about academic programs and services and the fifth-year tradition if serving military members and their families at our website.

NCPACE (Navy College Program for Afloat College Education) Fleet Rec. Rooms 339 & 343

DSN: 243-6442

Provides tuition-free basic skills, developmental, and college classes aboard deployed commands. Both instructor and computer/video-based courses are available. Personnel should consult their ESO for command-specific information.

Navy College Learning Center

DSN: 241-4600

Offering English, reading, math, trigonometry, calculus, social studies, science, and life skills; preparation for ASVAB retake, SAT/ACT, GED, college courses, CLEP, DSST, and Excelsior exams. Computer assisted courses available:

Mon-Thu 0900-1800

Fri 0900-1300

Room 363 Fleet Recreation Center

Email: yokosukanclc@plato.com

Available to active duty, adult family members, DOD civilians and military retirees at no cost.

DoD Schools Registration Requirements

In order to register your child(ren) in school, you will need to provide the following documentation:

For Military Sponsors:

- Copy of current orders
- Copy of Family Entry Approval or letter of Command Sponsorship

For DoD Civilian Sponsors:

- Copy of DD form 1614
- If dependents are not listed on the orders, verification of sponsorship from HRO must be provided.

**In addition to the above documents, all sponsors must provide the following:

- Student's passport or a copy of birth certificate
- Student's social security number
- Records from former school or former school name and address
- Physical examination report for ALL students entering Sure Start and Kindergarten. You can obtain this by making an appointment with your pediatric doctor.
- DoD immunization verification form. You can obtain this from the Immunization Clinic. Yellow shot card and copies of child's medical records WILL NOT be accepted. For DoD's specific immunization requirements, please visit the following website:

<http://www.dodea.edu/parents/immunizations.cfm>

A student without verification of adequate immunizations will not be allowed to register or attend school until documentation is provided.

Kinnick High School

PSC 473 Box 95

<http://www.kinnick-hs.pac.dodea.edu>

Email: PRINCIPAL_KINNICKHS@pac.dodea.edu

Yokosuka Middle School

PSC 473 Box 95

FPO AP 96349

<http://www.yokosuka-ms.pac.dodea.edu>

Email: YMiddleP@pac.dodea.edu

*E-mail addresses for the schools may be changed without notice. Refer to the web site for each school for current e-mail addresses.

Child Care

Child Development Services, a division of Morale, Welfare and Recreation (MWR) provides quality child care with scheduled developmental activities, free play, storytelling, music and art offered in a warm, secure environment. The Child Development Center and Child Development Homes both offer full day and hourly availability. For further information, please call the Main Child Development Center at DSN 243-3219, or Child Development Home program at DSN 243-5478.

Full Day Care

The Main Child Development Center (CDC), Ikego CDC and Negishi CDC have full day care (up to 10 hours a day) for children age 6 weeks to 5 years. Two meals and two snacks are served. Two outdoor exercise periods and a rest/naptime period are planned in addition to regularly scheduled age-appropriate developmental activities throughout the day. A contract and prepayment are required. Fees are based on total family income and range from \$225 to \$450 per month. There is a 20% sibling discount. There is a waiting list.

Kindergarten

The Yokosuka Youth Center, Negishi CDC and Ikego CDC have a program for before-and-after Kindergarten. Escort services to and from DoD schools is included in the monthly fee. The program supplements and reinforces the school programs offering art, music, learning centers, outdoor play, field trips, lunch and snack and rest/naptime. Parents must enroll their child in Kindergarten, sign a contract and pay in advance. Fees include meals and are based on total income. Fees range from \$202.50 to \$377 per month.

Hourly CDC

Yokosuka's F-68 Hourly CDC, Ikego CDC and Negishi CDC offer hourly care: Intermittent care not more than 2 hours per week but may occasionally exceed 5 hours per day. Care may be offered on a drop-in-basis, providing space is available, by reservation, or by calling in. Convenient prepaid care, lunch, and escort tickets are available. Snacks are provided. Escort service is available from pre-school or kindergarten to the center (except in Ikego). Care is for children 6 weeks to 6 years of age.

Part Time Day Care

Parents working part time may make a standing reservation for up to 5 hours a day, 5 days a week; or any hours not to exceed 25 hours a week. A contract is required. Reservations must be cancelled 24 hours in advance. There is a waiting list.

