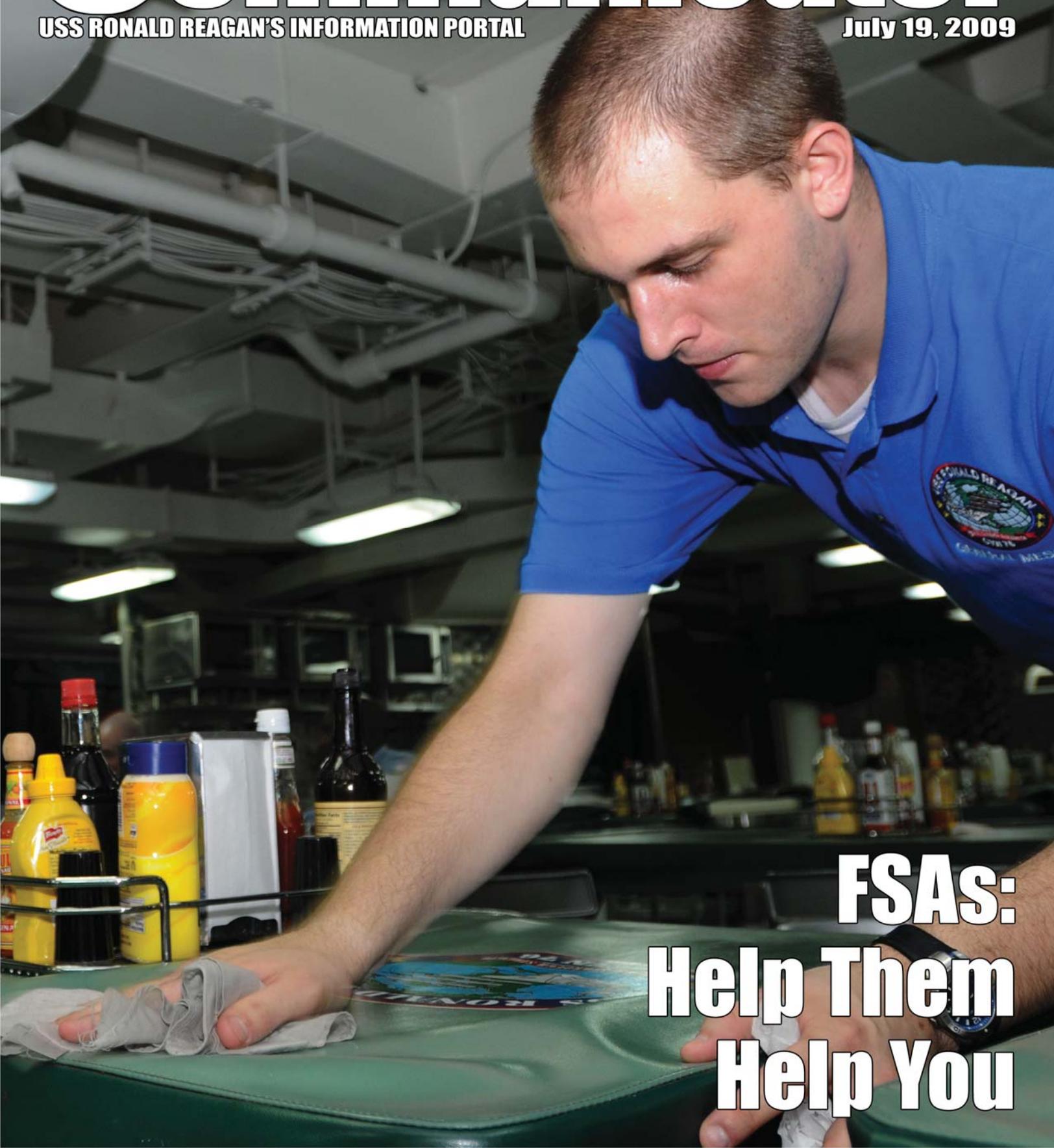


THE GREAT Communicator

USS RONALD REAGAN'S INFORMATION PORTAL

July 19, 2009



**FSA's:
Help Them
Help You**

Leadership



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“

Information is the oxygen of the modern age. It seeps through the walls topped by barbed wire, it wafts across the electrified borders.

”

-Ronald Reagan

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This horror film offers strong plot in the theme of "The Grudge."

Cover Photo By
MC2 (AW) Joe Buliavac

DEPARTMENTS

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Two days prior to today, Ronald Reagan enjoyed it's first holiday routine held on a Friday. Weird, I know.

Speaking on a personal level, the strangest part about it is putting the newspaper together the day after holiday routine, instead of having holiday routine the day the paper comes out. This is going to take some getting used to.

This is perhaps hardest on church attendees, who may value Sunday as their day of rest. Hopefully, since CRMD is offering full services on Fridays to compensate, this won't be too tough a transition. We must remember that having our birds in the skies over Afghanistan benefits the service members directly facing the enemy. Operation Enduring Freedom is a full-time gig.

