Retiree Council seeking applications

From Navy Retired Activities

Navy military retirees desiring consideration for membership on the 2019 SECNAV RC must submit a one-page application with a head shot photo (cell phone picture is acceptable). Applications must be received no later than March 15, 2018.

Applications must include the following information:

1. Full Name
2. Retired Rank/Rate
3. City and State of current residence (Do not include home address)
4. Email Address and Phone Number
5. Military/civilian experience that will benefit the council (medical, compensation, outreach, transition, veteran’s benefits, etc.)
6. Civilian endeavors which include involvement and memberships in veteran organizations and agencies that support the military community.
7. A statement indicating willingness to travel to attend annual meetings in Washington, D.C., and to support local military retiree Appreciation Day and Military Retiree events.

Mail your application to:
Retired Activities Program Office
(OPNAV N170C)
Attn: Mr. James Stone
Bldg 457, Room 202
Millington, TN, 38055

For more information, email the Retired Activities Program Manager at:
MILL_RetiredActivities@navy.mil

RAO staff undergoes changes, updates webpage

From Navy Retired Activities

Amanda Burns, program manager for the Retired Activities Office (RAO) for the past three years, has departed. During her tenure, she performed numerous activities to assist the Navy’s retired community.

James Stone, a retired master chief with 31 years of service, is now the program manager for the Retired Activities Office. His duties are to run the Retired Activities Office, provide administrative support to the SECNAV Council, manage the Navy’s Retired Activities Appreciation Days, perform onsite visits, provide training and be the go-to person for any assistance or issues a retiree may have.

He will be assisted by Aaron Wagner, a retired commander and Human Resources Officer with 29 years of service.

To ensure the RAO webpage provides updated information to retirees and their families, there have been a number of changes to the RAO website, including the addition of a link for active-duty and Reserve retiree information, as well as checking and updating all webpage links.

“Our goals is to provide outstanding customer service to the retiree and their family in any way that we can, via email, phone calls or through the SECNAV Council,” Wagner said.

Anyone with Reserve or gray-area retiree questions should contact PERS-912 by calling (866) 827-5672 (and their website), rather than the 21st Century RAO website.

http://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/Pages/default.aspx
Inside this issue:

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4 New DFAS Addresses For Retirees, Annuitants
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Damage Controlman 1st Class Justin N. Adkins, left, trains Sailors on proper firefighting and hose-handling techniques to combat a simulated fire during a general quarters drill in the hangar bay of the aircraft carrier USS Harry S. Truman (CVN 75). Harry S. Truman is underway preparing for future operations.

Photo by MC Seaman Kaysee Lohmann

www.shiftcolors.navy.mil
Abroad, It’s not always blessed to receive

If you’re working overseas, know the rules concerning emoluments

by CDR Wayne L. Johnson,
JAGC, Navy (Ret.)

The Emoluments Clause (U.S. Constitution: Article I, Section 9, clause 8) is a restriction that prohibits a person “holding any office of profit or trust” in the federal government from accepting any gift, emolument, office, or title of any kind from any king, prince, or foreign state without the consent of Congress.

This provision may affect foreign employment of retired uniformed service personnel, both officer and enlisted.

As interpreted, this clause prohibits receipt of consulting fees, gifts, travel expenses, honoraria, or salary by current Federal employees, including active-duty military and retired military personnel, regular and reserve, unless Congressional consent is first obtained.

When and from whom is consent required?

For the most part, Congress has delegated its consent authority. Prior to the passage of the laws listed below, the only way to obtain “consent” was to get your Congressman to introduce a “Private Bill” to Congress to enact into law. One can still attempt this, but it’s extremely difficult, which is why Congress came up with the following laws.

► 37 U.S. Code § 908: A person subject to the Emoluments Clause must obtain advance approval from the relevant Service Secretary (Army, Air Force, and Navy) AND the Secretary of State before accepting consulting fees, gifts, travel expenses, honoraria or salary from a foreign government. The physical location you are working from is irrelevant.

https://go.usa.gov/xnYMMD

► 10 U.S. Code § 1060: Military service of retired members with newly democratic nations: consent of Congress. This 1993 law was passed so retired uniformed personnel could help the former Warsaw Pact countries and the new countries that were created when the Soviet Union dissolved in 1991. It also requires approval by both the retiree’s Service Secretary and Secretary of State.

https://go.usa.gov/xnYMK

The vast majority of both 37 U.S. Code § 908 and 10 U.S. Code § 1060 approval applications are from retired military personnel and thus the U.S. Department of Defense (DOD) is the recognized expert in this area.

An excellent white paper explaining this matter in great detail, “Application of Emoluments Clause to DoD Civilian Employees and Military Personnel (March 2013)” was written by Jeffrey Green, Senior Attorney, Standards of Conduct Office (SOCO), Office of General Counsel, DOD.

https://go.usa.gov/xnYMX

How do I get approval?

The Navy does not have an actual instruction on how to proceed in this area. The Air Force does have guidance for seeking advance approval; see Air Force Retiree Services Afterburner Spring-Summer 2017 issue and Air Force Instruction 36-2913 as to how they handle this.

https://go.usa.gov/xnYMN
https://go.usa.gov/xnYMR

As of October 2017, the applications for Navy personnel are addressed to:

Chief of Naval Personnel
Office of Legal Counsel (N00L)
Naval Support Facility Arlington
701 South Courthouse Rd, Rm 4T035
Arlington, VA 22204

If you call (703) 604-0443, you will be provided with a POC and an email address to submit your application package to which will expedite the process.