Emergency Situations

The Hourly CDC has five spaces each day to accommodate persons with unexpected emergencies. If the center is full and you are in this situation, please ask the clerk or director about emergencies.

Evenings and Weekends

The Main CDC is open the second Saturday of each month from 5 p.m. to midnight, and for other advertised special events. Reservations may be made up to four weeks in advance. Locator cards and immunization cards must be on file for a valid reservation. A minimum of 24 hours notice is required for cancellation. Children 6 weeks to 12 years will be accepted. Hourly rate is \$3.00. Please call ahead for reservations.

Special Openings

Child Development Services may be contracted by any organization to open for special events, with advance reservations and required guarantee contract.

Child Development Home

A military family member in base housing provides Family Child Care. FCC providers attend 6 hours of training and have their homes inspected monthly. They care for children in a home-like environment with mixed ages of children and can often meet special needs of later hours, weekends, and last minute call. Only certified homes are sanctioned by the Commanding Officer to provide childcare at Fleet Activities, Yokosuka. The CDH Direct Cash Payment Program offers assistance to dual/single military personnel, DoD civilians, parent working shift hours/weekends, parent on full time load in school, and children attending Sullivan's/Kinnick Special Education & EDIS. Families that qualify are assigned to a payment category according to their family income. For more information, please contact CDH at 243-5478.

After School Program

The Yokosuka, Negishi and Ikego Youth Centers offer a recreational program for children 6-12. Bowling, skating, field trips, arts & crafts and games are part of the fun. Snacks and meals are included in the daily rate. A contract and prepayment are required for a standing reservation. Daily care is available on a first come, first served space available basis. Fees are based on total family income and range from \$20 - \$45 a week for Before/After School care.

Points of Interest Near Yokosuka

- Aburatsubo Marine Park – Aquarium, park and game center (near Yokosuka)
- Akihabara – Electric & Electronics City (Tokyo)
- Ameya-yokocho – Outdoor market in Ueno district (Tokyo)
- Asakusa-bashi – Doll stores (Tokyo)
- Asakusa-kannon – Huge temple (Sensoji) & traditional shopping area (Tokyo)
- Beaches and Seaside Hiking – Monkey Island, Kannonzaki, Hayama, Kamakura
- China Pete/Noritake – China sets, Japanese souvenirs, household items, pottery (Yokohama)
- China Town in Yokohama – Various restaurants and souvenir shops
- Tokyo Disneyland & Tokyo DisneySea
- Ginza Area- Shopping markets and stores (Tokyo)
- Hakone – Resort area near Mount Fuji
- Harajuku/Kiddyland & Oriental Bazaar – Ota Memorial, Ukiyoe Museum and Toy Store (Tokyo)
- Imperial Palace – Imperial Palace East Garden (Tokyo)
- Jimbocho – Bookstore district (Tokyo)
- Jogashima Island – Seaside villages, fish markets, beaches, etc. (near Yokosuka)
- Kamakura – Great Buddha, shrines, temples, etc.
- Kanagawa Ice Skating Rink (near Yokohama)
- Kanazawa Zoo (Yokohama)
- Kappa-bashi – Kitchenware stores district (Tokyo)
- Kita-Kamakura Museum – Museum of traditional clothing and fabrics of Japan (Kamakura)
- Kurihama Flower World/Adventureland – Seasonal Flower Park, herb garden and playground.
- Meiji Shrine – Largest Shinto Shrine (Tokyo)
- Mikasa Park – Picnic park and Memorial Battleship (Yokosuka)
- National Children's Castle in Harajuku – (Tokyo)
- Nihon Minkaen Museum – Open-air museum and shrine (Kawasaki)
- Nikko – Scenic national park and temples
- Nogeyama Zoo – (Yokohama)
- Odaiba – Huge entertainment, shopping and amusement area (Tokyo)
- Roppongi – Nightlife area with stores and restaurants (Tokyo)
- Sankei-en Garden – Japanese-style garden with restored Japanese homes (Yokohama)
- Sea Paradise – Aquarium and aquatic amusement park (Yokohama)
- Shinjuku Park and Garden – Ponds, picnic area, restaurants and greenhouses (Tokyo)
- Sumo – Japanese wrestling (major tournaments in Tokyo; occasional exhibitions in Yokosuka)
- Sunshine City – Huge urban shopping and entertainment center (Tokyo)
- Tama Hills MWR Recreation Center – Archery, horseback riding, golf, etc. (near Tokyo)
- Toshimaen Amusement Park – Big waterpark and various rides and activities (Tokyo)
- Tokyo Sea Life Park – Aquariums and several waterfront attractions (near Tokyo)
- Tokyo Summerland and Sesame Place – Waterpark and Sesame Street Park (Tokyo)
- Tokyo Tower – Aquarium, Wax Museum, 3-D Art Gallery, Observation Decks, Shops & More
- Ueno Park and Zoo (Tokyo)
- Yokosuka City Museums – Depicting the history of Yokosuka, from ancient to modern times

