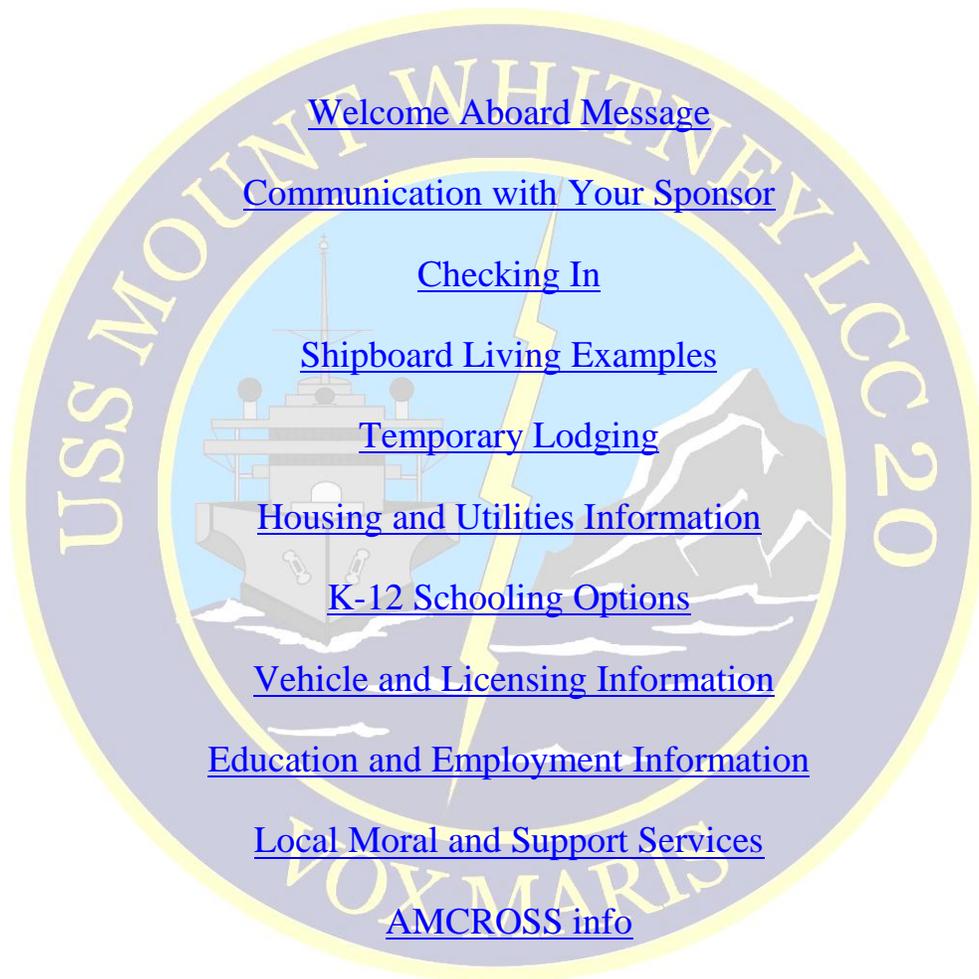


# **WELCOME ABOARD!**



**USS MOUNT WHITNEY (LCC 20)**

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# WELCOME TO USS MOUNT WHITNEY!

Welcome aboard and congratulations on your recent assignment to the finest warship in the Navy. Mount Whitney is the Navy's only joint command ship and truly in a class by itself. The ship is a self-contained headquarters complex for fleet and joint task force commanders. We have a crew of 325 combined US Navy Sailors and MSC Mariners and can support up to 500 Staff personnel. We deploy anywhere in the EUCOM and CENTCOM AOR's, usually around the Mediterranean and West Africa. Mount Whitney enables a senior staff to command naval, ground, and air operations whenever the need arises. You will be joining a crew of dedicated professional's home ported in the beautiful Italian city of Gaeta. I'm sure you'll enjoy this assignment.

As a reminder, as per your Bupers orders, your family members are required to obtain a government provided no fee passport prior to your arrival in Italy. **You are also highly encouraged to obtain a personal passport for yourself and family.** Please contact our Administrative Officer, at (757) 443-7200 ext 7500 if you experience difficulties obtaining a no fee passport.