Other considerations

Be advised that employment compensation and gifts from foreign educational, medical, or commercial institut..
New DFAS address for retirees, annuitants

**Courtesy DFAS**

INDIANAPOLIS – As of May 1, 2017, a new address has been in place for military retirees and annuitants corresponding with the Defense Finance and Accounting Service (DFAS).

The old addresses in London, Ky., have been discontinued and replaced by addresses in Indianapolis, Ind.

The new mailing addresses are:

**Retired Pay:**
Defense Finance and Accounting Service  
U.S. Military Retired Pay  
8899 E 56th Street  
Indianapolis IN 46249-1200

**Annuitant Pay:**
Defense Finance and Accounting Service  
U.S. Military Annuitant Pay  
8899 E 56th Street  
Indianapolis IN 46249-1300

The P.O. boxes in London, Ky., will remain open and mail will be forwarded until April 30, 2018. However, to avoid processing delays, it is important to send mail to the new address. Forwarding correspondence from the old addresses will add 7-10 business days to the normal processing time.

Phone and fax numbers are not affected by this change.

Military retirees and annuitants should use the new addresses when submitting any of the following:

- Change Survivor benefit Plan information
- Correct a 1099R (Retiree Tax Statement)
- Establish a Retired Pay account
- Manage Arrears of Pay (AOP) Beneficiary designation
- Manage allotments
- Report a retiree’s death
- Report a Survivor Benefit Plan beneficiary’s death
- Submit a retiree or annuitant change of address
- Start/change Direct Deposit
- Start international Direct Deposit enrollment
- All other written correspondence

The DFAS website provides information and links to any additional paperwork that might need to be submitted. It also provides additional ways to contact Retired and Annuitant Pay including self-service options or by phone at (800) 321-1080.

At Home and Abroad, Sailors Reach Out

Steel Worker  
1st Class  
Franklyn Tamarez, assigned to Underwater Construction Team 1, helps place a dive helmet on a child during an air show at Naval Air Station (NAS) Oceana.

Photo by MC2 Travis DiPerna

Above, Culinary Specialist 2nd Class Shaneka Goode interacts with students during a community engagement event at Lumut Naval Base in Lumut, Malaysia.

Photo by Seaman Dartez C. Williams
tions that are owned, operated, or controlled by a foreign government generally qualify as prohibited emoluments because these entities are viewed as an extension of the foreign government. The location where you will be working doesn’t matter.

For example, working for most foreign airlines, requires prior approval, even if you’re working in the US.

Retired military personnel should also be aware that the Emoluments Clause may apply to monies received through employment with a domestic partnership or a limited liability company—such as a law firm or consulting business—even if the foreign government is not one of the retiree’s personal clients.

The Office of the Legal Counsel (OLC) has concluded that accepting a share of partnership profits that is derived from the partnership’s representation of a foreign government is considered an emolument, even if the retiree did not provide direct services to the foreign government client.

The Comptroller General has determined that the government may pursue debt collection when an employee accepts an emolument from a foreign government without the required advance approval. Specifically, it has ruled that DOD may suspend retirement pay up to the amount of the foreign salary (or other emoluments) received, if the foreign salary is less than one's retirement pay.

By contrast, when the compensation earned during the period of unauthorized employment with a foreign state exceeds the amount of retired pay accrued during the same period, only the retired pay received during the period of the violation may be collected, not the full amount of pay received from the foreign government.

Collection is usually done by deducting what is owed from one's retirement which often has the effect of stopping one's receipt of retirement for many months.
Photocopying federal IDs violates U.S. code

Most cardholders, commercial agencies are unaware of identification regulations

From the Office of the Assistant Secretary of Defense – Reserve Affairs and Employer Support of the Guard and Reserve (ESGR)

Recent incidents regarding the photocopying of military identification cards and common access cards (CAC), by commercial establishments to verify military affiliation or provide government rates for service, have been reported.

Personnel are reminded that the photocopying of US Government Identification is a violation of Title 18 (Crimes and Criminal Procedure), US Code Part I (Crimes), Chapter 33 (Emblems, Insignia, And Names), Section 701 (Official badges, identification cards, other insignia) and punishable by both fine and/or imprisonment.

“Whoever manufactures, sells, or possesses any badge, identification card, or other insignia, of the design prescribed by the head of any department or agency of the United States for use by any officer or employee thereof, or any colorable imitation thereof, or photographs, prints, or in any other manner makes or executes any engraving, photograph, print, or impression in the likeness of any such badge, identification card, or other insignia, or any colorable imitation thereof, except as authorized under regulations made pursuant to law, shall be fined under this title or imprisoned not more than six months, or both.”

Many military members, family members and DoD employees are unaware of this law. Please pass this information along to your fellow retirees and veterans.

Criminal elements and terrorist organizations place U.S. government identifications as a high value logistical element when planning acts against the U.S. military.

Although commercial establishments are not prohibited from asking for military/government identification, many government personnel and commercial establishments are unaware of the prohibition on duplication of government identification.

Unfortunately, there are no safeguards in place to ensure a government identification card won’t be counterfeited or “cloned” based on a photocopy by a commercial establishment.

