

The Gettysburg Chronicles

Ombudsman Newsletter

IKE Day at Busch Gardens

OCTOBER 16, 2010 – ENJOY HOWL-O-SCREAM IKE's having a picnic at Busch Gardens and you're invited. Enjoy a day at the park and join us for lunch at the Black Forest picnic area (approx. 1200-1300). If you have not used your Hero Salute ticket, then you can use it for park entrance this day. See below for specifics.

Here's to the Heroes provides a single day's free admission to any one SeaWorld or Busch Gardens park, Sesame Place, Adventure Island or Water Country USA for the service member and as many as three of his or her direct dependents.

Any active duty, active reserve, ready reserve service member or National Guardsman representing any of the five service branches is entitled to free admission under the program. He or she need only register, either online at www.herosalute.com or in the entrance plaza of a participating park, and show a Department of Defense photo ID. Please see below for specifics.

- Complimentary admission for active duty military representing all five service branches, active members of a reserve or National Guard unit, and/or up to three direct dependents.
- Valid for one complimentary single-day admission per person, per year, to one of the following SeaWorld Parks & Entertainment parks:
 - o SeaWorld Orlando, San Diego, or San Antonio
 - o Busch Gardens Tampa Bay or Williamsburg
 - o Sesame Place
 - o Adventure Island
 - o Water Country USA
- Offer not valid for separate ticketed events including Christmas Town at Busch Gardens Williamsburg and Howl-O-Scream at Busch Gardens Tampa.
- Offer valid through 12/31/2010. Operating days and hours vary by park. Please check with Specific Park for current operating schedule.

Save yourself some time.

- Fill out the on-line form on the website www.herosalute.com entirely and then submit.
- Print a copy of the form.
- Sign the bottom of the printed form on the line provided.
- Along with completed registration form, applicant must present valid, active-duty Military/Service ID; dependents ages 10 and over must present valid Dependent ID.
- If you are unable to print your registration form, you can pick one up at Guest relations and fill it out upon arrival.

PICNIC TIDBITS.

- If you plan to attend the picnic on 16 October, there is a separate meal ticket.
- You will need to sign up at IKE MWR and provide names/ages for the number of meal tickets you need. Please only sign up if you plan to attend as IKE MWR will have to pay for those tickets. Ages 2 and under do not need a ticket. Sign ups begin Wednesday, 22 September 2010 at 0900.
- Meal tickets will be passed out at the park/picnic area entrance as you arrive on 16 October.
- **Deadline to sign up for the picnic is 1 October 2010 @ 1100.**
- Character visits (subject to availability) during the meal.

What if I've already used my Hero Salute pass and need a ticket?

- IKE MWR will have a limited quantity of Busch Gardens entrance tickets available for \$35.00. Tickets will be available beginning Friday, 24 September 2010.

What if I have a Busch Gardens Season Pass ?

- Then you just need to sign up for the meal tickets at IKE MWR by 1 October 2010 @ 1100.

What about parking?

- Parking is not included with the ticket or the meal. Beginning Wednesday, 22 September 2010, parking passes may be purchased at cost through IKE MWR for \$13.00 until 1100 on 1 October 2010. Paid parking passes will be distributed during the week 4-8 October.

October 2010

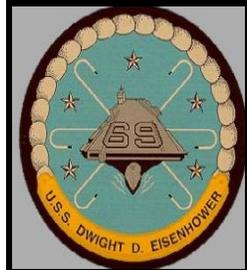
Fifteenth Edition

IKE Day at Bush Gardens

Hampton Happenings
Calendar

Up coming Events /
Compass

IKE FRG News



Your IKE Ombudsman Team

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Ombudsman

Navy Family Ombudsmen are communications links, information and referral resources, and advocates for command family members. Appointed by the Commanding Officer, Command Ombudsmen are volunteers and spouses of service members within the command. As an official command representative, the Ombudsman is a point of contact for all family members connected to the command - including spouses, parents, and extended family members. The Ombudsman Code of Ethics guarantees professionalism and confidentiality, within program guidelines. Each Ombudsman Program is owned by the Commanding Officer and will be unique to the command's size and needs. For more information, including frequently asked questions, e-mail us at ikeombudsman@yahoo.com.