And Ronald Reagan knows a thing or two about a full-time gig. As most of us well know, this is the Ronald Reagan Carrier Strike Group's fourth deployment in the last four years, basically defining the term "arduous sea duty." MCSN Lex Wenberg, himself on his first deployment, found out about the easiest ways to make the best of so much time at sea by speaking with the

Sailors who have lived it.

Full-time on deployment means 24-hours-a-day, but when the time comes to hand off the mission to our night check, our leadership can rest easy knowing that the job will get done and done well. MC3 Ben Brossard spoke with many night-check personnel to find out exactly what goes on when day crew hits their racks.



Sooner or later it becomes time for all Sailors to think about what comes after Ronald Reagan. With so many questions about reenlistment, future duty or even transitioning back into the civilian world, it's good to know we have shipmates like NCCS Robert Calloway aboard. MC3 Sean Lenahan talked with Calloway to find out how he uses his good nature and ability to help Sailors make the tough decisions.

I hope everyone enjoyed their new holiday routine, and I'll talk to you on Wednesday.

Contributors

MC2 Rosalie Garcia

Garcia is a native Texan from Alamo, Texas. She originally joined as a lithographer's mate, but can now be found in Site TV. She was stationed at Misawa Air Base, Japan where she hosted her own radio show. Garcia enjoys going to the beach and reading.

MC3 (SW/AW) Sean Lenahan

Born and raised in the United States. Lenahan is a bon-a-fide American patriot. Favorite food: apple pie, favorite cheese: American cheese, favorite character of all time: Captain America. This is Lenahan's forth deployment and is severely disappointed that it is under 5 months long. He has never lied about anything. Ever.

MC3 (AW) Ben Brossard

Brossard is a Madison, Wis., native who is currently hard at work in the print shop. With over four years of naval experience, Brossard has released hundreds of official Navy photos and has established himself in the MC rating.

MCSN Lex Wenberg

Lex T. Wenberg studies philosophy, film, and electronic entertainment (he likes to argue about ideas, watch movies, and play video games). His heroes are Charles Bukowski, Robert Anton Wilson, and Hunter S. Thompson. Dislikes: bigotry, greed, judgementalism.

Street Beat: What program should Sailors know more about?



AT3 Thomas Steffen
"The Post-9/11 G.I. Bill."



MMC Pat Burns
"The Seaman to Admiral Program."



ABH2 Randy Hicks
"The United States Military Apprenticeship Program."



ITSA Victoria Harting
"The guard program where you can negotiate orders with the detainer."



Talk About Arduous Sea Duty:

Four Deployments in Four Years

Story By
MCSN Lex Wenberg

Photo By
MC3 (AW) Chelsea Kennedy

As we near the halfway point of our summer 2009 deployment, some Sailors have the distinct feeling of *deja vu*. For other Sailors, this is their first long deployment and they are already feeling the fatigue of long hours. But for the former, this will be their fourth cruise in four short years.

Some Sailors think the sea-shore flow is too long, but acknowledge that shorter stays mean less skill on the job.

"Morale is a concern, for sure, but having the skilled workers who've put in their

time is equally important," said Electronic's Technician 3rd Class (SW) Mike Phouangphet.

To maintain a good attitude while underway after giving so much seems like it would be difficult, but Phouangphet said remembering why we're here can really help.

"I definitely am grateful for the opportunity to serve," said Phouangphet. "I know what I give up here is for the greater good."

Spending half the year at sea each year for four years, it's hard to see how people manage to get enough time

with their families.

"So far I have missed all of my two youngest kids' birthdays, my past four wedding anniversaries, and four of my wife's birthdays," said Boatswain's Mate 1st Class (AW/SW) Darrin Davis.

But to deal with that kind of difficulty, it takes strong people, and the support of family members.

"We send daily e-mails and get a phone call in now and then. Other than that all the credit goes to my awesome wife for filling in when I am gone," said Davis.

There are ways to deal with the stress of long deployments, and the day-in-day-out type of work schedules. Some ideas are working on qualifications, taking up hobbies like music or art. Some Sailors take time to help other Sailors.

"I just help my shipmates with qualifications and/or learning about the Navy through mentoring," said Operations Specialist 2nd Class (SW/AW) Christopher Eaton.

"Helping someone else always helps to relieve some of the stress I may be

ARDUOUS cont. on Pg. 12

Features

24 Hours a Day:

Sailors Take Charge After Dark

Story & Photo By
MC3 (AW) Ben Brossard

Red light, orange light, blue light, moon light, sun light. All are visible in a Sailors spectrum of seafaring eyes. But sunlight seems to escape a certain portion of the crew. They are the nocturnal souls of the ship's night check crew.

Just because taps is passed over the 1-MC, usually the last message passed until reveille the next day, doesn't mean that the 1-MC is turned off or not operational. Often critical messages from the

engineering officer of the watch need to be passed several times during the night.