It is recommended that military/DoD personnel provide a state driver’s license or other form of photo identification to be photocopied if an establishment insists on a photocopy of the traveler’s identification.

*NOTE: This does not apply to medical establishments (i.e. doctor’s office, hospitals, etc…) who are allowed take a copy for the purpose of filing insurance claims; and other government agencies performing official government business.
You may be wondering what action you need to take, if any, to ensure you continue TRICARE coverage in 2018. If you’re currently enrolled in or eligible for TRICARE coverage on Dec. 31, 2017, you’ll transition to your respective TRICARE plan on Jan. 1, 2018. If you want to enroll in a TRICARE plan or change coverage after Jan. 1, 2018, you’ll need to take action to enroll in the plan of your choice. All beneficiaries should take action by making sure their information is current in the Defense Enrollment Eligibility Reporting System (DEERS). If you’ve experienced any changes (for example, marriage, birth, divorce and death), update DEERS as soon as possible to ensure continuous TRICARE coverage.

TRICARE is Changing. Here is what you need to know:

Automatic Transition for Current Enrollees

Beneficiaries enrolled in TRICARE Prime, either stateside or overseas, as of Dec. 31, 2017 will remain enrolled in TRICARE Prime on Jan. 1, 2018. If you have TRICARE Standard or TRICARE Extra as of Dec. 31, 2017, you’ll transition to TRICARE Select. TRICARE Select replaces TRICARE Standard and TRICARE Extra on Jan. 1, 2018.

If you’re enrolled in any TRICARE premium-based plan on Dec. 31, 2017, you’ll remain enrolled in your plan on Jan. 1, 2018 as long as you continue to make your premium payments. These plans include:

- TRICARE Young Adult
- TRICARE Reserve Select
- TRICARE Retired Reserve

On Jan. 1, 2018, TRICARE will transition its stateside regional contractors from three to two. Beneficiaries who pay premiums or enrollment fees by electronic funds transfer or recurring debit/credit card payment will be contacted to update their payment information.

If you currently pay through a Defense Finance and Accounting Service allotment, your payments will automatically transfer.

If your current TRICARE health plan coverage doesn’t automatically transition, contact the TRICARE contractor for your region. There are no changes to the TRICARE For Life (TFL) benefit. TFL beneficiaries will not have to take any action.

Automatic Enrollment of New Enrollees

New active duty service members are automatically enrolled in TRICARE Prime or TRICARE Prime Remote if they live in remote areas in the U.S. Stateside active duty family members (ADFMs) who become eligible for TRICARE on or after Jan. 1, 2018 will also be automatically enrolled in TRICARE Prime if they live in a Prime Service Area. If family members live outside a Prime Service Area, they’ll be automatically enrolled in TRICARE Select. ADFMs who are automatically enrolled in TRICARE Prime or TRICARE Select have up to 90 days after the eligibility date to change health plans. TRICARE Overseas Program (TOP) ADFMs will be automatically enrolled in TRICARE Select. They will also have 90 days to change their enrollment to TOP Prime or Prime Remote if they are command-sponsored.

This is Your Benefit!
Are You Ready?

Enroll by Nov. 20, 2017 for Coverage Beginning Jan. 1, 2018

By Nov. 20, 2017, beneficiaries should complete any and all enrollment actions. During December 2017, there will be an enrollment freeze for TRICARE Prime enrollments, and a delay for primary care manager changes. You’ll still be able to receive care during the enrollment freeze. If you have a problem accessing care, contact your regional contractor.

For all other stateside beneficiaries, you’ll also need to complete any and all enrollment actions by Nov. 20, 2017 to ensure continued health coverage in 2018. As long as your regional contractor receives your completed enrollment application by the 20th of the month, your coverage will begin on the first day of the next month. The 20th of the month rule doesn’t apply to beneficiaries overseas, and will go away for everyone starting in 2018.

Enrolling is easy. You can enroll in certain TRICARE plans over the phone, email or mail. Check out how to enroll or purchase a plan. Visit the TRICARE Changes page to stay informed with the latest information. You can also sign up for email alerts to get an email anytime new updates are available.

https://www.tricare.mil/About/Changes

Staying informed will help you take command of your health and prepare for changes in 2018.

www.shiftcolors.navy.mil
Marines of the 4th Reconnaissance Battalion, 4th Marine Division, navigate through a flooded apartment complex in Beaumont, Texas.

Left, Warrant Officer Aaron Grigsby (left), of the Texas State Guard, and Sgt. Brad Coats (right), with 4th Reconnaissance Battalion, 4th Marine Division, navigate through a flooded apartment complex in Houston, Texas.

Below, Warrant Officer Aaron Grigsby 2nd Class Jansen Schamp, of Helicopter Sea Combat Squadron 28, rescues two dogs in Vidor, Texas.

Above, First Sgt. John Herrera, with 4th Reconnaissance Battalion, 4th Marine Division, wades through waist deep flood water in order to complete an emergency evacuation call in West Orange, Texas.

Right, an MH-53E Sea Dragon assigned to Helicopter Mine Countermeasures Squadron 14, flies over flooded areas of Houston, Texas while on a mission to deliver food and water.

Below, Soldiers and Sailors load bottled water onto a U.S. Navy MH-60S Sea Hawk assigned to Helicopter Sea Combat Squadron 21, for delivery to victims of Hurricane Harvey.

