



**COLONEL JAMES W. FREY**  
**UNITED STATES MARINE CORPS**  
**Commander, Expeditionary Warfare Training**  
**Group, Atlantic**

A native of Ridgebury, Pennsylvania, Col Frey received his bachelor's degree in Mechanical Engineering from the Virginia Military Institute and was commissioned in 1992. He was designated a Naval Flight Officer in March 1995.

He trained as an F/A-18D Weapons and Sensors Officer at VMFAT-101, MCAS El Toro, CA and was assigned to VMFA (AW)-121 at MCAS Miramar, CA in 1996. There he attended the Marine Division Tactics Course and

Weapons and Tactics Instructor Course. He twice deployed to Iwakuni, Japan and once to Ahmed Al Jaber AB, Kuwait in support of Operation SOUTHERN WATCH.

In July 2000, he was the Air Officer for BLT 2/1 in Camp Pendleton, CA. He deployed as part of the 11<sup>th</sup> Marine Expeditionary Unit (Special Operations Capable).

He transferred to VMFA (AW)-533 at MCAS Beaufort, SC in November 2001. He deployed to support Operation SOUTHERN WATCH and major combat operations during Operation IRAQI FREEDOM. He also completed a deployment to Iwakuni, Japan. He next led the MAG-31 Training Officer Cell and augmented MAWTS-1.

In June 2006, he reported to the College of Naval Command and Staff, Newport, RI. Upon graduation, he reported to Headquarters Marine Corps, Department of Aviation where he served in Aviation Weapons Requirements as APW-71 for Aviation Training and Aircrew Systems.

In July 2008, he assumed command of Unmanned Aerial Vehicle Squadron -Three (VMU-3) activating the squadron in September at MCAGCC Twenty-nine Palms, CA. He deployed the *Phantoms* in detachments to Iraq and took the headquarters to FOB Dwyer, Helmand Province Afghanistan as part of MEB-A, in support of Operation ENDURING FREEDOM 9.2 & 10.1.

In July 2010, he reported to the US Army War College, Carlisle Barracks, PA. While there he also completed the Advanced Strategic Arts Program.

In July 2011, he reported to Supreme Headquarters Allied Powers Europe in Mons, Belgium for duties as Special Assistant to the Commander US European Command and Supreme Allied Commander Europe.

He was 2d MAW Standardization Officer from June 2014-2015.

He holds master's degrees of Strategic Studies and also National Security and Strategic Studies.