CULINARY SPECIALIST

RATING ROADMAP

May 2013
CAREER ROADMAP

Seaman Recruit to Master Chief Roadmaps

The educational roadmap below will assist Sailors in the Culinary Specialist community through the process of pursuing professional development and advanced education using various military and civilian resources e.g. PQS program; SMART Transcript; NKO (E-Learning); Navy College; etc. Successful leadership is the key to military readiness and will always require a high degree of technical skill, professional knowledge, and intellectual development.

What is a Career Roadmap for Culinary Specialist?

Culinary Specialist roadmaps are just what the name implies - a roadmap through the Enlisted Learning and Development Continuum from Culinary Specialist Seaman Recruit through Culinary Specialist Master Chief. The principal focus is to standardize a program Navywide by featuring the existing skills of Culinary Specialist necessary to be successful in the Navy. The ultimate goal of a roadmap is to produce a functional and competent Culinary Specialist.

What is the Enlisted Learning and Development Continuum?

Enlisted Learning and Development Continuum is the formal title given to the curriculum and process building on the foundation of Sailorization beginning in our Delayed Entry Program through Recruit Training Command and throughout your entire career. The continuum combines skill training, professional education, well-rounded assignments, and voluntary education. As you progress through your career, early-on skill training diminishes while professional military education gradually increases. Experience is the ever-present constant determining the rate at which a Sailor trades skill training for professional development.

Do Sailors have to follow the Roadmap?

Yes. The Culinary Specialist roadmap includes the four areas encompassed by the Continuum in Professional Military Education to include; Navy Professional Military Education, Joint Professional Education, Leadership and Advanced Education.

Some training and education is mandatory (Recruit Training, Culinary Specialist School at CSS Fort Lee, VA, NKO (E-Learning, etc.)). Some may be directed by your chain of command (Microsoft Excel and PowerPoint courses), and the remainder is voluntary (NKO, E-Learning, college courses, etc.). Sailors are advised to seek out mentors, including your Command Master Chief, Senior Enlisted Advisor, Leading Chief Petty Officer, Leading Petty Officer and Command Career Counselor, and to make use of your Base Navy College or Education Office’s vast resources. All are uniquely qualified to help you along the way.
United States Navy Ethos

We are the United States Navy, our Nation's sea power – ready guardians of peace, victorious in war.

We are professional Sailors and Civilians – a diverse and agile force exemplifying the highest standards of service to our Nation, at home and abroad, at sea and ashore.

Integrity is the foundation of our conduct; respect for others is fundamental to our character; decisive leadership is crucial to our success.

We are a team, disciplined and well-prepared, committed to mission accomplishment. We do not waver in our dedication and accountability to our Shipmates and families.

We are patriots, forged by the Navy's core values of Honor, Courage and Commitment. In times of war and peace, our actions reflect our proud heritage and tradition.

We defend our Nation and prevail in the face of adversity with strength, determination, and dignity.

We are the United States Navy.

The Sailor's Creed

I am a United States Sailor.
I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me.
I represent the fighting spirit of the Navy and those who have gone before me to defend freedom and democracy around the world.
I proudly serve my country's Navy combat team with Honor, Courage and Commitment.
I am committed to excellence and the fair treatment of all.
Culinary Specialists operate and manage Navy messes and living quarters established to subsist and accommodate Navy personnel. They prepare menus, manage and account for subsistence inventories and prepare and maintain financial records. It is commonly accepted that the “mess decks” or dining areas aboard ships are the “Heart of the ship” and the role Culinary Specialists play in the morale of the ship is very important. CSs are needed on every ship and shore base in the Navy. Navy Culinary Specialists provide food service for Admirals and senior government executives. Career path should include diverse assignments ashore and afloat that enhances culinary skills and leadership abilities and promotes the future success of the rate by developing junior Sailors.

