

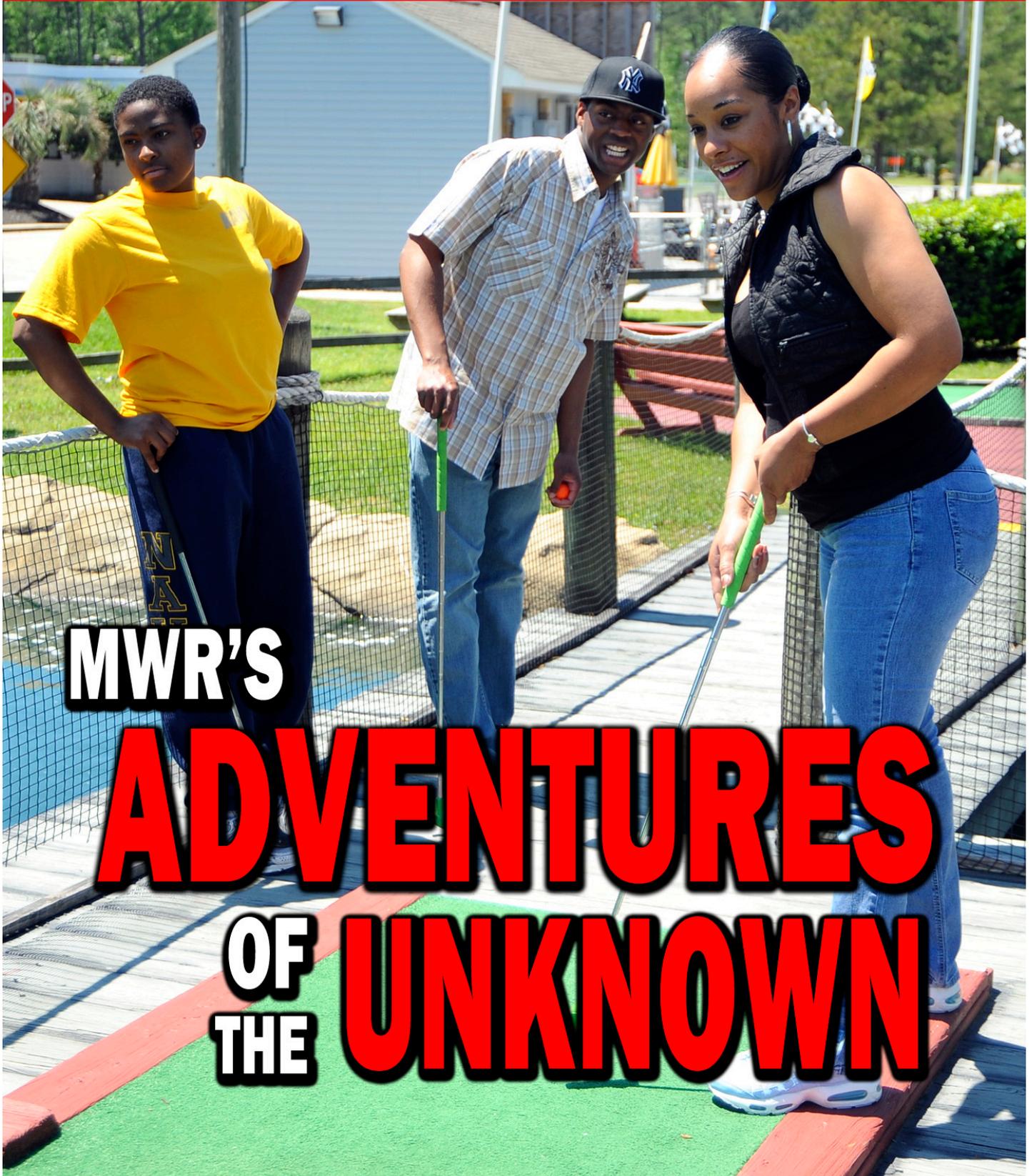
FUN IN THE SUN FIELD DAY

TR Sailors serve as role models at Sanford Elementary School

CHIEF'S MESS LEADERSHIP TRAINING

TR Chief's attend "energizing" training seminar

USS THEODORE ROOSEVELT
ROUGH RIDER



MWR'S

ADVENTURES

OF THE UNKNOWN

Rough Rider of the Week: LS3 Bradley

By MC3 Eric Lockwood

This week's USS Theodore Roosevelt (CVN 71) Rough Rider of the Week is Logistics Specialist 3rd Class Anthony Bradley of Safety Department.

