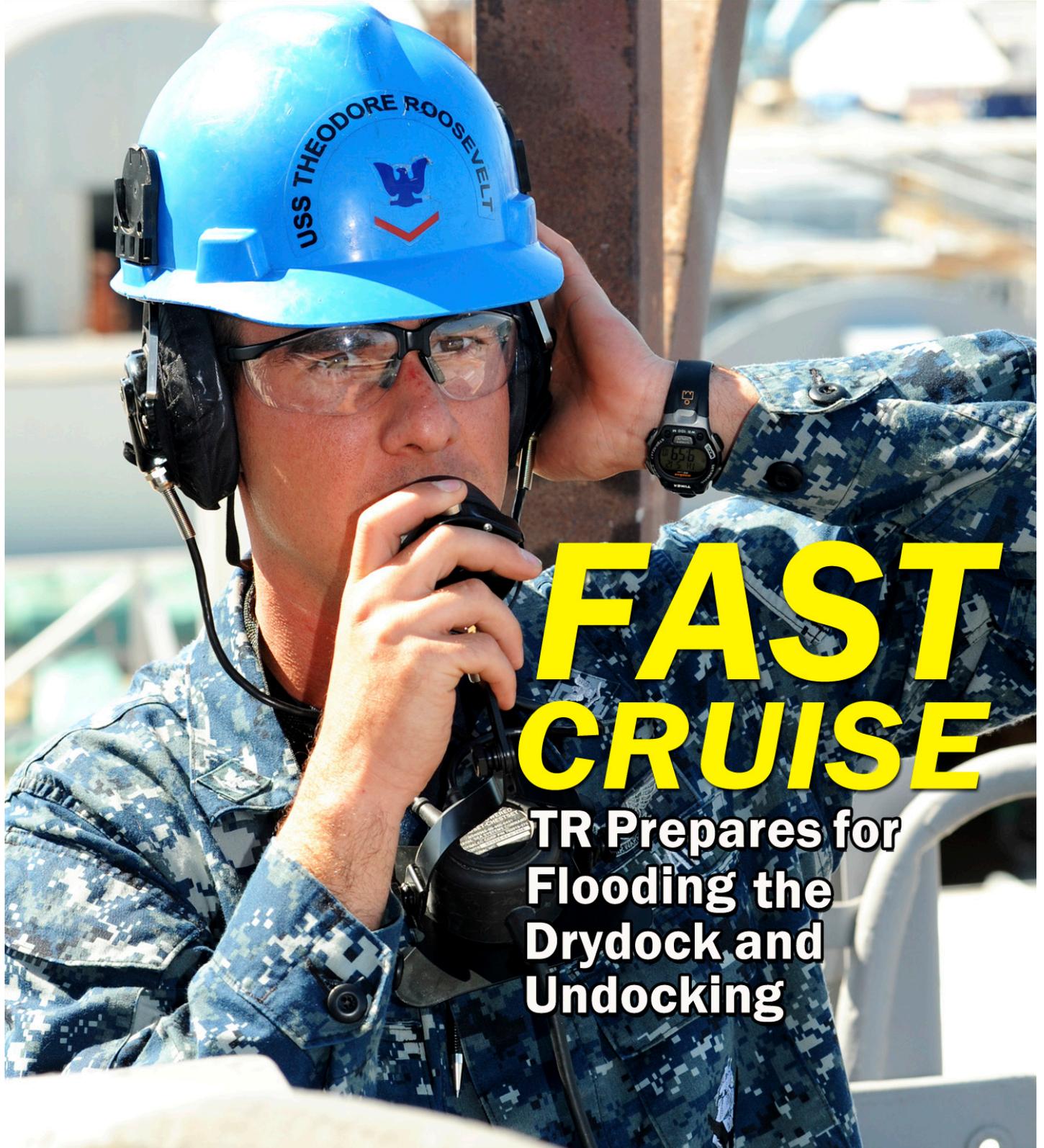


TR SAILORS GO FOR HOLE-IN-ONE  
Mustang Association sponsor golf tournament

DIVERSITY TEAM TAKES TRIP TO DC  
TR Sailors tour Holocaust Memorial Museum

USS THEODORE ROOSEVELT  
**ROUGH RIDER**



**FAST  
CRUISE**

**TR Prepares for  
Flooding the  
Drydock and  
Undocking**

# Rough Rider of the Week: SHSN Manganaan

By MCSN Tyrell Morris

This week's USS Theodore Roosevelt (CVN 71) Rough Rider of the Week is Ship's Serviceman Daren Manganaan from Supply Department's S-3 division.