<table>
<thead>
<tr>
<th>YEARS OF SERVICE</th>
<th>CAREER MILESTONES</th>
<th>AVERAGE TIME TO PROMOTE</th>
<th>COMMISSIONING OR OTHER SPECIAL PROGRAMS</th>
<th>SEA SHORE FLOW</th>
<th>TYPICAL CAREER PATH DEVELOPMENT</th>
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<tbody>
<tr>
<td>25-30</td>
<td>CSCM</td>
<td>23.3 Yrs</td>
<td>CMC</td>
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<td>Follow on Sea/Shore Tours.</td>
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<td>4th Sea Tour</td>
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<td>Duty: CVN/LHA/LHD/LCC/Flag Mess.</td>
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<td>CSCS</td>
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<td>CMC, CSC</td>
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<td>3rd Shore Tour</td>
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<td>Duty: MACOM/TYCOM Staff/ FLC ATG/NPC/PQMM.</td>
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<td>Qualification: Senior Enlisted Academy.</td>
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<tr>
<td>16-19</td>
<td>CSCS</td>
<td>19.2 Yrs</td>
<td>CWO, CSC</td>
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<td>3rd Sea Tour</td>
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<td>Billet: Div/Dept LCPO.</td>
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<td>Duty: LHA/LHD/CVN/DDG.</td>
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<td>13-16</td>
<td>CSC</td>
<td>17.3 Yrs</td>
<td>LDO, CWO, OCS, MECP, CSC</td>
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<td>2nd Sea Tour</td>
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<td>Duty: FLC/ATG/RTC/NAVSTA/NAS/PQMM.</td>
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<td>Qualification: NAVLEAD/NEC 9502.</td>
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<tr>
<td>8-13</td>
<td>CS1</td>
<td>10.0 Yrs</td>
<td>STA-21, OCS, MECP, NAVAL ACADEMY NROTC</td>
<td>36</td>
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<td></td>
<td>CS2</td>
<td>5.0</td>
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<td>1st Shore Tour</td>
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<td>5.0</td>
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<td>Billet: Galley/BQ Mgmt/Instructor/Enlisted Aide.</td>
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<td>Duty Station: Naval Station/ Flag Mess PQMM.</td>
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<td>Qualification: NAVLEAD.</td>
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<td>5-8</td>
<td>CS1</td>
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<td>STA-21, OCS, MECP, NAVAL ACADEMY NROTC</td>
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<td>CS2</td>
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<td>1st Sea Tour</td>
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<td>Billet: Baker/Veg Prep/Flg Mess Afloat/Storeroom Custodian.</td>
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<td>Duty: Squadron/Ship/NMCB.</td>
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<td>Qualification: ESWS/EAWS/SCW.</td>
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<tr>
<td>1-5</td>
<td>CS2</td>
<td>5.0 Yrs</td>
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<td>54</td>
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<td>CS3</td>
<td>2.7</td>
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<td>1st Sea Tour</td>
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<td>Billet: Baker/Veg Prep/Flg Mess Afloat/Storeroom Custodian.</td>
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<td>Recruit Training and all schools or training events required to be completed prior to reporting to their first operational command.</td>
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YEARS OF SERVICE | CAREER MILESTONES | AVERAGE TIME TO PROMOTE | COMMISSIONING OR OTHER SPECIAL PROGRAMS | SEA SHORE FLOW | TYPICAL CAREER PATH DEVELOPMENT |
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<td>CSSN</td>
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<td>8-13</td>
<td>CS1</td>
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<td>STA-21, OCS, MECP, NAVAL ACADEMY NROTC</td>
<td>36</td>
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<td></td>
<td>CS2</td>
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|------------------|-------------------|------------------------|----------------------------------------|----------------|--------------------------------|
Culinary Specialists (Submarines) receive extensive training in cooking, baking, dining, and living area management. Navy Culinary Specialists provide food service for Admirals and senior government executives and run the White House Mess for the President of the United States. Responsible for all aspects of the dining (mess decks) and living areas, Culinary Specialists work in the “heart of the ship” and are vital in maintaining high crew morale on the submarine and every shore base.

