

WELCOME ABOARD

Precommissioning Unit ZUMWALT (DDG 1000)

Bath, Maine

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1. First Things First

To help make your life easier, first read the **CO's Welcome Aboard Letter (Link this to CO's Letter)** and the **New Construction Pay Travel Entitlements Brief (Link this to Glenn's ppt)**. These documents provide answers to common questions asked by newly reporting personnel and contain very important information about your pay and entitlements during a Permanent Change of Station (PCS) or Temporary Duty (TDY). Knowing this information is critical to you and your family's well being as well as your families well being. If you have any questions about any part of your orders or the Precommissioning process, don't hesitate to contact the PCU.

2. Introduction

During the ship's construction, the majority of the crew will spend 60 to 120 days Temporary Duty (TDY) for training in Norfolk, VA before transferring to Bath, Maine. The following information should make your move to and time in the Bath area easier.

3. Contact Information

PCU Mailing Address:

Your Rate/Name
PCU ZUMWALT (DDG 1000)
590 Washington St.
Bath, ME 04530

PCU Telephone Numbers:

CDO	
XO	
Senior Enlisted Leader	
Duty Driver	
PCU Personnel Office	(207) 442-5077 / 5050
PCU Administration Office	(207) 442-5016
PCU Fax	(207) 442-5020
E-MAIL	Linda.robaille_ctr@peosnap.navy.mil

4. Where to Report

Report in the Uniform of the Day

Precommissioning Unit (PCU) Bath, ME

Hours: 0700-1530 MON-FRI
Location: 590 Washington St. Bath, ME 04530
Admin Office located on the 1st deck.

Precommissioning Detachment (PCD) Norfolk, VA:

Hours: 0800-1600 MON-FRI
Location: Building N-25 Norfolk, VA 23511 (corner of Gilbert Street and Farragut Street)
Phone: (757) 445-7676 (757) 445-7702

If you will arrive on a weekend or after working hours, contact the PCU or PCD to make temporary berthing arrangements before you arrive.

You must report within 10 days of the Estimated Date of Arrival (EDA) shown on your orders. If a "Report NLT" (or No Later Than) date appears on your orders, you must report by that date. Failure to report for duty at the appropriate time can result in non-judicial punishment. You must also pay attention the "Report No Earlier Than (NET)" statement. For funding reasons, you cannot report earlier than the day listed. If you do, the Navy is not obligated to reimburse you for your lodging and food expenses. Contact the ship if you have any questions.

**Please contact the PCU in advance to let us know what your travel intentions are.
We are here to assist you!**

5. Uniforms

The uniform at the PCU and while in the shipyard is the Navy Working Uniform for all hands. Arrive in Maine with a full NWU sea bag. This uniform has been issued at boot camp since April 2009, and all active duty sailors received an increased uniform allowance in their pay in fiscal year 2008 or 2009 (depending on what region of CONUS) to cover the additional costs for acquiring this uniform. Personnel attending schools off-site shall conform to the uniform policy of the respective training organization.

NAVADMIN 188/09 expanded the areas approved for wear of the NWU off-base:

a. ROUTINE SHORT-TERM STOPS WHILE TRANSITING BETWEEN WORK AND PLACE OF RESIDENCE VIA POV OR PUBLIC TRANSPORTATION IN THE NWU/CUU ARE AUTHORIZED. EXAMPLES OF SHORT-TERM STOPS INCLUDE DROP OFF/PICK UP FOR CHILD CARE, DRY CLEANERS, GAS STATIONS, BANKS, AND CONVENIENCE STORES.

b. SHOPPING AT NON-MILITARY INSTALLATION RETAIL STORE OUTLETS OR MALLS OR ATTENDING OFF-BASE ENTERTAINMENT VENUES ARE CONSIDERED EXTENDED STOPS AND ARE THEREFORE NOT AUTHORIZED IN THE NWU/CUU. WEAR OF THE NWU/CUU IS NOT AUTHORIZED FOR OFF BASE PERSONAL APPOINTMENTS (EXAMPLES: COURT, DMV, CIVILIAN MEDICAL VISITS, OFF-BASE EDUCATION).

c. DURING THE PRESCRIBED WORKDAY OUTSIDE THE NCR, ROUTINE SHORT-TERM STOPS AND OFF INSTALLATION DINING IN THE NWU/CUU ARE AUTHORIZED. (This means lunch is okay, dinner after work is not)

Bring a full Sea Bag

i. Both Summer and Winter Dress Uniforms must be ready for Commissioning. This requires Large Medals to be mounted IAW Navy Uniform Regulations and a ribbon set for the right breast of the uniform for awards that do not have a corresponding medal (i.e. sea service ribbon, Battle E, etc.).

