

## MRD Clinic (IDC-only Platforms) Physicals Cover Page

*Located next to Optometry in the 32<sup>nd</sup> St Branch Medical Clinic (in the acute care area) BLDG 3300, ph#: 619-556-8114*

(Must attach to the front of physicals package)

IDC Instructions: All of the following must be completed and signed off by you. Please make sure physicals package is dropped off at 32<sup>nd</sup> street MRD clinic **as soon as possible**. IDC Questions: Call Your Physican Supe @ 556-5191

| Item #  | Purpose (circle <u>all</u> that apply): Separation, retirement, ADMIN SEP, commissioning, SAR, misc/other _____   | IDC Initials verifying completion | Date Item was completed (not date signed off by IDC) |
|---|---|-----------------------------------|--|
| <b>Section 1</b>  |   |                                   |  |
| <b><i>Specific Requirements for all separation, retirement and ADMIN SEP physicals</i></b>    |   |                                   |  |
| 1   | EAOS _____ Desired Terminal leave start date _____<br>How many days after paperwork submitted until your pt starts terminal leave: ____<br>How many days after paperwork submitted until your pt's EAOS: ____   |                                   | n/a  |
| 2   | If ADMIN SEP - Circle Reason: ex. MH, Misconduct, Substance Abuse, BCA Failures, other _____. Date your pt was identified for ADMIN SEP by your Command: _____ Date of expected separation: _____   |                                   | n/a  |
| 3   | If BCA Failure related Admin Sep, has medical w/u for obesity been completed? Circle: Yes or No (contact your physician supe for w/u if necessary)  |                                   |  |
| 4   | Audiogram within one year. If positive TS, follow-up audiogram performed? Y/N   |                                   |  |
| 5   | Dental Officer's Signature on SF-600 coversheet   |                                   |  |
| 6   | PHA Completed within 1 year. Confirm it is in medical record? Y/N   |                                   |  |
| 7   | PPD results or NAVMED 6224/8 form completed. Confirm in med record? Y/N   |                                   |  |
| 8   | Optometry evaluation within 2 years if patient wears glasses or contacts  |                                   |  |
| 9   | Hepatitis C (Hep C AB) screening within 5 years (required). Non-reactive: Y/N   |                                   |  |
| 10  | HIV within 2 years (required)   |                                   |  |
| 11  | Does patient request a Reserves Physical? Circle: Yes/No/NA   |                                   | n/a  |
| 12  | If female, does pt have WWE complete w/in 1 year? Circle: Yes/No  |                                   |  |
| 13  | If female, are there any abnormal PAPs in AHLTA? Circle: Yes/No   |                                   |  |
| <b>Section 2</b>  |   |                                   |  |
| <b><i>General Requirements for all Physicals (sep/ret/admin sep/SAR/commissioning...)</i></b> |   |                                   |  |
| 14  | Reviewed each line item on the DD 2807, and addressed each "yes" answer separately (described all workup/labs/imaging that were done for each complaint, sx's are documented as improving/stable/worse; status of consults are described, results of labs/imaging/consults are documented).   |                                   | n/a  |
| 15  | I have reviewed ALL AHLTA lab studies and documented any abnormal results   |                                   |  |
| 16  | I have reviewed ALL AHLTA radiology studies and documented any abnormal results   |                                   |  |
| 17  | I have reviewed ALL AHLTA previous encounters and ensured all chronic diagnoses and current treatments are described in detail on the 2807.   |                                   |  |
| 18  | I have <u>not</u> signed my name in the the medical officer signature blocks  |                                   | n/a  |
| 19  | I have read the GUIDANCE on the next page in detail and understand its content.   |                                   | n/a  |
| 20  | I have completed this document to the best of my ability and am aware that poor execution may affect both my patient and my monthly/quarterly MRD evaluations.  |                                   | n/a  |
| 21  | If this package was sent back for corrections, I have completed all corrections and the 2807 paperwork has been updated with detailed descriptions - all items that were needed (ex. Labs, rad studies, consults, additional explanations by IDC and/or patient) are complete and explanations have been added to the original paperwork. |                                   |  |
| 22  | All pages are included (SF-600, 2807 x3 pg, 2808 x3 pg, 2697 x3 pg, PSD form)   |                                   |  |

Patient's Full Name: \_\_\_\_\_

Patient's Last 4 of SSN: \_\_\_\_\_

Patient's phone #: \_\_\_\_\_

Patient's Email: \_\_\_\_\_

Ship's Name/Command: \_\_\_\_\_

IDC's name: \_\_\_\_\_

Ship's/Medical Phone #: \_\_\_\_\_

IDC's Email: \_\_\_\_\_

**MRD Internal Use Only:**

Date turned-in to MRD clinic/Corpsman initials: \_\_\_\_/\_\_\_\_ Date reviewed by MRD /name (circle): \_\_\_\_/LT Gilman/Lagrew/Morandi

Discrepancies that need to be fixed if any: \_\_\_\_\_

Date of patient's appt: \_\_\_\_\_ Date IDC was notified of appt: \_\_\_\_\_ Did patient arrive on time for appt? Yes/No No show? Yes/No

