

About the Returning Warrior Workshop (RWW)

The Returning Warrior Workshop (RWW) is sponsored by the Yellow Ribbon Reintegration Program, a DoD-wide effort to promote the well-being of National Guard and Reserve members, their families and communities, by connecting them with resources throughout the deployment cycle. The RWW is just one part of the YRRP that focuses on returning Reserve Component (RC) and Active Component (AC) Sailors who returned from a mobilization or deployment as an Individual Augmentee (IA). Both RC and AC Sailors are invited to attend an RWW with the guest of their choice. Guests can be any individual designated by the Sailor whose presence will contribute to the purpose of the event for the member. Additional information is available on the Navy IA website for AC Sailors at www.ia.navy.mil under the AC Sailor and RC Sailor Return menus.

The RWW focuses on three major goals:

- 1. Honor returning warriors for their sacrifice, standing in harm's way to protect our country and its citizens. We also honor the Sailor's guest for supporting them and meeting the challenge of keeping the home and family strong in the Sailor's absence.*
- 2. Facilitate personal and interpersonal growth through the reintegration process.*
- 3. Educate returning warriors and their guests about the many resources and benefits available to them following deployment.*

Trained Facilitators lead Warriors and their guests through a series of presentations and table-top discussions that address post-combat stress and transition back to civilian life. Participants are afforded the opportunity to share their experiences in a safe environment with their peers. Symptoms such as sleep and appetite disturbances, decreased intimacy, job loss, financial difficulties, increased anger and/or frustration, alcohol or drug use, and other behaviors that were not present prior to deployment are safely discussed. Service Members learn that they are NOT alone and they learn how to move forward.

Topics at the RWW Include

- Warrior Transition
- Spiritual Balance and Well Being
- Telling Your Story
- Improving the Process
- Transformational Growth
- Military Families
- Combat Operational Stress
- Financial Management
- Couples Communication
- Why I Want to Go Back
- Stress Management



RWWs are hosted by one of the regional Reserve Component Commands (RCC) and held at a 3-star hotel away from military bases to ensure a safe, relaxed atmosphere for Sailors and guests to focus on the reintegration process. IA Sailors will attend the event on ADT travel orders paid by the Yellow Ribbon Reintegration Program. Attire for all attendees is civilian business casual. All lodging, meals, and travel expenses are covered at the RWW and include: dinner Friday night, three meals on Saturday, and breakfast and lunch on Sunday. Travel is by personal vehicle and mileage will be paid at the current government rate. The host RCC will work to pair returning Sailors with an RWW nearest to their residence.

FY 2018 Returning Warrior Workshop (RWW) Schedule

<u>RWW Date</u>	<u>Location</u>	<u>Host Command & Point of Contact</u>
17-19 Nov 2017	Indian Wells, CA	NAVREG SouthWest - RCC San Diego (619) 532-4103 / 532-4274
19-21 Jan 2018	Destin, FL	NAVREG SouthEast - RCC Jacksonville (904) 542-3429 / 534-4827 (NOSC Jacksonville)
9-11 Mar 2018	San Diego, CA	NAVREG SouthWest - RCC San Diego (619) 532-4103 / 532-4274
16-18 Mar 2018	Seattle, WA	NAVREG NorthWest - RCC Everett (425) 304-3829
16-18 Mar 2018	Louisville, KY	NAVREG MidAtlantic - RCC Great Lakes (847) 688-4916 x205 / 688-5948 x207
6-8 Apr 2018	Atlantic City, NJ	NAVREG MidAtlantic - RCC Norfolk (757) 341-5891 / 341-5892
27-29 Apr 2018	New Orleans, LA	NAVREG SouthEast - RCC Fort Worth (817) 782-1660 / 782-1922 (NOSC New Orleans)
4-6 May 2018	Miami, FL	NAVREG SouthEast - RCC Jacksonville (904) 542-3429 / 534-4827 (NOSC Miami)
1-3 Jun 2018	Anchorage, AK	NAVREG NorthWest - RCC Everett (425) 304-3829
20-22 Jul 2018	Burlington, VT	NAVREG MidAtlantic - RCC Norfolk (757) 341-5891 / 341-5892
17-19 Aug 2018	Philadelphia, PA	NAVREG MidAtlantic - RCC Great Lakes (847) 688-4916 x205 / 688-5948 x207
24-26 Aug 2018	Charleston, SC	NAVREG SouthEast - RCC Jacksonville (904) 542-3429 / 534-4827 (NOSC Charleston)
		Updated 11/09/2017