Medication Authorization List for Independent Duty Corpsmen (IDC)
Naval Medical Center San Diego and Branch Clinics

GENERAL GUIDELINES

1. These rules apply to Naval Medical Center San Diego and associated Branch Medical Clinics.

2. Prescribing must be in accordance with MANMED Ch. 21 and OPNAVINST 6400.1C.

3. Medications prescribed by IDCs must be filled at NMCSD pharmacy or associated Branch Medical Clinic satellite pharmacies.

4. Unless specifically indicated, IDCs are not permitted to prescribe non-formulary or specialist-restricted medications, controlled substances, psychotropic medications (including antidepressants, anxiolytics, hypnotics, mood stabilizers, and antipsychotics), anticonvulsants, intravenous antibiotics, or any medication with a pregnancy risk category higher than C in a female of child-bearing age.

5. IDCs are restricted to oral, vaginal, rectal, or topical medications unless specifically included in this formulary.

PRESCRIPTION POLICIES

1. Quantities will be filled up to a maximum of 90-day supply with 3 refills for maintenance medications. Prescriptions will be valid for one year.

2. Deployment prescriptions may be written and filled locally for up to a 180 day supply. Arrangements should be made to have follow-on refill prescriptions entered into the mail order pharmacy IAW DoD Deployment Prescription Program (http://www.health.mil/DPP). The only exception to this policy is malaria prophylaxis, for which a quantity sufficient for an entire deployment may be prescribed, even if greater than 180 days.

3. Restricted items (*) and non-restricted items may be initiated, refilled, and modified by IDCs. However, prescription of restricted items must be under the guidance of a physician. Supervising physician must co-sign the clinical encounter, and the IDC must annotate physician approval in the prescription comment box.

4. Physician guidance is strongly encouraged, particularly when ordering new medications or making adjustments to existing prescriptions for chronic conditions.

<u>* Restricted items – must be approved by supervising physician, enter MD/DO name in Rx comment box</u>
<u>* Contact # of the prescriber is required on all prescriptions</u>

Oral Antibiotics
- amoxicillin (Amoxil®) 250mg & 500mg caps
- amoxicillin/clavulanate (Augmentin®) 500mg, 875mg tabs
- amoxicillin/clavulanate XR (Augmentin-XR®) 1000/62.5mg tabs
- azithromycin (Zithromax®) 1g powder packets, 250mg tabs, 500mg tabs
- cephalexin (Keflex®) 250mg & 500mg caps
- ciprofloxacin (Cipro®) 250, 500, 750mg tabs *(Pregnancy Category C)*
- clindamycin (Cleocin®) 150mg caps
- dicloxacillin 250mg caps
- doxycycline (Vibramycin®) 100mg caps or tabs *(Pregnancy Category D)*
- erythromycin base 250mg tabs
- isoniazid* 300mg tabs *(Pregnancy Category C)*
- levaquin 500mg, 750mg tabs *(Pregnancy Category C)*
- metronidazole (Flagyl®) 250mg, 500mg tabs
- minocycline 100mg caps *(Pregnancy Category D)*
- moxifloxacin 400mg tabs *(Pregnancy Category C)*
- nitrofurantoin (Macrobid®) 100mg caps *(Preg: contraindicated at term)*
- penicillin VK (Pen VK®) 250mg, 500mg tabs
- rifampin 300mg caps *(Pregnancy Category C)*
- TMP-SMX (Septra DS®, Bactrim DS®) 160mg/800mg tabs) *(Pregnancy Category C) – currently out of stock*

Parenteral Antibiotics (IM only)
- ceftriaxone (Rocephin®) 250mg inj (gonorrhea only)
- benzathine penicillin (Bicillin-LA®) 1.2 MU (strep pharyngitis & syphillis)

Oral Antifungals
- fluconazole (Diflucan®) 150mg, 200mg tab *(Pregnancy Category C for single dose for vaginal candidiasis, Cat D for all other indications)*

terbinafine (Lamisil®) 250mg tabs *(caution due to hepatotoxicity)*

Antibiotics – ophtho/otic
- ciprodex otic susp
- erythromycin ophth oint
- neosporin ophth oint & soln
- polysporin ophth oint
- moxifloxacin 0.5% (Vigamox®) soln *(Pregnancy Category C)*

Antivirals
- acvclovir (Zovirax®) 400mg tabs, 800mg tabs
- valacyclovir (Valtrex®) 500mg, 1gm

Antiulcer Drugs/GERD Agents
- carafate 1gm tab
- omeprazole (Prilosec®) 20mg *(Pregnancy Category C)*
- esomeprazole (Nexium®) 20mg, 40mg tab *(Pregnancy Category C)*
- rantidine (Zantac®) 150mg tabs