### Additional IDC Guidance

- IDCs: ENSURE YOUR PATIENT COMPLETES THEIR SECTION OF THE 2807 CORRECTLY AND FULLY TO SAVE YOU TIME! (each 'yes' answer needs a description by the patient with: **date(s) of problem, name of doctor(s) and/or hospital(s), treatment given and current medical status**).
- IDCs *must* initial and enter the dates of completion on all blocks on this cover page prior to receiving an appointment.
- All blocks that the patient answers yes to on Form 2807 need to be addressed by the IDC on page 2, and must describe the workup performed (ex. imaging/labs/specialty evaluation) and the status of the patient's condition (ex. stable, worsening, improving).
- All conditions for which the patient answers 'yes' that have not been evaluated recently or ever before, and which are not completely resolved, must be evaluated and worked up by the IDC prior to sending the pt to Physicals clinic – at a minimum all pertinent imaging, labs, EKG, specialty consults should be ordered prior to submitting the package.
- YOU are required to check the results of all labs/rad studies that you ordered, and document abnormal results into physicals paperwork.
- IDC's are highly encouraged to email/phone call their physician supervisor for specific guidance on workups as applicable.
- After MRD reviews the package, you will be contacted with a time and date for your patient's appointment only IF the package was completed satisfactorily. If not, you will be contacted with corrective actions needed prior to an appt being scheduled.
- Patients should be seen between at least 60-90 days prior to EAOS - and can be seen up to 180 days out from EAOS!
- No terminal leave should be authorized by your command until completion of the separation physical.

**HEALTH RECORD**

**CHRONOLOGICAL RECORD OF MEDICAL CARE**

| DATE       | SYMPTOMS, DIAGNOSIS, TREATMENT, TREATING, ORGANIZATIONS <i>(Sign each entry)</i>  |
|------------|---|
|            | <b>SEPARATION/RETIREMENT SF-600</b>   |
| BP:        | DATE OF LAST PHA: _____<br>DATE OF LAST PPD or NAVMED 6224/8 FORM: _____ RESULTS: _____<br>HIV DATE: _____ AUDIOGRAM DATE: _____  |
| P:         | LAST OPTOMETRY EXAM (IF WEARING GLASSES/CONTACTS): _____<br>*****   |
| T:         | *   |
| R:         | <b>FEMALES ONLY:</b><br>DATE OF LAST WELL-WOMAN EXAM: _____<br>DATE OF LAST MAMMOGRAM (over 40 y/o): _____<br>*****   |
| Meds:      | <b>PATIENT:</b><br>I have been informed and understand the provisions of chap. 15-29 of the MANMED.<br><br>PATIENT SIGNATURE: _____ DATE: _____<br>*****                                      |
|            | *   |
|            | <b>IDC:</b><br>A complete health record screen was conducted this date IAW MANMED CH. 15-29 and BUMED 6230 Dated Dec 14, 2001. Documentation has been reviewed for completeness and accuracy: |
| Allergies: | NAME/SIGNATURE: _____ DATE: _____<br>*****  |
|            | *   |
|            | <b>DENTAL OFFICER:</b><br>Member's dental record reviewed.  |
| Tobacco:   | 1. Member is QUALIFIED / NOT QUALIFIED for SEPARATION / RETIREMENT<br>2. COMMENTS   |
| ETOH:      | NAME/SIGNATURE: _____ DATE: _____<br>*****  |
|            | <b>*MEDICAL OFFICER:</b><br>Member's medical record reviewed.<br><br>1. Member is found physically QUALIFIED / NOT QUALIFIED for SEPARATION / RETIREMENT<br>2. COMMENTS                       |

|  |                                   |                                 |                               |
|--|-----------------------------------|---------------------------------|-------------------------------|
| NAME/SIGNATURE: _____  |                                   | DATE: _____                     |                               |
| HOSPITAL OR MEDICAL FACILITY<br>CNSP-MRD Clinic NB San Diego | STATUS<br>ACTIVE                  | DEPART. SERVICE<br>DOD/USN      | RECORDS MAINTAINED AT<br>SAME |
| SPONSOR'S NAME<br>SELF                                       | SSN/ID NO. (Fill in you SSN Here) | RELATIONSHIP TO SPONSOR<br>NONE |                               |

**NAME:** \_\_\_\_\_  
**SSN: 20/** \_\_\_\_\_  
**DOB:** \_\_\_\_\_  
**RATE / RANK:** \_\_\_\_\_

CHRONOLOGICAL RECORD OF MEDICAL  
 CARE  
 MEDICAL RECORD  
 STANDARD FORM 600 (REV. 6-87)  
 PRESCRIBED BY GSA/CMR  
 FIRM (41 CFR) 201-8.202-1

## REPORT OF MEDICAL HISTORY

(This information is for official and medically confidential use only and will not be released to unauthorized persons.)

OMB No. 0704-0413  
OMB approval expires  
Aug 31, 2014

The public reporting burden for this collection of information is estimated to average 10 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing the burden, to the Department of Defense, Washington Headquarters Services, Executive Services Directorate, Information Management Division, 1155 Defense Pentagon, Washington, DC 20301-1155 (0704-0413). Respondents should be aware that notwithstanding any other provision of law, no person shall be subject to any penalty for failing to comply with a collection of information if it does not display a currently valid OMB control number.

**PLEASE DO NOT RETURN YOUR FORM TO THE ABOVE ORGANIZATION. RETURN COMPLETED FORM AS INDICATED ON PAGE 2.**

### PRIVACY ACT STATEMENT

**AUTHORITY:** 10 U.S.C. 136, DoD Instruction 6130.03, and E.O. 9397, as amended (SSN).

**PRINCIPAL PURPOSE(S):** The primary collection of this information is from individuals seeking to join the Armed Forces. The information collected on this form is used to assist DoD physicians in making determinations as to acceptability of applicants for military service and verifies disqualifying medical condition(s) noted on the prescreening form (DD 2807-2). An additional collection of information using this form occurs when a Medical Evaluation Board is convened to determine the medical fitness of a current member and if separation is warranted. Completed forms are covered by recruiting, medical evaluation board, and official military personnel file SORNs maintained by each of the Services.

