

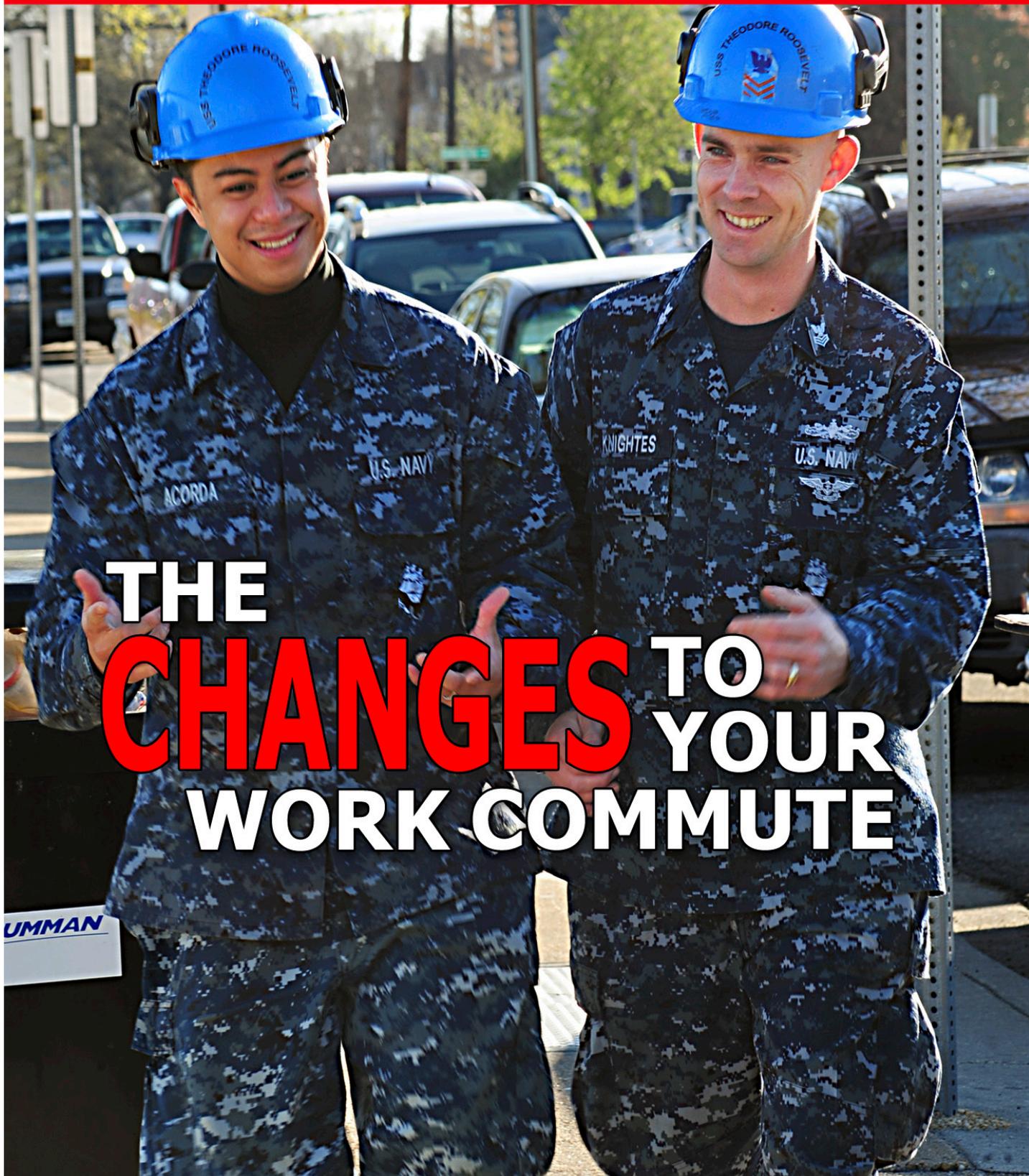
CPO 118th BIRTHDAY CELEBRATION

Chiefs mark anniversary with ceremony

TR FAN NIGHT AT ADMIRAL'S GAME

CO drops puck at annual Admiral's fan night game

USS THEODORE ROOSEVELT
ROUGH RIDER



**THE
CHANGES TO
YOUR
WORK COMMUTE**

UMMAN

Rough Rider of the Week: HM2 Loany Moore

By MCSN Tyrell Morris

This week's USS Theodore Roosevelt (CVN 71) Rough Rider of the Week is Medical Department's Hospital Corpsman 2nd Class (SW) Loany Moore.