Other GI Agents
- dicyclomine (Bentyl®) 10mg caps & tabs
- simethicone (Mylicon®) 80mg tabs

Antidiarrheals
- loperamide (Imodium®) 2mg caps *(Pregnancy Category C)*
- bismuth *(Not recommended in pregnancy)*

Laxatives/Cathartics
- bisacodyl (Dulcolax®) 5mg tabs & 10mg supps
- docusate calcium (Surfak®) 240mg caps
- docusate sodium (Colace®) 100mg tabs
- Glycerin adult
- Milk of magnesia susp

Antitussives/Expectorants
- benzonatate (Tessalon®) 100mg *(Pregnancy Category C)*
- guaifenesin: (Robitussin®: plain, DM) syrup
- guiafenesin (Mucinex®) 600 mg

Antihistamine/Decongestants
- chlorpheniramine 4mg tabs
- diphenhydramine (Benadryl®) 25mg, 50mg caps
- fexofenadine (Allegra®) 180mg tabs *(Pregnancy Category C)*
- hydroxyzine HCI (Atarax®) 10mg, 25mg tabs *(Contraindicated in early pregnancy)*
- loratidine (Claritin®) 10mg tab
- cetirizine (Zyrtec®) 10 mg
- meclizine (Antivert®) 25mg tabs
- pseudoephedrine (Sudafed®): 30mg tabs *(avoid in 1st term)*

Asthma Agents
- Oral
  - montelukast (Singulair®) 10mg
- Short acting beta agonist (SABA)
  - albuterol MDI (ProAir HFA®) 90mcg
- Inhaled corticosteroids (ICS)
  - fluticasone propionate (Flovent®) 44mcg, 110mcg, 220mcg
- Long Acting Beta Agonist (LABA)/ ICS
  - fluticasone propionate/salmeterol (Advair®) 45-21mcg HFA, 115-21mcg HFA, 230-21mcg HFA, 100-50mcg diskus, 250-50mcg diskus, 500-50mcg diskus
- Short acting anticholinergics (COPD/Emphysema)
  - ipatropium* (Atrovent®) HFA
- Short acting Beta agonist/ anticholinergic (COPD/ Emphysema)
  - albuterol/ipatropium* (Combivent®)

Nasal Agents
- azelastine (Astelin®) spray
- fluticasone (Flonase®) spray
- oxymetazoline (Afrin®) 15ml spray *(no fetal/neonatal effects seen in 3rd trimester)*
- sodium chloride nasal spray

*** Restricted items – must be approved by supervising physician, enter MD/DO name in Rx comment box**

*** Contact # of the prescriber is required on all prescriptions**

Anticoagulants/Blood Modifiers
CANNOT PRESCRIBE

Diuretics*
- hydrochlorothiazide* (HCTZ) 12.5mg cap & 25 mg tab
- furosemide* (Lasix®) 20mg, 40mg tab
- chlorthalidone* 25mg, 50mg, 100 mg tab

Vasodilators/Angina Agents*
- nitroglycerin*
  - Nitrostat* 0.3mg, 0.4mg, 0.6mg SL tabs
  - Nitrolingual* Spray 0.4mg

Calcium Channel Blocker*:
(Preg Cat C)
- amlodipine* 2.5mg, 5mg, 10mg tabs
- diltiazem extended-release* (Tiazac®) 120mg, 180mg, 240mg, 300mg & 360mg caps
- nifedipine* (Adalat CC®) 30mg, 60mg & 90mg ER tabs
- verapamil* 80, 120 mg tab
- verapamil extended-release* (Calan SR®) 180mg, 240mg SR tabs

ACE Inhibitors/ARBs*:
- captopril* (Capoten®) 25mg, 50mg, 100mg tabs *(Pregnancy Category D)*
- fosinopril* (Monopril®) 10mg, 20mg, 40mg tabs *(Pregnancy Category D)*
- lisinopril* (Zestril®) 2.5mg, 5mg, 10mg, 20mg, 30mg, 40mg tabs *(Pregnancy Category D)*
- telmisartan* (Micardis®) 20mg, 40mg, 80mg tabs *(Pregnancy Category D)*
- losartan* 25mg, 50mg, 100mg tabs *(Pregnancy Category D)*
- losartan-HCTZ* (Hyzaar®) 50/12.5mg, 100/12.5mg, 100/25mg tabs *(Pregnancy Category D)*
  (May continue these drugs in combination with hydrochlorothiazide)

Beta Blockers*:
- atenolol* (Tenormin®) 25mg, 50mg, 100mg tabs *(Pregnancy Category D)*
- metoprolol* (Lopressor®) 25mg, 50mg, 100mg tabs *(Pregnancy Category C/D)*
- metoprolol XL* (Toprol XL®) 25mg, 50mg,100mg tabs *(Pregnancy Category C/D)*
- propranolol* (Inderal®) 10mg, 20mg, 40mg & 80mg tabs *(Pregnancy Category C/D)*