COMPASS is a standardized Team-Mentoring program developed by spouses for spouses. COMPASS focuses on spouses new to the Navy, however; ALL Navy spouses are welcome. COMPASS improves quality of life through education, enabling spouses to understand, experience and meet the challenges of the Navy lifestyle. With this knowledge and realistic expectations, their journeys can be successful and rewarding. COMPASS is a 12-hour program taught in three four-hour sessions. With Mentors acting as discussion leaders, participants are encouraged to ask any questions they may have in a non-judgmental climate. Participants are introduced to many aspects of the Navy. The standardized curriculum includes need-to-know topics such as the Navy mission, history, organization, customs and traditions, rights and benefits, deployment, pay, moving, interpersonal communication, and investing in self and community. Another important benefit of COMPASS is the opportunity for spouses to establish a peer network. Because experienced spouses pass on their Navy lifestyle insights, the concept of "helping others to help themselves" is clearly observable and becomes an on-going action-oriented process.

A few of the things you will learn...

- The importance of checking into all the resources available to Navy spouses, like FFSC, Navy Relief, Chaplain, Ombudsman, etc.
- New phone numbers to call for information
- How to make moving more efficient
- You're not the only Navy spouse that doesn't know acronyms!
- Better communication
- How to better help families deal with deployments
- A good way to look at financial matters, especially credit cards
- Learn about local things for children to do
- Learn "what to wear" and Navy traditions
- Deployment can be a positive, self-fulfilling event - support is available!
- How to read an LES and what's on the LES

| SUN | MON | TUES | WED | THURS | FRI | SAT |
|-----|-----|------|---|-------|------------------------|-------------------------------------|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 FRG Meeting 6:30 London Bridge Baptist Church | 7 | 8 Khaki Ball Navy Ball | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 IKE Family PICNIC @ Bush GARDENS |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |



Events to put on your Calander!!!

- IKE Day Bush Gardens Oct-16th
- Kids Christmas Party December 4th
- Adult Christmas Party December 10th
- First Christmas Leave Period DEC.17-28th
- Second Leave Period DEC 30-10th Jan





Hampton Happenings



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For More information about IKE day at Bush Gardens you may contact either Your IKE Ombudsman at ikeombudsman@yahoo.com or Ms. Sara at funboss@cvn69.navy.mil

Hunt Club Farm

Sep 25, 2010 10:00 am | Saturday

Fall Harvest Festival

2388 London Bridge rd
Virginia Beach, VA 23457

Hunt Club Farm's Fall Harvest Festival features Virginia Beach's Largest Pumpkin Patch, Petting Farm, Farm-Tour Hayrides, Pony Rides, Carnival Rides, and an array of Special Events. Available through tickets or a harvest fair wristband. Farm Market offers 1000's of Pumpkins, Cornstalks, Straw & potted and fresh cut flowers. Bring the whole family out for a day of Farm Fun!!! Don't forget your Camera. Every weekend in October from 10 am to 6 pm. Prices: Petting Farm Wristband: \$3 per wristband Hayride & Petting Farm Wristband: \$6 per wristband Harvest Fair Wristband (Weekends only): \$12 per child Pony Rides: \$5 each Pumpkin Patch Pumpkins: \$3 each Animal Feed Cones: \$1 each

Acoustic Music Festival, 5th Annual

Sep 18 12:00 pm

Entrance of Town Point Park, in front of Waterside Dr (Norfolk, VA)

Virginia Wine Festival, 23rd Annual at Entrance of Town Point Park, in front of Waterside Dr (Norfolk, VA)