Directions to these sites and many more can be found at and downloaded from the Maps & Directions page of the FFSC web site: <http://www.cfay.navy.mil/ffsc/maps.htm>

Shopping in Yokosuka

On-base

- NEX Autoport Gas and Garden Center is located next to the gas station. They sell some foods, beer and wine, automotive items, outdoor items and tools. Open 0600-2300.
- Navy Exchange (NEX) is located across from Starbucks and has clothing, shoes, books, toiletries, liquor, toys, electronics, etc. Open 0900-2100.
- NEX Children's Store is located in front of the Navy Exchange on the 3rd floor. This store sells children's clothing and equipment from newborn to teens.
- NEX Home Accents is located in front of the Navy Exchange. This store sells kitchen items, household decorations, Japanese items, crystal and other nice things.
- NEX Furniture store is located next to Starbucks and has furniture for every room in your house.
- NEX Depot has nicked or damaged furniture, cooking supplies in bulk, office supplies, outdoor sheds and some electronics and tools.
- Takusan Treasures is located in the building next to the Navy Lodge on the second floor above the NEX car rental. The gift shop sells many different items from Asia. Open Tuesday and Thursday 1000-1500 and the second Saturday of every month from 1000-1400.
- Second Hand Rose is located on the 1st floor of NEX car rental building. This is a thrift store and donations are accepted during business hours. Tuesday and Thursday from 0900-1400 and the second Saturday of the month from 0900-1400.
- Hobby Mart is located on the second floor of the community center and has a variety of crafts, dance and other items. Open on Tuesday-Sunday 1000-1800.

Off-base

- Daiei Shopping Mall: The first floor has a grocery store (like most Japanese department stores). Then there are many floors and shops, including a bookstore with an English section and a food court. There is a gate (for walking only) onto base through the backside of the Daiei. It is only open weekdays from 0600-2000 and is closed on U.S. holidays.
- 100 Yen store, "Daiso": There is 1 of these "dollar store equivalents" located across from the Daiei. Walk the crosswalk over Rt.16 and walk down the side street in front of Daiei. Take escalator/stairway to the second floor. The "Daiso" stores is on the left hand side.
- Blue Street: There are multiple shops and restaurants down "Blue Street." Many buildings have shopping on several floors. (Many stores and restaurants are closed on Wednesdays.)
Look for:
 - More's City (a "mall" behind Yokosuka Chuo station)
 - Saikaya department store (with up-scale department store in basement)
 - Gap located on 2nd floor of Saikaya department store
 - Seiyu department store (with grocery in basement)
- Homes, Livin and Ave are department stores that you can drive to along Route 16. D2 is a similar store located along Route 134. (From base, turn left out of Main Gate and travel along Route 16. When you see Red Lobster, turn right at a light onto Route 134). Each of these stores has a variety of home items you may need. Livin also sells clothing.