Moore, a native of LaCeiba, Honduras, originally joined the Navy in 2003 as an aircrew survival equipmentman. When she sustained an injury that would have limited her from performing her duties, Moore was given the opportunity to change rates to hospital corpsman.

"The best part of being

a corpsman is getting the opportunity to help so many people and be a go-to person," said Moore.

Hospital Corpsman 2nd Class Melisa Cason, Medical Department lead-

ing petty officer, said Moore is definitely her go-to person.

"I can always count on Moore to complete anything I task her with," said Cason. "Even when she doesn't know something Moore is determined to find the

solution, she never quits."

Since she arrived to TR in 2008, Moore has done a little bit of everything in the medical department. She has worked in sick call, medical front desk, x-rays, and now she administers periodic health assessments (PHAs). She was also influential in helping the medical department bring ship's readiness to a high percentage.

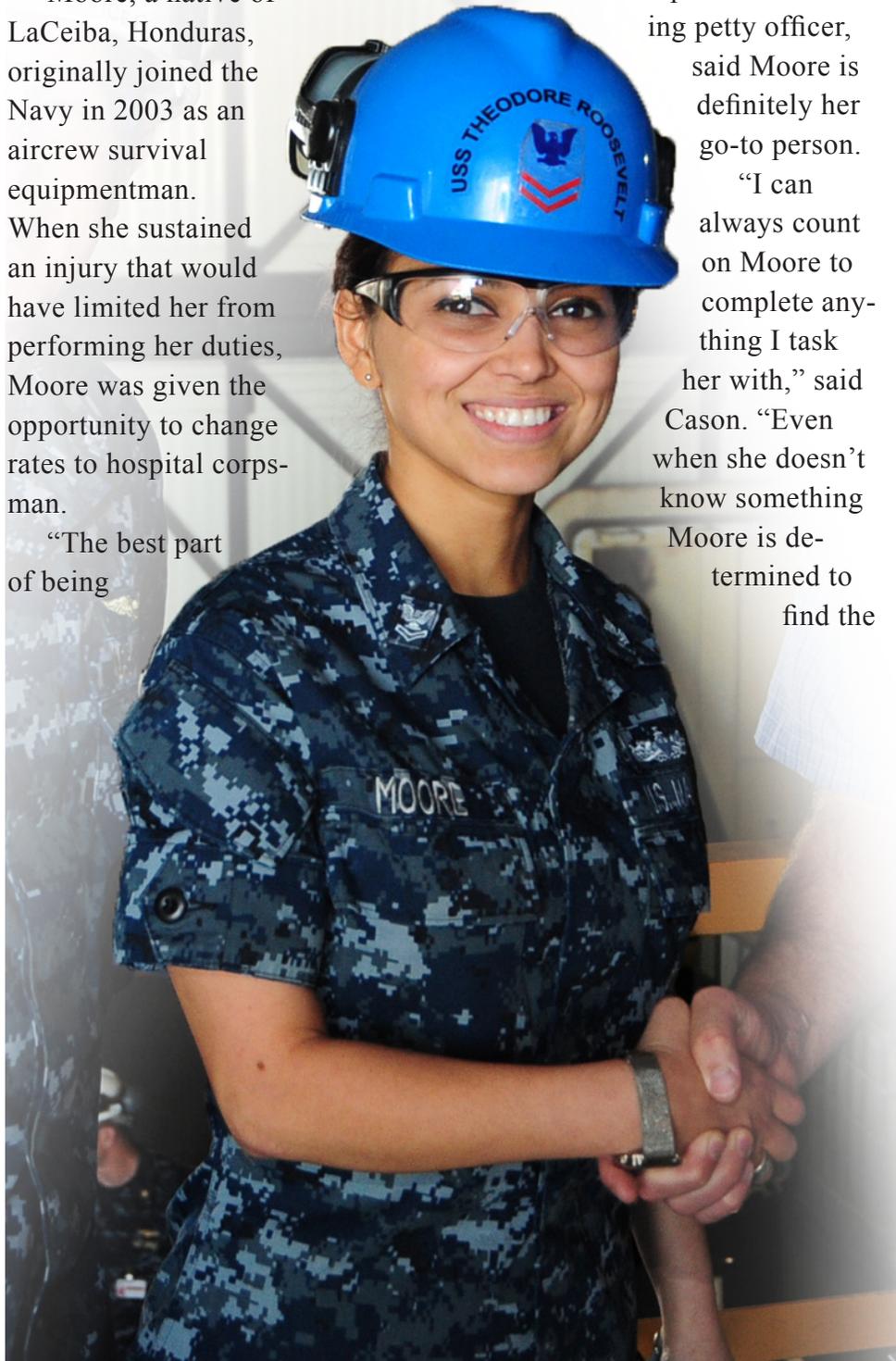
"It can be overwhelming sometimes because so many people rely and count on you but being a corpsman is such a rewarding job and I make sure I always do my best," said Moore.