### **\*\*\*Passport/Visa Requests Must Now Be Made 60 Days in Advance (as of July 2013)\*\*\***

A reminder from PSD for all sponsors of inbound personnel: with furloughs about to begin, the DoD No Fee Passport and Visa delays for inbound personnel will most likely worsen before they improve. Travelers/commands should be submitting passport and visa requests 60 days in advance to give themselves the best opportunity of getting the passport/visa back in time to travel.

You are required to report with and maintain a full seabag while onboard USS Mount Whitney. Ensure that you have all required uniform items such as leather shoes and boots. Shipboard toiletries such as laundry bags, shower shoes, and towels should also be included in your sea bag. You will need two sturdy locks, one for your rack and one for your locker. It may be easier to purchase these items prior to reporting as the closest Uniform and Tailor shop is over 50 miles away.

Gaeta is a summer vacation resort area. Hotel vacancies are limited in the summer. **Make hotel TLA reservations as soon as possible. Your sponsor will assist you.**

Command Sponsor Coordinator: ETC(SW/IDW) Melton or PS1(SW) Douglas at: [mtw-sponsor@lcc20.navy.mil](mailto:mtw-sponsor@lcc20.navy.mil) or phone at (757) 443-7200 ext 2553 or ext. 7200.

For any further information, please feel free to contact your sponsor or the Command Ombudsman. [mtwombudsman@gmail.com](mailto:mtwombudsman@gmail.com) , *Ombudsman Cell# +39-334-620-0584*  
Facebook Link: <http://www.facebook.com/ussmountwhitney.ombudsman>

The Mount Whitney Family Readiness Group is available to assist.  
Contact them by email: [mtwfrg@yahoo.com](mailto:mtwfrg@yahoo.com)  
Facebook Link: <https://www.facebook.com/Gaetaareafrg>

The mailing address to the ship is:

YOUR NAME  
USS MOUNT WHITNEY (LCC 20)  
FPO AE, 09517-3310.

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# Communicating with Your Sponsor

**Below are suggestions for questions to ask and things to tell your sponsor. Keep this checklist handy when you write, phone, or e-mail your sponsor. Great communication only makes it an easier transition for you.**

## Tell

- About your family, spouse, and/or children, and the ages of your children
- The date and time of your arrival
- Your mode of transportation and point of arrival.
- The type of housing you want: off or on base, house or apartment, number of bedrooms, etc.
- About any special needs or concerns you may have.
- What your needs will be for transportation. The sooner you ship your car from U.S. the better. Rental cars are expensive here and automatics are rare.

## Ask

- Who will meet you upon arrival at the airport
- How to arrange a ride to the ship and the cost in case they cannot meet you.
- If they can send any important paperwork prior to arrival to fill out early.
- Which hotel you should use as temporary housing and why? Do you need/have kitchen/pets?
- What you should bring that you cannot get in Italy easily. (Storage is limited and floor rugs are essential since houses are tile not carpeted)

- About any special requirements for school
- About deposits and license
- Pet information
- What to do if the ship is underway when arriving
- About the climate at the time of transfer.



**If** You lose contact with your sponsor:

Contact the Command Sponsor Coordinator at [MTW-Sponsor@lcc20.navy.mil](mailto:MTW-Sponsor@lcc20.navy.mil) or the Command Master Chief at [CMC@lcc20.navy.mil](mailto:CMC@lcc20.navy.mil)

# Checking In to USS Mount Whitney

Below is an idea of what to expect when reporting aboard the Sixth Fleet Flagship, USS Mount Whitney (LCC 20).

## Arriving in Italy

- You will fly into Italy on either AMC or a commercial flight.
- AMC flights arrive on base at NSA Naples Capodichino AMC Terminal.
- Commercial flights will arrive in either Rome or Naples.
- Be sure to provide flight itinerary to your sponsor as they will be there to meet you.
- If you are reporting with dependents, your sponsor will assist you in checking into TLA.
- Unaccompanied Sailors will report directly aboard.

## Reporting to the Ship

- First stop - Admin. They will start your paperwork such as stopping your travel and leave time, starting your cost of living allowance, sea pay, settling travel claims, etc.
- Next is a tour of the ship, most likely starting with berthing to help get you, and your luggage settled. You'll also see the mess decks and your workspace.
- Once in your workspace, you'll meet your immediate Chain of Command; your LPO, LCPO, DIVO, and Department Head.

