MILPERSMAN 1306-1210

NUCLEAR-TRAINED AND SUBMARINE PERSONNEL ON LIMITED DUTY (LIMDU)

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<th>Responsible Offices</th>
<th>Phone: DSN COM FAX</th>
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<tbody>
<tr>
<td>NAVPERSCOM (PERS-403F)</td>
<td>882-3617 (901) 874-3617 882-2638</td>
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References (a) NAVMED P-117, Manual of the Medical Department

1. **Policy.** Nuclear-trained surface, nuclear-trained submarine, and non nuclear-trained submarine personnel require additional screening and administrative processing for assignment to or from a limited duty (LIMDU) status. All of the above personnel, regardless of sea/shore type duty code or type assignment code, must be made available (class YH avail) for assignment to LIMDU with a projected rotation date (PRD) established for the length of the LIMDU period.

2. **Procedures.** To eliminate delays in returning the above members to full duty they must be immediately identified and meticulously tracked to ensure the additional requirements are completed in a timely manner.

   a. **Medical Evaluation.** All nuclear-trained surface, nuclear-trained submarine, and non nuclear-trained submarine personnel detached for hospitalization or LIMDU shall be expeditiously evaluated by the command medical department representative, squadron medical officer, or group medical officer to determine their potential for continued service in the nuclear field or submarine force. If nuclear field or submarine disqualification is appropriate, the member's parent command
shall submit the disqualification and Navy Enlisted Classification (NEC) change request, if required, as follows:

(1) **For nuclear-trained surface and nuclear-trained submarine personnel:** Submit via the appropriate chain of command to Chief of Naval Operations (CNO), Nuclear Propulsion Branch (N133D).

(2) **For non nuclear-trained submarine personnel:** Submit via the appropriate chain of command to Navy Personnel Command (NAVPERSCOM), Nuclear Power/Submarine Assignment Branch (PERS-403F).

b. **Documentation to CNO (N133D) for Nuclear-Trained Operators.** The servicing Personnel Support Detachment (PERSUPP DET) or personnel office submitting the availability for assignment to a LIMDU status on a nuclear-trained surface or nuclear-trained submarine member will forward a copy of the medical board report, with enclosures, to CNO (N133D) by separate correspondence.

c. **Required Notification for Examinations/Screening.** The servicing PERSUPP DET or personnel office for a member assigned to LIMDU will ensure the member and member's command are aware of all required physical examinations/screening in time to be completed prior to the expiration of the LIMDU period (reference (a), chapter 18).

d. **Complete Requirements/forward Documentation.** The member's command will ensure the member completes all medical requirements needed to determine fitness for duty in submarines and/or fitness for duty involving exposure to ionizing radiation, and that documentation is forwarded to the servicing PERSUPP DET or personnel office.

e. **Screening by Undersea Medical Officer.** Prior to being made available from LIMDU, **non nuclear-trained submarine personnel** will be screened for return to submarine duty by an undersea medical officer. A YJ availability report shall be submitted and shall include the following remarks, modified as appropriate:

"Member has been found “fit for duty” in submarines by Dr.___________, (Title)."
f. Screening by CNO (N133D) for Nuclear-Trained Operators.
Nuclear-trained surface and nuclear-trained submarine personnel shall not be made available from LIMDU until screened by CNO (N133D). Once screening is completed, CNO (N133D) will direct the PERSUPP DET or personnel office to submit availability. The following documentation must be submitted to CNO (N133D) prior to the expiration of the member's LIMDU period:

(1) NAVMED 6100/5 (Rev. 9-04), Abbreviated Medical Evaluation Board Report (AMEBR) which assigned the member to LIMDU, with all supporting documentation.

(2) DD Form 2808 (Rev. 10-05), Report of Medical Examination with qualified or not qualified recommendations in block 74 and DD Form 2807-1 (Rev. 10-03), Report of Medical History for the following:
   (a) Fitness for full duty.
   (b) Fitness for duty involving occupational exposure to ionizing radiation.
   (c) Fitness for nuclear field duty.
   (d) Fitness for submarine duty if a nuclear trained submariner. Must be signed by an undersea medical officer.

(3) SF 600 (Rev. 6-97), Chronological Record of Medical Care that clearly and legibly states all of the above qualifications, when signed by a medical officer qualified to make the assessment, is acceptable in lieu of an DD Form 2808.

(4) If LIMDU was based on a psychological problem, documentation shall include the following:
   (a) A thorough history of the problem (stress reaction, personality disorder, suicidal ideation, etc.).
   (b) Treatment.
   (c) Resolution.

g. Disqualification/Waivers

(1) Request for disqualification/waivers of disqualification shall be submitted as follows:
   (a) For nuclear and non nuclear-trained submarine personnel: Submit via the appropriate chain of command and
Bureau of Medicine and Surgery (BUMED) (M3B42) to NAVPERSCOM (PERS-403F).

(b) **For nuclear-trained surface personnel:** Submit via the appropriate chain of command and BUMED (M3B42) to NAVPERSCOM (PERS-403F).

(2) Submarine medical disqualification requests for nuclear-trained submarine personnel shall include a recommendation regarding qualification for nuclear field duty and for duty involving exposure to ionizing radiation. (See reference (a), articles 15-103 and 15-106 for additional information.)

3. **Inquiries.** Inquiries related to screening status/requirements for all nuclear-trained enlisted personnel should be directed to CNO (N133D).