In addition to her exceptional work in her rate, Moore is also taking college courses and is only two courses away from getting her associate's degree.

"Make sure you do your job to the best of your ability but in addition to that, make sure you're doing something for your personal growth. Because at the end of the day the Navy will always be there and when it's time for you to get out you want to have something to show for it," said Moore.

Moore is going to continue her educational endeavors until she receives her bachelor's degree in nursing.

In her spare time, Moore enjoys spending time with her children, playing XBOX Kinect, and working in her yard.



CO Drops the Puck at Fan Night

By MCSN Jennifer Castillo

Sailors and their families from USS Theodore Roosevelt (CVN 71) ventured to the Scope Arena in Norfolk, Va. for a night of nail-biting excitement April 2.

The Norfolk Admiral's Hockey Team played an intense game against the Hershey Bears. This was the Admiral's last regular season game before the playoffs and the theme of the evening was Fan Appreciation Night. TR Sailors were the guests of honor.

Commanding Officer Capt. William J. Hart dropped the first hockey puck at center ice to begin the game.

"It's important for Sailors to get out and enjoy themselves outside of work," said Hart. "It allows Sailors to bring their families out and interact with their shipmates."

The ship's honor guard also took part in the pregame festivities. Five members of the honor guard presented colors during the playing of the national anthem. The anthem was performed by the U.S. Army Training and Doctrine Command (TRADOC) Band out of Fort Monroe, Va.

The game was organized by the ships Morale Welfare and Recreation (MWR) committee. Tickets were offered at a discounted price before the event. The object of events such as this, is to get Sailors and their families out for some fun, bond outside of work and help raise morale.



USS Theodore Roosevelt (CVN 71) Commanding Officer Capt. William J. Hart drops the puck at the last regular season game of the Norfolk Admiral's Hockey team in Norfolk.

Photo by MCSN Jennifer Castillo



The USS Theodore Roosevelt (CVN 71) Color Guard presents colors at the last regular season game of the Norfolk Admiral's Hockey team.

Photo by MCSN Jennifer Castillo

The game turned out to be spectacular for those in attendance. The Admirals and Bears kept the score very close throughout the entire game. Numerous fights broke out between the teams and the tension was high. In the last minutes of the game, the Admirals were unable to score and lost the game 5-4.

Admirals team captain Chris Durno (#25) said the team appreciates the support of the fans, especially those of the military.

"It's amazing to [the team] to have servicemembers come out and cheer us on," said Durno. "We want to thank the Sailors and soldiers who come out game after game to cheer us on and the team appreciates everything you do for the country."



THE NEW PARKING AND TRANSITING **GUIDELINES**

Story by MCSN Sandra Pimentel

Photos by MCSN Jessica Echerri

During its multi-year refueling complex overhaul in Newport News Shipbuilding, a division of Huntington Ingalls Industries, USS Theodore Roosevelt (CVN 71) begins the final touches of what will be the ship's biggest RCOH milestone to date; undocking and moving to Pier Three.

Beginning Apr. 20, 2011, Sailors will now be required to re-route their normal commute from the 50th Street turnstile to the 31st Street turnstile. The biggest change this move brings for the crew is parking and the walking route to the ship.