Survival Tips for Living in Japan

- Always remember to remove your shoes before stepping up from the genkan (entryway) area of a Japanese home into the house proper. Slippers may be provided.
- Always remove your slippers when you enter a tatami room in a Japanese home. Bare feet or socks only on tatami (straw mats).
- Smoking is prohibited on local buses and trains. Some long distance trains permit smoking in designated cars. If you smoke, please be respectful of others.
- Converse in a moderate voice when in public. Raising your voice, even if only in fun, disturbs and sometimes frightens our hosts. Additionally, use earphones with portable music players and keep your car stereo volume low when your windows are open.
- Yen is the only currency acceptable in Japanese stores or other business establishments. Japanese businesses do not accept U.S. dollars, as might have been the case in some other foreign countries you may have visited. It is helpful to keep a small amount of yen at home for emergencies (i.e. locking your keys in your car. It will cost about 10,000 yen to have someone come to your off base home and unlock your car.)
- Although bargaining is accepted and even sometimes expected in some countries, in Japan it is not done (except on rare occasions.)
- Tipping is a custom that is not followed in Japan. Please do not tip the waiters, taxi drivers, etc off base. The American tipping custom IS observed on base.
- Our hosts are very fond of gift giving. When a gift is given to you, you are expected to return the favor. In addition, when you move into your new house you will be expected to give small gifts to your new neighbors, such as chocolates or other small treats.
- When riding the trains, if you have to stand, it is impolite to turn your back to a person who is sitting down. You must face the person who is sitting down. This can feel uncomfortable, especially when the train is packed, but turning your back is viewed as an insult.
- ALWAYS carry toilet paper with you. Restrooms off base may be Japanese style and usually won't have toilet paper, especially in train and subway stations.
- It is polite to use "san" after Japanese adult's name (i.e.: Suzuki-san), "chan" after a young girl's name, and "kun" (pronounced koon) after a boy's name. Never use these after your own name. These are honorifics, so it is impolite to "honor" yourself over another person.
- The Japanese do not understand the use of sarcastic remarks to make a point. They also do not make use of profane hand gestures...please avoid gestures or remarks that our hosts may find offensive.

Useful Japanese Phrases

Learning spoken Japanese is a great way to make Japanese friends and will help you and your family enjoy Japan more. There are many resources to help you learn the language such as Fleet and Family Support Center classes, language schools, and language exchange with a Japanese person. A few commonly used phrases are listed below. Refer to the chart below for the correct vowel sounds. NOTE: the (u) at the end of a word is pronounced as a short, almost silent sound as if it has been cut off before it is completely spoken.

VOWEL Sounds:

A: "ah" as in "father"

I: "ee" as in "see"

U: "oo" as in "too"

E: "eh" as in "met"

O: "oh" as in "boat"

Good MorningOhayo gozaimasu
Good Afternoon.....Konnichiwa (pronounce BOTH "n" sounds)
Good Evening.....Konbanwa
Good Night.....Oyasumi nasai
Good Bye.....Sayounara

How are you?.....Ogenki desu ka?
Fine, thank you.....Hai, genki desu.
I'm pleased to meet you.Hajimemashite.
Nice to meet you.....Douzo yoroshiku.
What is your name?.....Onamae wa nan desu ka?
My name is _____.Watashi wa _____.

I don't speak Japanese.....Nihongo wo hanashimasen.
Please say that again.....Mou ichido itte kudasai.
I am sorry.....Gomennasai.
Do you speak English?Eigo wo hanashimasu ka?
Do you understand?.....Wakarimasu ka?
Yes, I understand.....Hai, wakarimasu.
Please (Here you are.).....Onegaishimasu (Douzo.)
Thank you.....Doumo arigatou gozaimasu.
You are welcome.....Doutashimashite.
I like it.Suki desu.
I don't like it.....Kirai desu.

See you later!.....Mata ne!
Take care.Kiotsukete! (the "u" is almost silent!)
It's OK, I don't mind.....Daijobu.
I'm leaving.Ittekimasu!
Have a nice day.Itterashai! (said to someone who is leaving)
Please come in.....Agatte kudasai!
Please wait a moment.Chotto matte kudasai!

Cultural Awareness

The Yokosuka Fleet and Family Support Center offers a variety of workshops to introduce you to Japan and make your experience here a more memorable one.

Area Orientation Brief/Intercultural Relations

Welcome to the land of the rising sun, kanji, yen, and bowing. This combined class is a must for all newcomers. Representatives from around the base will talk about their unique policies, procedures and benefits associated with living in Japan; and local experts will discuss cultural issues and adjusting to your new home.

Your Japanese Home

Tatami got you down, or mildew taking over? Come learn from our local resident experts about how to make your new “uchi”, a comfortable home. We’ll take you on a field trip to a local store to point out products that can help solve common household problems and discuss temperature control without thermostats, using your “ofuro” and taking out the trash Japanese style.