Above, First Sgt. John Herrera, with 4th Reconnaissance Battalion, 4th Marine Division, wades through waist deep flood water in order to complete an emergency evacuation call in West Orange, Texas.

Above, Sailors package water on the flight deck of the aircraft carrier USS Abraham Lincoln (CVN 72) for delivery to victims of Hurricane Irma.

Below, Intelligence Specialist 2nd Class Matthew Aguilar, of Explosive Ordnance Disposal Group 2, passes out food to a resident at a Federal Emergency Management Agency distribution center in Key West, Fla.

Above, Sailors package water on the flight deck of the aircraft carrier USS Abraham Lincoln (CVN 72) for delivery to victims of Hurricane Harvey.

Above, First Sgt. John Herrera, with 4th Reconnaissance Battalion, 4th Marine Division, wades through waist deep flood water in order to complete an emergency evacuation call in West Orange, Texas.

Above, First Sgt. John Herrera, with 4th Reconnaissance Battalion, 4th Marine Division, wades through waist deep flood water in order to complete an emergency evacuation call in West Orange, Texas.
WASHINGTON — The Government National Mortgage Association (Ginnie Mae) and the Department of Veterans Affairs (VA) recently formed the Joint Ginnie Mae – VA Refinance Loan Task Force.

The task force will focus on examining critical issues, important data and lender behaviors related to refinancing loans, and will determine what program and policy changes should be made by the agencies to ensure these loans do not pose an undue risk or burden to veterans or taxpayers.

More specifically, the task force will examine aggressive and misleading refinancing propositions, as described by the Consumer Financial Protection Bureau, and will address loan churning and repeated refinancing.

Both agencies agree that VA and Ginnie Mae programs work best when they are used by market participants in ways that benefit veteran borrowers and, ultimately, lower veterans’ costs.

The task force has started by examining data and information to ensure loans provide a net tangible benefit to veteran borrowers, and consider establishing time frames regarding recoupment of fees of refinancing loans.

It will also examine the impact of establishing stronger seasoning requirements for VA-guaranteed loans that are securitized into Ginnie Mae Mortgage Backed Security pools. Also, the task force will work to ensure veterans understand refinancing costs and benefits, and ensure outreach and education programs address this.

Ginnie Mae and VA will arrange discussions with lenders whose demonstrated origination practices may negatively affect veteran borrowers or increase program costs and risks.

TRICARE Retiree Dental Program: Good dental health vital to good overall health

Research shows that more than 90 percent of all systemic diseases have oral manifestations, including swollen gums, mouth ulcers, dry mouth and excessive gum problems. Did you know that more than 120 different diseases are first detected in the mouth? And that going for your annual dental exams can actually help in detecting heart disease, diabetes, pancreatic cancer and more?

The good news is that most dental diseases are actually preventable.

The TRICARE Retiree Dental Program (TRDP) was created and designed with all of these things in mind. When seeing a network dentist, TRDP enrollees have the peace of mind of knowing that they get their two annual exams, two cleansings (or three for Type 1 / 2 Diabetics) and an x-ray covered at 100 percent with no out-of-pocket costs. This not only allows enrollees to pretty much recoup all of their annual premiums, but more importantly, it makes sure that their dental and overall health is being well cared for.

Here are some of the other reasons why more than 1.5 million current enrollees find the TRDP to be an important partner in their health and such a good value:

♦ As soon as your enrollment takes effect, the TRDP covers you for not only the routine services, but also for fillings, root canals, gum surgery, oral surgery and dental accidents. After 12-months, it then covers you for crowns, dentures, dental implants, braces and more.

♦ Seeing a network dentist helps you save an average of 22 percent on your covered dental care. With the TRDP, there is a large nationwide network of dentists from which to choose. To find a network dentist near you, use the “Find a Dentist” link at trdp.org.

♦ Network dentists accept the TRDP allowed fee for covered services, so there are no surprise costs beyond your expected cost share and deductible, where applicable.

♦ Each enrollee gets a generous $1,300 annual maximum, a $1,200 annual dental accident maximum and a $1,750 lifetime orthodontic maximum.

♦ The TRDP coordinates benefits with other dental plans, allowing you to maximize your coverage under both plans.

To enroll in the TRDP, visit trdp.org and choose the method that works best for you. Enrolling online using the Quick Link to the Beneficiary Web Enrollment (BWE) site is quickest, or you can print an application from the TRDP website and mail it to Delta Dental along with your prepayment amount.

After enrolling, you’re encouraged to register for the online Consumer Toolkit*, where you can verify your program eligibility; review your benefits, coverage levels and remaining maximums and deductibles; check on the status of your processed claims and claim payments; and sign up for paperless (electronic) Explanation of Benefits statements.
VA Accountability Protection Act Now Public Law 115-41

The Department of Veterans Affairs (VA) Accountability and Whistleblower Protection Act of 2017 was signed into law by President Trump in June. This bill establishes the Office of Accountability and Whistleblower Protection, to be headed by the Assistant Secretary for Accountability and Whistleblower Protection.

The bill revises VA authority to remove certain employees or senior executives for reasons of misconduct or performance, including by permitting such individuals to be demoted or suspended.

The VA may recoup an award, a bonus, or relocation expenses paid to an employee under specified circumstances.

The VA may directly appoint medical center directors and Veterans Integrated Service Network directors.