ii. Mock turtle neck is recommended.

iii. Uniform underway will be coveralls with blue T-shirt. Ensure you have sets that are clean, serviceable, proper fitting and have correct rank.

iv. **NOTE: Limited uniform support is available in PCU area.**

6. Daily Routine

Normal working hours at the PCU in Bath are 0730-1530 on Monday through Friday
Normal working hours at the PCD in Norfolk are 0800-1600 on Monday through Friday

7. Flying and Driving into Bath

Contact PCU Bath Admin as soon as you know your travel plans. If you are flying he/she will make arrangements to have you picked up at the airport. If you plan on driving, there are several routes into Bath/Brunswick:

Directions when driving north to Bath/Brunswick:

- North on Maine Turnpike (aka I95) to Exit 44 and follow I295 North.
- From Portland Jetport, Start out going west on Jetport Access Road, turn right onto International Parkway. Take 2nd right onto Congress Street. Turn left onto I295 North. Take Exit 28 & head into Brunswick on Route 1 (Pleasant St). At the 3rd traffic light, turn left on Mill St. & follow the river (still on Route 1).

TO the former NASB

(Disregard this paragraph if going directly to the PCU at 590 Washington Street in Bath)

- Remain on Route 1 North for two miles to the Cook's Corner exit. Turn right at the light onto Bath Road. Get into the left lane. Immediately after the first light, get into the turn lane and make a left at next light onto the former Naval Air Station Brunswick.

TO PRECOM BUILDING/SUPSHIP/BIW:

- Stay on US 1 North into Bath for Approx 5 1/2 miles beyond Cooks Corner exit. (DO NOT Exit at State Road RT 24)

- Take the "Historic Bath" Exit. When entering Bath (stay in the right lane), follow the road marked "Historic Bath", paralleling the bridge. Turn right at the first light onto Washington Street.

You will now be at the North end of the BIW shipyard. Continue a short way down Washington Street and you will see the SUPSHIP and PRECOM Buildings on the right.

8. Parking

Parking is limited in the area of the PCU. Parking along the street in front of the PCU building is usually occupied at 0630 by Bath Iron Works employees. Contact Tom Fritschy at 207-442-5125 to find out if you are authorized to park at the PCU.

9. Housing and Lodging

The majority of personnel reporting to the PCU will be permanently assigned ACC 106 (Permanent Duty For Commissioning And Fitting Out) for the duration of their time in Bath.

YOU ARE MARRIED AND PLAN ON MOVING YOUR FAMILY TO BATH, ME:

You will be entitled to BAH (D) for your pay grade for Bath, ME – Zip Code 04530. The BAH(D) rates for Bath, ME can be found at: <http://www.defensetravel.dod.mil/site/bahCalc.cfm>.

YOU ARE MARRIED AND PLAN ON MOVING TO BATH, ME UNACCOMPANIED:

1. Contract berthing will be provided at no cost to you. Currently, the contract for this berthing hasn't been finalized. It is anticipated that the contract will be awarded in the summer of 2013.
2. You may be entitled to receive BAH(D) based on your dependents' location. N130C – Military Compensation Policy is the approving authority for sailors' who wish to receive BAH(D) based on dependent location. Policy guidance and procedures for sailors who wish to request BAH(D) based on their dependents' location can be found at: <http://www.public.navy.mil/bupers-npc/career/payandbenefits/N130/Documents/PCU%20BAH%20FAQ.DOC>

YOU ARE SINGLE:

You have 2 options available to you:

1. You may be entitled to BAH(S) for your pay grade for Bath, ME – Zip Code 04530. The BAH(S) rates for Bath, ME can be found at: <http://www.defensetravel.dod.mil/site/bahCalc.cfm>.

OR

2. Contract berthing will be provided at no cost to you. Currently, the contract for this berthing hasn't been finalized. It is anticipated that the contract will be awarded in the summer of 2013.

Before entering into a house rental or purchase, be sure you fully understand the conditions of your lease before you sign for occupancy of any apartment. Ensure your lease contains a "military clause".

A military clause is a special lease or rental provision that allows military members to cancel rental agreements, without penalty, upon receipt of unexpected reassignment/Permanent Change of Station (PCS) orders.

If you have any questions about this process, immediately seek guidance from the Pre-Commissioning Personnel Support Office at the PCU.

10. Household Goods

Your PCS orders directing you to report to PCU ZUMWALT (DDG 1000) at Bath, ME in ACC 106 (Permanent Duty For Commissioning And Fitting Out) authorize you to ship Household Goods (HHG) to Bath, ME. You may start this process ONCE you have received your PCS orders through your local Personal Property office.