## Command Check-in

- Checking into the command can be a lengthy process, but your sponsor is there to help. They will introduce you to essential personnel, such as the Command Sponsor Coordinator, Mentor Coordinator, Financial Specialist, and more.
- During Command Indoctrination you will get more details on to expect during your tour of duty.
- You will enroll in Tri-Care, apply for a Codice Fiscale (Italian SSN), Sojourner's Permit (for family members, must be done in 8 days of arrival)



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# SHIPBOARD LIVING EXAMPLES

Living aboard a US Navy ship is quite different from living ashore in a barracks or a home. Space is a premium and often there is not enough. Limiting the items you bring aboard is highly recommended.

**A full seabag of uniforms. The nearest uniform shop is over an hour away.**  
**You are required to maintain a full seabag per Navy Regulations.**

**Alarm clock (Battery operated or wind up). No outlets in shipboard racks.**

You will be limited to a stand up locker and the space available under your rack if you have a rack with storage. Not all racks have storage under them. If you do not receive a rack with built in storage, a second stand up style locker is provided.

## Standard rack with storage



## Typical arrangement



## The storage space under mattress



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# TEMPORARY LODGING

Incoming personnel on accompanied orders who report with dependents are eligible to receive Temporary Lodging Allowance (TLA).

- TLA will have to be paid out of pocket initially but once you file for reimbursement with Admin Department, TLA payments will be done every ten days for the duration of your stay.
- You **MUST** turn in receipts every ten days with Admin.
- TLA is a reimbursement to cover the cost of your lodging plus per diem.
- You are eligible for up to 60 days while you are actively searching for housing. To remain eligible for TLA, you must see at least 2 houses per 10 day period.

**Payments for TLA are paid in 10 day increments resulting in Sailors and family often paying out of pocket until reimbursed. Plan accordingly and reserve some additional money to compensate for the delay often occurred in repayment!**

TLA Rates can be found at website: <http://www.defensetravel.dod.mil/site/perdiemCalc.cfm>

Notes:

- DoD Per diem website rates are in U.S. Dollars, Hotels will charge in Euros.
- Check the current exchange rate when booking TLA.
- If your lodging costs more than your allowance, you will not be reimbursed the difference.

Navy Lodge, Naples, Italy:

[https://www.navy-lodge.com/lodge\\_page.html?p\\_lodge\\_number=40](https://www.navy-lodge.com/lodge_page.html?p_lodge_number=40)

Hotels in Gaeta:

Hotel Mirasole International	<a href="http://www.mirasoleinternational.com">www.mirasoleinternational.com</a>	+39-0771-742-021
Hotel Serapo	<a href="http://www.hotelserapo.com">www.hotelserapo.com</a>	+39-0771-450-037
Hotel Rock Garden***	<a href="http://www.pensionerockgarden.com">www.pensionerockgarden.com</a>	+39-0771-461-791
Hotel Flamingo***	<a href="http://www.hotelflamingogaeta.it">www.hotelflamingogaeta.it</a>	+39-0771-740-438

\*\*\*Pet Friendly Hotel.

## **Italian Visa/Sojourner Requirements**

The Regional Legal Service Office (RLSO EURAFSWA) provides support in completing your Sojourner's permit. The two links below provide amplifying information on what and how to complete the permit. All dependants including children are REQUIRED to procure a Sojourner permit once in country.

1. More information can be found [here](#).
2. For a FAQ sheet regarding Italian visa/sojourner requirements, please click [here](#)

-RLSO EURAFSWA Hours of operation: Mon-Fri 0800-1600

-Sojourner's Permit Hours of operation: M,W,F 0800-1200 and 1300-1530; T and Th 0800-1200

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# HOUSING AND UTILITIES

There are two general housing locations, Gaeta and Naples. In Gaeta, Government Housing does not exist, residences are leased. If you are accompanied with dependents you have the option to occupy Military Family Housing located in Naples, Italy. The commute is an average of 1.5 hours one way. In the summer months the commute may take longer.

## **Overseas Housing Allowance Policy**

Overseas Housing Allowance (OHA) is authorized for E-5 and above or E-4 and above with dependents. Geographical Bachelors are not eligible for OHA. Move In Housing Allowance is authorized for OHA eligible personnel to help defray the cost of moving into new quarters. For more information on OHA and MIHA Rates visit: <http://www.defensetravel.dod.mil/site/oha.cfm>

## **Gaeta Area**

Leasing a residence in the Gaeta area is accomplished through the Housing Office located on the pier in Building 752. The Housing Office has many listings of places for lease in various locations in the area. There are apartments, and town houses in the city, and also villas in more rural settings. The average Italian home is smaller than homes in the U.S. Typically a large sectional sofa will not fit in an Italian apartment living room.

