

**NAVY WEEK INDIANAPOLIS**

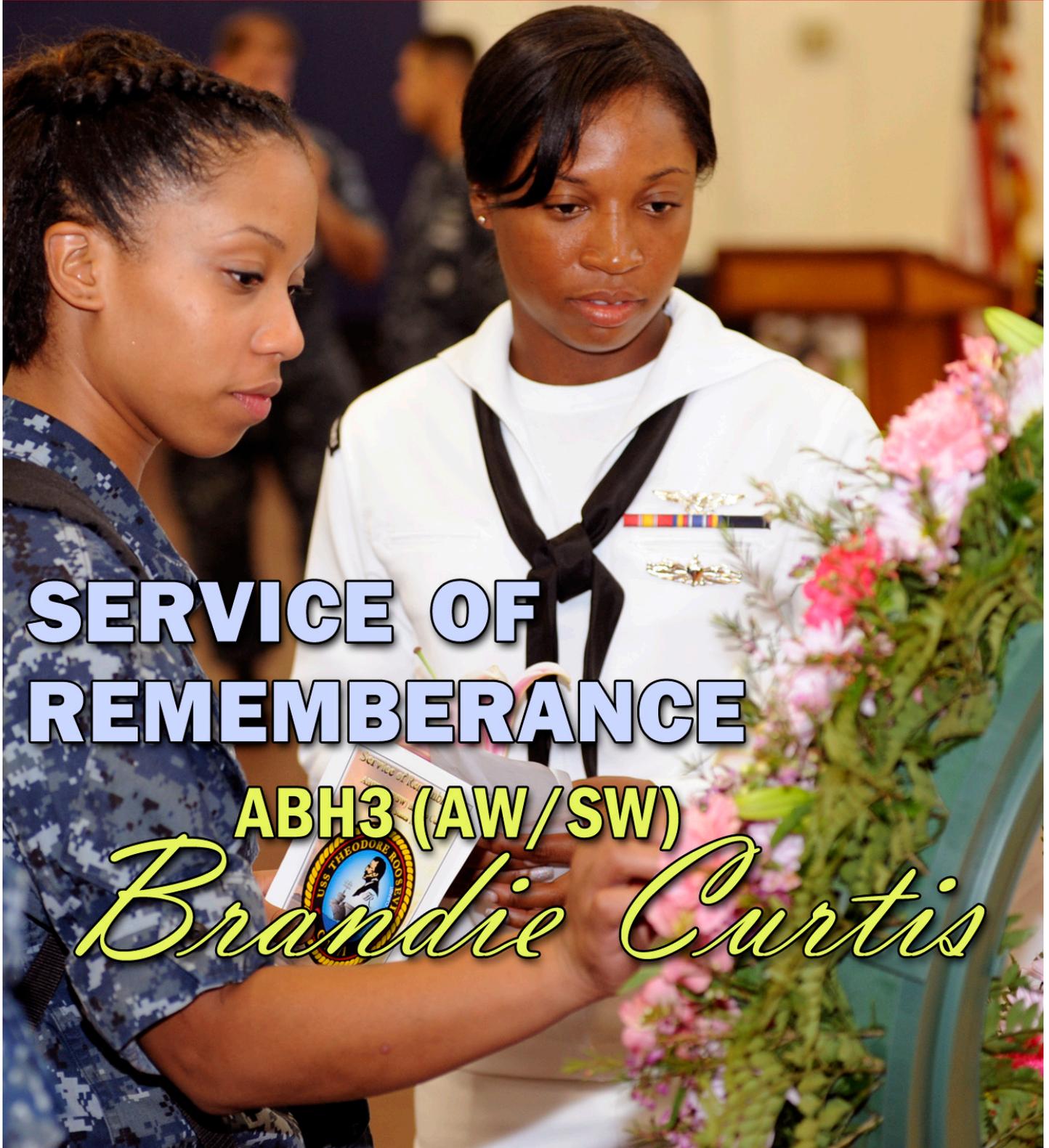
TR Sailors represent thier command at Navy Week

**TR'S PETTY OFFICERS HOLD FOOD DRIVE**

FCPOA and SCPOA Sailors collect food for the hungry

USS THEODORE ROOSEVELT

# ROUGH RIDER



## SERVICE OF REMEMBERANCE

**ABH3 (AW/SW)**

*Brandie Curtis*

# Rough Rider of the Week: HM3 Rastall

By MC3 Tyrell Morris

This week's USS Theodore Roosevelt (CVN 71) Rough Rider of the Week is Hospital Corpsman 3rd Class Calvin Rastall from Medical Department.

Rastall, a Wisconsin native, enlisted in the Navy February 2008. He spent his first naval tour at the Naval Branch Health Clinic in Sasebo, Japan before coming aboard TR in May 2011. Since his arrival to TR, Rastall has proven himself to be a valuable member of Medical Department.