Home Visitor Program

FFSC’s Home Visitor will make a personal visit to your home after you have attended the class Your Japanese Home. The Home Visitor will tell you about the facilities in your neighborhood and introduce you to your Japanese neighbors.

Japanese Language Series

This 10-session language series focuses on beginning Japanese vocabulary and phrases needed to enjoy life in Japan. The classes are a cooperative program presented by Japanese volunteers from the Yokosuka International Association, hosted by the Fleet & Family Support Center.

Enjoying Japanese Food

Learn about basic Japanese ingredients, recipes and food etiquette. Join our bilingual staff on a trip to a local grocery store and traditional restaurant for lunch.

Cultural Awareness classes and activities are also offered by Yokosuka MWR at the Community Center and other venues. Some of the programs offered by MWR are Japanese Cooking, Obi Art, Kimono Dressing, Ikebana Sogetsu (Japanese flower arrangement), Tea Box Covering, Tea Ceremony and Japanese Calligraphy. MWR charges nominal fees for many of their classes. More information about MWR culture classes, visit their web site at

<http://www.cfay.navy.mil/mwr/index.html>.

Community Awareness

Fleet Activities, Yokosuka has several social organizations to help you get involved with your local base community. Feel free to take part in as many as possible. Below is a short list of some local area clubs. Be sure to check out your Command Support Group as well.

1800's Historical Sailing Re-enactors

Teaches educational living history through historical reenactments such as the visit by Commodore Perry to Japan in 1853.

Awana Club

A Christian achievement club for boys and girls.

Girl Scouts/Boy Scouts

Troops do projects, take field trips, and participate in local events.

PAWS

Pets Are Worth Saving has many dogs and puppies, cats and kittens that need loving, permanent homes.

Kanto Plain Home Schoolers

Monthly meetings for field trips, support group meetings and get-togethers

Takusan Treasures Gift Shop

A nonprofit organization that sells a variety of merchandise and donates its profits. Also continuously seeking volunteers.

Quest/QJ

A non-denominational Christian Youth Program available to youths from 7th-12th grade, sponsored by The Chapel of Hope.

TOPS Club

Learn how to "Take Off Pounds Sensibly" at weekly meetings at the Naval Hospital.

Women of the Chapel

Involves women in the work of the Chapel by encouraging participation in worship, Bible study and community service.

Filipino/American Club

Encourages community involvement by holding fundraisers to provide scholarships to local students and host cultural activities such as the Mayflower Festival.

Yokosuka Little Theater Group

Open to all who have an interest in community theater production. Whether your talents are in acting, set construction, costume design or other theatrical fields, YLTG is looking for you!

Contact information for these groups changes periodically. Phone numbers and meeting times for these groups and others is regularly posted in the base newspaper. You can view the current weekly edition of the Seahawk/Umitaka (base newspaper) online at <http://www.cfay.navy.mil>.

Useful Base Information and Locations

Autoport

(Next to the Navy Lodge) Hours: 0630-2200 daily

Car service center, Gas station, Garden Center, Convenience Store, Video Rental

Barber Shop

(Two locations)

Navy Exchange Hours: 0900-1900 Monday-Friday; 0900-1800 Saturday; 1000-1800 Sunday

Fleet Recreation Center Hours: 1000-1700 daily

Beauty Shop

(Inside Navy Exchange) Hours: 0900-1900 Monday-Friday; 0900-1800 Saturday and Sunday

Commissary

(Next to Navy Exchange) Hours: 0800-2000 Monday-Friday; 0900-1900 Saturday and Sunday

Navy Exchange

(Next to Commissary) Hours: 0900-2000 daily

The Mini-Mart (convenience store) and Book Store are within the Navy Exchange

Fleet Exchange

(In Fleet Center) Hours: 0900-1900 daily

A smaller Navy Exchange with mainly athletic equipment and clothing

Fleet and Family Support Center

(Community Readiness Center 4th Floor) Hours: 0800-1630 M-T-W-F. 0800-1500 Thursdays

For family support, free community classes, maps and emergency translation services.