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<tbody>
<tr>
<td>26-30</td>
<td>CSCM(SS)</td>
<td>24.0 Yrs</td>
<td>CMC</td>
<td>36</td>
<td>4th Shore Tour Billet: CMDCM (9580). Duty: TYCOM/GRP/SQD/School House/White House EA.</td>
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<td>23-26</td>
<td>CSCM(SS) CSCS(SS)</td>
<td>24.0 Yrs 18.6</td>
<td>CMC</td>
<td>36</td>
<td>4th Sea Tour Billet: 3MC/COB/CMC. Duty: Submarine/Surface Ship Qualification: DOOW/COW.</td>
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<td>CSC(SS) CSC(SS)</td>
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<td>16-20</td>
<td>CSCS(SS) CSC(SS)</td>
<td>18.6 Yrs 14.1 8.2</td>
<td>LDO, CWO, OCS, MECP</td>
<td>48</td>
<td>3rd Sea Tour Billet: Dept. LCPO. Duty: Submarine. Qualification: Food service Admin “C” school, NEC (3529), DOOW.</td>
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<td>CS1(SS)</td>
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<td>12-16</td>
<td>CSCS(SS) CSC(S)</td>
<td>18.6 Yrs 14.1 8.2</td>
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<td>36</td>
<td>2nd Shore Tour Billet: LCPO for Galley. Duty: SUB BASE Galley/GRP/ SQD. Qualification: Food service Admin “C” school, NEC (3529).</td>
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<td>CS1(SS) CS1(SS)</td>
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<td>8-12</td>
<td>CSC(S) CS1(SS)</td>
<td>14.1 Yrs 8.2 4.5</td>
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<td>54</td>
<td>2nd Sea Tour Billet: Division LCPO. Duty: Submarine. Qualification: Food Service, Admin “C” school, NEC (3529), COW.</td>
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<td>CS1(SS) CS2(SS)</td>
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<td>4-8</td>
<td>CS1(SS) CS2(SS)</td>
<td>8.2 Yrs 4.5 2.3</td>
<td>STA-21, OCS, MECP</td>
<td>36</td>
<td>1st Shore Tour Billet: Galley Watch Captain. Duty: Base Galley/Barracks Qualification: General Mess operations “C” School, NEC (3527).</td>
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<td>CS3(SS)</td>
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<td>1-4</td>
<td>CS2(SS) CS3(SS)</td>
<td>4.5 Yrs 2.3</td>
<td>Naval Academy, NROTC</td>
<td>52</td>
<td>1st Sea Tour Billet: Galley Watch Capt./ Pantry Watch Capt. Duty: Submarine Qualification: Submarine Warfare.</td>
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<td>CSSN(SS) CSSA(SS)</td>
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Notes: 1. Advancement. Competes as one group for advancement to CS3 through CSCM.
ALL PAYGRADES
VOLUNTARY EDUCATION

Note: Prior to considering any pursuit of off duty education or program enrollment visit your Navy College Office.

You must complete the Tuition Assistance Workshop before your first course will be approved.

E1- E6: The workshop is available at your Navy College Office
E-7 and above: The Workshop is available at your Navy College Office
or
Complete the online course at the Navy College Website

How do I get started?

You already have. All your training up to this point is part of your Culinary Specialist Roadmap. Now that you have made the first steps you will need to sit down and formulate a plan. This plan will work best if you start out discussing your options with your Leading Chief Petty Officer, Leading Petty Officer, Mentor, or Career Counselor. They will help you understand all of the basics. Then your next stop is your Navy College Office. The counselors there will be able to help you formalize your plan and make sure that it makes sense for both you and the Navy. To aid you in your conversation with these professionals, here are a few questions that you may want to ask.

What credits do you have? What non-college courses have you taken? Where do you want to go? What field of study or what kind of degree? What program will help me get there, Traditional or Online, What are my next steps: Transfer credits, Take exams, Have experience evaluated, then lastly sign up for new courses?

RECOMMENDED OCCUPATIONAL-RELATED ASSOCIATE’S DEGREE FOR CULINARY SPECIALIST

<table>
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<th>Recommended Associates' degrees for the Culinary Specialist Rate;</th>
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<td>For Associates Degrees available click [here].</td>
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RECOMMENDED OCCUPATIONAL-RELATED BACCALAUREATE DEGREE FOR CULINARY SPECIALIST

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<th>Recommended Bachelors' degrees for the Culinary Specialist Rate;</th>
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<tr>
<td>For Bachelors Degrees available click [here].</td>
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GENERAL INFORMATION ON VOLUNTARY EDUCATION

The Navy College Program & Web Page: https://www.navycollege.navy.mil
The Navy College Program (NCP) provides opportunities to Sailors to earn college degrees by providing academic credit for Navy training, work experience, and off-duty education. The NCP mission is to enable Sailors to obtain a college degree while on active duty. In support of the four R's - Recruiting, Readiness, Retention, and Respect, the NCP signifies Navy’s commitment to education by improving enlistment appeal, demonstrating Navy service and achieving a college degree are compatible, helping Sailors apply themselves to new situations and challenges and better preparing them for advancement, building up Sailors' self-image, and producing higher quality Sailors.