The bill revises time periods for adverse action reviews with respect to physicians, dentists, podiatrists, chiropractors, optometrists, registered nurses, physician assistants, and expanded-function dental auxiliaries.

Veterans Appeals Bill Becomes Law, Streamlines Process

It takes six years on average for veterans to resolve an appeal for a disability claim with the VA. The Veterans Appeals Improvement and Modernization Act, signed into law Aug. 23, aims to cut that backlog.

Any time a veteran files a claim for disability that the VA rejects, they have the right to appeal. But the average wait before a final decision is six years — and one service member has even waited 25 years. As a result, the number of pending appeals has increased, rising in the past two years alone from 380,000 to now 470,000 pending appeals.

The Department of Veterans Affairs (VA) currently spends about $63.7 billion per year on 4.1 million veterans with disabilities related to their time in service.

The law established three new “lanes” for veterans appeals, to separate them out into separate categories and hopefully ease the speed with which they go through, rather than all funneling them together into one bureaucratic catch-all.

After being introduced in May, the bill passed the House unanimously 418–0 May 23. It then passed the Senate Aug. 1 by unanimous consent.

Bill Seeks to Amend TSP Contributions for Reserves

House Rule 1317, the Servicemember Retirement Improvement Act, introduced in March by sponsor Rep. Sam Johnson (R-TX), currently rests with the House Committee on Ways and Means.

This bill amends the Internal Revenue Code to allow members of the Ready Reserve of a reserve component of the Armed Forces to make the maximum allowable contribution ($18,000 in 2017) to their Thrift Savings Plans (TSPs) without limiting the amount such members may contribute to a retirement plan based upon other employment.

The bill also doubles the maximum allowable contribution amount to the TSPs of federal employees in the Ready Reserve who are not eligible to make contributions to any plan other than the TSP.

Surviving Spouses Equity Act Remains in Subcommittee

House Rule 846, the Military Surviving Spouses Equity Act, sponsored by Rep. Joe Wilson (R-SC), remains with the House Subcommittee on Military Personnel, where it has been since being recommended in February.

The bill repeals certain provisions requiring the offset of amounts paid in dependency and indemnity compensation from Survivor Benefit Plan (SBP) annuities for surviving spouses of veterans who are entitled to military retired pay or who would be entitled to retired pay except for being under 60 years of age.

It also prohibits requiring repayment of certain amounts previously paid to SBP recipients in the form of a retired pay refund, and requires the Secretary of the military department concerned to pay an annuity to a member’s dependent children when there is no eligible surviving spouse.

Deborah Simpson Act Aims to Improve VA Service for Women

Senate Bill 681, The Deborah Sampson Act was taken up by the Senate Committee on Veterans’ Affairs.

This bill directs the VA to carry out a three-year pilot program to assess the feasibility of peer-to-peer assistance for women veterans (including those who are separating or newly separated from the Armed Forces), with emphasis placed on women who suffered service-related sexual trauma or are at risk of becoming homeless.

Additionally, the bill directs the VA to make a number of improvements, including expanding the women veterans call center, partnering with nongovernmental agencies to provide legal services, retrofitting VA medical facilities to support the care of women veterans, ensuring each VA medical facility has at least one full-time or part-time women’s health primary care provider, and the expansion, to 14 days, of VA post-delivery care services for women veterans who are receiving maternity care in a VA or VA-contracted facility.
REUNIONS

Organizers: To ensure your reunion has the proper exposure, send us your information as soon as details are finalized.

<table>
<thead>
<tr>
<th>SHIP/STATION</th>
<th>Date</th>
<th>Phone</th>
<th>Email/Web</th>
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<tr>
<td>USS BILLFISH (SSN 676)</td>
<td>Nov. 6-9</td>
<td>(904) 461-9431</td>
<td><a href="mailto:jmmartin622@yahoo.com">jmmartin622@yahoo.com</a></td>
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<tr>
<td>USS TRUMPETFISH (SS425)</td>
<td>Nov. 9-13</td>
<td>(301) 697-2803</td>
<td><a href="mailto:ss425tfish@gmail.com">ss425tfish@gmail.com</a></td>
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<tr>
<td>USS FINCH (DE, DER328)</td>
<td>Nov. 9-12</td>
<td>(512) 282-4507</td>
<td><a href="mailto:nuttynuts@centurytel.net">nuttynuts@centurytel.net</a></td>
</tr>
<tr>
<td>USS SAM RAYBURN (SSBN 635)</td>
<td>Nov. 12-16</td>
<td>(858) 755-6071</td>
<td><a href="mailto:tmsprague48@gmail.com">tmsprague48@gmail.com</a> <a href="http://www.ssbn635.org">http://www.ssbn635.org</a></td>
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<td>Navy Postal Clerks Association</td>
<td>Apr. 29-May 3, 2018</td>
<td>(717) 226-1595</td>
<td><a href="mailto:hassommno1@aol.com">hassommno1@aol.com</a></td>
</tr>
<tr>
<td>USS DONNER (LSD-20)</td>
<td>Apr. 30-May 3</td>
<td>(610) 775-7539</td>
<td><a href="mailto:dennisheimb@gmail.com">dennisheimb@gmail.com</a></td>
</tr>
<tr>
<td>USS SAN MARCOS (LSD 25)</td>
<td>May 4-6</td>
<td>(215) 287-4311</td>
<td><a href="mailto:jacklieberman8104@comcast.net">jacklieberman8104@comcast.net</a> <a href="http://usssanmarcosreunion.wix.com/uss-san-marcos-assn">http://usssanmarcosreunion.wix.com/uss-san-marcos-assn</a></td>
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<tr>
<td>USS RICH (DD/DDE 820)</td>
<td>May 7-11</td>
<td>(870) 692-1173</td>
<td><a href="mailto:reunion2018@ussrich.org">reunion2018@ussrich.org</a> <a href="http://www.ussrich.org">www.ussrich.org</a></td>
</tr>
<tr>
<td>USS WALLACE L LIND (DD703)</td>
<td>Sept. 6-10</td>
<td>(513) 896-5851</td>
<td><a href="mailto:linkienestep@aol.com">linkienestep@aol.com</a></td>
</tr>
<tr>
<td>USS FULTON (AS-11)</td>
<td>Sept 12-16</td>
<td>(402) 337-0034</td>
<td><a href="mailto:catcollins@yahoo.com">catcollins@yahoo.com</a> <a href="http://www.ussfulton.org">www.ussfulton.org</a></td>
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Retirees can still make an impact through CFC