Video Rental

(Across from Navy Exchange) Hours: 1000-2100 Monday-Saturday; 1000-1800 Sunday

Dry Cleaning/Laundry

(Across from Post Office) Hours: 0700-1730 Monday-Friday; 0900-1700 Saturday

Laundromat

(Between Commissary and Navy Exchange & in Fleet Rec)

Other Organizations and Training Courses

In the fall, look for advertisements for the annual "Welcome Fair," held in the C-2 Auditorium (2nd floor of CFAY building near Main Gate) to disseminate information about CFAY Clubs and Organizations. Attend and learn more about how to become involved in social and volunteer activities, while meeting new friends, of course! Here are just a few groups you might be interested in:

USS CURTIS WILBUR Family Readiness Group (FRG)

The FRG is a command sponsored private organization that consists of volunteers, such as families of service members and active duty personnel. The purpose of an FRG is to plan and conduct social, informational, and morale building activities to enhance family readiness and enable the Navy family to meet the challenges of the military lifestyle.

Ikebana International Kamakura Chapter 51

This is a group of Japanese and Americans whose motto is "Friendship through Flowers." The unique monthly programs are an exchange of Japanese and American culture, featuring music, dance, theater, and art to name a few. There are Ikebana demonstrations twice each year, and a member demonstration in June. The chapter traditionally meets the third Thursday of the month. The January program is the third Saturday, with husbands and children invited.

Japanese American Wives (JAW)

The Japanese American Wives Group (JAW) is an intercultural group "...to promote lasting friendships between Japanese and American women and increase intercultural understanding."

The At-Large Group

This group holds four major social events per year. Two events are planned and hosted by the Japanese members and two by the American members. The At-Large Group membership is limited to 50 Japanese wives and 50 American wives. Dues: \$25

The Conversation Group

This is a smaller group that meets Tuesday mornings on a bi-monthly basis. The group is committed to sharing cultural experiences, traditions and ideas. Members have the opportunity to practice English and Japanese language skills and enjoy new friendships. The Conversation Group membership is limited to 30 Japanese and 30 American wives. Dues: \$35

Yokosuka Officers Spouse Club (YOSC)

As a club for spouses of Yokosuka officers, this is a large and active organization.

U.S. Naval Hospital (USNH) and Tricare

USNH Yokosuka is located on San Diego Street, across the street from the Officer's Club.

Who is Eligible for Hospital Care?

Active duty, family members of active duty, retired military, family members of retired military. Retirees and DoD civilians (with health insurance) are seen on a space-available basis. If you are not a military beneficiary, please check-in at the third party collections window next to pharmacy to register your insurance information.

How do I Check-In to USNH Yokosuka?

Fleet Sailors should report to the medical department on board ship and turn in your medical and dental records.

During peak PCS season (May-August), USNH will provide a one-stop check-in on Monday from 8:00 a.m. to 12:00 p.m. in the Command Auditorium. This will allow eligible beneficiaries to complete all aspects of their check-in at once. This includes TRICARE, medical records, immunizations, dental, primary care manager (PCM) assignment and a Wellness screening. The program allows patients to register with all major programs at USNH at one time and in one location. During non-PCS season, or if Mondays do not fit your schedule, TRICARE registration is handled during base Area Orientation Brief (AOB), and patients can visit USNH and check into each to the respective areas individually.

Who is Eligible for TRICARE?

Active duty service members and command sponsored active duty family members are eligible for TRICARE Prime. Retirees, retiree family members and non-command sponsored active duty family members will be TRICARE Standard. TRICARE Standard benefits include space-available care at the Naval Hospital and cost shares for care received off base. Active duty sponsors are ultimately responsible for civilian care received outside of the Naval Hospital. For questions about TRICARE, please feel free to call the TRICARE Service Center at DSN 243-9528.

TRICARE Online

USNH Yokosuka is a participant of Web-based appointment booking. Online booking with your PCM is available, anytime, anywhere. This feature is available to TRICARE Prime and Plus beneficiaries. TRICARE Standard beneficiaries can also take advantage of health information programs.

Start booking online by logging on to www.tricareonline.com. Appointments can also be made by calling central appointments.