Originally from Buffalo, N.Y., Bradley enlisted in the Navy in June 2008 in Atlanta, Ga. Before he joined the Navy, Bradley worked in warehouses and other jobs similar to the Logistics Specialist rate. He joined the Navy to learn new skills, see different parts of the world, further his education and provide for his family.

"I'm a family man, basically," he said. Bradley, a father of two boys, enjoys coaching his younger son's little league team and looks forward to his older son's updates from college.

At work, Bradley is the Respiratory Protection Project Manager (RPPM). He walks TR Sailors through their respirator qualifications.

"Everyone working to rehabilitate spaces needs to be qualified," he said. "[Every Sailor] needs to be qualified to work with all the hazardous materials on the ship."

"Almost no rehab job can go without him being there," said Senior Chief Information Systems Technician (SW/PJ) Justin Hoffman, Safety Department's leading chief petty

officer. "Without the manager for the respirator program, people can breathe in these particles that work teams are kicking up."

Bradley said his favorite part of his job is getting to work with a lot of people.

"Respirators are something that you need to get the job done," Bradley said.

"Paint fumes and various types of dust Sailors breathe in can be hazardous to one's health and needs to be filtered," said Hoffman.

Bradley believes he was chosen as Rough Rider of the Week because he is a hard worker.

"I don't stop until the job is done," he said. "I just think of my family and try to do the best I can."

In addition

to this work ethic, Bradley brings something else to his job. He enlisted in the Navy a little later than most people—he is 32 years old—and therefore has had more working experience than most recruits that join the military immediately following high school.

"Bradley brings with him a senior mentality," Hoffman said. "He can revise the [RPPM] program and modify it to fit the ships standards. I don't have to sweat the small stuff."

Bradley has impressed his chain of command by exhibiting a strong work ethic and a team-first mentality.

"I see him being a chief or a limited duty officer one day," Hoffman said.

"I can clearly see him in khakis."



TR's Chief Mess energized by leadership training

By MCSN Tyrell Morris

Instructors from the Navy Senior Enlisted Academy visited USS Theodore Roosevelt CVN 71 Apr. 27 and conducted the Chief Petty Officer Mess Development (Waterfront Initiative) seminar to 25 TR CPOs in an effort to bring lessons normally taught at the academy to waterfront chief's messes.

TR is the first aircraft carrier chief's mess to receive this Waterfront Initiative, which is a one-day seminar designed to energize CPO messes to become more effective leaders. The seminar, sponsored by the SEA in Newport, Rhode Island, focuses on CPO responsibilities, key Navy programs, team-building and leadership development.

"The chief's mess is the backbone of any Navy ship," said Master Chief Hospital Corpsman (SS/AW) Dave Dipietro, one of the instructors for the seminar. "Training and developing the chief's mess enables the rest of the ship to grow and develop. The lessons we bring can benefit a Chief's mess on the water-

front right now, and it's important we get this training out to them now."

The seminar, conducted at Huntington Hall Navy Berthing Facility in Newport News, Va., provided TR chiefs the opportunity to discuss various topics of interest for the CPO mess such as establishing and maintaining good order and discipline, effective communication, and mentoring.

The instructors led TR mess representatives through a dialogue on current command practices and policies and what actions they can take to improve upon them. The training was hands-on allowing the chiefs



Chief Petty Officers from USS Theodore Roosevelt's (CVN 71) Chief's Mess perform a group exercise at the Chief Petty Officer Mess Development (Waterfront Initiative). The CPO Mess Development (Waterfront Initiative) is a one-day seminar designed to energize CPO Messes to become more effective leaders.

Photo by MCSN Tyrell Morris



USS Theodore Roosevelt's (CVN 71) Chief's Mess listens attentively to the instructor at the Chief Petty Officer Mess Development (Waterfront Initiative) at Huntington Hall in Newport News, Va., April 27.

Photo by MCSN Tyrell Morris

to move around and interact with each other. They conducted case studies to reinforce teamwork and develop skills to identify, assess and solve relevant issues.