**ROUTINE USE(S):** The Blanket Routine Uses found at [http://privacy.defense.gov/blanket\\_uses.shtml](http://privacy.defense.gov/blanket_uses.shtml) apply to this collection.

**DISCLOSURE:** Voluntary. However, failure by an applicant to provide the information may result in delay or possible rejection of the individual's application to enter the Armed Forces. An applicant's SSN is used during the recruitment process to keep all records together and when requesting civilian medical records. For an Armed Forces member, failure to provide the information may result in the individual being placed in a non-deployable status. The SSN of an Armed Forces member is to ensure the collected information is filed in the proper individual's record.

**WARNING:** The information you have given constitutes an official statement. Federal law provides severe penalties (up to 5 years confinement or a \$10,000 fine or both), to anyone making a false statement. If you are selected for enlistment, commission, or entrance into a commissioning program based on a false statement, you can be tried by military courts-martial or meet an administrative board for discharge and could receive a less than honorable discharge that would affect your future.

|  |  |                            |
|--|--|----------------------------|
| 1. LAST NAME, FIRST NAME, MIDDLE NAME (SUFFIX)                       | 2. SOCIAL SECURITY NUMBER                            | 3. TODAY'S DATE (YYYYMMDD) |
| 4.a. HOME ADDRESS (Street, Apartment No., City, State, and ZIP Code) | 5. EXAMINING LOCATION AND ADDRESS (Include ZIP Code) |                            |
| b. HOME TELEPHONE (Include Area Code)                                |  |                            |

**X ALL APPLICABLE BOXES:**

|   |  |   |   |
|---|--|---|---|
| <b>6.a. SERVICE</b><br><input type="checkbox"/> Army <input type="checkbox"/> Coast Guard<br><input type="checkbox"/> Navy<br><input type="checkbox"/> Marine Corps<br><input type="checkbox"/> Air Force | <b>b. COMPONENT</b><br><input type="checkbox"/> Regular<br><input type="checkbox"/> Reserve<br><input type="checkbox"/> National Guard | <b>c. PURPOSE OF EXAMINATION</b><br><input type="checkbox"/> Enlistment<br><input type="checkbox"/> Commission<br><input type="checkbox"/> Retention<br><input type="checkbox"/> Separation | <b>7.a. POSITION (Title, Grade, Component)</b><br><br><b>b. USUAL OCCUPATION</b>        |
| <b>8. CURRENT MEDICATIONS (Prescription and Over-the-counter)</b>   |  |   | <b>9. ALLERGIES (Including insect bites/stings, foods, medicine or other substance)</b> |

Mark each item "YES" or "NO". Every item marked "YES" must be fully explained in Item 29 on Page 2.

| <b>HAVE YOU EVER HAD OR DO YOU NOW HAVE:</b>                                    |                       |                       | <b>12. (Continued)</b>   |                       |                       |
|---|-----------------------|-----------------------|--|-----------------------|-----------------------|
| 10.a. Tuberculosis  | YES                   | NO                    | f. Foot trouble (e.g., pain, corns, bunions, etc.)   | YES                   | NO                    |
| b. Lived with someone who had tuberculosis                                      | <input type="radio"/> | <input type="radio"/> | g. Impaired use of arms, legs, hands, or feet  | <input type="radio"/> | <input type="radio"/> |
| c. Coughed up blood   | <input type="radio"/> | <input type="radio"/> | h. Swollen or painful joint(s)   | <input type="radio"/> | <input type="radio"/> |
| d. Asthma or any breathing problems related to exercise, weather, pollens, etc. | <input type="radio"/> | <input type="radio"/> | i. Knee trouble (e.g., locking, giving out, pain or ligament injury, etc.)   | <input type="radio"/> | <input type="radio"/> |
| e. Shortness of breath  | <input type="radio"/> | <input type="radio"/> | j. Any knee or foot surgery including arthroscopy or the use of a scope to any bone or joint                               | <input type="radio"/> | <input type="radio"/> |