Rastall believes he was chosen as Rough Rider of the Week because he does not complain when performing assigned duties and he is always smiling and doing what he can to keep morale up.

"A smile on your face and positive attitude goes a lot farther than a scowl and complaint," said Rastall.

He managed to update more than 150 medications saving the TR approximately \$1,400 a year.

"Rastall has identified key discrepancies within his work center and made huge strides to correct them," said Chief Hospital Corpsman (SW/AW) Dawn McElderry. "He initiated a new pharmacy inventory system and spent hours training new personnel on the proper documentation, storage, and administering of medication."

Rastall was a key player in the update of six Medical Readiness Team (MRT) bags and one crash cart. He inventoried more than 20 critical care medications and stocked more than 30 medical supplies. His efforts with the crash cart and MRT bags have ultimately raised the ship's medical emergency response to the American Heart Association guidelines used in hospital settings.

"His

work ethic, reliability, and professionalism are paramount to both the medical mission and command mission," said Senior Chief Hospital Corpsman (SW/AW) Shannon Surrett.

He recently completed his DC and 3M personnel qualification standard (PQS) ahead of schedule, in anticipation of becoming Medical Department's assistant damage control petty officer due to pending and recent transfers.

Rastall's future plans are to continuously improve himself on being a better husband and the best father he can be. He also hopes to transition into the law field.

"I have a big interest in being paid to research any discrepancies and then exploiting them," said Rastall.

"A career of public and civil service is something I might pursue."

Rastall is very passionate about writing and likes to write in his spare time.

"Creative writing is one thing I do quite

often, but there is nothing like sitting down and writing a letter to a friend of a loved one," said Rastall. "My dream is to write an Oscar winning screenplay one day."

Rastall is unsure if he will make the Navy a career.

"The Navy is a great stepping stone and I believe that everyone who is healthy and able should perform some military service for their country," said Rastall. "The Navy provides some great stories and experiences but I believe there is something more out there for me, plus my wife hates when I have duty."



# Sailors aid Habitat for Humanity during Indianapolis Navy Week

By MC2 (SW/EXW) Joshua Bruns

Sailors from around the fleet worked alongside Habitat for Humanity volunteers to construct a house Aug. 17 as part of Indianapolis Navy Week.

“It’s great being able to contribute in providing a home for someone less fortunate,” said Aviation Ordnanceman 2nd Class (AW) Andrea Jefferson, from USS Theodore Roosevelt (CVN 71). “We have so many scheduled events around Indianapolis this week, I’m glad we had time to give back to this community.”

Participating Sailors came from a wide variety of Navy commands including USS Theodore Roosevelt (CVN 71), USS Shoup (DDG 86), Naval Mobile Construction Battalion (NMCB) 26, Navy Operational Support Center Indianapolis, and Local Recruiting District personnel.

“Without the volunteers, we couldn’t do this,” said Keith Moore, Habitat for Humanity team leader. “The work effort from the Sailors has been fantastic. They’ve been such a great group.”

The group of volunteers added

siding, constructed the porch’s ceiling, painted the interior and completed many other tasks in an effort to construct a house that will be delivered to a local resident who

any way we can, not just when it comes to war and protecting the country.”

Local Habitat for Humanity volunteers and Navy for Moms

volunteers provided food and refreshments and had many questions for the Sailors during breaks. They took time to learn about how involved the Navy is in community projects around the world.

“It’s been really great working with Habitat for Humanity and all the other volunteers,” said Construction Mechanic Construction Apprentice

Dakota Duncan, from NMCB 26. “The work is for a good cause, serving the community and giving back, but it also shows the local Indianapolis community that we do so much more than just ship stuff. I feel like they have a much better understanding of what and who the Navy is.”

Navy weeks are intended to showcase the investment Americans have made in their Navy and increase awareness in cities that do not have a significant Navy presence.



*Boatswain's Mate 3rd Class Demour Christian, from USS Theodore Roosevelt (CVN 71), paints the interior of a home while volunteering to work with Habitat for Humanity to build a house during Indianapolis Navy Week 2011. Navy weeks are intended to showcase the investment Americans have made in their Navy and increase awareness in cities that do not have a significant Navy presence.*

Photo by MC2 (SW/EXW) Joshua Bruns

Habitat for Humanity has carefully chosen. After the lengthy selection process to choose someone without the ability to own a home on their own, the future home owner is then given financial and homeowner training.

“We’re helping to give someone a chance at owning a home, that’s huge,” said Information Systems Technician Seaman Tyler Swinford, from Navy Operational Support Center Indianapolis. “This also shows everyone here we’re hoping to help the community in



IN

LOVING

MEMORY OF

*Aviation Boatswain's Mate Handling  
3rd Class (AW/SW) Brandie Curtis*

**A**viation Boatswain's Mate (Handling) 3rd Class (AW/SW) Brandie Curtis was born Jan. 23, 1984 in Phoenix, Az.

Curtis reported to USS Theodore Roosevelt (CVN 71) Dec. 6, 2007, where she was assigned to Air Department's V-1 division.