"With our mess being a large mess, this opportunity allowed some of our chiefs to refocus on

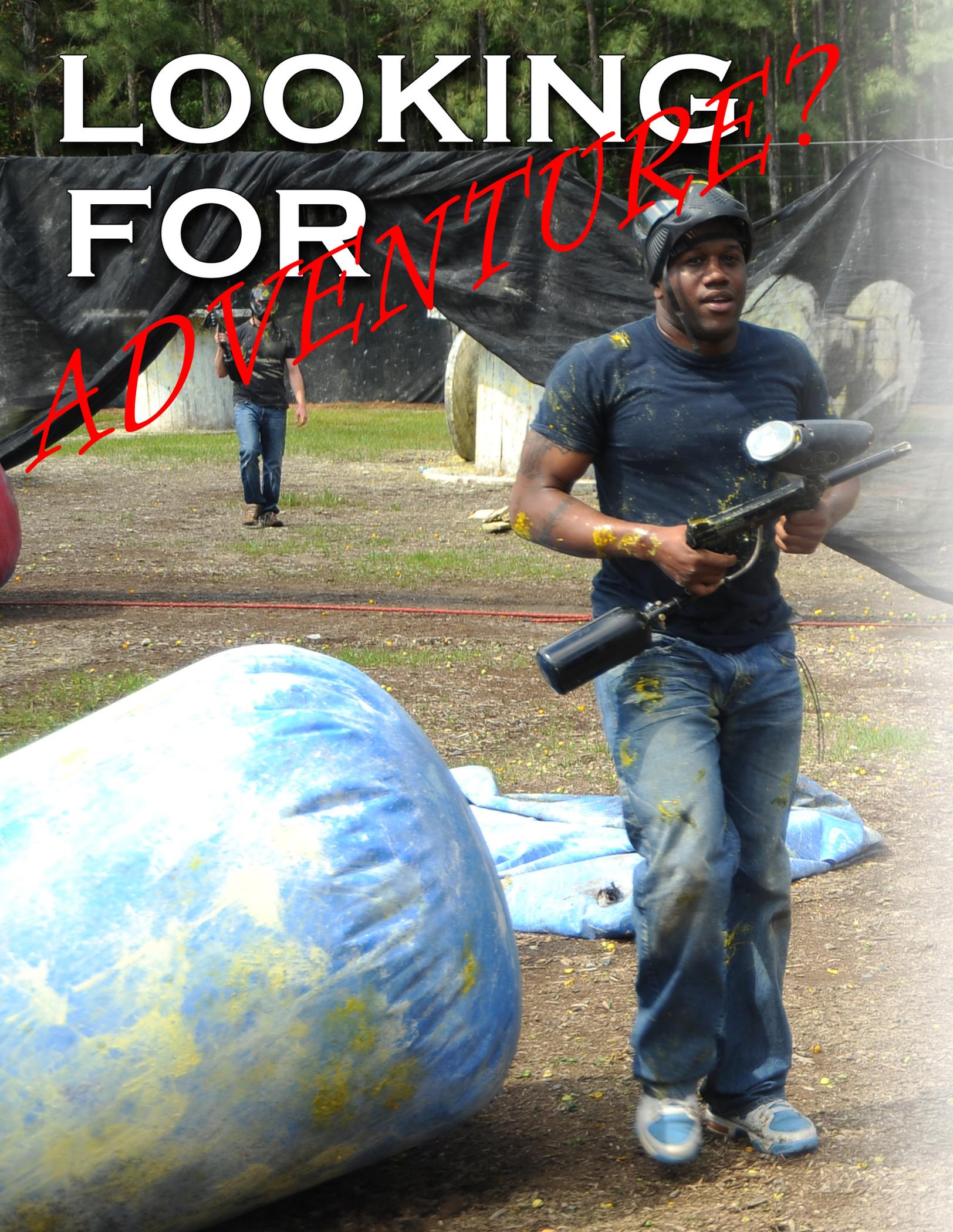
deckplate leadership," said TR Command Master Chief (SW/AW) Jack Callison. "The Waterfront initiative is all about brilliant on the basics and sailorization, and it's about training for the trainer. The training just bolsters our Chief's Mess to continue to maintain good order and discipline within the command."

Following the delivery of the Waterfront CPO Development Seminar, commanding officers have the opportunity to evaluate the effectiveness of the training by reviewing the teamwork and communication within the CPO mess and the interaction between the CPO mess and the rest of the ship's crew.

"This was a great day of training and camaraderie," said Callison. "The interaction and exchange of knowledge between the Chiefs will ensure our TR Sailors are properly trained and will become effective leaders themselves."

LOOKING
FOR

ADVENTURE!



Story and photos by MC3 Corey Hixson

The phrase ‘boosting morale’ is a term that is often used in the military. Some sailors aboard USS Theodore Roosevelt (CVN 71) had the opportunity to see this phrase put into action when they were afforded the opportunity to attend Adventures of the Unknown!