The San Diego, Ca. native enlisted in the Navy in August 2008.

"I wanted to do something with my life so I made the decision to join the world's greatest Navy," said Manganaan.

When Manganaan met with the detailer he had to choose between the Ship's Serviceman and the Culinary Specialist rating.

"I'm glad I chose the Ship's Serviceman rating," said Manganaan. "I love my rate because I can help support the morale of the ship."

TR is his first command and since he reported aboard in December 2008 he has been an integral part of the Supply Department.

Manganaan believes he was chosen as Rough Rider of the Week because of his work ethic.

"I am a dedicated hard worker and I have proven myself to complete tasks in a timely manner," said Manganaan.

Manganaan performs above his paygrade while complet-

ing his duties as the Snack Vending Supervisor. His efforts and hard work contributed to the transfer of \$16,000 of the ship's store stock to TR's Morale, Welfare and Recreation fund.

"Manganaan is the number one seaman in the Sales and Service division," said Ship's Serviceman 1st Class (SW) Rodolfo Tapia, S-3 division leading petty officer. "He performs his job with minimum supervision and he is always willing to help his peers in order to comply with S-3 division operations."

He maintains accountability for three snack machines, one Red Bull machine, and one Monster machine within a high sanitation and operational standard.

"Manganaan possesses the techni-

cal skills on snack machine maintenance to help ensure snack machines are working smoothly," said Tapia.

Manganaan coordinated and executed the contribution of Navy-Marine Corps Relief Society for S-3 division with 100 percent contact. He recently volunteered at the Special Olympics community relations event held at Old Dominion University.

His most memorable moment since he has been in the Navy so far is going on cruise.

"Getting underway for the first time is definitely an experience that I will never forget," said Manganaan.

In his spare time, Manganaan enjoys playing soccer, fishing, and working on cars.

Manganaan's future plans are to begin taking college courses and ultimately obtain a business degree. He is currently studying for advancement so he can make Petty Officer 3rd Class.

"I haven't decided if I will make the Navy a career as of yet," said Manganaan. "I'm just going to take it one day at a time and continue to strive for excellence in all that I do."



# TR Sailors perform Fast Cruise

By MCSA John Kotara

USS Theodore Roosevelt (CVN 71) held a “fast cruise” May 12 during its Refueling Complex Overhaul (RCOH) in preparation to flood the ship’s dry dock, and to move the ship to a pier location at Newport News Shipbuilding, which will be the ship’s first underway since 2009.

A fast cruise consists of a series of checks and procedures performed on a ship that has undergone an overhaul, or spent an extended period in port. These procedures will help the crew understand their role when the ship’s dry dock is flooded and what events will take place during the ship’s undocking and move to pier three.

“Fast cruise will give new Sailors, as well as Sailors who need a refreshing, the chance to learn what to do when we float the ship and undock,” said Chief Warrant Officer Cary Carrigan (SW/AW), TR’s Bos’n.

“These checklists will help give us a true assessment and account for potential issues or problems ahead of time, and keep us all on the same page.”

For TR and Newport News Shipbuilding personnel, this is a critical evolution because there have been hundreds of cuts and welds made into the hull of the ship during the first 18 months of its RCOH. To maintain the ship’s water tight integrity and prevent flooding, water will be gradually allowed to enter the dry dock and contact the ship’s hull.

With many of the ship’s departments working together, including Engineering, Reactor, Deck, Air, Supply, Safety and Navigation, communication was a top priority. Not only was there inter-departmental communication, but communication with shipyard employees as well.