Cost: Ticket Required Location: Town Point Park

Waterside Drive

Norfolk, VA 23510

Phone: (757) 441-2345 (757) 441-2345

Email: festevents@festevents.org

Opens: 11:00:00 AM

Closes: 6:00:00 PM

Admission Fee

Join us along the Downtown Norfolk waterfront for one of the state's largest outdoor wine festivals featuring more than 30 Virginia wineries. The musical sounds of Lewis McGehee will drift through the air as wine lovers sample a variety of wines, nosh on gourmet, made in Virginia foods, and shop onsite retailers for specialty crafts and wine accessories. All wines offered during the event are available for purchase by the glass, bottle or case.

STATE FAIR OF VIRGINIA

Tidewater Community College

7000 College Dr.
Portsmouth, VA 23703

Event Location: The Meadow Event Park, Doswell, Virginia Event Date: September 23 - October 3, 2010 Event Time: 10:00 am - 10:00 pm Tickets are \$5.00 each; limit is 2 per student! It's the best of Virginia! Come see Virginia's finest animals and agriculture, exhibits and shows, toe-tappin' music, fine arts and crafts, blue ribbon competitions and more! Plan now to be a part of one of Virginia's greatest annual traditions since 1854. Student Reservations begin on Tuesday,

Helpful links and Information

National Military Family Association (NMFA) <http://www.nmfa.org> Navy League <http://www.navyleague.org>

American Red Cross (ARC)

<http://redcross.org>

Navy Marine Corps Relief Society: The mission of the Navy-Marine Corps Relief Society is to provide, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need; and to receive and manage funds to administer these programs. For more information <http://www.nmcrs.org/index.html>

MORALE, WELFARE AND RECREATION (MWR): MWR provides numerous establishments and activities to support the military lifestyle, such as:

Fitness and Sports - Includes Fitness Centers, fitness assessments, group conditioning, skills development classes, intramural sports and special events such as fun runs and sports competitions. Access to Fitness Centers is free to Active Duty, Reservists, retirees, and their families. Youth Programs - Include Child Development Centers (daycare), before and after school programs, summer and school holiday camps and youth/teen activities.

Information Tickets and Travel (ITT)

Provides information and discounted tickets to local events and activities. Travel services are also available. MWR also includes base clubs, restaurants, golf courses, bowling alleys, libraries, theaters, etc. They also sponsor local trips and tours for both single Sailors and families. Check <http://www.mwr.navy.mil> or your base's MWR website to see what recreational activities are available to you.

News From Our IKE FRG

Ships Mailing Info
Sailor's Name/Rank & Division
USS Dwight D. Eisenhower (CVN-69)
FPO AE 09532-2830

Ombudsman
Newsletter

Your IKE FRG Meetings

IKE FRG Meetings are the First Wednesday of Every Month at London Bridge Baptist Church off of Potters Road in Virginia Beach. The Meeting Starts at 6:30. Child care will be provided at no charge.. **ONLY** if you **RSVP** with proper notice to ikefrg@yahoo.com Our Next Meeting Is October 6th, 2010 See you there!

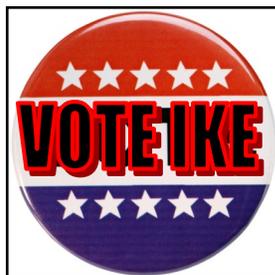


FRG ELECTIONS... Calling all Volunteers!!!

Are you a self motivated positive person, who has some spare time on his/her hands???? Well we have just the job/s for you!! Positions available are:

- President
- Vice President
- Secretary
- Treasurer
- IKE Family Web Master

If You are at all interested in any of these positions and would like to know more, please e-mail your IKE FRG at ikefrg@yahoo.com



IKE Merchandise

We have great new merchandise for sale! T-Shirts, Sweatshirts, Hats, Beanies and MORE!

View our inventory at www.ikefamily.com/merchandise or contact us at