Process of applying for HHG move: All household goods moves are arranged through DPS (Defense Personal Property System). Member will log onto <http://www.move.mil> and fill out the application for the HHG move.

- a. Once the application has been submitted on DPS, the Personal Property counselors will contact the member to finalize the application and schedule the move date.

It is recommended that you have a power of attorney specifically for the shipment of Household Goods created for your spouse. This can be obtained through your local legal office Shipment of Personal Property Point of Contact for Bath Kristine Nelson is the primary counselor for Personal Property in Bath; she can be reached at (207) 442-5379 or email at Kristine.Nelson@supshipba.navy.mil. Phillip Hart is a secondary counselor; he can be reached at (207) 442-1543 or emailed at phillip.hart@supshipba.navy.mil

11. Portsmouth Naval Shipyard Services Medical/Dental/Fleet and Family Services/MWR etc.

The Brunswick Naval Air Station closed on May 31, 2011, as result of the Base Realignment and Closure (BRAC).

The Portsmouth Naval Shipyard in Portsmouth, New Hampshire is the closest Naval Base to Bath Iron Works. All medical appointments are arranged with Medical in Portsmouth, NH.

Portsmouth Naval Shipyard website (contains numerous departmental links) –
<http://www.dodhousingnetwork.com/navy/portsmouth-naval-shipyard/base-directory.php?i=21>

Branch Medical Clinic, Naval Branch Health Clinic is located at 1 Ayres Circle, Naval Branch Health Clinic, Portsmouth NH 03804. Their main phone number is 207-438-4940 and DSN 312-684-4940. You may also visit Branch Medical Clinic, Naval Branch Health Clinic at their website
<http://nhcne.med.navy.mil/locations/ponh/ponh.asp>

Base Support Office 207 438-3203 DSN: 684-1821

Clinic, Dental 438-1802 DSN: 684-1802

Fleet and Family Support Center 207-438-1835 DSN: 684-1830

Morale, Welfare & Recreation (MWR) (207) 438-1583 DSN: 684-1583

12. Local Attractions

Bath

MAINE MARITIME MUSEUM: Is just south of Bath Iron Works, home of "The World's Greatest Shipbuilders", the Museum welcomes over 65,000 visitors annually.

STUDIO THEATRE: (Winter Street Center) is proud to be Bath's resident theatre company and a wonderful example of 1860's Maine architecture.

POPHAM BEACH STATE PARK: On Maine Route 209 fourteen miles from Bath to Phippsburg - follow signs to the park.

REID STATE PARK: On Seguinland Road in Georgetown, 13 miles from Route 1 in Woolwich (Take Route 127 south on the north side of the Sagadahoc Bridge).

ROBINHOOD MARINA: A full service yacht yard and marina with winter storage and Osprey Restaurant. Located Riggs Cove, 7 miles southeast of Bath.

Brunswick

Downtown Brunswick has a very wide main street filled with shops and restaurants, and a large green space that is home to the local farmers market in summer and fall. Just up the road is the Bowdoin College campus.

Harpswell peninsula can be reached by taking Route 123 or Route 24 south from Brunswick. Boat excursions are available from Cundy's Harbor at the southernmost tip of Great Island.

THOMAS POINT BEACH: Is just off Route 24 in the Cook's Corner area of Brunswick, is a clean, sandy beach on tidal water overlooking Thomas Bay, home to the famous Labor Day weekend Thomas Point Beach Bluegrass Festival, the Maine Highland Games, the Saltwater Music Festival, and other festivities.

ANDROSCOGGIN RIVER BICYCLE PATH: A 2.5 mile-long paved path that runs along the Androscoggin River between Grover Lane and Water Street in Brunswick, with trees, granite benches, restroom facilities, and designated lanes for cyclists and pedestrians.

BOWDOIN PINES TRAIL: One-half mile nature trail on a 33-acre site adjacent to the corner of Federal Street and the Bath Road.

BRADLEY POND FARM PRESERVE: A 2.5 mile trail system for hiking and cross-country skiing in a 162-acre preserve in Topsham. Go to the end of Bradley Pond Road which intersects Route 201 approximately four miles north of the intersection of Route 201 and 196 in Topsham.

BRUNSWICK TOWN COMMON: A woodland area with trails for hiking and cross-country skiing.

CAPTAIN ALFRED SKOLFIELD FARM PRESERVE: Is on the west side of Route 123 (Harpswell Road), 1.1 mile south of Middle Bay Road.

COX PINNACLE: A 103-acre parcel with trails for walking, cross-country skiing, snow shoeing and horseback riding includes the highest point of land in Brunswick, at 350 feet, with views of the White Mountains. Telephone: (207) 725-6266.