Provided by CFC

Are you a retiree looking for a way to give back? The Combined Federal Campaign (CFC) gives members of the Federal community the opportunity to support causes they care about through one-time gifts, recurring donations, and volunteerism.

“The CFC gives hope,” said Mirela Bruk, an employee of the Broadcasting Board of Governors. “There is no better feeling than knowing that someone earned a diploma or degree thanks to the designated resources from the CFC — someone’s life just improved for better!”

In addition to contributing because of the impact you can have, another reason to give through this campaign is the ease of donating in one place. Under this year’s new campaign structure, all CFC donations will now be made through a central giving platform available at opm.gov/ShowSomeLoveCFC. Federal retirees can make a pledge at one time and in one place each year to as many charities as they want. Even better, the option for payroll deduction enables donors to give a little each month, adding up to a significant gift at the end of the year.

In 2016, there were 453,000 unemployed veterans. Even if you’re a business owner, it’s unlikely you would be able to provide the more than 450,000 jobs needed to help each vet. But as a retiree, you can support them by making a contribution through the CFC. About $20 a paycheck can provide pre-occupational online training for a veteran entering the civilian workforce.

Over the past 56 years, the Federal community has raised $8.2 billion to help those in need. Visit http://opm.gov/ShowSomeLoveCFC for information or to make a pledge.
The Armed Forces Retirement Home (AFRH), which offers an number of amenities and services, is now accepting applications for residency.

The Armed Forces Retirement Home (AFRH), with locations in Washington, D.C. and Gulfport, Miss., is now accepting applications for residency.

The home, which offers affordable independent living, has immediate openings in Washington, D.C. and a waiting time of under 24 months in Gulfport, Miss.

For those accepted into independent living, higher levels of care are offered – including assisted living, long-term care, and memory support.

Eighty-five percent of residents spent a career in the military, retiring honorably in the enlisted ranks following 20 or more years of service. Veterans from each service branch live at the home. The largest group represented served during the Korea and Vietnam eras.

In Washington, D.C., AFRH offers residents a scenic, wooded campus just minutes from downtown - home to museums, monuments, and many entertainment, sports and other cultural options.

In Gulfport, Miss. AFRH offers residents a beautiful view of the Gulf of Mexico, with an outdoor swimming pool, walking path to the beach, reflecting pool, art studio and modern media room.

Many veterans choose AFRH for the medical, dental and vision care offered, with amenities including private rooms with a shower, cable TV, three daily meals prepared by licensed nutritionists in a modern dining facility, a wellness program and deluxe fitness center, movie theater, bowling center and hobby shops.

Services include recreational activities and resident day trips, a full-service library, barber shop, 24/7 security, beauty salon, computer center, mailboxes, banking services, campus PX/BX and off-campus shuttle and public transportation.

Veterans must be able to live independently upon admission to the AFRH. Fees for independent living are 40 percent of total current income (not exceeding $1,429/month). Persons are eligible to become AFRH residents who:

► Served as members of the Armed Forces, at least one-half of whose service was not active commissioned service (other than warrant officer or limited-duty officer).

The following categories will be considered. Veterans who are:

► 60 years of age or over; and were discharged or released under honorable conditions with 20 or more years of active service, or ... 
► Are determined to be incapable of earning a livelihood because of a service-connected disability incurred in the line of duty, or ...
► Served in a theater during a time of war declared by Congress or eligible for hostile fire special pay; were released under honorable conditions; and are determined to be incapable of earning a livelihood because of injuries, disease or disability.

Married couples are welcome, but both must be individually eligible.

Veterans convicted of a felony or not free of drug, alcohol, or psychiatric problems are not eligible.

AFRH is fully accredited by The Joint Commission and the Commission on Continuing Care Retirement Communities.