| f. Bronchitis   | <input type="radio"/> | <input type="radio"/> | k. Any need to use corrective devices such as prosthetic devices, knee brace(s), back support(s), lifts or orthotics, etc. | <input type="radio"/> | <input type="radio"/> |
| g. Wheezing or problems with wheezing   | <input type="radio"/> | <input type="radio"/> | l. Bone, joint, or other deformity   | <input type="radio"/> | <input type="radio"/> |
| h. Been prescribed or used an inhaler   | <input type="radio"/> | <input type="radio"/> | m. Plate(s), screw(s), rod(s) or pin(s) in any bone  | <input type="radio"/> | <input type="radio"/> |
| i. A chronic cough or cough at night  | <input type="radio"/> | <input type="radio"/> | n. Broken bone(s) (cracked or fractured)   | <input type="radio"/> | <input type="radio"/> |
| j. Sinusitis  | <input type="radio"/> | <input type="radio"/> | 13.a. Frequent indigestion or heartburn  | <input type="radio"/> | <input type="radio"/> |
| k. Hay fever  | <input type="radio"/> | <input type="radio"/> | b. Stomach, liver, intestinal trouble, or ulcer  | <input type="radio"/> | <input type="radio"/> |
| l. Chronic or frequent colds  | <input type="radio"/> | <input type="radio"/> | c. Gall bladder trouble or gallstones  | <input type="radio"/> | <input type="radio"/> |
| 11.a. Severe tooth or gum trouble   | <input type="radio"/> | <input type="radio"/> | d. Jaundice or hepatitis (liver disease)   | <input type="radio"/> | <input type="radio"/> |
| b. Thyroid trouble or goiter  | <input type="radio"/> | <input type="radio"/> | e. Rupture/hernia  | <input type="radio"/> | <input type="radio"/> |
| c. Eye disorder or trouble  | <input type="radio"/> | <input type="radio"/> | f. Rectal disease, hemorrhoids or blood from the rectum  | <input type="radio"/> | <input type="radio"/> |
| d. Ear, nose, or throat trouble   | <input type="radio"/> | <input type="radio"/> | g. Skin diseases (e.g. acne, eczema, psoriasis, etc.)  | <input type="radio"/> | <input type="radio"/> |
| e. Loss of vision in either eye   | <input type="radio"/> | <input type="radio"/> | h. Frequent or painful urination   | <input type="radio"/> | <input type="radio"/> |
| f. Worn contact lenses or glasses   | <input type="radio"/> | <input type="radio"/> | i. High or low blood sugar   | <input type="radio"/> | <input type="radio"/> |
| g. A hearing loss or wear a hearing aid   | <input type="radio"/> | <input type="radio"/> | j. Kidney stone or blood in urine  | <input type="radio"/> | <input type="radio"/> |
| h. Surgery to correct vision (RK, PRK, LASIK, etc.)                             | <input type="radio"/> | <input type="radio"/> | k. Sugar or protein in urine   | <input type="radio"/> | <input type="radio"/> |
| 12.a. Painful shoulder, elbow or wrist (e.g. pain, dislocation, etc.)           | <input type="radio"/> | <input type="radio"/> | l. Sexually transmitted disease (syphilis, gonorrhea, chlamydia, genital warts, herpes, etc.)                              | <input type="radio"/> | <input type="radio"/> |
| b. Arthritis, rheumatism, or bursitis   | <input type="radio"/> | <input type="radio"/> | 14.a. Adverse reaction to serum, food, insect stings or medicine   | <input type="radio"/> | <input type="radio"/> |
| c. Recurrent back pain or any back problem                                      | <input type="radio"/> | <input type="radio"/> | b. Recent unexplained gain or loss of weight   | <input type="radio"/> | <input type="radio"/> |
| d. Numbness or tingling   | <input type="radio"/> | <input type="radio"/> | c. Currently in good health (If no, explain in Item 29 on Page 2.)   | <input type="radio"/> | <input type="radio"/> |
| e. Loss of finger or toe  | <input type="radio"/> | <input type="radio"/> | d. Tumor, growth, cyst, or cancer  | <input type="radio"/> | <input type="radio"/> |