"We maintain all the announcing and sound-powered phone circuits like the lines that the lookouts use and the circuits down in engineering that need to be operational 24 hours a day," said Interior Communications Electrician 2nd Class (SW) Matthew Gardner, work center supervisor for CS-8

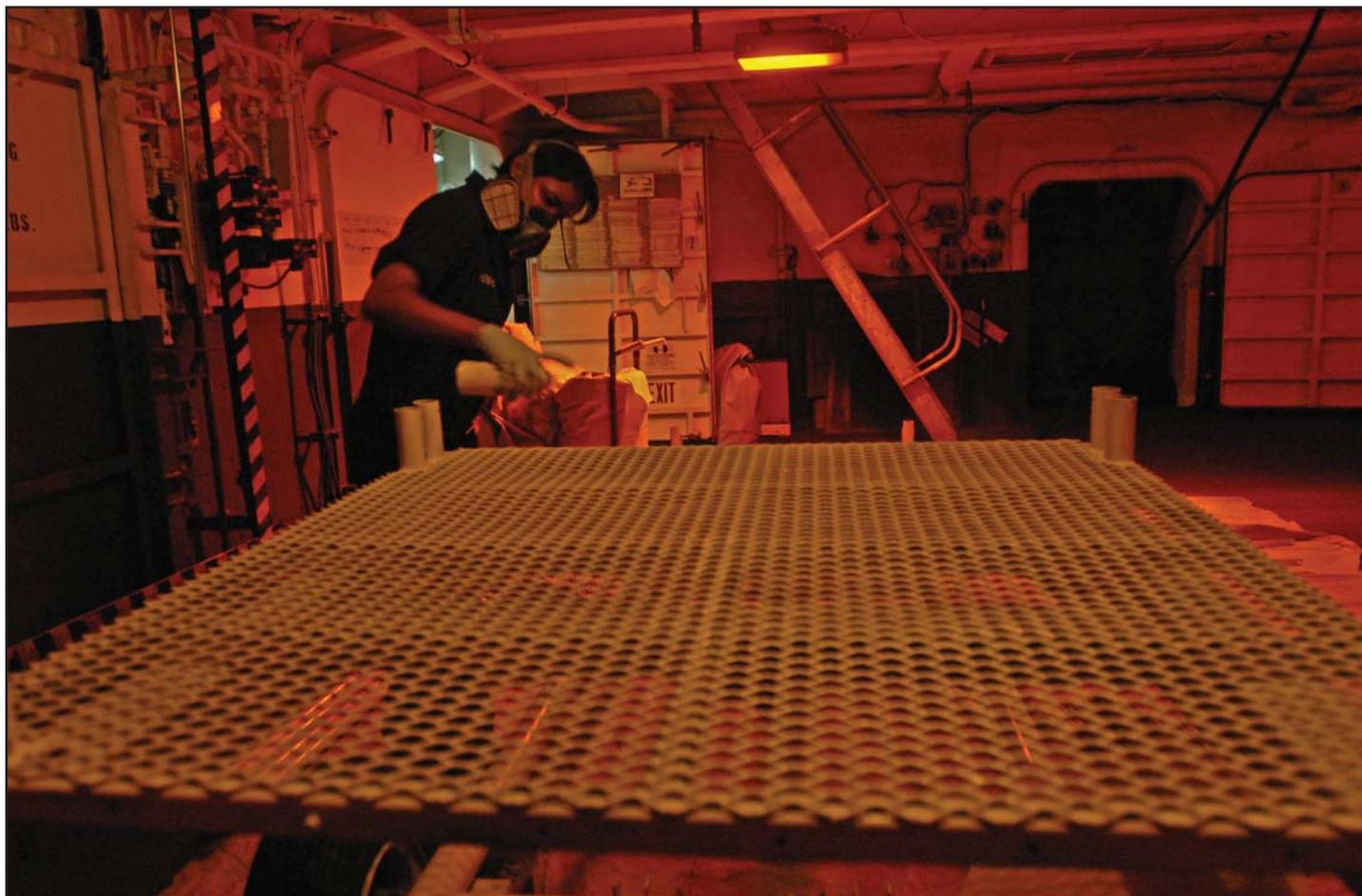
Division's announcing and sound power shop. "So it is important that we have a night check."

Along with Combat Systems Department's CS-8 Division, there are the folks in CS-3 who have a night check, too.

"We are here to do mainly the same thing as day check, like maintain the network and reset people's profiles," said Information Systems Technician 2nd Class (SW/AW) Daniel Chadwell.

CS-3 isn't all about Sailors profiles, they have other systems as well. "I work on the Distributed Data Control Network (DDCN)," said Electronics Technician 3rd Class (SW/AW) James Benavente. "If you think of the computers as valves, that's pretty much what they are. And it's important that I work nights because the job doesn't stop when everyone goes to bed. We need to make sure everything is up and running."