“Communication is crucial,” said Carrigan. “We speak different terms in each department, as well as

pretty much a different language than the shipyard workers.”

To specifically prepare Sailors, many departments sent their Sailors to schools focusing on qualifications used in their specific rates. The departments also conducted drills and accurate simulations that were as real as possible to better train their Sailors.

“To prepare Sailors, we have



Aviation Boatswain's Mate (Handling) 3rd Class Kelly Ordonez, qualified elevator operator, talks on a sound-powered telephone in flight deck control during a fast cruise exercise aboard USS Theodore Roosevelt (CVN 71), May 12

Photo by MCSA John Kotara

practiced and trained well in advance for the events of flooding dry dock and the moving of TR,” said Lt. Cmdr. Daniel A. Smith, TR’s Damage Control Assistant.

Smith explains that in conducting practice drills, Sailors will be able to learn from their mistakes and minimize the surprises that might arise.

“Practice makes perfect, and perfect practice makes perfect,” said Smith.



# TEEING

# OFF:

TR crew  
swings away  
to raise  
funds, build  
camaraderie

USS Theodore Roosevelt's (CVN 71) Sailors came together from all paygrades and rates for a golfing tournament sponsored by TR's Mustang Association at the Ocean View Golf Course, May 6.

The event began just after noon and consisted of an 18-hole shotgun tournament. More than 70 TR Sailors participated, making 17 teams. The outing helped raise money for the Mustang Association in order to carry out future events.

The Mustang Association composed of officers who at one point in their careers, served as enlisted Sailors. In most cases, these Sailors rose quickly through the ranks and showed they had the ability to become leaders. In doing so they became officers, who now are known as Mustangs.

The fundraising began as participants filed in to start the tournament and continued by way of a raffle featuring various prizes such as practice golf balls, towels, weather proof golf covers, and two push carts used to carry golf clubs from hole to hole. In conjunction, these two fundraisers helped TR's Mustangs raise the money the group hoped for.

Although raising as much revenue as possible for the Mustang Association was part of the event, several participants said that was secondary to the camaraderie offered by the tournament.

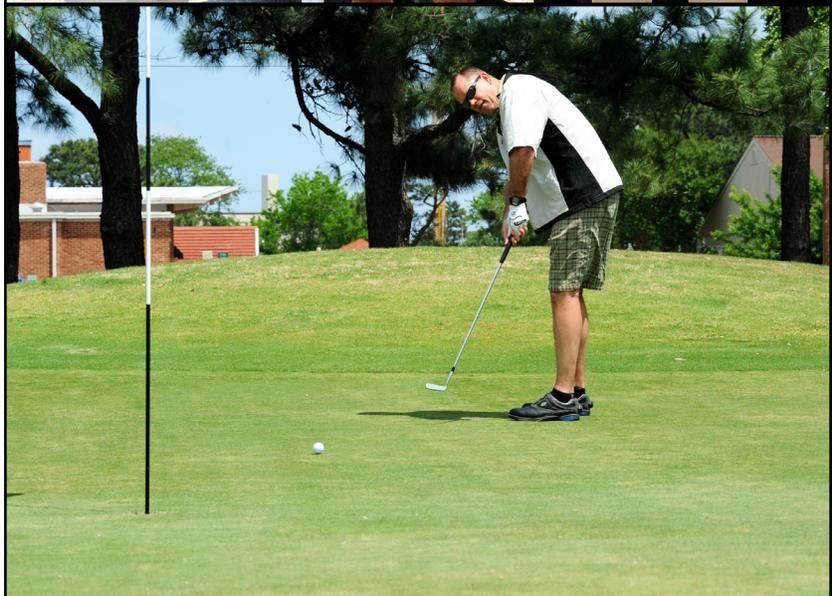
"It wasn't about the money. It was about bringing everyone together, to build synergy and teamwork between our fellow Sailors," said TR's Commanding Officer, Capt. William J. Hart.

The teams were arranged in a way which seemed to promote cooperation. Enlisted Sailors and officers were either on the same team, or in close proximity of each other.