## *Utilities*

Utilities/Recurring Maintenance (URM) is included in OHA. It is used to help defray the cost of utilities. Electricity and city gas are billed every other month. For more information visit: [http://www.defensetravel.dod.mil/Docs/Fact\\_Sheet\\_OHA.pdf](http://www.defensetravel.dod.mil/Docs/Fact_Sheet_OHA.pdf)

## *Residential Gas*

There are two systems for residential gas service: LPG tanks (Bombola) and City Gas (Metano). Members who require bombola gas as per their lease agreement, may purchase Bombola Gas Coupons and schedule deliveries from the NEX. Members who require Metano will pay as per their lease agreement. The Housing office will assist you during the lease agreement process.

## *Electricity*

Housing will help you arrange electric service through ENEL, the electric company. The electrical service system in Italy is 220-volt, 50 cycle vice the U.S. standard 110-volt, 60 cycle. You will need a transformer or converter to use your 110v appliances and electronics. Check the electrical information label prior to plugging in items.

## *Water / Garbage / Sewage*

Most landlords keep these services in their names but will include the expense into your monthly rent. When negotiating your lease, ask the Housing office to explain more.

## **Government Housing in Naples**

If you are accompanied and desire to commute to work, Military Family Housing is available on the Support Site and in government leased gated communities in the Naples area. Electricity and Residential gas provided by the government. Telephone and Internet Service require payment.

### *General Eligibility*

In the Naples area, all U.S. military personnel, pay grades E1—O6 with accompanying family members, are eligible to apply for and live in Military Family Housing.

### *Assignment Policy*

All assignments to Military Family Housing are made based on family composition.

- Service members are eligible for one bedroom per child.
- E7-E9 personnel are eligible for a minimum of three bedrooms.
- O1-O5 personnel are eligible for a minimum of three bedrooms
- O6 personnel are eligible for a minimum of four bedrooms

### *Pet Policy*

As per NSA Naples Instr. 10570.2F (Pet Policy), pets are allowed in Government Housing. Members living in pet designated Government Housing may have 2 pets (e. dog, cat, bird, hamster/gerbil or guinea pig). Members may not board in Government Controlled Housing any pets over 70 lbs. The following pets are not allowed in Government Housing; any dog of a breed (including mixed breed) that has the potential to harm or proves hazardous to others or is potentially aggressive: Pit-bulls, American Stafford bull terrier, English Stafford bull terrier, Rottweiler, Doberman pinchers, or wolf hybrids.

For more information visit the Naples Housing Welcome Center website [here](#).

### **Telephone and Internet**

The Housing Office will help you arrange for telephone service from Telecom, the Italian Telephone Company. It can take up to several weeks to get the service, depending on Italian holiday periods (August in particular) and whether or not lines are already installed in your house. A phone line is required to get internet service.

Internet service quality is dependent upon what area you live in. Most have ADSL (high speed) internet but some rural locations only have dial up. Internet billing is included with your telephone bill.

### **Partial Full Tour Furnishing**

The Partial/Full Tour Furnishings (PFTF) Program allows personnel to borrow appliances for the entire length of the tour. Some examples of items available for loan include: Gas Stove, Microwave, Refrigerator, Washer, Dryer, and 220v to 110v step down transformers.

### **Loaner Furniture**

The Housing office offers basic furniture for use while you wait on your own household goods to arrive. If you're interested in taking advantage of the Loaner Furniture program, visit the Housing office to make the appropriate arrangements for delivery or pick-up.

# Non-DoD Schools Program (NDSP) Gaeta Information for School Year 2015-2016

## NDSP Educational Options Grades K-12

Gaeta-assigned families who live in the immediate Gaeta area are served by the Non-DoD Schools Program (NDSP). It is recommended that all sponsors review the Sponsor Orientation on the NDSP website located at [www.dodea.edu/nondod](http://www.dodea.edu/nondod) to become familiar with the policies and procedures of the program. All NDSP sponsors are required to register using the NDSP Student Online Registration program located at <https://registration.dodea.edu/NDSP/privacy-act.cfm> before proceeding with the educational option of their choice.