Parking in the Bank Building parking structure will be restricted to E-6 and above and E-5 and below will continue to park in the 50th Street lot until further parking spaces can be found. Those that park in the 50th Street lot will ride the buses to the new turnstile.

"Until Sailors get used to the new traffic flow, anticipation of time delays can and will be expected," said Cmdr. Stephen Pepler, TR's 1st Lieutenant. "Most Sailors who drive, park at 50th Street regularly, so the change will be minimal."

The new layout for the parking structure will include color coded parking passes verifying which car belongs where. Departments will be given parking passes to issue out to Sailors.

As it stands, department heads, primary assistants and department leading chief petty officers will have designated parking spaces, marked with blue placards, on the first level of the parking garage.

Officers and chiefs will be issued khaki colored parking passes which need to remain visible while in the garage. All remaining spaces on the first level will be reserved for E-7 and above on a first-come first-serve basis.

Third and fourth decks will have non-designated parking spots and are on a first-come first-served basis for all E-6 and above accompanied by a visible blue colored parking pass.

Any overflow for E-6 and above will be directed over to the 50th Street parking lot.

E-5 and below will park at the 50th Street parking lot and be shuttled to the 31st Street turnstile. Green parking passes must be visible.

Transportation department will be providing buses that will run from 50th Street to the 31st Street turnstile, located near Pier Three. Buses are slated to start the new route prior to flooding of the dry dock.

As an added measure, Security will be verifying parking permits until shipbuilding security is informed of the new procedures.

"Until we can get more garage space closer to the turnstile, we will have to use 50th Street," said Pepler.

Pepler said that all efforts are being made to find closer parking spaces, but until final word is given Sailors will continue to use 50th Street parking.



1. USS Theodore Roosevelt (CVN 71) Sailors Seaman Steven Pope and Seaman Jonathan Kelly ride the bus on their way to work.

2. USS Theodore Roosevelt (CVN 71) Sailors line up to board the bus.

3. Operations Specialist 3rd Class Dabrion Mobley and Interior Communications Electrician Justina Arroyo walk to work after departing the bus.

Chief Community Celebrates their 118th Birthday

By MCSN Jennifer Castillo

The 118th birthday of the rank of chief petty officer was celebrated April 1, at the Renaissance Hotel in Portsmouth, Va.

More than 300 chiefs from the Hampton Roads area came out for the celebration. Spouses and retired chiefs were also in attendance.

The day's events included a ceremony, lunch, cake cutting and a raffle for numerous prizes.

Fleet Master Chief (AW/NAC) Mike Stevens of Fleet Forces Command was the keynote speaker.

"The pride of a Navy chief is something special," said Stevens. "Holding the rank of chief petty officer is an honor and has a great history, and that's what we celebrate every year."

The chiefs who served in the past were honored during the ceremony and the hope of present and future chiefs was discussed.

The cake cutting ceremony is a long-lasting Navy tradition in which the oldest and youngest chiefs cut the cake. The oldest was born in 1934 and has since retired. The youngest in the room was born in just 1985 at 25 years old.

The celebration concluded with the chiefs reuniting with old friends and catching up on the progress of their shipmates. The United States Navy has been built on pride and tradition. Most traditions have carried on throughout the years. A chief petty officer does not forget where he has come from and where he is going. "Ask the Chief" is a household

phrase in and out of the Navy," said Stevens. "You are now the Chief. The exalted position you have now achieved - and the word exalted is used advisedly - exists because of the attitude and performance of the Chiefs before you. It shall exist only as long as you and your fellow Chiefs maintain these standards."



The oldest and youngest chief petty officers cut the cake during the chief's 118th birthday celebration.

Photo by MCSN Jennifer Castillo



Photo Find by MC3 Andrew Skipworth

PHOTO FIND

Can you find the ten out of place items in this photo?

1. 100 Grand Bar
2. A bowling pill
3. Drink bottles
4. Baseball bat
5. Birthday cake
6. Cheeseburger
7. Walking cane
8. Hammer
9. Key
10. Ruler
13. TR the Man x4

Chiefs stand at attention during a ceremony to celebrate the 118th anniversary of the chief petty officer rank.