“It’s an event where Sailors go on a trip that they don’t know anything about,” said Ship’s Serviceman 3rd Class (SW) Laura Meador, a member of TR’s Morale, Welfare, and Recreation (MWR) Department. “It’s a surprise. Everything is paid for, and the command does this to boost morale.”

TR Sailors who attended the most recent Adventures of the Unknown, were taken to Virginia Beach, Va. They started off the trip with a visit to Jake’s Smokehouse Bar-B-Que. The group shared a meal together before arriving at their next destination, Motor World. While at this Virginia Beach attraction, TR Sailors participated in miniature golf and paintball.

“It was fun,” said Aviation Boatswain’s Mate (Handling) Airman Kenesha Bryan. “Everything was free. You can’t beat that. It gives you the opportunity to do something fun even though we’re in the yards.”

Since TR is currently going through its Refueling Complex Overhaul (RCOH), many junior Sailors, which are the ones eligible to attend Adventures of the Unknown, do not get the opportunity to work within their respective rates. This can sometimes be frustrating for Sailors, but Chief Fire Controlman (SW) James McPheeters, who accompanied the Sailors on this trip, thinks events like this can be a positive experience for TR personnel.

“It’s not about me, it’s about the junior Sailors, who are here in the shipyard where things can get stressful,” said McPheeters. “I get my joy from taking these young Sailors out. The group seemed to enjoy themselves, and hopefully they’ll tell everybody about it.”

Adventures of the Unknown is sponsored by TR’s MWR Department and is held on the last Friday of each month.

McPheeters said that if more participation is seen from the ship’s junior sailors, this event may be allowed to be done more frequently.

According to one of the Sailors who attended the adventure, it would be a good thing for other Sailors on the ship to attend this event.

“The event was nice,” said Aviation Boatswain’s Mate (Handling) Airman Brittany August. “It gives you a chance to get off the ship and enjoy a nice change of scenery.”

For the Sailors who attended Adventures of the Unknown, they all had good reviews of the trip. During this RCOH period, Sailors can get a boost in their morale and find relief from their usual workloads through attending these type of MWR events.

“It was pretty good,” said Aviation Boatswain’s Mate (Handling) Airman Matthew Wegner. “The weather was nice and the people are fun. I’m glad I got a chance to come out here and just relax.”



1.



2.



3.

1. Aviation Boatswain’s Mate (Handling) Airman (AW/SW) Kenesha Bryan prepares for a paintball battle during MWR sponsored Adventures of the Unknown.

2. Aviation Boatswain’s Mate (Handling) 3rd Class Ashley McCoy and Aviation Boatswain’s Mate (Handling) Airman Tacara Juarez take time to relax during a game of miniature golf while at the most recent Adventures of the Unknown.

3. Quartermaster 3rd Class Timothy Bradner retreats after being ambushed by other TR Sailors during a Adventures of the Unknown game of paintball.

A step-by-step guide to submitting Media job requests

Need any media products? Looking for a photographer for your reenlistment? Need media coverage for your departmental event?

For any requests to USS Theodore Roosevelt's (CVN 71) Media Department, you should be requesting jobs through Helpdesk. To put in a Media request, follow these simple steps:

1. Open Internet Explorer
2. Where you would type in a URL, type the word "helpdesk" (no quotation marks) and press enter.
3. Log into helpstar using a personal ship login and email. Ensure your domain is set to CVN71.NAVY.MIL
4. In the upper left of the helpdesk home screen, there is an icon that says Request. Click this to add a new service request.
5. Set Request Type to TR Media Request Forms
6. Open Category and click "Select Category" on the screen that

pops up, click the plus sign (+) next to Photo Requests and select either Media Request, or Photo/Print Job Request.

7. Enter a title for the job in the title box. A good title will tell Media Department briefly what you need. Examples of good titles would be "Request Photographer for Reenlistment" or "Request ESWS Study Guides." An example of a poor title would be "photographer" or "manuals printed please"

8. Select an 'urgency level' for the job. Please be reasonable with this box. Each job is important to the media Department staff. However, not all jobs qualify as a critical urgency. We will do our best to accommodate each urgency level.

9. Select a due date. Please keep in mind that Media Department's job turnaround is 10-14 days. The earlier a job request is entered, the easier it will be to meet your due date.
*Note: For jobs such as reenlistments,

commissioning ceremonies or retirements, it is best to put in a request three months early to ensure proper scheduling and preparation.

10. In the 'memo' section, please provide a clear and detailed description of what the request is, including number of prints and paper preferences for print jobs, time and date for reenlistments and retirements, special instructions, etc.