In this location, there are five educational options described below. It is recommended that parents carefully review each educational option and choose the one that best suits your child's educational needs.

- **DoDDS:** NDSP students are eligible to attend the DoDDS schools in Naples, Italy on the Naval Support Activity. Once the NDSP registration is complete and you have received your email letter of authorization, the sponsor must complete enrollment at the DoDEA Naples in person. Please note: Bus transit to and from Gaeta can be more than 90 minutes each way depending upon traffic and the location from which the child is collected and dropped off.

**Please see your NDSP Liaison regarding transportation reimbursement to and from school for SY 15/16 and for subsequent years in order to make an informed decision.**

- **Home Based Education:** Reimbursement for curriculum materials may be authorized. During the NDSP registration process, you must submit a home education plan for each child. More information is available at this link: <http://www.dodea.edu/nonDoD/HomeBasedEducation.cfm>
- **Virtual School :** Students participate in online classes with parental guidance and supervision. This education option utilizes the home based education rate. More information is available at this link: <http://www.dodea.edu/nonDoD/HomeBasedEducation.cfm>
- **Host Nation Schools:** Should you select this option; the NDSP Eligibility Specialist completing your online registration will refer you to the NDSP Education Specialist prior to approving this option. The NDSP wants to ensure that the student is adequately prepared to return to a US public school or English curriculum after receiving instruction solely in a foreign language.
- **Boarding school** may be an authorized option for students in 9<sup>th</sup> through 12<sup>th</sup> grades. When boarding school is authorized and approved, you may choose to send your child to boarding school in the country of your duty location, in an overseas country, or in the United States. The sponsor is authorized the DSSR rate for the location of the sponsor's duty assignment(Gaeta), not the location of the boarding school. Any expenses above the DSSR will be the responsibility of the Sponsor.

If you choose a boarding school in a foreign country, foreign currency fluctuation is not factored in the DSSR rate and may cause out of pocket costs for the sponsor.

"Boarding School" is defined as a school providing residence halls on campus and meals in addition to an education.

**Boarding School Transportation:**

NDSP will fund transportation from the duty station to school once at the beginning of the school year and transportation from school to the duty station once at the end of the school year up to the DSSR rate for Gaeta.

Student must be on official travel orders issued by the Service, Command or Agency.

Travel during the school year must follow the Joint Travel Regulations (JTR) or Joint Federal Travel Regulations (JFTR) process. <http://www.defensetravel.dod.mil/site/travelreg.cfm>

There are boarding schools in Rome that allow for student attendance during the week only (5 day boarding) . The DSSR allowance for “Away from Post” is applicable for this educational option. Student transportation to and from school for the weekends may be reimbursed up to the limits of the DSSR.

**Contact Information:**

Contact the NDSP Education Specialist for assistance with educational decisions such as special education, academic assistance or assessments: [ndsp.education.europe@eu.dodea.edu](mailto:ndsp.education.europe@eu.dodea.edu)

Contact NDSP Program Management for any questions regarding registration, eligibility, NDSP policy, exceptions to policy or the submission of the NDSP Family Budget Planning Tool:  
[NDSP.Management@hq.dodea.edu](mailto:NDSP.Management@hq.dodea.edu)

Contact the NDSP Invoice Processing Office concerning payment /reimbursement of educational expenses: [NDSP.invoices.Europe@hq.dodea.edu](mailto:NDSP.invoices.Europe@hq.dodea.edu)

Contact the NDSP Liaison for further information regarding Gaeta: Annise Winslow, at [annise.winslow@eu.navy.mil](mailto:annise.winslow@eu.navy.mil) or DSN 629-6549 or COMM 081-811-6549

# Vehicle and Licensing Information

## **Allied Forces Italy (AFI) Driver's License**

In order to legally operate a motor vehicle in Italy, you must have a valid US drivers license (for motorcycles, a motorcycle endorsement is required prior to reporting) and an AFI Driver's License issued by Central Motor Vehicle Registration Office. After arriving, an Italian road sign test will be administered in Area Orientation. Upon successful completion, a AFI Driver's License will be issued to you and is to be carried in conjunction with your US license. Valid AAA International Driver's Licenses are also recognized by Italian Authorities.