NIGHT CHECK cont. on Pg. 12



Bringing a New Attitude to Counseling Reagan Sailors

NCCS Robert Calloway has fun with a job he takes very seriously.

Story & Photo By
MC3 (SW/AW) Sean Lenahan

Senior Chief Navy Counselor (SW/AW) Robert Calloway helps Sailors secure a promising future while aboard the Ronald Reagan. That is his goal. With a career of 24 years and 11 commands, Calloway has come a long way to ensure that a Sailor's future is looking bright and not passed to him as though chosen at random.

Born and raised in Atlanta, Calloway came from a family of seven children raised by a single mother. In his senior year of high school he decided to join the service and follow in his father's footsteps by enlisting in the Navy. He attended Navy boot camp in Great Lakes, Ill., not once, but twice, due to medical complications. Calloway was the only one out of his seven siblings to join the Navy.

Since arriving aboard Ronald Reagan, he recently set up an "ask the career counselor" session where he had a chance to tackle Sailor's career decisions one-on-one. These sessions help establish a real



sense of trust and compassion for his fellow Sailors, both of which he said are essential for being a career counselor.

Being new to Ronald Reagan, Calloway explained some of the positive points he's picked up about the great crew aboard this mighty war vessel.

"The Sailors here seem quite positive about things and are really goal oriented," said Calloway. "What surprised me the most about the Ronald Reagan was the large amount of junior enlisted that are dual air and surface qualified. You rarely see that on other large ships like this one."

Many Sailors attended the meet and greet and many more have the opportunity to attend later because it will be held at least once a month. Machinist's Mate Fireman (SW/AW) Vincent Nguyen was one of the many attendees waiting patiently in line for advice.

"Senior chief helped me right away with my Perform To Serve (PTS) package," said Nguyen. "He makes things a lot easier and understandable to the point that you do not have to go way out of your way to find out information. I have confidence in him and I'm sure he will help my cross rating into the master-at-arms rate."

NOT
A
PASSAGE
WAY

ONLY
AUTHOR-
IZED
PERSONNEL



Sailors Serving More Than Their Country

Story & Photos By
MC3 Briana Brotzman

The day begins early and ends late. In between, it is an endless routine and more of the same, because a Food Service Assistant (FSA)'s job is never done. FSAs are collectively responsible for helping keep the crew fed, healthy and happy.

Many of the galley and mess deck workforce are up well before the crack of dawn, and that's not even when they muster. That's when they begin working.

While most of us are rubbing goobers out of our eyes and trying to muster up the energy to throw ourselves into the shower, they're already dressed, ensuring that there will indeed be coffee ready for the masses.

Interior Communications Electrician 1st Class (SW/AW) John Osborne is on the mess decks working at 0600.

"We check the stock levels of cups, plates, flatware, juices and milks," said Osborne. "We maintain general cleanliness."

No matter the time of day, FSAs are consistently re-stocking. Whether it be cereal or salad, thousands of people need to eat.

"We've got to make sure everything's fully loaded," said Cryptologic Technician (Collection) Seaman Josh Grover.

Later, when chow closes, there's only a brief one-hour window in which to get the space ready to use again. There's a lot to be done. Tables need to be cleared and wiped down. The lines themselves need to be cleaned and so do the dishes. The deck needs to be swept and swabbed, and the trash taken out.

Cleanliness, especially right now, is probably an FSAs most important job.

"They're telling us every day that we're the first line of defense against this flu," said Osborne. "They're really harping on the scullery people to make

sure that their machines are at the right temperature so everything gets clean."

"The name of the job is cleaning," said Fire Controlman 1st Class (SW/AW) Sean Walsh. "Even while serving, we're still trying to maintain that cleanliness."

Somewhere in all of that tasking, many FSAs still find time to make customer service their top priority.

"I do what I can for everyone," said Grover. "I'll go that extra step if I can."

"My job is to make sure everything's there for you to enjoy what's on the line," said Walsh. "You shouldn't have to ask."

Coming up soon for the FSAs is their Ney inspection; the inspection held every fiscal year to determine who will win the best food service award for best galley. The galley won it previously in 2007.

"There's motivation in Supply Department to get the award this year," said Walsh.