For further information or to request an application, go to: https://www.afrh.gov/apply
Email: admissions@afrh.gov
Phone: (800) 422-9988
Retired Activities Office Phone Listing

**NOTE:** Locations listed with ‘★’ need volunteers.

### Navy and Joint RAOs

**Arizona**
- Retired Activities Office
  - Navy Operational Support Center
  - 14160 W. Marauder St.
  - Luke AFB, Phoenix, AZ 85309
  - 9 a.m. - 1 p.m. (Mon.-Fri.)
  - (602) 353-3033

**California**
- Retired Activities Office
  - Naval Air Weapons Station
  - Code 75H000D
  - 1 Administration Circle
  - China Lake, CA 93555-6100
  - 9 a.m. - 3 p.m. (Mon.-Fri.)
  - (760) 939-0978
- Retired Activities Office
  - Fleet And Family Support Center
  - 966 Franklin Ave.
  - Naval Air Station
  - Lemoore, CA 93246-5001
  - 9 a.m. - 3 p.m. (Mon.-Fri.)
  - (559) 998-4032
- Retired Activities Office
  - Housing Office Bldg. 587
  - Moffet Field, Ca 94035-0162
  - 9:30 a.m. - 12:30 p.m. (Tues., Wed., Fri.)
  - (650) 626-7152
- Retired Activities Office
  - Fleet And Family Support Center
  - 2500 Air Station
  - Stuttgart, Germany
  - 8 a.m. - 3 p.m. (Mon.-Fri.)
  - (904) 542-5790
- Retired Activities Office
  - Fleet And Family Support Center
  - 2500 Air Station
  - Stuttgart, Germany
  - 8 a.m. - 3 p.m. (Mon.-Fri.)
  - (904) 542-6622

**Hawaii**
- Retired Activities Office
  - Fleet And Family Support Center
  - 151 Elyson Ave.
  - Pensacola, FL 32508-5217
  - 9 a.m. - 1 p.m. (Mon.-Fri.)
  - (850) 452-0032
- Retired Activities Office
  - Fleet And Family Support Center
  - Honolulu, HI 96818-3174
  - 8 a.m. - 3 p.m. (Mon.-Fri.)
  - (808) 474-0032

**Maryland**
- Retired Activities Office
  - Fleet And Family Support Center
  - NSA Annapolis
  - 168 Bennion Rd.
  - Annapolis, MD 21402
  - 9 a.m. - 11 a.m. (Wed.)
  - (410) 293-2641

**Massachusetts**
- Retired Activities Office
  - Navy Operational Support Center
  - 85 Sea St.
  - Quincy, MA 02169
  - 11 a.m. - 3 p.m. (Fri.)
  - (617) 753-4636/26

**Michigan**
- Retired Activities Office
  - Selfridge Air National Guard Base (SANGB)
  - MI 48045
  - 9 a.m. - 3 p.m. (Tue-Fri)
  - (800) 645-9416, x 239-5580

**Minnesota**
- Retired Activities Office
  - Navy Operational Support Center
  - 10810 Lambert International Blvd.
  - Bridgeton, MO 63044-2314
  - 9 a.m. - 1 p.m. (Tue.);
  - 11:30 a.m. - 1 p.m. (Fri)
  - (314) 524-9553

**New Hampshire**
- Retired Activities Office
  - Portsmouth Naval Shipyard
  - Code 866 Bldg. 22
  - Portsmouth, NH 03040-5000
  - 10 a.m. - 2 p.m. (Tue.-Thu.)
  - (207) 438-1868

**Rhode Island ★**
- Retired Activities Office
  - 103 Hill Blvd, Bldg. 503, Rm. 122
  - Joint Base Charleston, S.C. 29404
  - 9 a.m. - noon (Mon.-Fri.)
  - (843) 963-2228

**South Carolina (Joint) ★**
- Retired Activities Office
  - 8:30 - 11:30 a.m. (Mon. & Fri.)
  - (843) 963-2228

**South Carolina (Joint) ★**
- Retired Activities Office
  - 8:30 - 11:30 a.m. (Mon. & Fri.)
  - (843) 963-2228

**Virginia ★**
- Retired Activities Office
  - National Regional Office
  - Navy And Marine Corps
  - 100 percent email contact
  - 100% email contact

**Washington**
- Retired Activities Office
  - Fleet And Family Support Center
  - Naval Station Everett
  - 13910 45th Ave. Ste. 149
  - (425) 304-3775/3721

**Wisconsin**
- Retired Activities Office
  - Navy Operational Support Center
  - 2401 South Lincoln Memorial Dr
  - Milwaukee, WI 53207-1999
  - 9 a.m. - 3 p.m. (Mon.-Fri.)
  - (414) 744-9766

### Navy RAO Overseas

**Rota, Spain**
- Retired Activities Office
  - Naval Support Activity
  - Bldg 3293
  - PSC 819, Box 57
  - FPO AE 09645-5500
  - 1 - 4 p.m. (Mon. Wed. Fri.)
  - (011-34-95-82-3232 (From Conus)

**Independeent Retired Coordination Offices (IRCOs)**

IRCOs are independent retired activities efforts of interested retirees in areas which are geographically isolated from Navy and Marine Corps commands or installations, but which have a sizeable retired population and share the similar Navy sponsored RAO mission and operate in a similar manner.