Lipid Lowering Agents*
- atorvastatin* (Lipitor®) 10, 20, 40, 80mg *(Pregnancy Category X)*
- pravastatin* (Pravachol®) 10mg, 20mg, 40mg tabs *(Pregnancy Category X)*
- simvastatin* (Zocor®) tabs 10mg, 20mg, 40mg *(Pregnancy Category X)*

Antiarrhythmics**:**
CANNOT PRESCRIBE

Miscellaneous Antihypertensives***:**
- clonidine* (Catapres®) 0.1 mg, 0.2mg tabs *(Pregnancy Category C)*
- clonidine* (Catapres TTS®) 0. 1 mg, 0.2mg & 0.3mg patches *(Pregnancy Category C)*
- hydralazine* (Apresoline®) 25mg tabs *(Pregnancy Category C)*

Alpha Blockers***:**
- alfuzosin* (Uroxatral®) 10mg tab

Urinary Tract/Prostate Agents
- phenazopyridine (Pyridium) 100mg, 200mg tabs
- tamsulosin* (Flomax®) 0.4mg caps
- oxybutynin CL* (Ditropan XL®) 5mg, 10mg tabs

Antiparkinson's Agents
CANNOT PRESCRIBE

Anticonvulsants
CANNOT PRESCRIBE

Muscle Relaxants
- cyclobenzaprine (Flexeril®) 10mg tabs
- methocarbamol (Robaxin®) 500mg tabs

Antidepressants
CANNOT PRESCRIBE

Antipsychotics
CANNOT PRESCRIBE

Anxiolytic Agents
CANNOT PRESCRIBE

Headache/Migraine Agents
- rizatriptan (Maxalt®) 5mg, 10mg tabs *(max 5mg w/propranolol)*
- sumatriptan (Imitrex®) 25mg, 50mg, 100mg tabs
- propranolol* (Inderal®) 10mg, 20mg, 40mg & 80mg tabs *(Migraine prophylaxis, Pregnancy Category C/D)*

Neurological Agents
CANNOT PRESCRIBE

Narcotic Analgesics
CANNOT PRESCRIBE

Gout Agents*
- allopurinol* 100mg, 300mg *(Pregnancy Category C)*
- colchicine* (Colcrys®) 0.6mg tab *(Pregnancy Category C)*
- probenecid* 500mg tab

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Antidiabetic Agents*
- glyburide* (Micronase®) 2.5mg, 5mg tabs
- glipizide* (Glucotrol®) 5mg & 10mg tabs
- insulin* (Novolog® 100U/ml, Lantus® 100U/ml)
- metformin* (Glucophage®) 500mg, 850mg, 1000mg tabs
- pioglitazone* (Actos®) 15mg, 30mg tabs

Misc. Supplies
Alcohol pads
Glucagon Emergency kit
Glucometer: Freestyle Lite
Glucometer strips: Freestyle Lite
Lancets
Syringes – 30, 31 gauge; 0.3ml, 0.5ml, 1 ml

NSAIDs/Analgesics
- acetaminophen (Tylenol®): 325mg, 500mg tabs; 650mg supps
- aspirin EC (Ecotrin®) 81mg, 325mg tabs
- diclofenac sodium (Voltaren®) 50mg, 75mg tabs *(Pregnancy Category C & D > 30wk gestation)*
- ibuprofen (Motrin®) 400mg, 600mg, 800mg tabs *(Pregnancy Category D > 30wk gestation)*
- indomethacin (Indocin®) SR 75mg,
- meloxicam (Mobic®) 7.5, 15mg tab *(Pregnancy Category D > 30wk gestation)*
- naproxen (Naprosyn®) 250mg, 375mg, 500mg tabs *(Pregnancy Category C)*
- piroxicam (Feldene®) 10mg, 20mg caps *(Pregnancy Category C/D)*
- ketorolac (Toradol®) 30mg inj *(Pregnancy Category C)*
- sulindac 150mg, 200mg tabs *(Pregnancy Category B/D)*

Otic Agents
- aluminum acetate/acetic acid (Domeboro) 2% soln
- carbamide peroxide (Debrox)
- cortisporin susp only, not soln
- acetic acid/HC (Vosol HC®) otic drops

Oral Glaucoma Agents
CANNOT PRESCRIBE

Ophthalmics
Antibiotics: see antibiotic section
Miotics:
CANNOT PRESCRIBE
Mydriatics:
CANNOT PRESCRIBE
Steroids:
CANNOT PRESCRIBE
Analgesics:
tetracaine ophthalmic

lrrigants/Lubricants/Tears:
- naphazoline/pheniramine soln
- petrolatum (Lacri-Lube®) ophth oint
- polyvinyl alcohol (Artificial Tears®)
- olopatadine (Patanol®, Pataday®) drops
- Refresh Tears®, Celluvisc®