|   |                        |
|---|------------------------|
| LAST NAME, FIRST NAME, MIDDLE NAME (SUFFIX) | SOCIAL SECURITY NUMBER |
|---|------------------------|

Mark each item "YES" or "NO". Every item marked "YES" must be fully explained in Item 29 below.

| HAVE YOU EVER HAD OR DO YOU NOW HAVE:                                | YES                   | NO                    |  | YES  | NO                    |                       |
|--|-----------------------|-----------------------|--|--|-----------------------|-----------------------|
| 16.a. Dizziness or fainting spells                                   | <input type="radio"/> | <input type="radio"/> | 19. Have you been refused employment or been unable to hold a job or stay in school because of:  |  |                       |                       |
| b. Frequent or severe headache                                       | <input type="radio"/> | <input type="radio"/> |  | a. Sensitivity to chemicals, dust, sunlight, etc.  | <input type="radio"/> | <input type="radio"/> |
| c. A head injury, memory loss or amnesia                             | <input type="radio"/> | <input type="radio"/> |  | b. Inability to perform certain motions  | <input type="radio"/> | <input type="radio"/> |
| d. Paralysis   | <input type="radio"/> | <input type="radio"/> |  | c. Inability to stand, sit, kneel, lie down, etc.  | <input type="radio"/> | <input type="radio"/> |
| e. Seizures, convulsions, epilepsy or fits                           | <input type="radio"/> | <input type="radio"/> |  | d. Other medical reasons (If yes, give reasons.)   | <input type="radio"/> | <input type="radio"/> |
| f. Car, train, sea, or air sickness                                  | <input type="radio"/> | <input type="radio"/> |  | 20. Have you ever been treated in an Emergency Room? (If yes, for what?)   |                       |                       |
| g. A period of unconsciousness or concussion                         | <input type="radio"/> | <input type="radio"/> |  | 21. Have you ever been a patient in any type of hospital? (If yes, specify when, where, why, and name of doctor and complete address of hospital.) |                       |                       |
| h. Meningitis, encephalitis, or other neurological problems          | <input type="radio"/> | <input type="radio"/> |  | 22. Have you ever had, or have you been advised to have any operations or surgery? (If yes, describe and give age at which occurred.)              |                       |                       |
| 16.a. Rheumatic fever  | <input type="radio"/> | <input type="radio"/> | 23. Have you ever had any illness or injury other than those already noted? (If yes, specify when, where, and give details.)   |  |                       |                       |
| b. Prolonged bleeding (as after an injury or tooth extraction, etc.) | <input type="radio"/> | <input type="radio"/> | 24. Have you consulted or been treated by clinics, physicians, healers, or other practitioners within the past 5 years for other than minor illnesses? (If yes, give complete address of doctor, hospital, clinic, and details.) |  |                       |                       |
| c. Pain or pressure in the chest                                     | <input type="radio"/> | <input type="radio"/> | 25. Have you ever been rejected for military service for any reason? (If yes, give date and reason for rejection.)   |  |                       |                       |
| d. Palpitation, pounding heart or abnormal heartbeat                 | <input type="radio"/> | <input type="radio"/> | 26. Have you ever been discharged from military service for any reason? (If yes, give date, reason, and type of discharge; whether honorable, other than honorable, for unfitness or unsuitability.)                             |  |                       |                       |
| e. Heart trouble or murmur   | <input type="radio"/> | <input type="radio"/> | 27. Have you ever received, is there pending, or have you ever applied for pension or compensation for any disability or injury? (If yes, specify what kind, granted by whom, and what amount, when, why.)                       |  |                       |                       |
| f. High or low blood pressure  | <input type="radio"/> | <input type="radio"/> | 28. Have you ever been denied life insurance?  |  |                       |                       |
| 17.a. Nervous trouble of any sort (anxiety or panic attacks)         | <input type="radio"/> | <input type="radio"/> | 29. EXPLANATION OF "YES" ANSWER(S) (Describe answer(s), give date(s) of problem, name of doctor(s) and/or hospital(s), treatment given and current medical status.)  |  |                       |                       |
| b. Habitual stammering or stuttering                                 | <input type="radio"/> | <input type="radio"/> |  |  |                       |                       |
| c. Loss of memory or amnesia, or neurological symptoms               | <input type="radio"/> | <input type="radio"/> |  |  |                       |                       |
| d. Frequent trouble sleeping   | <input type="radio"/> | <input type="radio"/> |  |  |                       |                       |
| e. Received counseling of any type                                   | <input type="radio"/> | <input type="radio"/> |  |  |                       |                       |
| f. Depression or excessive worry                                     | <input type="radio"/> | <input type="radio"/> |  |  |                       |                       |
| g. Been evaluated or treated for a mental condition                  | <input type="radio"/> | <input type="radio"/> |  |  |                       |                       |
| h. Attempted suicide   | <input type="radio"/> | <input type="radio"/> |  |  |                       |                       |
| i. Used illegal drugs or abused prescription drugs                   | <input type="radio"/> | <input type="radio"/> |  |  |                       |                       |
| 18. FEMALES ONLY. Have you ever had or do you now have:              |                       |                       |  |  |                       |                       |
| a. Treatment for a gynecological (female) disorder                   | <input type="radio"/> | <input type="radio"/> |  |  |                       |                       |
| b. A change of menstrual pattern                                     | <input type="radio"/> | <input type="radio"/> |  |  |                       |                       |
| c. Any abnormal PAP smears   | <input type="radio"/> | <input type="radio"/> |  |  |                       |                       |
| d. First day of last menstrual period (YYYYMMDD)                     |                       |                       |  |  |                       |                       |
| e. Date of last PAP smear (YYYYMMDD)                                 |                       |                       |  |  |                       |                       |