Tricare Dental Program

USNH's dental department is capable of meeting your routine dental needs; however it is highly recommended that families retain TRICARE dental program (TDP) coverage, otherwise known as United Concordia, Inc. Many families stationed here in Japan enjoy traveling throughout Asia or vacation in the States, and having this coverage will provide protection in case of emergency. For more information, contact 243-5509. To enroll in TDP, log on to www.tricaredentalprogram.com.

Specialty Care

USNH Yokosuka offers a wide range of specialties, although it is not a major medical center. Japanese hospitals are occasionally used for specialty care and diagnostic testing. Patients may also be transferred to other military treatment facilities (MTFs) via the aeromedical evacuation system (MEDEVAC). Common destinations include USNH Okinawa, Tripler Army Medical Center and Naval Medical Center, San Diego. Family members must hold current passports at all times and non-U.S. passport holders must be prepared to acquire visas for entry into the United States or stop-over locations.

Health Promotions Department

This department promotes the voluntary adoption of positive lifestyle and behavioral changes through awareness, education and intervention strategies. Available classes include tobacco cessation, stress management, cholesterol awareness, weight management, and commissary tour. Call 243-2615 for details.

Exceptional Family Member Program (EFMP)

EFMP is a quality of life program designed to identify family members with long term health care or special education needs. EFMP ensures that active duty members will be assigned to locations where the special needs of the family will be met. Enrollment is mandatory for families with special needs. For more information contact your current MTF EFMP coordinator.

Central Appointments

Appointments with your primary care manager (PCM) can be made through the central appointments office. If you need to make an appointment, please call 243-5352. Hours of operation are from 7:00a.m. to 3:45 p.m. or you can book your appointment via TRICARE online.

Telephone Information

Calling within Japan/ From cell phones:

For 241 prefixes: 046-896-XXXX

For 243 prefixes: 046-816-XXXX

For 246 prefixes: 046-806-XXXX

To Dial the Base Operator:

From on-base: 243-1110

From off-base: 046-816-1110

Calling from the U.S.: (for other countries, replace 011 with correct international access #)

241 prefixes: 011-81-46-896-XXXX

243 prefixes: 011-81-46-806-XXXX

246 prefixes: 011-81-46-806-XXXX

Cell phones start with 090: 011-81-90-XXXX-XXXX

Cell phones start with 080: 011-81-80-XXXX-XXXX

To Dial Directly to U.S.:

88 + 00 + 11 + AREA CODE + NUMBER

To call the U.S., you can purchase a NEX EZ-Call Calling Card for \$20 from vending machines at the Navy Lodge, Main Street Food Court, or the Laundromat. You can call using your cell phone without using your airtime minutes, but you will get fewer minutes for your money than if you call using a land line.

Note: In Japan, cell phone plans usually have fewer minutes included per month than U.S. plans. However, incoming calls are free on cell phones (they don't take away from your monthly minutes). Many people also use text messaging since it doesn't cost as much as a call if you exceed your allotted minutes per month.

Useful Websites

Commander Fleet Activities Yokosuka
www.cfay.navy.mil

Fleet and Family Support Center (FFSC)
www.cfay.navy.mil/fscopyo/index.htm

Military Installations Database (Replacement for SITES)
<http://militaryinstallations.dod.mil>

Morale, Welfare and Recreation (MWR)
www.cfay.navy.mil/

Train Schedules
www.hyperdia.com
www.jorudan.co.jp

Armed Forces Network Satellite TV Schedule
www.myafn.net

Yokosuka City Information
www.city.yokosuka.kanagawa.jp/e/index.html

The New Sanno
(Military Hotel in Tokyo)
www.thenewsanno.com

Translate Names into Japanese (Kanji)
www.japanese-name-translation.com

IACE Travel (Airfare to U.S.A.)
www.iace.co.jp/english/

Command Contacts

CURTIS WILBUR Commanding Officer
co@ddg54.navy.mil

CURTIS WILBUR Executive Officer
xo@ddg54.navy.mil

CURTIS WILBUR Command Master Chief
cmc@ddg54.navy.mil

CURTIS WILBUR Public Affairs Officer
pao@ddg54.navy.mil

CURTIS WILBUR Ombudsman
ddg54omb@yahoo.com

CURTIS WILBUR Family Readiness Group President
ddg54frg@yahoo.com

CURTIS WILBUR Quarterdeck
046-816-7470