## Motor Vehicle Shipment

**If you have shipped a vehicle to Italy, it will arrive at the Vehicle Processing Center (VPC) located on the NSA Naples Support Site base in Gricignano D'Aversa, Italy. You may track your vehicle shipment on the internet at: <https://www.pcsmypov.com> Your vehicle will need to be registered in order to pick it up from the VPC.**

## Vehicle Registration

**Vehicles registration is accomplished at the Central Motor Vehicle Registration Office (CMVRO) which is located on NSA Naples Support Site. Detailed information at: <http://www.cnic.navy.mil/Naples/About/Departments/Supply/MotorVehicleRegistration/index.htm>**

**All CMVRO transactions must be completed by the Service Member, unless the Family member holds a valid Power of Attorney.**

**Priority Walk-In Status is given to Newcomers registering their first vehicle in the AFI System. Appointments are required for subsequent vehicles and transactions.**

**Please ensure you have the following documents readily available on the day of the transaction:**

- Military - ID and PCS orders
- Valid **original** Vehicle Title/Certificate of Origin **or previous** Registration in owner's name. If title or registration is in the dependent's name, the sponsor will need to bring him/her to CMVRO so a Bill of Sale can be accomplished.
- Italian Proof of insurance- Original insurance sticker (Contrassegno di Assicurazione)
  - Insurance must be in the Service Member's name and valid for **minimum** of **six months**.
    - USAA and Geico are two examples of companies that provide Auto Insurance.
- State-Side Driver's License
- AFI Driver's License (Licensing will occur during the Area Orientation Class)

### **Applicable Fee:**

- **20 Euro** one time registration fee.

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# MOTORCYCLES

## **Motorcycle Safety Course**

In order to ride, you must have a stateside license with motorcycle endorsement, a motorcycle safety course completion card, and AFI Driver's License. Motorcycle operators who are new to Italy must take the Operator Skills Test and Safety Course. To register for the course, send your name (last, first), rank, command, phone number, and e-mail address to one of the points of contact listed below.

ET2(SW) Powell: [kevan.powell@lcc20.navy.mil](mailto:kevan.powell@lcc20.navy.mil) or phone at (757) 443-7200 ext 7153.

This course is currently offered only in Naples. Call for course availability and scheduling.

## **Documents needed to register your motorcycle in the CMVRO system:**

- Military - ID and PCS orders
- Valid **original** Vehicle Title/Certificate of Origin **or previous** Registration in owner's name. If title or registration is in the dependent's name, the sponsor will need to bring him/her to CMVRO so a Bill of Sale can be accomplished.
- Italian Proof of insurance- Original insurance sticker (Contrassegno di Assicurazione)
- State-Side Driver's License – with motorcycle endorsement.
- AFI Driver's License– with motorcycle endorsement
- Incoming Customs document T1 (from Personal Property Office) Safety Inspection – This can be performed after the registration and issuance of plates
- The motorcycle must be brought to CMVRO for VIN inspection (before or after registration)

## *Registration*

For registration of your motorcycle, you need the following: license; previous safety card; VIN; year, make and model; and engine displacement of the motorcycle.

## **Documents needed to drive a motorcycle:**

- Motorcycle Safety Foundation (MSF) Course Card. Members with a valid MSF course competency card will be required to sign up for a mentorship/local orientation course. Members requiring the MSF course can contact the NSA Naples Safety Office.
- Please ensure you contact Mr. Fabio Viola, the Motorcycle Safety Office Coordinator, at DSN 626-5594. After, Mr. Viola will evaluate your situation, then issue a letter that CMVRO will require in order to register of your motorcycle.
- State-Side Driver's License – with motorcycle endorsement.
- AFI Driver's License– with motorcycle endorsement

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## Vehicle Fuel and Oil

Tax-free vehicle fuel and oil are available to personnel with PCS orders to Italy. Rationed coupons are authorized through CMVRO and sold through various Navy Exchange outlets in the Naples and Gaeta area. While awaiting arrival of your shipped vehicle, if you rent a vehicle, you are eligible for a reduced fuel ration amount until your vehicle arrives. CMVRO requires a copy of the shipping documents and rental contract.