NOTE: HAND TO THE DOCTOR OR NURSE, OR IF MAILED MARK ENVELOPE "TO BE OPENED BY MEDICAL PERSONNEL ONLY."

|   |  |                                     |
|---|--|-------------------------------------|
| LAST NAME, FIRST NAME, MIDDLE NAME (SUFFIX)   |  | SOCIAL SECURITY NUMBER              |
| 30. EXAMINER'S SUMMARY AND ELABORATION OF ALL PERTINENT DATA <i>(Physician/practitioner shall comment on all positive answers in questions 10 - 29. Physician/practitioner may develop by interview any additional medical history deemed important, and record any significant findings here.)</i> |  |                                     |
| a. COMMENTS   |  |                                     |
| b. TYPED OR PRINTED NAME OF EXAMINER <i>(Last, First, Middle Initial)</i>   |  | c. SIGNATURE                        |
|   |  | d. DATE SIGNED<br><i>(YYYYMMDD)</i> |

|   |                                |   |  |  |  |    |
|---|--------------------------------|---|--|--|--|----|
| <b>REPORT OF MEDICAL EXAMINATION</b>  |                                |   |  | 1. DATE OF EXAMINATION<br>(YYYYMMDD)   | 2. SOCIAL SECURITY NUMBER  |    |
| <b>PRIVACY ACT STATEMENT</b>  |                                |   |  |  |  |    |
| <p><b>AUTHORITY:</b> 10 USC 504, 505, 507, 532, 978, 1201, 1202, and 4346; and E.O. 9397.<br/> <b>PRINCIPAL PURPOSE(S):</b> To obtain medical data for determination of medical fitness for enlistment, induction, appointment and retention for applicants and members of the Armed Forces. The information will also be used for medical boards and separation of Service members from the Armed Forces.<br/> <b>ROUTINE USE(S):</b> None.<br/> <b>DISCLOSURE:</b> Voluntary; however, failure by an applicant to provide the information may result in delay or possible rejection of the individual's application to enter the Armed Forces. For an Armed Forces member, failure to provide the information may result in the individual being placed in a non-deployable status.</p> |                                |   |  |  |  |    |
| 3. LAST NAME - FIRST NAME - MIDDLE NAME<br>(SUFFIX)   |                                |   | 4. HOME ADDRESS (Street, Apartment Number, City, State and ZIP Code)       |  | 5. HOME TELEPHONE NUMBER<br>(Include Area Code)  |    |
| 6. GRADE  | 7. DATE OF BIRTH<br>(YYYYMMDD) | 8. AGE  | 9. SEX<br><input type="checkbox"/> Female<br><input type="checkbox"/> Male | 10.a. RACIAL CATEGORY (X one or more)<br><input type="checkbox"/> American Indian or Alaska Native<br><input type="checkbox"/> Asian<br><input type="checkbox"/> Black or African American<br><input type="checkbox"/> White<br><input type="checkbox"/> Native Hawaiian or Other Pacific Islander   | b. ETHNIC CATEGORY<br><input type="checkbox"/> Hispanic/Latino<br><input type="checkbox"/> Not Hispanic/Latino |    |
| 11. TOTAL YEARS GOVERNMENT SERVICE<br>a. MILITARY      b. CIVILIAN  |                                | 12. AGENCY (Non-Service Members Only)   |  | 13. ORGANIZATION UNIT AND UIC/CODE   |  |    |
| 14.a. RATING OR SPECIALTY (Aviators Only)   |                                | b. TOTAL FLYING TIME  |  | c. LAST SIX MONTHS   |  |    |
| 15.a. SERVICE<br><input type="checkbox"/> Army <input type="checkbox"/> Coast Guard<br><input type="checkbox"/> Navy<br><input type="checkbox"/> Marine Corps<br><input type="checkbox"/> Air Force   |                                | b. COMPONENT<br><input type="checkbox"/> Active Duty<br><input type="checkbox"/> Reserve<br><input type="checkbox"/> National Guard |  | c. PURPOSE OF EXAMINATION<br><input type="checkbox"/> Enlistment <input type="checkbox"/> Medical Board <input type="checkbox"/> Other<br><input type="checkbox"/> Commission <input type="checkbox"/> Retirement<br><input type="checkbox"/> Retention <input type="checkbox"/> U.S. Service Academy<br><input type="checkbox"/> Separation <input type="checkbox"/> ROTC Scholarship Program |  |    |
| 16. NAME OF EXAMINING LOCATION, AND ADDRESS<br>(Include ZIP Code)   |                                |   |  |  |  |    |
| <b>CLINICAL EVALUATION</b> (Check each item in appropriate column. Enter "NE" if not evaluated.)  |                                |   |  |  |  |    |
|   |                                |   |  | Nor-<br>mal  | Ab-<br>norm  | NE |
| 17. Head, face, neck, and scalp   |                                |   |  |  |  |    |
| 18. Nose  |                                |   |  |  |  |    |
| 19. Sinuses   |                                |   |  |  |  |    |
| 20. Mouth and throat  |                                |   |  |  |  |    |
| 21. Ears - General (Int. and ext. canals/Auditory acuity under item 71)   |                                |   |  |  |  |    |
| 22. Drums (Perforation)   |                                |   |  |  |  |    |
| 23. Eyes - General (Visual acuity and refraction under items 61 - 63)   |                                |   |  |  |  |    |
| 24. Ophthalmoscopic   |                                |   |  |  |  |    |
| 25. Pupils (Equality and reaction)  |                                |   |  |  |  |    |
| 26. Ocular motility (Associated parallel movements, nystagmus)  |                                |   |  |  |  |    |
| 27. Heart (Thrust, size, rhythm, sounds)  |                                |   |  |  |  |    |
| 28. Lungs and chest (Include breasts)   |                                |   |  |  |  |    |
| 29. Vascular system (Varicosities, etc.)  |                                |   |  |  |  |    |
| 30. Anus and rectum (Hemorrhoids, Fistulae) (Prostate if indicated)   |                                |   |  |  |  |    |
| 31. Abdomen and viscera (Include hernia)  |                                |   |  |  |  |    |
| 32. External genitalia (Genitourinary)  |                                |   |  |  |  |    |
| 33. Upper extremities   |                                |   |  |  |  |    |
| 34. Lower extremities (Except feet)   |                                |   |  |  |  |    |
| 35. Feet (See Item 35 Continued)  |                                |   |  |  |  |    |
| 36. Spine, other musculoskeletal  |                                |   |  |  |  |    |
| 37. Identifying body marks, scars, tattoos  |                                |   |  |  |  |    |
| 38. Skin, lymphatics  |                                |   |  |  |  |    |
| 39. Neurologic  |                                |   |  |  |  |    |
| 40. Psychiatric (Specify any personality deviation)   |                                |   |  |  |  |    |
| 41. Pelvic (Females only)   |                                |   |  |  |  |    |
| 42. Endocrine   |                                |   |  |  |  |    |
| 43. DENTAL DEFECTS AND DISEASE (Please explain. Use dental form if completed by dentist. If dental examination not done by dental officer, explain in Item 44.)   |                                |   |  | 44. NOTES: (Describe every abnormality in detail. Enter pertinent item number before each comment. Continue in item 73 and use additional sheets if necessary.)  |  |    |
| <input type="checkbox"/> Acceptable<br><input type="checkbox"/> Not Acceptable    Class _____   |                                |   |  | 35. FEET (Continued) (Circle category)<br><br>Normal Arch                      Mild                      Asymptomatic<br>Pes Cavus                          Moderate<br>Pes Planus                          Severe                      Symptomatic  |  |    |