11. At the top of the request box, select the tab that says "User Defined Fields" and fill out the information in that tab.

12. To attach a file, select the paper clip icon in the top left corner of the screen. If attaching a file, please add "file attached" to your note in the Memo section.

13. To finish your request, click the 'save' icon in the top left corner.

New Service Request

13 Home View Lookup

Reminder

Schedule

Main [Trouble Ticket] User Defined Fields 1

General Information

5 Request Type: Trouble Ticket

Requester: Hurt, Sean D. MCSN

6 Category:

7 Request Title:

Asset:

Importance

8 Urgency: Medium

Priority: Medium

Scheduling

9 Begin Work: ASAP

Due By: ASAP

Current Location

Move To: Dispatch - [Dispatch]

Close

Owner: <No Owner Assigned>

Memo

10

TR Sailors “role models” at Fun in the Sun Field Day

By MCSN Jessica Echerri

Nearly 20 Sailors from USS Theodore Roosevelt (CVN 71) volunteered at Sanford Elementary School in Newport News, Va., for the school’s Annual Fun in the Sun Field Day event April 20 and April 27.

Each Sailor ran and supervised one of the 19 events that make up the Fun in the Sun Field Day. Jill Spielberger, the

making the kids do their best.”

Many of the students’ parents were happy to see the Sailors volunteering in the community.

“My kids couldn’t stop talking about them,” said Jane Artis, parent of three Sanford students between kindergarten and third grade. “I think it’s awesome these kids have the Sailors as role models.”

The Sailors spent the day helping the students run relays like the torch relay in which each runner had to run while holding a tennis ball in a plunger without dropping the ball. Many of the Sailors said they were happy to be helping at the school.

“I remember when I was in elementary school doing this kind of stuff, the teachers made it fun for me,” said Cryptologic Technician (Collection) Seaman Robert Pennington, a volunteer from TR. “It was fun for me so I want to make it



Airman Ted Russell from USS Theodore Roosevelt (CVN 71) wraps toilet paper around students from Sanford Elementary School. TR Sailors volunteered at the school’s Annual Fun in the Sun Field Day, a series of races and competitions for the students, to help supervise the students during each event.

Photo by MCSN Jessica Echerri



Hospital Corpsman 3rd Class Jacklyn Davis from USS Theodore Roosevelt (CVN 71) shows a student from Sanford Elementary School where to pour his water for a relay race.

Photo by MCSN Jessica Echerri

physical education instructor at Sanford, said the kids loved the positive energy the Sailors brought to the event.

“All the TR Sailors here are working together, everyone is on the same mission,” she said. “These guys are

fun for them too.”

Spielberger said the success of this year’s Fun in the Sun Field Day has a lot to do with the TR Sailors.

“Everybody is so willing to help with everything,” she said. “I’m really grateful for all their help and I hope the TR will be able to help next year too.”



Aviation Boatswain's Mate (Equipment) 3rd Class (AW) Martel Stone from USS Theodore Roosevelt (CVN 71) acts as a target for the arrow toss at Sanford Elementary School's annual Fun in the Sun Field Day.

Photo by MCSN Jessica Echerri

Photo of the Week



Capt. William J. Hart, Commanding Officer of USS Theodore Roosevelt (CVN 71), sits down for an interview with local television host Cathy Lewis of WHRO's "What Matters," May 3 to discuss the challenges of a ship undergoing a refueling complex overhaul and the importance of the Navy maintaining positive community relations.

Photo by MCSN Sean Weir

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ANNOUNCEMENTS — FROM THE TR —

Needed
One Day Volunteers & Mentors
People Helping Our Youth Everyday

For

Family & Friends Fun-Day @ The Park
When: Saturday May 14, 2011
Where: Norfolk Lafayette ZOO (City) Park
Time: Beginning 11:00am (Kiddies visit to the Zoo)
We need the Volunteers, and One Day Mentors to arrive @ 10:00am for set up of games, and other materials. Please Call Cathy Nelson for further Details @ 757-405-2978

Help needed with Set Up, and Materials for Games such as Basketballs, Volleyballs (and Net), Horseshoes, and Sack Races as well as participating in these games with the kids and their parents for a full day of fun.

Volunteer Servers Needed, & "Donation of Some Supplies"
For more information on How you can Volunteer please contact:
Ms. Cathy Nelson: (757)405-2978
www.helpingouryouthpe.org
Email: phelpingouryouth@aol.com
Visit us on face book and follow us on Twitter