## Other Vehicle Information

### Spare Parts

Supply of parts and maintenance for U.S. cars is often inadequate. The Navy Exchange is continuing efforts to improve its auto parts service. Parts may be ordered and received in about four to eight weeks. Some basic items you may want to ship in your House Hold Goods are:

- 2 sets of spark plugs
- 4 oil filters and 4 air filters
- Name / address of mail source for parts
- 1 complete set of brakes

# POST SECONDARY EDUCATION AND EMPLOYMENT

### Post-Secondary Education

Opportunities exist for college level course work through various mediums at USS Mount Whitney. Navy College PACE courses are offered aboard, and held periodically as demand dictates. While there are no traditional College facilities located in the immediate Gaeta area, Naval Support Activity Naples hosts numerous college opportunities.

The Navy College Office located at the Capodichino base can provide assistance for CLEP, DANTES, ACT, and SAT Exams. There are several college field offices located on NSA Naples to assist in traditional, as well as on-line, classes. They include Central Texas College, University of Maryland (UMUC), Embry Riddle, University of Oklahoma, and University of Phoenix.

### Employment

Employment opportunities in the local Gaeta area are limited. Naples has a greater number of job vacancies at facilities such as the NEX, Navy Outdoor Recreation (NOR) Center, Child Development Center, and more. Job announcements can be found online at:

<http://www.cnic.navy.mil/regions/cnreurafswa/about/jobs.html>

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# LOCAL MORALE & SUPPORT SERVICES

The below links provide access to common sites that provide information on MWR, FFSC, and other area's commonly used for exciting and fun filled adventures while in stationed in Italy.

## WEB LINKS OF INTEREST

Gaeta MWR: <https://www.facebook.com/mwrgaeta>

Camp Darby: <http://www.usag.livorno.army.mil/>

Vicenza Army Base: <http://www.usag.vicenza.army.mil/sites/local/>

Edelweiss, Germany: <http://www.edelweisslodgeandresort.com/>

Carney Park, Naples: [http://en.wikipedia.org/wiki/Carney\\_Park](http://en.wikipedia.org/wiki/Carney_Park)

NSA Naples: <https://www.facebook.com/NSANaples>

Naples Housing: <https://www.facebook.com/pages/NSA-Naples-Housing/100972969988972>

USO Naples: <https://www.facebook.com/usonaples>

MWR Naples: <https://www.facebook.com/mwrnaples>

Naval Hospital Naples: <http://www.med.navy.mil/sites/napoli/Pages/default.aspx>

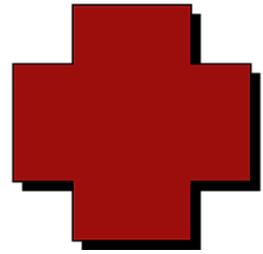
MWR/ITT page: <http://www.mwritt.org/>

WikiNapoli: <http://www.wikinapoli.com/>

## MASS TRANSIT LINKS OF INTEREST

- [Alibus Schedule](#)
- [Naples City Sight Seeing information](#)
- [Unico Campania](#)
- [Autostrada- Italian toll information](#)
- [Trenitalia](#)
- [Capri Ferry Schedule](#)

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American Red Cross

ARMED FORCES  
EMERGENCY SERVICES

I am now at my new assignment. I want you to know that your local American Red Cross chapter is the agency you should contact if there is an emergency or an urgent problem at home that I need to know about. If an emergency occurs, the Red Cross will need this information to contact me quickly. Please keep it in a place where it is easy to find.

The American Red Cross can quickly communicate with me through their worldwide network, and there is no fee for this service. This service should be used in addition to contacting the service member directly regarding emergencies or urgent matters.

-----

Name \_\_\_\_\_ Date \_\_\_\_\_  
Last, First, Middle

Social Security Number \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Day Month Year

Military Unit USS MOUNT WHITNEY (LCC 20)

Branch of Service \_\_\_\_\_ Rank \_\_\_\_\_ Enlistment Date \_\_\_\_\_

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*The programs of the American Red Cross are made possible by the voluntary services and financial support of the American people.*

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# USEFULL TELEPHONE NUMBERS AND WEBSITES

## USS MOUNT WHITNEY (LCC 20)

Commercial US: 757-443-7200 (Auto Attendant)  
 Commercial MED: +39-081-568-9000 (Auto Attendant)  
 DSN US: 312-646-7200  
 DSN Europe: 314-626-9000