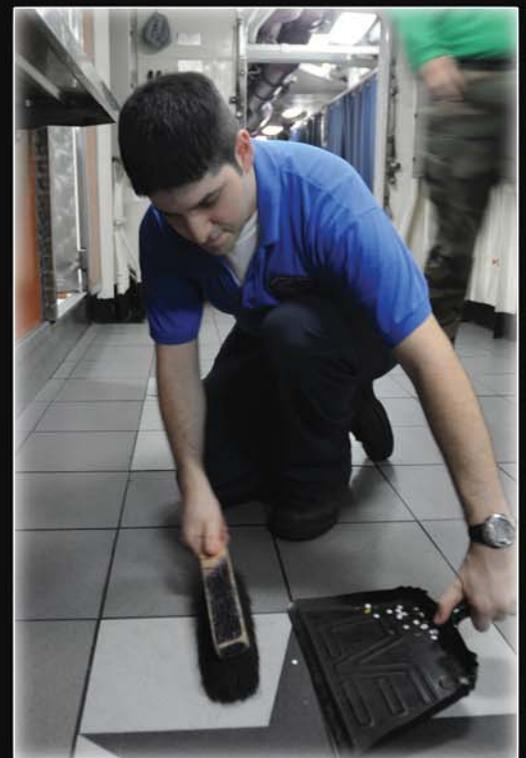
The customer service, cleanliness and presentation in the galley and the mess decks will be put to the test. It wouldn't be the first time that Ronald Reagan's supply department received this particular award, but that doesn't make the pressure any lighter.

"For the ease of the job, you're never going to work somewhere with the capacity of a carrier," said Walsh. "The volume of people is enormous. You just don't experience it anywhere else."

"It's not a hard job," said Osborne. "It's just exasperating."

For some, the work has made them better appreciate the job culinary specialists have, and the importance of teamwork and diligence.

"I take pride in who I am and what I do," said Grover. "Find something down there that keeps you motivated. There are people who appreciate you."



Features

3 & 2 Association:

Working to Improve Ship Life

Story By
MC2 Rosalie Garcia

Rank has its advantages. For second and third class petty officers, they can be part of an organization whose mission places an emphasis on networking, building morale and professional development.

“The 3&2 Association is a group of second and third class petty officers, the best on the ship,” explained Operations Specialist 2nd Class (AW/SW) Dion Johnson, association president. “And our mission is to impact the crew.”

In port, the association comes together for community relations projects. They also read to elementary school students, pick up trash along the highways and visit nursing homes. However, on deployment, the focus is on each individual Sailor.

The group helps build the morale of fellow shipmates. Root beer socials, game days, and pizza nights are just some of the events that are organized to prove there are other things

to do besides work while on deployment.

“I think pizza night helps the people making the pizza more than it helps the Sailors,” said Ship’s Serviceman 3rd Class (SW) Morgan Silva, 3&2 Association member. “It’s more of a morale boost for everybody to get together and have fun while making pizzas. And it helps the crew as well because they enjoy eating pizza every once in a while.”

Community involvement is

one thing, but the association wants each Sailor to grow career-wise as well. Mentors are available and willing to help others with anything they need.

“The association tries to reach out in almost every way to help out the ship,” said Silva. “They’ve helped out with the Tiger Cruise, people getting surface and air warfare devices and getting study groups together for different things.”

Johnson has only been president for four months but

3 & 2 cont. on Pg. 12

Reel Time

Mental Instability Fuels Horror

Well-executed thrills and chills highlight the horror of “The Uninvited.”

Story By
MC3 Lawrence Davis

Converse All-Stars... I want some. While watching this movie, directed by the Guard brothers, I couldn’t tell whether I was viewing what was supposed to be a horror film or a shoe advertisement.

At least three out of the five primary characters stylishly sported the vintage high or low-top Chuck Taylor’s, and you’d have to use both your fingers and toes to count how many cut-away shots there are of the actors’ feet so fashionably dressed in All-Star apparel.

However, the plot isn’t all bad. This one’s a bit of a mind-bender. There’s a very mysterious feel to this film, as the opening scene fades in to the main character, Anna (Elizabeth Banks),

being released from a psychiatric hospital. But, throughout the movie you’re led to feel sorry for Anna, as if maybe she was wrongly placed in the institution. I mean, give the kid a break. Her mom passed away. She was placed in an insane asylum where she completely lost contact with her sister. And, to top that, her dad (David Strathairn) is getting awfully close to the family nurse, who took care of their mother before she passed. Dad’s excuse is that he’s “not sorry for being happy again.” Then, there’s Miss Rachel Summers (former nurse and dad’s new girlfriend), who is no pushover. She quickly lets Anna know, upon her arrival home, that she is not to be messed with, as Anna tries to

push her limits. Poor Anna; it seems her sister is all she has. Dad’s head-over-heels and doesn’t believe a word of Anna’s accusations on Rachel being a murderer. All signs point in Rachel’s direction too. You feel for poor Anna. Somebody help her, she’s not crazy!

It’s only through subliminal clues that you discover Anna is in fact delusional and maybe even a little bit of a schizophrenic psychopath. Nevertheless, she is a talented young lady – with a knife.

There’s some pretty freaky stuff going on in this suspense/horror film: back-bending, alien-like human beings and corpses crawling and groveling on the ground reaching at you with dead, deteriorated fingers.