"Normally we are working for the officers," said Machinist's Mate 3<sup>rd</sup> Class (SW) Thomas Wilson, a Sailor aboard TR. "Here on the golf course, we are on common ground and we are all having a great time."

After the closing swing on the course, the teams made their way into the clubhouse to hear the results of the tournament. Once the scores were tallied, the winning team was declared. TR's Supply Officer, Cmdr. Paul Amodio, and his team were the champions for the tournament.

As the day came to an end and the prizes were raffled out, the enlisted sat with the officers shoulder to shoulder as they ate and discussed the experiences of the day.



1) TR Sailors receive rules and instructions before the Mustang Association Golf Tournament at the Ocean View Golf Course in Norfolk, Va., May 12.

2) Lt. Craig Byrd, Lt. Cmdr. Alonzo Wynn, and TR's Executive Officer Capt. Doug Verissimo share a laugh before the Mustang Association Golf Tournament at the Ocean View Golf Course in Norfolk, Va., May 12.

3) Ensign Robert Webb, TR's Personnel Officer puts on the green at the Mustang Association Golf Tournament at the Ocean View Golf Course in Norfolk, Va., May 12.

# TR Diversity Team Visits Holocaust Museum

By MCSN Tyrell Morris

USS Theodore Roosevelt's (CVN 71) Diversity Team took 24 Sailors to the United States Holocaust Memorial Museum in Washington, D.C., May 6, during the 2011 Days of Remembrance Week to give Sailors experiences and knowledge to share with the rest of the crew.

"This trip was a good opportunity to train Sailors about a difficult subject that is hard to teach onboard a ship," said Lt. Richard Martinez, the officer in charge of TR's Diversity Team. "It was a great experience for TR Sailors as they were exposed to real eye-opening and humbling stories."

Congress established the Days of Remembrance as the nation's annual commemoration of the Holocaust and created the United States Holocaust Museum as a permanent living memorial to the victims.

The Sailors were able to view the museum's 900 artifacts on display

and screen historic film footage and testimonials from eyewitnesses. Among the videos was footage from the Buchenwald Concentration Camp where you can glimpse the actual experiences of the prisoners taken into captivity.

"I learned a lot about the Holocaust that I didn't learn in school or read in history books," said Operations Specialist Seaman Jonetta Hall. "I never knew the so many people were displaced and treated this way."

The diverse group of Sailors arrived at the museum anxious to get in and learn. During the tour, the Sailors became attentive and grew quiet and solemn as they processed the imagery and information they were taking in. Some of the displays gave graphic yet accurate accounts of the Nazi atrocities to the Jewish people, as well as to many other religious, political and social groups.

"To witness how the Nazis

discriminated against a group of people because of their religion and political views just opened my eyes to some of the same things that are still taking place in our world today," said Aviation Boatswain's Mate (Handling) Airman Brittany Stephensen.

"It was hard to see the things that these innocent people had to endure and not feel sad," said Aviation Boatswain's Mate (Handling) Airman Faitutasi Faafoi.

The trip to the museum was arranged in hopes that Sailors would bring back their experience to share with the crew.

"This diverse group of Sailors who made the trip will come back to the ship, and tell and teach others about what they learned," said Martinez. "Hopefully, this will spark more Sailors to visit cultural museums and learn more about important parts of history."



## PHOTO FIND

Can you find the 10 out of place items in this photo?

1. School Bus
2. Wrench
3. Key
4. 5 of Hearts
5. Air Freshener
6. Waldo
7. Pencil
8. Quarter
9. Bike Helmet
10. TR the Man

Sailors aboard USS Theodore Roosevelt (CVN 71) help members of the in-port emergency team don firefighting ensembles for a fire drill, May 10.

Photo by MCSN Tyrell Morris

# Chaplain's Corner: A Sailor's Reflection

By Lt. David Daigle

As it is the month of May, I wanted to find someone aboard the ship to describe how Mary intersects with their faith life. I approached a Sailor who had recently converted to Catholicism.