### **Key Extensions by Department**

**Quarterdeck:** 7202

### Executive

Admin 7501  
 Command Master Chief 7707  
 Medical Office 7520

### Communications

LPO 7228  
 Tech Control Room (24hrs) 7737  
 Joint Message Center 7200

### CSM

LPO 2662  
 CSMC 7132

### Operations

CIC Office 7808  
 EW Office 7827

### Supply

Post Office (LPO) 7517

### Emergencies

Security	081- 568-8352
Any Emergency (English)	113
Ambulance	118
Fire	115
Carabinieri (Local Police)	112
Carabinieri – Gaeta	0771-460-203
Carabinieri – Formia	0771-771-500

### Other Numbers

CMVRO	081-811-6876
FFSC	081-568-8354
Housing	081-568-8307/8332
Personal Property	081-811-6778

To call Italian numbers from the U.S. enter 011+39 then the number

### TLA Hotels

Flamingo Hotel*	0771-740-438
Mirasole Hotel	0771-741-634/6
Serapo Hotel	0771-450-037
Rock Garden*#	339-173-8703
Hotel Gajeta	0771-450-81

\*Allows pets

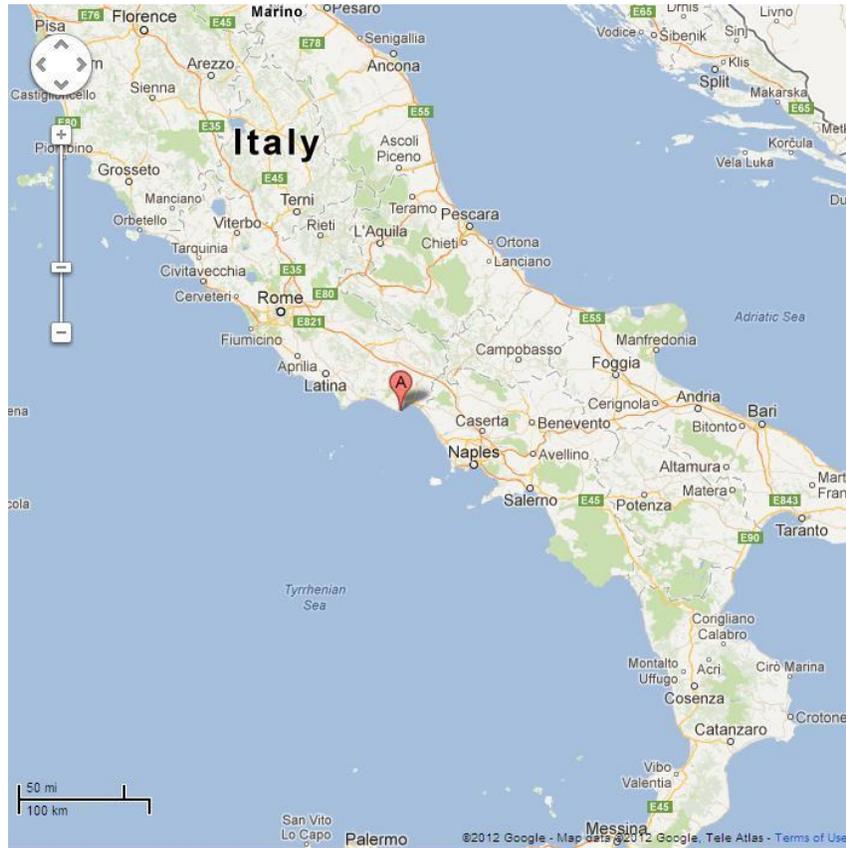
# Kitchenette available upon request



[WWW.MTWHITNEY.NAVY.MIL](http://WWW.MTWHITNEY.NAVY.MIL)  
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[WWW.MTWOMBUDSMAN@YAHOO.COM](mailto:WWW.MTWOMBUDSMAN@YAHOO.COM)  
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# Gaeta, Italy



Gaeta is located at the red Pointer labeled “A”

Gaeta has been the home port for the Navy’s Sixth Fleet Flag Ships since the arrival of the USS Little Rock (CG-4) in 1967. For nearly 50 years countless Sailors and their families have had wonderful experiences while living in the Gaeta area. Now, It is your turn to do the same!

For more information on Gaeta, Italy visit the Wikipedia webpage at:

<http://en.wikipedia.org/wiki/Gaeta>

**Once again, Welcome Aboard the USS Mount Whitney!**

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