CRYSTAL SPRING FARM PRESERVE: Trails start at Crystal Spring Farm on Pleasant Hill Road in Brunswick.

MIDCOAST HOSPITAL NATURE TRAILS: Take Medical Center Drive from the Old Bath Road and look for trail entrances at the far end of the parking lot. Maps are available at the hospital information desk.

Freeport

WINSLOW MEMORIAL PARK: 90-acre park on Casco Bay, reachable from Staples Point Road off the South Freeport Road.

DESERT OF MAINE: Two-a-half miles from downtown Freeport on Desert Road, off Route 1 and Interstate 95, is a natural. Open mid-May through mid-October.

ATLANTIC SEAL CRUISES: Cruises depart from the Freeport town wharf in South Freeport.

LL BEAN OUTDOOR DISCOVERY SCHOOLS: The famous outdoor outfitter offers courses, trips and tours from kayaking and fly fishing to clay shooting and cross-country skiing.

13. Malls and Movie Theaters

Outlets at Freeport – Exit 22 off I-295 South, 20 mins from Bath and 10 mins from Brunswick

Cooks Corner Mall Brunswick – outside the NASB gate, right off Coastal Route 1

Commissary at Navy Annex and Topsham Fair Mall – 2.5 miles North of Brunswick via US-201

Maine Mall in S. Portland – Exit #3 off I-295 South, 30 mins from Brunswick

Eveningstar Cinema – 149 Maine St. Brunswick

Regal (Hoyts) Cinemas Brunswick 10 – 3 miles south of Cooks Corner on ME-24

Regal Cinemas Portland – exit 6B off I-295 South, 1 Exeter St.

Regal (Hoyts) Cinemas Clarks Pond 8 – Exit #3 off I-295 South, 333 Clarks Pond Pkwy

14. Useful Websites

Local Links

<http://www.brunswickme.org/>–This site provides information on a variety of town services.

<http://www.cityofbath.com/>– Bath is next to Brunswick. Bath Iron Works (BIW), Supervisor of Ship Building (SupShips), and the Pre-Com units are located here in Bath.

<http://www.wicforme.com/>- For information on Maine's WIC (Women, Infants, Children) Program.

<http://www.uwmcm.org/>- United Way of Mid Coast Maine website contains First Call, a list of community resources.

<http://www.state.me.us/>– Maine State Government website.

Housing

<http://www.schottmanagement.net>

<http://rentex.net>

Newspapers

<http://www.timesrecord.com/> – Local Brunswick paper. Check out the classifieds for buying or renting property, job information, daycare, and more in the Brunswick area.

<http://www.usnpl.com/menews.html> – Links to all of Maine's newspapers, magazines and TV and radio stations.

<http://www.sunjournal.com/> – The local paper for Lewiston/Auburn area.

Schools & Colleges

<http://www.state.me.us/education/> – Maine Department of Education. A great site for information and links on area schools and colleges. Many schools have their own websites!

<http://www.snhu.edu/> – Southern New Hampshire University, Manchester, NH has a campus in Brunswick where many military members attend classes. On line education is also available.

Health Care

<http://www.tricare.osd.mil/> – Tricare Military Health System

<http://www.martinspoint.org/> – Martin's Point – A USFHP provider in Maine

<http://www.unitedconcordia.com/> – United Concordia (Dental)

<http://www.midcoasthealth.org/> – Midcoast Hospital, located in Brunswick

<http://parkviewamc.org/> – Parkview Hospital, located in Brunswick

Military Resources

<http://www.navy.mil/> – Official US Navy website and a good starting point for finding naval information on the World Wide Web.

<http://www.militaryacclimate.com/> – A good relocation source.

<http://www.defensetravel.dod.mil/> – Per Diem, travel, and transportation allowance information

**** THERE ARE NO APARTMENT GUIDES FOR THE BATH/BRUNSWICK/TOPSHAM AREA ****

**** USE YOUR SPONSOR ****

15. Hampton Roads Welcome Aboard Resources

www.cnic.navy.mil/CNRMA/index.htm - Commander Navy Region Mid Atlantic

www.discovermwr.com/media/publications/discover - Discover Magazine

www.cnic.navy.mil/CNRMA/FleetFamilyReadiness/AboutFleetFamilyReadiness/FFRNews/HRResources/index.htm - Fleet and Family Readiness

www.militaryonesource.mil - Military One Source

www.nsnbg.com - Naval Station Norfolk Base Guide and Telephone Directory

www.visitnorfolktoday.com - Norfolk Visitors Guide

www.realestatebook.com - The Real Estate Book