Navy College Program Distance Learning Program (NCPDLP)
The Navy College Program (NCP) has developed partnerships with colleges and universities to offer rating relevant degrees via distance learning to Sailors everywhere. These new education partnerships provide associates and bachelors degree programs relevant to each rating, and make maximum use of military professional training and experience to fulfill degree requirements. The program also provides opportunities to take courses through distance learning so that Sailors anywhere will be able to pursue a degree. Courses are offered in a variety of formats, such as CD-ROM, videotape, paper, or over the Internet. Contact your Navy College Office or the Navy College Center about degree programs available from your partnership schools.

Servicemembers Opportunity College Navy (SOCNAV): http://www.soc.aascu.org/socnav
SOCNAV consists of accredited colleges offering specific associate and bachelors degrees to Navy members worldwide through resident courses or distance learning. Colleges taking part in each curriculum area guarantee acceptance of each other’s credits for transfer. The “home” college issues an official evaluation of all prior learning on a SOCNAV Agreement. This agreement serves as the student’s long range degree plan. Why become a SOCNAV student? SOCNAV colleges offer degrees in many different areas (called networks). Students do not lose credits; transferability of courses within the same network is guaranteed from one SOCNAV college to another. Required residency is kept to a minimum. Many SOCNAV networks are closely related to Navy ratings, resulting in maximum awarding of credit for Navy training.

Tuition Assistance (TA):
TA provides funds for eligible active-duty personnel to attend approved educational institutions on an off-duty basis to earn a high school diploma, vocational/technical certificate, or college degree. TA pays for tuition and fees directly associated with the course of instruction. TA will pay for the following amounts per fiscal year: 16 semester hours, not-to-exceed $250/credit or 24 quarter hours, not-to-exceed $166.67/credit or a combination of semester and quarter hours.

Sailor Marine American Council On Education Registry Transcripts (SMART)
SMARTs are official military transcripts which are used by colleges to validate your actual credited training. Every Sailor has a transcript already and access to it is free. More information is available online at: www.cnet.navy.mil.

The American Council on Education (ACE)
ACE has reviewed every course listed in the OCCUPATIONAL Roadmap and determined what type of collegiate level credit is recommended. The ACE identifier, listed with each course, is a source to validate the information and to check for changes as they occur. Updates can be found at http://www.militaryguides.acenet.edu.

Vocational Certificates
Vocational Certificates are available from most community colleges. Most of your military training can be counted toward their degree programs, but they will still require residency credits and approximately 40-75 credit hours. These certificates can be as valuable as the apprenticeship program in the civilian work force.

College credits by Testing CLEP, DSST
Testing can replace the requirement to attend most of the college courses listed in the Occupational Roadmap. Base Education Centers offer CLEP and DSST exams for active duty military at no cost. They also offer a comprehensive list of “credit-by-exam” tests. Additionally, many of the tests have study guides available. These tests are available at the base education center or through the base library system.
DANTES (DSST) http://www.dantes.doded.mil/DANTES_WEB/EXAMINATIONS/non.htm
CLEP Exams http://www.collegeboard.com/student/testing/clep/about.html
SAMPLE COLLEGE COURSE PLAN
INTERDISCIPLINARY STUDIES ASSOCIATE IN SCIENCE DEGREE

Interdisciplinary Studies at Empire State College
Associate in Science Degree (Total 64 Semester Hours Minimum)
http://www.esc.edu/ESConline/Across_ESC/cdl/navycoll.nsf/8fa4c6c0069894608525671d0049f3a0/ac6cfede7cc6ff71852
569a8006ab40d/$FILE/AS%20INT%20General%20Studies.pdf

General Education Core Requirements (21 Hours); Choose 7 of the following 10 areas

I. The Arts

II. Basic Communication

III. Social Science

IV. Mathematics

V. Humanities

VI. Natural Sciences

VII. American History

VIII. Western Civilization

IX. Other World Civilizations

X. Foreign Languages

Educational Planning (4 hours)

Liberal Studies (7 hours)

General Studies (32 hours); Credits may include

I. Nautical Science, Food Service Internship, Quantity Food Preparation, Food Preparation, Advanced Culinary Techniques, Food Service Sanitation, Dining Room Service and Menu Planning, Principles of Supervision, Sanitation and Safety, etc.

24 semester hours must be taken at Empire State College, 32 must be liberal studies, and up to 40 can be transferred from other sources. Total applied ACE credits range from 9 to 32 credits based on rank (E3 to E9).