**Florida**
- Retired Activities Office
  - VA Building
  - VA Lakemont Campus, Rm.125
  - Orlando, FL 32827
  - 9 a.m. - noon (Mon.-Fri.)
  - (407) 646-4110/4111/4114

**Maine**
- Retired Activities Office
  - 26 Pegasus Street, Ste. 101
  - Unit B, Box 5
  - Brunswick, ME 04011
  - 9 a.m. - 1 p.m. (Mon.-Fri.)
  - (207) 406-4103

**New York**
- Retired Activities Office
  - 25 Balting Place
  - Farmingdale, N.Y. 11735
  - 11 a.m. - noon (Tue. & Fri.)
  - (631) 788-3248

### IDCO Overseas

**Italy**
- Retired Activities Office
  - Via De Amicis No. 16
  - 07024 La Maddalena
  - O. T. Italy
  - 100 percent email contact
  - Panzanic@Hotmail.com

**Subic Bay (Philippine Region)**
- Retired Activities Office
  - Subic Bay-Olongapo
  - No. 34 National Highway
  - Barrio Barretto 2200
  - Olongapo City
  - PSC 517, Box R-S
  - FPO/AP 96517-1000
  - 9 a.m. - 3 p.m. (Mon. - Fri.)
  - (808) 474-222-2314
  - (24/7 Cell) 639265705335

**Silverdale, WA 98383**
- Retired Activities Office
  - PSC 819, Box 57
  - FPO AE 09645-5500
  - 1 - 4 p.m. (Mon. Wed. Fri.)
  - (011-34-95-82-3232 (From Conus)

**Virginia ★**
- Retired Activities Office
  - Joint Expeditionary Base
  - Little Creek/Fort Story
  - 1450 D Street
  - Virginia Beach, VA 23450
  - 10 a.m. - 2 p.m. (Mon.-Fri.)
  - (757) 445-4380

**Washington**
- Retired Activities Office
  - Fleet And Family Support Center
  - Naval Station Everett
  - 13910 45th Ave. NE, Rm. 818
  - Marysville, WA 98271
  - 10 a.m. - 1 p.m. (Mon.-Fri.)
  - (425) 304-3775/3721

**Wisconsin**
- Retired Activities Office
  - Navy Operational Support Center
  - 2401 South Lincoln Memorial Dr
  - Milwaukee, WI 53207-1999
  - 9 a.m. - 3 p.m. (Mon.-Fri.)
  - (414) 744-9766
Retiree Dental — Delta Dental

Reserve Component SBP: (866) 422-9988; www.afrh.gov

Army & Air Force Exchange Service: (214) 312-2011; www.aafes.com

Army Retired Services: (703) 571-7232; https://soldierforlife.army.mil/retirement

Burial at Sea Information: (866) 787-0081; www.npc.navy.mil


DEERS: (800)-538-9552, Fax: (831) 655-8317; www.tricare.osd.mil/deers

Defense Commissary Agency: www.commissaries.com

DFAS Casualty Assistance Branch: (800) 368-4088; www.mynavyexchange.com

Navy Uniform Shop: (800) 368-4088; www.mynavyexchange.com

Navy Casualty Assistance: www.npc.navy.mil/career/reservepersonnelmgmt/Pages/default.aspx

Navy Worldwide Locator:

Navy Retired Activities Office: (866) U-ASK-NPC (866-827-5672)

MILL RetiredActivities@navy.mil;

National Burial Services:

Military Officers Assoc. of America: (800) 234-6622; www.moaa.org

www.npc.navy.mil/support/retired_activities/Pages/default.aspx

I.D. Cards Benefits and Eligibility: (866) 827-5672; www.npc.navy.mil/support/payers/ID_Cards/Pages/default2.aspx

Internal Revenue Service: (800) 829-1040; www.irs.gov

Marine Corps Retired Affairs: (800) 336-4649; www.usmc.mil

Military Officers Assoc. of America: (800) 234-6622; www.moaa.org

National Burial Services: (800) 697-6940

NPC Navy Reserve Personnel Management (PERS 9): (866) 827-5672; www.npc.navy.mil/career/reservepersonnelmgmt/Pages/default.aspx

Navy Casualty Assistance: (800) 368-3202

Navy Retired Activities Office: (866) U-ASK-NPC (866-827-5672)

MILL RetiredActivities@navy.mil;

www.npc.navy.mil/support/retired_activities/Pages/default.aspx

Navy Uniform Shop: (800) 368-4088; www.mynavyexchange.com

Navy Worldwide Locator: (866) U-ASK-NPC (866-827-5672);

http://www.public.navymil/bupers-npc/organization/npc/csc/Pages/Services.aspx

Reserve Component SBP: (866) 827-5672 ask for PERS-912

Retiree Dental — Delta Dental: (866) 838-8737; www.trdp.org

Servicemembers Group Insurance (SGLI): (800) 419-1473; www.insurance.va.gov

Navy Historical Center: (202) 433-2210; www.history.navy.mil

Social Security Administration: (800) 772-1213; www.ssa.gov

Pay/SBP Questions: www.dfas.mil

Pay inquiries and update of pay or SBP records in case of death, divorce or remarriage:

Retiree:

Defense Finance and Accounting Service

U.S. Military Retired Pay

8899 E 56th Street

Indianapolis IN 46249-1200

(800) 321-1080, (216) 522-5955

SBP/RSFPP annuitant:

Defense Finance and Accounting Service

U.S. Military Annuity Pay

8899 E 56th Street

Indianapolis IN 46249-1300

(800) 321-1080, (216) 522-5955
Quartermaster 3rd Class Joseph Brown lowers the national ensign while shifting colors aboard the aircraft carrier USS Harry S. Truman (CVN 75). Harry S. Truman is moored at Naval Station Norfolk preparing for tailored shipboard test availability and final evaluation problem.

U.S. Navy photo by MC3 Lindsay A. Preston