|   |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
|---|-----------------|--------------------|--|-----------------------|------|---|------------|-------------------------|-------------------------|------------------------|------|-----------------------------|-----------|-------------------------|----------------|--|--|
| LAST NAME - FIRST NAME - MIDDLE NAME (SUFFIX)   |                 |                    |  |                       |      |   |            |                         |                         | SOCIAL SECURITY NUMBER |      |                             |           |                         |                |  |  |
| LABORATORY FINDINGS   |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| 45. URINALYSIS  |                 |                    | a. Albumin                                   |                       |      | b. Sugar  |            |                         | 46. URINE HCG           |                        |      | 47. H/H                     |           |                         | 48. BLOOD TYPE |  |  |
| TESTS   |                 |                    | RESULTS                                      |                       |      |   |            |                         | HIV SPECIMEN ID LABEL   |                        |      | DRUG TEST SPECIMEN ID LABEL |           |                         |                |  |  |
| 49. HIV   |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| 50. DRUGS   |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| 51. ALCOHOL   |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| 52. OTHER   |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| a. PAP SMEAR  |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| b.  |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| c.  |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| MEASUREMENTS AND OTHER FINDINGS   |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| 53. HEIGHT  |                 | 54. WEIGHT<br>lbs. |  | 55. MIN WGT - MAX WGT |      |   | MAX BF %   |                         |                         | 56. TEMPERATURE        |      |                             | 57. PULSE |                         |                |  |  |
| 58. BLOOD PRESSURE  |                 |                    | 59. RED/GREEN (Army Only)                    |                       |      | 60. OTHER VISION TEST                           |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| a. 1ST  | b. 2ND          |                    | c. 3RD                                       |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| SYS.  | SYS.            |                    | SYS.   |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| DIAS.   | DIAS.           |                    | DIAS.  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| 61. DISTANT VISION  |                 |                    | 62. REFRACTION BY AUTOREFRACTION OR MANIFEST |                       |      |   |            |                         | 63. NEAR VISION         |                        |      |                             |           |                         |                |  |  |
| Right 20/   | Corr. to 20/    |                    | By   | S.                    | CX   |   | Right 20/  | Corr. to 20/            |                         | by                     |      |                             |           |                         |                |  |  |
| Left 20/  | Corr. to 20/    |                    | By   | S.                    | CX   |   | Left 20/   | Corr. to 20/            |                         | by                     |      |                             |           |                         |                |  |  |
| 64. HETEROPHORIA (Specify distance)   |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| ES <sup>o</sup>   | EX <sup>o</sup> |                    | R.H.   |                       | L.H. |   | Prism div. |                         | Prism Conv<br>CT        |                        | NPR  |                             | PD        |                         |                |  |  |
| 65. ACCOMMODATION   |                 |                    | 66. COLOR VISION (Test used and result)      |                       |      | 67. DEPTH PERCEPTION (Test used and score) AFVT |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| Right   | Left            |                    | PIP  |                       |      | /14   |            |                         | Uncorrected             |                        |      | Corrected                   |           |                         |                |  |  |
| 68. FIELD OF VISION   |                 |                    | 69. NIGHT VISION (Test used and score)       |                       |      |   |            |                         | 70. INTRAOCULAR TENSION |                        |      |                             |           |                         |                |  |  |
|   |                 |                    |  |                       |      |   |            |                         | O.D.                    |                        | O.S. |                             |           |                         |                |  |  |
| 71a. AUDIOMETER   |                 | Unit Serial Number |  |                       |      |   |            | 71b. Unit Serial Number |                         |                        |      |                             |           | 72a. READING ALOUD TEST |                |  |  |
| Date Calibrated (YYYYMMDD)  |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
| HZ  | 500             | 1000               | 2000   | 3000                  | 4000 | 6000  | HZ         | 500                     | 1000                    | 2000                   | 3000 | 4000                        | 6000      | SAT                     | UNSAT          |  |  |
| Right   |                 |                    |  |                       |      |   | Right      |                         |                         |                        |      |                             |           |                         |                |  |  |
| Left  |                 |                    |  |                       |      |   | Left       |                         |                         |                        |      |                             |           |                         |                |  |  |
| 72b. VALSALVA   |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |
|   |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           | SAT                     | UNSAT          |  |  |
| 73. NOTES (Continued) AND SIGNIFICANT OR INTERVAL HISTORY (Use additional sheets if necessary.) |                 |                    |  |                       |      |   |            |                         |                         |                        |      |                             |           |                         |                |  |  |