THE UNINVITED cont. on Pg. 12



THE FLEET

Secretary of Defense Gates Thanks Sailors for their Decision to Serve

By Senior Chief Mass Communication Specialist Rhonda Burke

NAVAL STATION GREAT LAKES, ILL (NNS) – Secretary of Defense Dr. Robert M. Gates thanked the Navy’s newest Sailors and their families for their decision to serve our nation, especially in a time of war.

Gates served as reviewing officer for the recruit graduation ceremony welcoming the Navy’s newest 971 Sailors to the fleet, July 17.

“You are the next generation of Sailors that has been tasked with the heavy burden of ensuring the safety and security of our nation,” Gates said. “I have no doubt that you are up to the task. It takes uncommon perseverance to make it through basic training, just as it takes uncommon patriotism to make the decision to join the military in time of war.”

During his visit to the Navy’s only basic training facility, Recruit Training Command, Great Lakes, Gates had the opportunity to tour various training facilities and recruit living spaces as well as observe Battle Stations-21 and



the recruit capping ceremony.

Gates’ message to the new Sailors is that they are now part of the greatest Navy that has ever sailed the world’s oceans.

“Just as in the days of woodenships and iron Sailors, our enemies underestimate our resolve and capabilities at their own peril,” Gates said.

The Secretary of Defense also recognized the vital role Sailors are playing on the ground in the Central Command area of operations.

“Every time I visit the war theatre, I am struck by the number of Sailors on the ground,” Gates said. “Right now there are more Sailors deployed on land in the Central Command theatre than on ships.”

For the new Sailors, the significance of having the Secretary of Defense speak at their graduation was not lost.

“It was a great experience to be here when he is,” said Seaman Recruit

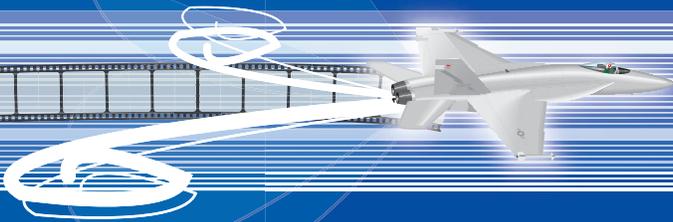
Jamesha Howard of Shreveport, La. “It was a big surprise.”

Gates told the Sailors their new job is critical to our nation.

“Boot camp is the first step of the journey which you have embarked on,” Gates said. “You now have the great responsibility to defend our nation and its interest at home and in distant lands. It is not an easy task, but it is a vital one.”

Gates was sworn in as the 22nd Secretary of Defense, Dec. 18, 2006. He is the only Secretary of Defense in U.S. history to be asked to remain in that office by a newly elected President.

This was his first visit to Naval Station Great Lakes, which is the largest military installation in Illinois and hosts the Navy’s only Recruit Training Command. Each year nearly 40,000 men and women complete the requirements to become enlisted Navy Sailors at the Navy’s only boot camp.



Sat

19 July 2009

CH 2

0830-1020: The Watchmen
 1610-1800: Next
 1800-1950: The Queen
 1020-1200: Dragonball Evolution
 1950-2130: Good Night and Good Luck
 1200-1440: Narnia: Prince Caspian
 2130-0730: Babylon A.D.
 1440-1610: Eragon

CH 3

0830-1100: The Cave
 1740-2150: The Covenant
 1100-1430: I Know Who Killed Me
 2150-0730: The Island
 1430-1740: Underworld 3: Rise of the Lycans

CH 4

0830-1100: Pride
 1740-2150: Traitor
 1100-1430: Mamma Mia
 2150-0730: A Love Song for Bobby Long
 1430-1740: Her Minor Thing

CH 5

0830-1100: Norbit
 1740-2150: Fool's Gold
 1100-1430: Meet the Parents
 2150-0730: Lucky You
 1430-1740: Clerks

20 July 2009

CH 2

0830-1010: The Marine
 1730-2120: Illegal Tender
 1010-1340: Rocky Balboa
 2120-0730: The Enemy Below
 1340-1730: Four Brothers

CH 3

0830-1010: Pulse
 1730-2120: The Kovak Box
 1010-1340: The Number 23
 2120-0730: The Breed
 1340-1730: Unbreakable

CH 4

0830-1010: Penelope
 1730-2120: Return to Sender
 1010-1340: The Bucket List
 2120-0730: Nancy Drew
 1340-1730: Akeelah and the Bee

CH 5

0830-1010: Balls of Fury
 1730-2120: The Dukes of Hazzard
 1010-1340: Bedtime Stories
 2120-0730: Monsters vs. Aliens
 1340-1730: Animal House

21 July 2009

CH 2

0830-1220: School for Scoundrels
 1800-2230: Stealth
 2230-0730: The Mummy
 1220-1410: The Contract
 1410-1800: The 13th Warrior

CH 3

0830-1220: Blood and Chocolate
 1800-2230: Spider Man
 2230-0730: Dead Silence
 1220-1410: Vacancy
 1410-1800: The Descent