The flight deck and V-1 division became a major passion and source of joy in Curtis' life.

During work-ups and deployment, Curtis qualified as a tractor driver and was a yellow shirt under instruction (UI). She assisted with the movement of more than 40, 464 aircraft.

Her immediate aspirations were to "deploy on the next thing steaming" so she could obtain her yellow shirt qualification and begin her path to becoming a master chief aviation boatswain's mate.

Curtis is truly missed by all who knew her. She is best remembered for her absolute passion for life and taking care of her shipmates.

Curtis was a motivator with the ability to get anybody to do something when she asked.

She loved soccer, pool, Zumba, and being a Sailor in the United States Navy.

Curtis is survived by her mother Lynn, father Mike, and siblings Cindy, Jake, Aubrey, Colt, and Skylar.



1. USS Theodore Roosevelt's (CVN 71) Executive Officer Capt. Douglas Verissimo, gives opening remarks at the memorial ceremony for Aviation Boatswain's Mate (Handling) 3rd Class (AW/SW) Brandie Curtis.
2. Lt. Charles Weydert bows for prayer during the memorial ceremony.
3. Airman Yenisseis Porras picks a rose from the remembrance wreath.

Photos by MC3 Christopher Church

# Preparing for operational status: YOKE is no joke

By MCSA Andrew Sulayao

As USS Theodore Roosevelt (CVN 71) comes closer completing Refuel Complex Overhaul (RCOH), TR Sailors take steps to prepare themselves for life aboard an operational aircraft carrier.

One of those steps is creating a habit of setting the correct material conditions at the appropriate times.

Material conditions of readiness exist for the protection and preservation of the ship. According to the TR Basic Damage Control Book, ships have three material conditions of readiness: X-RAY, YOKE, and ZEBRA. Condition X-RAY provides the least amount of protection and is set when the ship is in no danger from attack. Condition YOKE is set and maintained at sea, inport during wartime, and inport outside of regular working hours. Condition ZEBRA is set during wartime prior to going to sea or when entering port, manning General Quarters, and to localize and condition fire and flooding when not at General Quarters stations.

While in condition YOKE, the material setting must be checked at the beginning and end of the normal work day while inport or at sea.

“Our ship is in the process of becoming operational,” said Damage Controlman 1st Class (SW/AW) Nathan C. Williams. “YOKE cards need to be in accordance with the Compartment

Check-Off List, and it is the Damage Control Petty Officer’s job to make sure of that.”

Some TR Sailors are curious as to why it is required to check and sign for YOKE fittings if the ship is not operational.

“We check the YOKE fittings now because we need to locate them before we really implement YOKE,” said Damage Controlman 3rd Class Charles Harris. “If we get into the rhythm of checking, a year from now when we do check YOKE, we’ll be squared away.”

According to Harris, it is vital that Sailors pay attention to the fittings while in RCOH.

“Signing and not checking is a hazard to TR,” said Harris. “If Sailors don’t check their spaces, it could take a toll to the ship’s survivability and security.”

Other Sailors realize the importance of checking YOKE while TR is non-operational.

“I make sure to check my spaces carefully and correctly,” said Aviation Boatswain’s Mate Airman Rodger Goode. “TR needs to maintain its watertight integrity, and checking our YOKE fittings diligently will do just that.”



Electronics Technician 2nd Class (SW) Laura Pabon signs the YOKE log after checking the material conditions of her department’s spaces.

Photo by MCSA Andrew Sulayao

Overall, checking YOKE is a vital process that must be done to protect TR.

“We have a saying here in DC Central,” said Harris. “Yoke is no joke.”