○ Remember, this is only an example, you must see a college counselor to work out a plan for you.
SAMPLE COLLEGE COURSE PLAN
INTERDISCIPLINARY STUDIES BACHELOR OF SCIENCE DEGREE

Interdisciplinary Studies at Empire State College
Bachelor of Science Degree (Total 128 Semester Hours Minimum)
http://www.esc.edu/ESConline/Across_ESC/cdl/navycoll.nsf/8fa4c6c0069894608525671d0049f3a0/ac6cfede7cc6fffc1852569a8006ab40d/SFILE/BS%20INT%20Culinary%20Arts%20Management.pdf

General Education Core Requirements (30 Hours);

I. The Arts

II. Basic Communication

III. Social Science

IV. Mathematics

V. Humanities

VI. Natural Sciences

VII. American History

VIII. Western Civilization

IX. Other World Civilizations

X. Foreign Languages

Educational Planning (4 hours)

AOS/Concentration (Major) (20 hours) credits may include
I. Food Service Internship, Quantity Food Preparation, Food Prep, Advanced Culinary Techniques, Food Service Sanitation, Dining Room Service and Menu Planning, etc.

Concentration (Major) (24 hours); Credits may include
I. Sanitation and Safety, Field Experience in Hospitality Management, Food and Beverage Cost Control, Principles of Management, etc.

Electives (29 hours)

Electives-Advanced Level (21) hours

24 semester hours must be taken at Empire State College, 32 must be liberal studies, and up to 40 can be transferred from other sources. Total applied ACE credits range from 9 to 45 credits based on rank (E3 to E9).

○ Remember, this is only an example, you must see a college counselor to work out a plan for you.
# SAMPLE COLLEGE COURSE PLAN
## MASTER OF SCIENCE DEGREE IN MANAGEMENT

Management at Thomas Edison State College  
Master of Science (Minimum of 36 Semester hours)  

- **Core (18 Semester Hours)**
  - ORG-502 Leadership Management in the 21st Century (3)
  - HRM-530 Human Resources Management (3)
  - ORR-510 Organizational Research (3)
  - EIO-520 Economic Issues in Organizations (3)
  - FAM-540 Finance for Accounting and Managers (3)

  **Select one of the following:**
  - MKM-560 Marketing Management (3)
  - PJM-510 Project Management (3)

- **Required Courses (6 Semester Hours)**
  - MSM-620 Leadership, Vision and Strategic Planning (3)
  - MSM-630 Final Capstone Project (3)

- **Electives (12 Semester Hours)**
  - **Electives**  
    Electives may be taken at any time and include any Thomas Edison State College online graduate courses. Students may also develop graduate Prior Learning Assessment (PLA) portfolios or work with a graduate mentor to design an independent study course. Students may also transfer graduate credits from other regionally accredited institutions or apply credits recommended for college credit by the American Council on Education (ACE).

  - Students must see a college counselor to work out a plan for you.
REFERENCES

Navy Enlisted Learning and Development Programs:

- Learning and Development Roadmap for Enlisted Sailors, OPNAVINST 1500.77(series)
- Navy Enlisted Retention and Career Development Program, OPNAVINST 1040.11(series)
- Career Counselor Handbook, NAVPERS 15878K
- Command Sponsor and Indoctrination Programs OPNAVINST 1740.3(series) (Sponsor assigned within 10 days of orders received / Indoctrination completed as soon as possible and practicable but NLT 90 days)
- Command Sponsorship of Dependents at Overseas Duty Stations MILPERSMAN 1300-150 to 1300-210
- Guaranteed Assignment Retention Detailing Program (GUARD 2000), MILPERSMAN 1306-1002/1004
- Navy Enlisted Warfare Qualification Programs OPNAVINST 1414.9 (series)
- Master Training Specialists (MTS) Program NETCINST 1500.2(series)
- Command Master Chief Program OPNAVINST 1306.2 (series)

Reenlistments and Extensions:

- Agreement of Enlisted Naval Reservist, and Fleet Reservists Inductees to Remain on Active Duty MILPERSMAN 1160-060
- Extension of Enlistments MILPERSMAN 1160-040
- Overseas Tour Extension Incentives Program (OTEIP) MILPERSMAN 1306-300
- Consecutive Overseas Tours (COT) Leave Travel Entitlement Policy MILPERSMAN 1050-410
- Perform to Serve (PTS) MILPERSMAN 1440-060
- Reenlistment Ceremony MILPERSMAN 1160-020
- Leave of Military Personnel MILPERSMAN 1050-040
- Required Counseling Upon Enlistment and Reenlistment MILPERSMAN 1160-031
- Selective Reenlistment Bonus (Use Latest SRB NAVADMIN)
- Selective Training and Reenlistment (STAR) Program MILPERSMAN 1160-100
- Assignment to School as a Reenlistment Incentive MILPERSMAN 1306-1006