CH 4

0830-1220: Waitress
 1800-2230: Seven Pounds
 1220-1410: Material Girls
 2230-0730: The Scoop
 1410-1800: Just Like Heaven

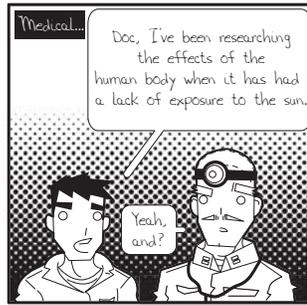
CH 5

0830-1220: Big Momma's House
 1800-2230: Hot Fuzz
 2230-0730: Running with Scissors
 1220-1410: Burn After Reading
 1410-1800: Big Momma's House 2

Sudoku

		4			1			6
	5		7			1	9	
1		7	2					4
	3	9		1				
	7		5		3			4
				7		2	1	
5					7	8		1
	8	3			6		2	
9			8			4		

by The Incredible MC3
Illustration ©TORREY LEE



And, my research from the internet tells me that with the lack of Vitamin-D from the sun the average human will crave sweet foods and become immensely depressed, have chronic fatigue, unrefreshing sleep and moodiness. Oh, and that Vitamin-D protects us from cancer.



PREVIOUS ANSWERS

8	3	6	5	4	2	9	1	7
4	5	9	1	3	7	2	8	6
2	7	1	8	9	6	5	3	4
9	2	4	7	6	1	3	5	8
7	8	3	4	2	5	1	6	9
6	1	5	3	8	9	7	4	2
1	9	8	6	7	3	4	2	5
3	6	7	2	5	4	8	9	1
5	4	2	9	1	8	6	7	3

These are not spacemen

Four members of the Crash and Salvage team, wait for instructions during a flight deck drill. The Crash and Salvage team is comprised of specially trained firefighters whose main emphasis is on clearing landing areas and rescuing aircraft crash victims. Photo by MC3 (SW/AW) Torrey Lee



ARDUOUS

Continued from pg. 3

feeling at times,” Eaton added.

Being underway for long stretches of time has its benefits also.

One of these benefits is training.

“Being out to sea has really helped me in my job,” said Eaton. “Being a sea-going rate, it’s really hard to learn the broad rate of an OS without really doing it. Deploying has definitely put me at an advantage in my rate.”

Another benefit is the amount of money Sailors can save while underway.

Davis said he’s saved money each deployment.

“On the first deployment, I paid a lot of debt. The second, I bought a boat, and on the third, I bought a Harley Davidson. This deployment, I am going to buy a house. It is very easy to save money while on deployment,” said Davis

With the United States still resolving the conflict in Iraq and pressing the engagements in Afghanistan ever harder, Ronald Reagan’s presence in 5th Fleet is more necessary than ever.

“This is a rare experience most Sailors will never have,” said Rudes. “Ronald Reagan is a proven asset, our leaders know it and so does the crew.

“The Sailors who have dedicated themselves to Ronald Reagan’s mission year after year have had a huge influence in making us the great warfighting team we are today and for that they should be proud.”

At the end of the day, Sailors can feel comforted knowing their sacrifice has not been in vain. Between humanitarian aide, community relations projects in ports, and general mission readiness, the crew of Ronald Reagan is as important to the U.S. as the ship itself.

NIGHT CHECK

Continued from pg. 4

Speaking of valves and systems Sailors must man through the night, there are the firefighting systems of Engineering Department’s Damage Control Division.

“We perform maintenance on 21 counter-measure wash-down sprinkling systems, which can only be performed at night because of flight operations,” said Damage Controlman 2nd Class (SW/AW) Justin Johnson, AFFF night check supervisor.

“Also, we get called upon to do maintenance for other shops like a fire main flush, added Johnson.”

The decommissioning crew hasn’t been born yet, but foreseeing to the distant future, there will be a night check to keep the projection of force afloat, steaming strong through the briny blue.

COUNSELOR

Continued from pg. 5

Over 18 departmental career counselors and 100 divisional career counselors team up with Calloway to help over 2,900 Sailors aboard.

“He’s been positive and holds a plethora of knowledge in career development,” said Aviation Maintenance Administrationman 1st Class (AW) Cherisse Smith, a divisional career counselor for Aviation Intermediate Maintenance Department. “Ever since I have started doing this [with Calloway], I have a better understanding of the Navy counselor rating and I have more confidence in helping Sailors with their careers.”

Calloway is a Sailor who rose up the ranks from deck seaman to being a rock of Navy counselor power. He is humble and is just like everyone else. He has a wife, two children and a love for his job. When he talks about his job he puts it

simply, “I’m here to enlist Sailors and retain families.”

3 & 2

Continued from pg. 8

he feels he has made a few changes to improve the association overall.

“Since I stepped into office, I made it about the association. It’s not just about the president; I try to put everyone in the groove of things,” explained Johnson. “It’s all about the team effort and that’s what I’m about- the team.”