| REPORT OF MEDICAL ASSESSMENT   |  |                       |   | REPORT CONTROL SYMBOL<br>DD-HA(AR)1939 |  |
|--|--|-----------------------|---|--|--|
| PRIVACY ACT STATEMENT  |  |                       |   |  |  |
| <p>AUTHORITY: PL 103-160, EO 9397.<br/>           PRINCIPAL PURPOSE: To be used by the Medical Services to provide a comprehensive medical assessment for active and reserve component service members separating or retiring from active duty.<br/>           ROUTINE USES: A copy of this form will be released to the Department of Veterans Affairs.<br/>           DISCLOSURE: Voluntary; however, failure to disclose the requested personal information may result in delay in processing any disability claim.</p> |  |                       |   |  |  |
| SECTION I - TO BE COMPLETED BY SERVICE MEMBER. Any service member who requests a physical examination may have one.  |  |                       |   |  |  |
| 1. NAME (Last, First, Middle)  |  |                       | 2. SOCIAL SECURITY NUMBER                       |  | 3. RANK                                      |
| 4. COMPONENT   |  | 5. UNIT OF ASSIGNMENT |   |  |  |
| 6a. HOME STREET ADDRESS (Or RFD, including apartment number)   |  | b. CITY               | c. STATE  | d. ZIP CODE                            | 7. HOME TELEPHONE NUMBER (Include area code) |
| 8. DATE OF LAST PHYSICAL EXAMINATION BY THE MILITARY (YYMMDD)  |  |                       | 9. DATE ENTERED ON CURRENT ACTIVE DUTY (YYMMDD) |  |  |
| 10. COMPARED TO MY LAST MEDICAL ASSESSMENT/PHYSICAL EXAMINATION, MY OVERALL HEALTH IS (X one. If "Worse," explain.)  |  |                       |   |  |  |
| <input type="checkbox"/> THE SAME<br><input type="checkbox"/> BETTER<br><input type="checkbox"/> WORSE   |  |                       |   |  |  |
| 11. SINCE YOUR LAST MEDICAL ASSESSMENT/PHYSICAL EXAMINATION, HAVE YOU HAD ANY ILLNESSES OR INJURIES THAT CAUSED YOU TO MISS DUTY FOR LONGER THAN 3 DAYS? (X one. If "Yes," explain.)   |  |                       |   |  |  |
| <input type="checkbox"/> NO<br><input type="checkbox"/> YES  |  |                       |   |  |  |
| 12. SINCE YOUR LAST MEDICAL ASSESSMENT/PHYSICAL EXAMINATION, HAVE YOU BEEN SEEN BY OR BEEN TREATED BY A HEALTH CARE PROVIDER, ADMITTED TO A HOSPITAL, OR HAD SURGERY? (X one. If "Yes," explain.)  |  |                       |   |  |  |
| <input type="checkbox"/> NO<br><input type="checkbox"/> YES  |  |                       |   |  |  |
| 13. HAVE YOU SUFFERED FROM ANY INJURY OR ILLNESS WHILE ON ACTIVE DUTY FOR WHICH YOU DID NOT SEEK MEDICAL CARE? (X one. If "Yes," explain.)   |  |                       |   |  |  |
| <input type="checkbox"/> NO<br><input type="checkbox"/> YES  |  |                       |   |  |  |
| 14. ARE YOU NOW TAKING ANY MEDICATIONS? (X one. If "Yes," list medications.)   |  |                       |   |  |  |
| <input type="checkbox"/> NO<br><input type="checkbox"/> YES  |  |                       |   |  |  |
| 15. DO YOU HAVE ANY CONDITIONS WHICH CURRENTLY LIMIT YOUR ABILITY TO WORK IN YOUR PRIMARY MILITARY SPECIALTY OR REQUIRE GEOGRAPHIC OR ASSIGNMENT LIMITATIONS? (X one. If "Yes," explain.)  |  |                       |   |  |  |
| <input type="checkbox"/> NO<br><input type="checkbox"/> YES  |  |                       |   |  |  |
| 16. DO YOU HAVE ANY DENTAL PROBLEMS? (X one. If "Yes," explain.)   |  |                       |   |  |  |
| <input type="checkbox"/> NO<br><input type="checkbox"/> YES  |  |                       |   |  |  |
| 17. DO YOU HAVE ANY OTHER QUESTIONS OR CONCERN ABOUT YOUR HEALTH? (X one. If "Yes," explain.)  |  |                       |   |  |  |
| <input type="checkbox"/> NO<br><input type="checkbox"/> YES  |  |                       |   |  |  |
| 18. AT THE PRESENT TIME, DO YOU INTEND TO SEEK DEPARTMENT OF VETERANS AFFAIRS (VA) DISABILITY? (X one. If "Yes," list conditions for which you will ask for VA Disability.)  |  |                       |   |  |  |
| <input type="checkbox"/> NO<br><input type="checkbox"/> YES<br><input type="checkbox"/> UNCERTAIN  |  |                       |   |  |  |
| 19. CERTIFICATION. I certify that the information provided above is true and complete to the best of my knowledge.   |  |                       |   |  |  |
| a. SIGNATURE OF SERVICE MEMBER   |  |                       |   | b. DATE SIGNED                         |  |

**SECTION II - TO BE COMPLETED BY INDIVIDUALLY PRIVILEGED HEALTH CARE PROVIDER**

This Report of Medical Assessment is to be used by the Medical Services to provide a comprehensive medical assessment for active and reserve component service members separating or retiring from active duty. The assessment will cover, as a minimum, the period since the service member's last medical assessment/physical examination, or the period of this call or order to active duty. Any service member who requests a physical examination may have one. Any service member who has indicated "yes" to Item 18 will have an appropriate physical examination, if the last examination is more than 12 months old and/or there are new signs and/or symptoms. If the service member answers "Worse" to Item 10 or "Yes" to Items 11, 12, or 14 through 18, documentation of the injury, illness, or problem should be included in the service member's medical or dental record.

**20. HEALTH CARE PROVIDER COMMENTS** *(All patient complaints must be addressed)*

**21. WAS PATIENT REFERRED FOR FURTHER EVALUATION?** *(X one. If "Yes," specify where.)*

- NO  
 YES

**22. PURPOSE OF ASSESSMENT** *(X one. If "Other," explain.)*

- SEPARATION *(Includes discharge from military service and release from active duty, including release of National Guard and Reserve personnel voluntarily or involuntarily called or ordered to active duty.)*  
 RETIREMENT  
 OTHER

**23. MEDICAL FACILITY**

**24. DATE OF ASSESSMENT**  
*(YYMMDD)*

**25. HEALTH CARE PROVIDER**

a. NAME *(Last, First, Middle Initial)*

b. GRADE/RANK

c. SIGNATURE

**PHYSICAL EXAMINATION NOTIFICATION**

From: Separations Section, PSD Afloat West

Date: \_\_\_\_\_

To : \_\_\_\_\_

(Rank / Rate, Name, Branch, SSN)

Via : Command Pass Coordinator (CPC)

Subj : Physical Examination Notification

1. You must complete a physical examination prior to your:

Reenlistment

Extension of 24 months or more  
becoming operative

Separation

Transfer to the Retired List/Fleet Reserve

2. Please contact the physical examination section at you local medical facility to make an appointment for the physical examination. This form, after it has been sing by ~~Medical Officer~~, must be returned to PSD Afloat West Separations Section no later than \_\_\_\_\_.

3. Failure to complete a physical examination and non-receipt of this form by PSD could result in non-processing of required pay/personnel actions and disrupt your pay, transfer, and or separation.

**FIRST EDORSEMENT**

From : (Medical Officer) USS

To : Separations Section, PSD Afloat West

1. The above named individual has been physically examined and is found to be:

Physically fit

Not physically fit

Reenlistment

Separation

Extension

Retirement / Fleet Reserve

\_\_\_\_\_  
Medical Representative / Date