Photo by MCSN Jennifer Castillo

TR Educates S.T.E.M. Students About Japan Tsunami

By MCSN Cory Asato

Officers from USS Theodore Roosevelt (CVN 71) and CPR 11 delivered a presentation for 3rd, 4th and 5th grade students in the science, technology, engineering and mathematics (STEM) program at Campostella Elementary School in Norfolk, Va. Apr. 1 to discuss the Mar. 11 earthquake and Tsunami in Japan, as well as to the U.S. Navy's response to the crisis.

TR Executive Officer Capt. Douglas C. Verissimo, Operations Officer Cdr. James M. Landas and Navigator Cmdr. Roger L. Curry, used their resident knowledge and real world application in these STEM fields to educate the students about the disasters and the Navy's mission in Japan.

"It's great to expose this stuff early to the STEM students," said Verissimo.

"We can provide the Navy perspective on how the Navy can help since we are on the water and go from land mass to land mass and help people in many different ways. We use science and technology in our ships, and our people make that happen."

The three senior officers from TR used a power-point presentation combined with hands on practical exercises to comprehensively explain the earthquakes and Tsunami affecting Japan, as well as how the Navy is providing assistance. Landas explained that Japan is 6,500 miles away from Virginia. He



Cmdr. Roger Curry, Navigation Officer on board USS Theodore Roosevelt (CVN 71), shows a student at Campostella Elementary School how to salute after donning a flight helmet.

Photo by MCSN Jessica Echeri

also explained the implications and causes of the earthquake and Tsunami through geological references which the children could grasp.

Curry used his navigational experience to explain to the children how the weather played a big role in the ordeal as well and how the weather affects movements of ships such as TR.

"We have numerous ships stationed around the area affected, so we were able to get assistance there in a timely manner," said Landas, who holds a minor in geology.

"We, as the Navy, are a global force for good," said Curry, refer-

encing the Navy's slogan. "We're not just a combat force, we'll do what we can to help people when there's a disaster somewhere or people are in need and we have the resources."

The students responded to the presentation with many inquisitive and intelligent questions. One student asked, "What's the safest place in an earthquake?"

Some of the answers came over the phone from Japan by Capt. Brad Lee, Commodore of Amphibious Squadron 11, forward deployed in Sasebo, Japan. Commodore Lee is in charge of the Navy's amphibious ships currently conducting Japan's post-Tsunami operations.

Commodore Lee agreed to call the school to answer questions the students might have about the Tsunami. Lee called the kids at the school around 1.30 p.m. EST to accommodate

their schedule, despite the 13-hour time difference. It was 2:30 a.m. in Japan.

"When I heard that the kids were learning about the Navy's post-Tsunami relief effort as part of their STEM education, I knew I wanted to facilitate that learning," said Lee.

The hour-long presentation gave the students a wealth of information that they were able to take away.

"I really appreciated that it helped me form an understanding of how the Navy was able to help people with the resources we have," said 5th grader Christian L. Hawkins.

Photo of the Week



Female Sailors aboard USS Theodore Roosevelt (CVN 71) gathered for a Captain's Call with Capt. William J. Hart April 4, to discuss issues and concerns in an open forum. Hart discussed topics such as: safety, health concerns and day-to-day ship issues.

Photo by MCSN Sandra Pimentel

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The Rough Rider is an authorized publication for the crew of USS Theodore Roosevelt (CVN 71).

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MWR Upcoming Events

CIRCUS TICKET SALES

Universoul Circus Tickets available for April 27 at 7:30 p.m. for \$16 a person and April 28 at 7:30 p.m. for \$17.50 a person.

Tickets on sale until April 15. Stop by the MWR office to purchase.

NASCAR TICKETS

Tickets on sale at the MWR office for the Richmond International Raceway race April 30.

Price: \$90 per ticket. Tickets include a seat in the Henrico Towers and a pre-pit pass that is valid from 2 p.m. to 5 p.m.

FISHING TOURNAMENT

Cheatham Annex is holding a bass fishing tournament April 15 from 8 a.m. to 2 p.m. at Cheatham Lake.

Price: \$25 per boat (max of two people per boat)

For more information call 757-887-2681 or email michelle.keyser@navy.mil