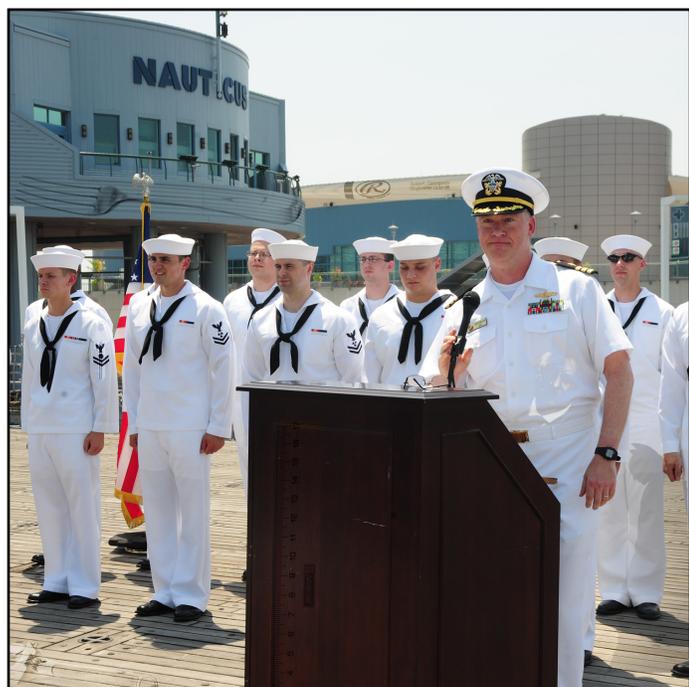


Photo Find by MC2 (EXW) Joey Morgon

## PHOTO FIND

Can you find the 8 out of place items in this photo?

1. Baseball bat
2. Wrench
3. Key
4. Ruler
5. Nintendo controller
6. Fork
7. Batman
8. TR the Man

Sailors from USS Theodore Roosevelt’s (CVN 71) Engineering Department hold a mass-reenlistment at the Nauticus Museum.

Photo by MCSN Sandra Pimentel

# TR Sailors collect canned goods to feed families

By MCSN Cory Asato

USS Theodore Roosevelt's (CVN 71) First Class Petty Officers Association (FCPOA) and Second Class Petty Officers Association (SCPOA) started a food drive Aug. 16.

Personnel collect non-perishable food items at the main entrance to the parking garage in support of the Feds Feed Families national food campaign.

"We are going to be here every week day morning from 6:45 a.m. to 7:00 a.m. until August 31," said Aviation Ordnanceman 1st Class (AW) Terrance Raymond, TR FCPOA's public affairs officer.

The FCPOA and SCPOA held a meeting to organize the ship's food drive in support of the program which has a national goal

of more than 2,000,000 lbs. donated.

"Our goal is 2,000 lbs.," said Parachute Survival Equipmentman 1st Class (AW/SW) Jason Etheridge. "If every Sailor aboard TR could just give one can, which weighs a pound, we can exceed our goal."

Encouraging support from other Sailors is a major focus of drive according to Aviation Structural Mechanic 2nd Class (AW/SW) Timothy Lentz, a SCPOA representative.

"Some of these items can be very inexpensive, easily less than two dollars per item," said Lentz. "A few items can feed a family for one day."

The two associations planned every last detail of the campaign to ensure its success.

"We chose the location of the drive to be as convenient as possible for our Sailors so that they feel encouraged to give," said Raymond.

The drive is accepting a wide variety of non-perishable food items.

"We're taking everything that's non-perishable from canned tuna to vegetables, boxed rice, fruits and mashed potatoes," said



Members of the First Class Petty Officers Association and the Second Class Petty Officers Association pose at main entrance to the parking garage where they are collecting non-perishable food items for a food drive in support of the Feds Feed Families national food campaign.

Photo by MCSN Corty Asato



Hospital Corpsman 1st Class (FMF) Sharla Fus-tamante collects non-perishable food items for a food drive in support of the Feds Feed Families national food campaign.

Photo by MCSN Corty Asato

Raymond.

Sailors involved in organizing the drive strongly encourage everyone to give what they can to help those in need.

"I've done food drives similar to this one with my son for the boy scouts," said Lentz. "It's a great feeling to be able to help others and foster that same attitude in others."

Sailors organizing the drive are confident that TR will come through with ample support towards the drive efforts.

"I know the 'Big Stick' can step," said Etheridge.

The drive will be on-going until Aug. 31 according to the FCPOA.

"We'll be here every morning encouraging TR to donate food," said Raymond. "So please come by and help us to get this food to people who really need it."

# Photo of the Week



USS Theodore Roosevelt's (CVN 71) Executive Officer Capt. Douglas Verissimo shows Kate Kaufer, professional staff member at Senate Appropriations Committee, the ship's mast during a tour of TR's spaces Aug. 17.

Photo by MCSN Cory Asato

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## ANNOUNCEMENTS From MWR

### REDSKINS VS BUCS

The next Redskins ticket raffle will be held Aug. 24 at 12:30 p.m. Four winner and an alternate will be drawn to win two box seat tickets and an orange parking pass for \$200. The game is Sept. 1 at 7:30 p.m. against the Tampa Bay Buccaneers. To enter send an e-mail with your name to Funboss by 11:00 a.m. on Aug. 24.

### NAVY VS DELAWARE

MWR is taking Sailors to the Navy vs. Delaware football game Sept. 3 at Navy-Marine Corps Memorial Stadium in Annapolis, Md. Cost is:  
E1-E3: \$10  
E4-E6: \$15  
E7, above and guests: \$20  
Price includes a ticket in the Navy 101 section, row 2-5 and round-trip transportation. Tickets are limited. Sign ups posted in the MWR office.