Contraceptives
ALL Meds w/ exception of IUDs and implants

Estrogens/Progestins
CANNOT PRESCRIBE

Androgens
CANNOT PRESCRIBE

Thyroid/Antithyroid Agents*
- levothyroxine*: all strengths

Antineoplastics
CANNOT PRESCRIBE

Vitamins & Minerals
- calcium carbonate /Vit D 600mg + 400 IU
- ferrous sulfate 325mg tabs
- Prenatal vitamins *(restricted to females < 45 years of age for pregnancy)*
- folic acid 1mg tabs
- Vitamin B-6 (Pyridoxine) 50mg tabs

Electrolyte Replacement*
- potassium chloride* 8meq, 10meq, 20meq SR tabs
- potassium citrate* (Urocit-k®) 5meq, 10meq tab

Vitamins/Minerals: ALL Meds

Anaphylaxis Management
- epinepherine 0.3mg auto injector (EpiPen®, adult)

Antiemetic/Antivertigo Aqents
- meclizine (Antivert®) 25mg tabs
- metoclopradmide (Reglan®) 10mg tabs
- ondansetron (Zofran®) 4mg, 8mg tabs & ODT
- promethazine (Phenergan®) 25mg tabs; 25mg suppositories; 25 mg inj (IM only)

Tobacco Cessation
- nicotine gum 2mg, 4mg
- nicotine lozenges 2mg, 4mg
- nicotine patch 7mg, 14mg, 21mg
- bupropion SR 150mg (for tobacco cessation only)

Oral/Dental Agents
- Cepacol® lozenges
- chloraseptic spray
- chlorhexidine (Periogard®) oral rinse
- nystatin oral susp 100000/ml
- triamcinolone/orabase Dent Paste 0.1%

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Topical Agents
Acne Products:
- adapalene (Differin®) 0.1% *(Pregnancy Category C)*
- benzoyl peroxide: various products, view AHLTA/CHCS
- clindamycin (Cleocin®) 1% soln, lotion, gel
- metronidazole (Metrogel®) 0.75%
- tretinoin (Retin-A®): all creams/gels *(Pregnancy Category C)*

Scabicides/Pediculicides:
- permethrin (Elimite®) 5% cream
- permethrin (Nix®) 1% cream rinse kit

Seborrhea/Psoriasis Agents:
- selenium sulfide (Selsun®) 2.5% shampoo
- salicylic acid/coal tar shampoo

Topical Steroids: (short term use)
- hydrocortisone val (Westcort®) 0.2% cream
- hydrocortisone 1 % cream & ointment
- hydrocortisone 2.5% cream
- triamcinolone 0.1% crm & oint
- fluocinonide (Lidex®) 0.05% cream & oint
- clobetasol (Temovate®) 0.05% crm, oint

Topical Agents
Emollients:
- Lac-Hydrin® Cream
- Lanolin hydrous oint
- urea 20% cream
- urea 40% cream

Topical Anesthetics/Analgesics:
- lidocaine 2% gel, 2% viscous soln
- lidocaine patch
- capsaicin cream
- Ben-Gay® oint

Miscellaneous Topicals:
- aluminum acetate (Domeboro®) packets
- aluminum chloride (Drysol®) soln
- Calamine® lotion
- podofilox (Condylox®) 0.5% topical soln/gel
- imiquimod (Aldara®) 5% cream
- salicylic acid gel 17% (Compound- W®)
- Menthol/camphor (Men-Phor®, Sarna®) lotion
- silver sulfadiazine (Silvadene®) cream
- zinc oxide ointment

Anorectal Agents
- hydrocortisone (Anusol®) plain & with HC suppositories
- Proctofoam* HC® aerosol foam

Topical Antibiotics:
- Bacitracin® oint
- chlorhexidine 4% top liquid
- mupirocin (Bactroban®) oint
- triple antibiotic oint

Topical Antifungals:
- clotrimazole (Mycelex®) 1% crm & soln
- ketoconazole (Nizoral®) 2% crm & shampoo
- miconazole 2% cream
- nystatin cream 100000/g cream & powder

Vaginal Agents
- clotrimazole (Mycelex-7®) vaginal cream
- miconazole 2% (Monistat®) vaginal cream
- clindamycin 2% vaginal cream
- metronidazole (Metrogel®) 0.75% vaginal gel

DATE: _____

"I HAVE READ AND UNDERSTAND THE GUIDELINES FOR PRESCRIBING WITH A PHYSICIAN."

_____ IDC PRINTED NAME

_____ IDC SIGNATURE

_____ PHYSICIAN SUPERVISOR NAME

_____ PHYSICIAN SUPERVISOR SIGNATURE

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