Being a member of the association has its benefits. You can pay yearly dues and receive an association T-shirt. All 3rd and 2nd class petty officers aboard Ronald Reagan can join. For information on the association officers, upcoming events, photos from previous events and more, visit the 3&2 website on the Gipper net.

It’s not just an evaluation bullet. Johnson said the 3&2 Association is a way for Sailors to work together for professional development through networking, morale and enhancing the public image of Ronald Reagan all while impacting the crew in a positive way.

“It’s a family; that’s how I feel when I’m around the association,” said Johnson. “That’s what the association is about, having each others back and supporting the mission.”

THE UNINVITED

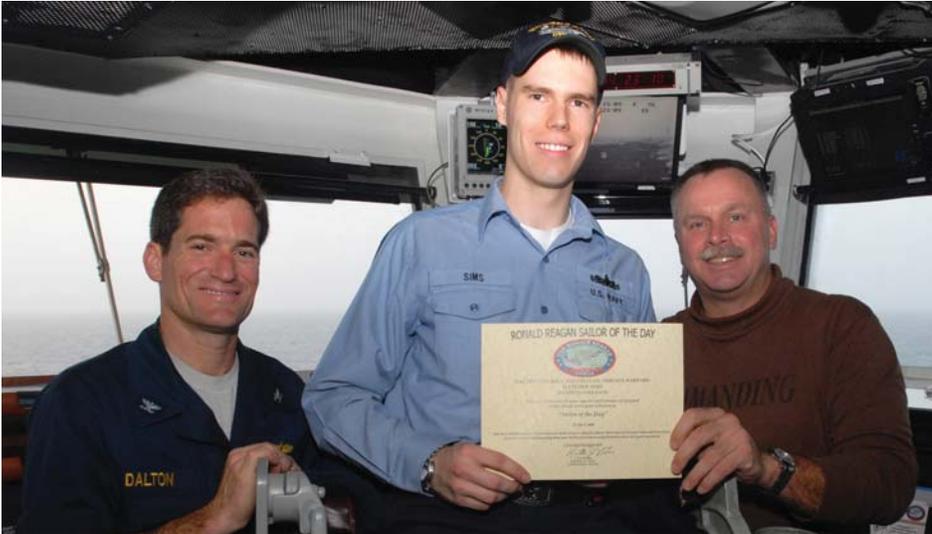
Continued from pg. 8

It kind of reminds me of The Grudge, with a twist of influence from two other greats of the same genre – The Sixth Sense and Hide & Seek.

If you enjoyed either of those three, this one’s sure to please. Plus, you’ll probably feel the urge to go out next port and shop for a pair of your very own vintage Chuck T’s. Let’s just hope for the crew’s sake it’s not the shoes that made Anna crazy.

SOD

SAILOR OF THE DAY



July 16, 2009

Name: EM2 Fletcher Sims
Dept/Div: RX40
Job Title: Work Center Supervisor
Where are you from?
Denver
Why did you join the Navy?
I joined to better my education.
How did you feel when you found out you were chosen for SOD?
I felt surprised.
Who do you hold responsible for your success?
Myself and my chiefs.
Since reporting, what has been your favorite place to visit?
My favorite place was Brisbane, Australia.
What piece of advice would you pass on to others?
Take pride in what you do.

July 17, 2009

Name: ABFAA Jose Lopez
Dept/Div: Air/V4
Job Title: Crew leader
Where are you from?
El Paso, Texas
Why did you join the Navy?
To better myself and make something of myself, and to be a model to my little brother.
How did you feel when you found out you were chosen for SOD?
I was shocked.
Who do you hold responsible for your success?
Myself, ABF3 Smith, my mentor ABF1 Cobarubia and my chiefs.
Since reporting, what has been your favorite place to visit?
My favorite place was Singapore.
What piece of advice would you pass on to others?
Give everything your all.



July 18, 2009

Name: AMAN Giovanni Frisina
Dept/Div: VFA 115/Medical
Job Title: Aviation Mechanic
Where are you from?
Redding, Calif.
Why did you join the Navy?
To finish my degree.
How did you feel when you found out you were chosen for SOD?
I was excited.
Who do you hold responsible for your success?
My father and all the people in Medical who have helped me.
Since reporting, what has been your favorite place to visit?
My favorite place was Singapore.
What piece of advice would you pass on to others?
Do work!



Come on G43!

A tilted BINGO card with the word "BINGO" written across the top in large red letters. The card is a 5x5 grid with numbers in each cell. Several numbers are covered by red circles, indicating they have been called. The numbers and their call status are as follows:

B	I	N	G	O
2	25	37	50	71
14	21	31	43	63
5	18	35	40	74
12	17	27	47	69
7	16	30	55	68

**Enjoy some BINGO Fridays at 2000.
Cards are on sale on the Aft Mess Deck.**