LSSN William McCann is a 30-year old who enlisted a couple of years ago. He has a culinary degree, and had been working at a bakery. But with two children, he joined the Navy to provide for his family and also to fulfill his long-standing desire to serve in the military.

His faith background was as a Presbyterian and a Lutheran, until he started to attend Mass with his wife. It was then that he began to question his faith as a Protestant and started to read and study the history of the Church.

He entered the RCIA program on the Theodore Roosevelt aboard the ship when Fr. Johnson was chaplain. He entered the Church and received the Sacrament of Confirmation in December 2009. What follows are his reflections about the role of Mary.

When I was a Protestant, the words "Marian spirituality" brought about visions of Catholics bowing down before a statue of the Blessed Virgin, and laying offerings at her feet. Now that I am a Catholic as of December of 2009, Marian spirituality is something I desire to understand and experience.

At this point in my journey, I am barely starting to scratch the surface of how our Blessed Mother intercedes

on our behalf. This is something completely foreign to me, since I was Protestant the first 28 years of my life. I am making steps. Already, the Holy Rosary has been an invaluable asset to my prayer life, and has drawn me closer to our Mother, who in turn draws me closer to Christ.

In the service, you are allowed to wear religious articles as long as they are not visible, so I try to make it a habit to carry a rosary in my pocket whenever I can. Even though I can't pray the rosary throughout the day, its presence gives me peace, and that's a necessity when you work in a high stress environment, such as found in the Navy operating environment.

One of our patron saints in the military is St Michael the Archangel, and I find devotion to him as well as to him as well as the Blessed Virgin mighty weapons indeed. St Michael is seen as a warrior, and service members can relate to this. From boot camp onward you are taught to have that warrior mentality that strives to overcome anything and everything thrown your way. What we don't realize is that we're all human, we all need help, and the best form of help is spiritual.

Now as a Roman Catholic, I've come to love and appreciate our Blessed Mother and the relationship she wishes to have with us all. I pray that she will embrace me, as well as all those serving, in her arms, that we might focus more fully on her Son, the Christ.

## TR Family Readiness Group Offers Family Scholarships

The USS Theodore Roosevelt (CVN 71) Family Readiness Group (TRFRG) announced April 26, that it is accepting scholarship applications for the 2011-2012 academic year.

The scholarship will allow children and spouses of TR crew members the opportunity to start or continue undergraduate and graduate degree programs in any discipline.

"One of the best benefits the Navy offers is access to higher education for Sailors and their families," said Amanda Verissimo, TRFRG president. "Applying for this scholarship gives family members another avenue to help finance the expense of college."

Requirements for the scholarship and application forms are posted on the ship's website and Facebook pages, and have been put out to the crew in the ship's

plan of the day.

TRFRG members are excited to be able to offer this to the families of TR Sailors, who are highly engaged in the local communities.

"TR Sailors are giving their time and resources to many projects in the community, particularly in schools" said Capt. William Hart, USS Theodore Roosevelt commanding officer. "So this scholarship is a great way to help give back to TR families while meeting their educational needs."

Theodore Roosevelt committed his life to building America through leadership, citizenship, and education. This scholarship fund continues that legacy by giving children getting ready to leave for school or spouses busy supporting a military family, another method to get vital funding for their higher education.

# Photo of the Week



Interior Communications Electrician 2nd Class (SW/AW) Erica Tapia assists USS Theodore Roosevelt (CVN 71) Sailors with signing up for COMRELS on the 2nd deck of the Floating Accommodation Facility, May 10.

Photo by MCSN Tyrell Morris

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All items for publication in the The Rough Rider must be submitted to the editor no later than three days prior to publication.

## MWR ANNOUNCEMENTS

The next Adventures of the Unknown will be Friday, May 20. We will muster in the Brown Bag area at 0800 and the bus will depart at 0830 from the FAF pier. Be sure to wear clothes and shoes that can get wet (i.e. swimwear, sandals, tennis shoes, etc.) Sailors must present a special request chit signed by their division officers when signing up. Sign-up will be in the MWR ticket office, room 258 on the FAF. HURRY!!!

Space is limited to 22 Sailors.