Fleet Reserve and Retirements:

- Casualties and Survivor Benefits (SBP) MILPERSMAN 1770-010 to 1770-280 OPNAVINST 1750.5(Series)
- Disability Retirement MILPERSMAN 1850-010 to 1850-040
- Fleet Reserve and Retirement MILPERSMAN 1800-010 to 1800-070
- Privately Owned Vehicle (POV) Shipment Entitlement Policy and Household Goods (HHG) Shipment and Storage Entitlement Policy MILPERSMAN 4050-010 to 4050-020
- Permissive Temporary Duty (PTDY) Authorization for Job/House Hunting MILPERSMAN 1320-220
- Transition Assistance Management Program (TAMP) OPNAVINST 1900.2(series) (Initiate a DD-2648-1 NLT 90 Days Prior to Separation and attend workshop 12 months prior to separation/Fleet Reserve/Retirement date)

Enlisted Administrative Separations:

- Separation by Reason of Alcohol Rehabilitation Failure MILPERSMAN 1910-152
- Separation by Reason of Misconduct -Drug Abuse MILPERSMAN 1910-146
- Separation by Reason of Convenience of the Government -Early release to further education MILPERSMAN 1910-108
- Administrative Separation (ADSEP) Policy and General Information MILPERSMAN 1910-010 to 1910-812
- Fraudulent Enlistment MILPERSMAN 1910-134
- High Year Tenure (HYT) MILPERSMAN 1160-120
- Misconduct (various reasons) MILPERSMAN 1910-138/140/142
- Department of the Navy (DON) Policy on Parenthood and Pregnancy SECNAVINST 1000.10(series) & MILPERSMAN 1910-124
- Separation by Reason of Convenience of the Government -Personality Disorder MILPERSMAN 1910-122
- Separation by Reason of Physical Fitness Assessment (PA) Failure MILPERSMAN 1910-170
- Separation by Reason of Misconduct – Commission of a Serious Offense MILPERSMAN 1910-142
- Separation by Reason of Unsatisfactory Performance MILPERSMAN 1910-156
Advancement & Service Schools:

- Accelerated Advancement of Recruit Training Class “A” School Graduates, and Ceremonial Guard MILPERSMAN 1430-010
- Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series)
- Service Schools MILPERSMAN 1306-600/602/604/608
- Class “A” School & Rating Entry Requirements MILPERSMAN 1306-618
- Retesting with Armed Forces Classification Test (AFCT) version of the Armed Services Vocational Aptitude Battery (ASVAB) MILPERSMAN 1236-010
- Professional Apprenticeship Tracks Program (PACT) NAVADMIN 318/07

Education:

- Joint Chiefs Professional Military Education (PME) Manual 1805.01
- Voluntary Education (VOLED) for Navy Sailors OPNAVINST 1560.9(series)
- Navy Voluntary Education Program NETCINST 1560.3(series)
- Navy Credentialing Programs OPNAVINST 1540.56
- Administration of the United Services Military Apprenticeship Programs (USMAP) OPNAVINST 1560.10(series)

Other Quick References:

- Awards Manual (SECNAVINST 1650.1(Series)
- Change in Rating MILPERSMAN 1440-010 to 1440-040
- Department of the Navy Correspondence Manual (SECNAV M-5216.5
- Navy Alcohol and Drug Abuse Prevention and Control OPNAVINST 5350.4(series)
- Exchange of Duty (SWAPS) MILPERSMAN 1306-700
- First-Term Personnel Assignment Policy MILPERSMAN 1306-126
- Individual Augmentation (IA) Policy and Procedures OPNAVINST 1001.24(series)
- Military Couple and Single Parent Assignment Policy MILPERSMAN 1300-1000
- Military Pay MILPERSMAN 7220-010 to 7220-410
- Navy Performance Evaluation System BUPERSINST 1610.10 (Series)
- Overseas Extensions MILPERSMAN 1300-310
- Physical Readiness Program OPNAVINST 6110.1(series) / MILPERSMAN 6100-6199
- Reassignment for Humanitarian Reasons (HUMS) MILPERSMAN 1300-500
- Standardization Policy and Procedures for the Active Duty for Special Work (ADSW) Program OPNAVINST 1001.20(series)
- Operational Risk Management OPNAVINST 3500.39C
- Personnel Qualification Standards (PQS) Catalog NAVEDTRA 43100-6M